



WELCOME PARENTS AND STUDENTS

- X Welcome New Students
- x UB Staff
- x Forms of Communication
- X UB Spring Services/Participation
- X Booking App
- x Student Stipends
- **X** Questions





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UB ADVISORS



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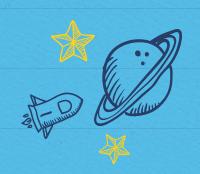
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PROGRAM UPDATES

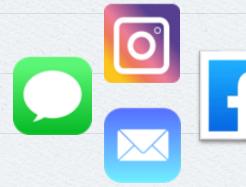
Palomar College will be operating primarily remotely for the Spring 2022 semester. There will be limited in-person classes and services offered.

- X Upward Bound services will remain mainly remote, unless in-person services are offered at students' school and with appointment only.
- For in-person appointments
 students/parents must follow the Palomar
 College safety protocols which include wearing a
 mask and respecting social distancing.



FORMS OF COMMUNICATION

- Plan of Activities
- X Call Multiplier: 760 284 6929
- Email <u>upwardboundgrant@palomar.edu</u>
- X Office phone number 760-744-1150 Ext. 8124
- X Instagram and Facebook: PCUPWARDBOUND





SPRING EVENTS

Palomar Community College TRIO Upward Bound Program Plan of Activities Spring 2022

During the Spring of 2022, the Palomar College Upward Bound program will reinstate services in the form of a hybrid model. Services will be offered virtually and in person with a scheduled appointment. Staff and students will be reminded to follow Palomar College and their specific school sites safety procedures through signage and text reminders before each students' inperson meeting.

*All UB services and events are subject to change due to changes in the federal budget or COVID-19 regulations.

Required Service	Service Description and Implementation	Date/Time
Academic Tutoring	Tutoring will be provided virtually or in-person with appointment via Booking App. Links will be sent out via text and email. Reminding them of appointment along with safety regulations.	February-June 2022 Time: Mon-Fri depending on advisors schedule.
Academic Advising	Academic Advising will be provided virtually or in person via Booking App. Links will be sent out via text and email. Reminding them of appointment along with safety regulations. Students are required to meet with advisor at least once a month.	February -June 2022 Time: Mon-Fri depending on advisors schedule.
Senior Advising	Senior Seminars will be offered via zoom for group workshops and for individual advising. Text reminders will be sent out to students reminding them of appointments/workshops along with safety regulations.	March-April 2022 Time: Mon-Fri depending on advisors schedule.
UB Saturdays	UB Saturdays will be offered via zoom. UB Saturdays are offered once a month and are mandatory for each student.	February 12, 2022 April 23, 2022 May 21, 2022 Time: 10:00AM-12:00PM
Spring Orientation	The Spring orientation will take place via zoom. Mandatory for families to attend. Link will be sent out via text message.	January 20, 2022 Time: English- 5:30-6:30pm Spanish- 6:30-7:30pm
Spring Break Cultural Event/Fieldtrip Orientation	The cultural fieldtrip will be held in person at Disneyland. Students and staff members must abide by Palomar Colleges Safety regulations and the them parks safety regulations as well. Orientation for Field trip is mandatory for all attending students. Zoom link for orientation will be sent out to students and parents.	March 28, 2022 Fieldtrip Orientation Time: Eng. 5:30-6:30PM Span:6:30-7:30PM March 29, 2022 Group 1: Vista High School, Rancho

		School Oceanside High School
		April 5, 2022 Group 2: Oceanside High School
		April 12, 2022 Group 3: Escondido High School, Orange Glen High School, Fallbrook High School
First Family Workshop	REVIEWING THE AWARD LETTER. Participants will be able to understand the details of their financial package as well as understand the different types of financial aid.	April 7, 2022 Time: English- 5:30-6:30pm Spanish- 6:30-7:30pm
Second Family Workshop	TRANSITION TO COLLEGE: UNDERSTANDING AND SUPPORTING STUDENTS' TRANSITION TO COLLEGE Participants will be able to understand what to expect when their student(s) transition to college.	May 19, 2022 Time: English- 5:30-6:30pm Spanish- 6:30-7:30pm
AP Tutoring Test Prep	Tutoring preparation for upcoming AP exams will be provided to students virtually through Study Smart Tutors. Zoom links will be provided to students	March-May 2022. Time: Mon-Fri depending on tutor schedule.
Future Palomar Students Night	Upward Bound will partner with different programs at Palomar College to offer incoming PC students an opportunity to meet and get to know the different programs and resources offered to them.	May 2022.

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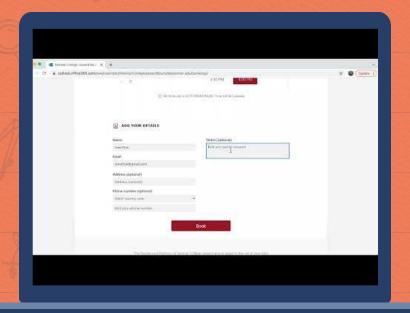
SCHOOL SPRING BREAKS





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USING BOOKING APP

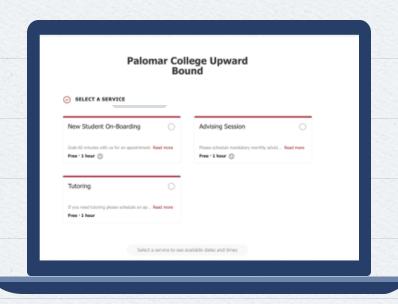


When scheduling a session, the student will receive an email notification. If you include your phone number, you will also get a text notification.

https://outlook.office365.com/owa/calendar/PalomarCollegeUpwardBound@palomar.edu/bookings/



ACADEMIC ADVISING

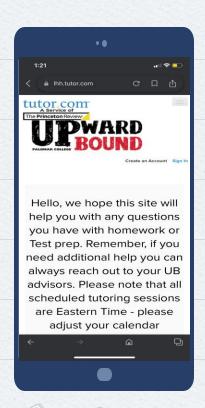


Students are encouraged to meet with their advisor at least ONCE per month. Advising sessions will ensure your students stays on track to graduate and attend a post-secondary institution

- X Appointments must be made via Bookings Link. Online and In-person sessions are available.
- X Appointment links are texted and emailed to students after they sign up
- X Advising session with parents/guardians are encouraged once a semester.

ACADEMIC TUTORING

- X Appointments must be made through Booking App.
- **X AP Tutoring** will be offered in the months of March-May. Dates and times will be sent out to students via text message and email.
- X Tutoring will also be available via tutor.com
 - X https://tutor.com/pcub



UB SATURDAYS

UB Saturdays will be offered via zoom. These events are mandatory. Links will be sent out via text messages/emails to students.



UB SATURDAY DATES

FEBRUARY 12TH: 10AM-12PM

APRIL 23RD: 10AM-12PM

MAY 21ST: 10AM-12PM

9 & 10TH GRADE

Avoiding Plagiarism

11TH GRADE

Intro to Resume Building

12TH GRADE

Financial Literacy

9 & 10TH GRADE

General test Prep, test-taking strategies & test anxiety

11TH GRADE

Interview skills Part I

12TH GRADE

Professional Etiquette

9 & 10TH GRADE

Self-Motivation

11TH GRADE

Career and College Exploration

12TH GRADE

Public Speaking

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FAMILY WORKSHOPS

Family Workshops will be offered virtually. Links will be sent out via text messages/emails

FAMILY WORKSHOP DATES

ENGLISH - 5:30-6:30PM SPANISH - 6:30-7:30PM

REVIEWING THE AWARD LETTER

Understand the details of their financial package as well as understand the different types of financial aid.

SPANISH-6:30-7:30PM

TRANSITION TO COLLEGE:

UNDERSTANDING AND SUPPORTING STUDENTS' TRANSITION TO COLLEGE

Understand what to expect when their student(s) transition to college.

DISNEYLAND FIELDTRIP!

Group 1: Vista High School, Rancho Buena Vista, Borrego Springs High School

X Tuesday, March 29th

Group 2: Oceanside High School

X Tuesday April 5th

<u>Group 3:</u> Escondido High School, Orange Glen High School, Fallbrook High School

X Tuesday, April 12th

Fieldtrip Orientation is mandatory and will take place March 28th 5:30-6:30pm.

STUDENT STIPENDS



Upward Bound will provide monetary monthly stipends to students who participate in the program services and events. Students must meet the following criteria to receive the full stipend amount:

- X Student has a current GPA of 2.5 or higher
- X Student has attended at least one event or advising session per month
- X Attend all UB Saturdays
- X Fall, Spring, and Summer Orientations
- X Attend Family Workshop
- X Students who will not be able to attend these events must provide an email or assignment cleared by the program director with at least a two-week notice.

Stipend amount to be distributed:

- Fall: \$Depending on Funds
- Spring: \$Depending Funds



If you have any additional questions, please contact your advisor or program director at:

Yesenia Lazcano: <u>ylazcano@palomar.edu</u> or <u>upwardboundgrant@palomar.edu</u>
Office Phone Number: 760-744-1150 ext. 8142