



# Summer NorCal Excursion




July 25-July 29, 2022





# Agenda

- Departure/ Arrival information
  - Trip Objective
  - Chaperones
  - Itinerary
  - Items Students Should Pack
  - Hotel Information
  - Health and Safety Room Checks
  - Behavioral Guidelines
  - Allergies and Medication
  - Emergency Contacts
  - Covid precautions
  - Request for student participation/ Questions
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The background is a solid olive green color. In the top left corner, there is a black silhouette of a leafy branch. In the top center, there is a white silhouette of a cloud. In the top right corner, there is a white silhouette of a cloud with an orange sun rising behind it, and two black silhouettes of birds in flight. In the bottom left corner, there is a black silhouette of a large leaf. In the bottom center, there is a black silhouette of a leafy branch. In the bottom right corner, there is a white silhouette of a leafy branch.

# Departure

- When: July 25, 2022
- Time: Tentative 7:30 am
- Where: Palomar College San Marcos,  
Parking Lots 1 and 2




# Arrival

- When: July 29, 2022
- Time: Tentative 9pm.
- Where: Palomar College San Marcos,  
Parking Lots 1 and 2
  - \* Student Must let their chaperone know  
that their parent has arrived



# Objective

Students will get the opportunity to travel to North of California and visit Universities, learn about college student life and participate in cultural activities. The NorCal Excursion is free for UB participants who have participated in the summer workshops and have completed necessary documentation.

- **Meals:** Breakfast, Lunch, Dinner and snacks will be provided
  - **Transportation:** Students will be transported by bus.
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# Chaperones

- Fabiola Hernandez- Outreach Specialist
- Jesus Gonzalez Herrera- UB College Advisor
- Fidel Nieto- UB College Advisor
- Adriana Alvares- UB Record Keeper
- Kaylee Galindo- Trio Student Support Services
- Jarrett Clifton- School Psychologist



# Itinerary

- Day 1: University of California Irvine & Six Flags Magic Mountain
- Day 2: University of California Santa Barbara & Santa Barbara Zoo
- Day 3: California State University San Luis Obispo & Santa Cruz Beach Boardwalk
- Day 4: University Santa Cruz & Santa Cruz Museum of Modern Art
- Day 5: Fresno State University & Flight Adventure Park, Bakersfield





# What students should pack for the trip.



**\*Please pack in a duffel bag or carry-on suitcase**

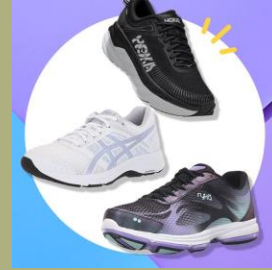


# Clothing:

Clothes that you will need for the duration of NORCAL- 5 days and 4 nights

\* Bring extra clothing if needed

- Appropriate clothing for school setting
- Also include:
  - Light jackets/sweater
  - Robes/pajamas
  - Undergarments
  - Comfortable Walking Shoes
  - Hat (if desired)



## Toiletries:

- Shampoo/conditioner
- Soap
- Deodorant
- Sunscreen
- Toothbrush/toothpaste/dental floss
- Comb/brush
- Feminine products (tampons/pads)
- Towel

## Miscellaneous Items:

- Camera (If desired)
- Money (If desired for snacks, bookstore, souvenirs)
- Reusable water bottle
- 1 small throw blanket per student

- UB is not responsible for ANY lost items!





# Hotel Information

## Tentative Hotel Stays

Night 1- Holiday Inn Express, Santa Barbara

Night 2- Hampton Inn, San Luis Obispo

Night 3- Best Western Plus, Salinas

Night 4- Hampton Inn, Fresno

To Ensure that students are adhering to the Upward Bound Behavioral Guidelines and Consent, Staff reserves the right to enter and search a student's room for specific, institutionally vital purposes. These searches will be referred to as "Health and Safety" checks.



# Hotel Room

- Students will be assigned their roommates. Students must respect roommates' privacy and property for the entirety of the trip.
- Students and staff will be staying at a different hotel each night.
- Staff will be on the same floor as students, but in different rooms
- Hotels will provide blankets, pillows and towels
- Hotel rooms- 2 queen sized beds (4 students per room)
- Students will be placed in room according to gender
- A security guard will be guarding each level to make sure students do not leave their room.

*\*Students will be assigned to quads or triples based on gender.*





# Health and Safety Room Checks

- All Students will be subject to random staff “Health and Safety” room checks during the Upward Bound Overnight NORCAL Excursion
- These checks will consist of a search of the students’ room and any unpackaged luggage.
- The checks will be conducted randomly during the trip ; however, students will receive prior notice when their room has been chosen for inspection.
- Students have the right to have the check conducted in “plain view: and will be able to observe the room check if they so choose.
- If any found item during the room check that is illegal or breaks any rules and regulations set forth by the Behavioral Guidelines listed above, the item will be confiscated, and disciplinary action will be taken, including possible expulsion from the Upward Bound Overnight NORCAL Excursion and the Upward Bound Program.



# Behavioral Guidelines



## Student Expectations:

1. It is expected that all students and staff will treat each other with respect at all times. Any form of racial or cultural slur or offensive language will be viewed as a serious violation of this expectation. Have a positive attitude.

2. Dress Code: Students are asked to dress in a manner that is appropriate, respectful of themselves, and others.

3. Timeliness and attention to the agenda is a sign of respect for the rest of the group. It is expected that each student will make every effort to follow guidelines and staff instructions.

- Respect "Light out time"

- Wake up on time/ be ready on time

- **Stick with your chaperone!!**

Always stay together, don't walk away and avoid off limit areas





## The following are prohibited and will result in expulsion from the Excursion and the program:

- Any Sexual Activity
- Stealing
- Leaving the dormitory during curfew hours
- Any type of harassment/bullying (sexual and/or physical)
- Any damages, relocating or removal of community Property at universities, buses, or hotels.
- Weapons (i.e. knives, guns, explosives, pepper spray)
- Matches, lighters, cigarettes, e-cigarettes (ex. Jules)
- Coffee pots, Halogen Lights
- Animals/pets
- Non-Prescription Drugs, Inhalants, Energy Drinks, and Alcohol
- Drug paraphernalia
- Inappropriate or Obscene Objects/Materials

# Allergies & Medication

- It is the students and parent's responsibility to notify UB staff when the medication needs to be administered while student participates in selected Activity(ies).
- To be administered during this UB event, all prescription medicine must be in the original container and be accompanied by signed instructions by the physician and parent.
- If your student has an Epi-Pen, we highly encourage them to bring it. A UB staff member will carry the Epi-Pen for the duration of the excursion.

\*UB does not provide Epi-Pens.



# Emergency contacts

**In an emergency which requires immediate attention, Palomar College Upward Bound staff is authorized to take whatever steps are necessary to ensure the health and safety of your child.**

**Please make that you provide upward bound with your child's medical insurance Policy Number or a picture of their insurance card if available.**

# Covid Precautions

The following will be available to the students during the excursion:

- Masks will be recommended and available to students
- Hand sanitizer
- Antibacterial wipes
- Daily Temperature Checks

Please let us know immediately if you are presenting the any symptoms of Covid- 19 before the excursion, have tested positive in the past 5 days or if you have been exposed to someone with Covid.

Covid Symptoms:

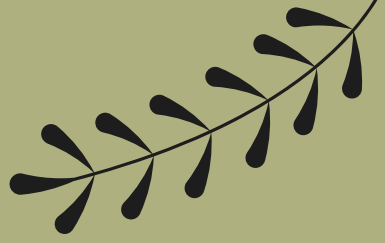
- Fever over 100.4
- Difficulty breathing
- Unexplained cough
- Chest pressure or pain
- Difficulty moving normally
- Changes to smell or taste
- Chills or night sweats
- Signs of a cold



# Student Participation Form

<https://botform.com/pansol.com/221923910048957>





Questions?

