

# STAYING WELL IN A NEW NORMAL

## **PALOMARPOWERED** Professional Development (3PD)

Any professional development you can imagine!

Search the Palomar College PD calendar or use the search box to find any kind of training you may need.

**LOGIN**

## ADDITIONAL RESOURCES

### LOCAL FOOD RESOURCES

[\(Click Here\)](#)

### STATE PARK INFORMATION

Non-campground outdoor areas remain open.

HONOR SOCIAL DISTANCING MANDATES

[\(Click Here\)](#)

### YALE'S 'HAPPINESS' COURSE FREE ONLINE

[\(Click Here\)](#)

PC

**Palomar College All  
Employee Team**

**Stay connected with your Palomar community!**

Share resources that you find, or solutions for converting business practices to a digital format. [\(Click Here\)](#)

## CORNERSTONE CARES

**Free public learning platform**

**How to protect yourself and others  
while staying focused and  
productive.**



## EASE (free services)

Employee Assistance Service for Education



[Mhn.advantageengagement.com](http://Mhn.advantageengagement.com)



800.722.EASE

TTY users call 711

COMPANY CODE: EASE

Personal and professional webinars,  
print articles, and counseling services.

## COMPLIMENTARY ANTHEM EAP

800.999.7222 or [anthemEAP.com](http://anthemEAP.com)

Code = SISC

Additional personal and professional  
webinars, print articles, counseling,  
and management support services.