

Overcoming Math Anxiety

Join us in-person and learn new skills and habits to help you overcome your math anxiety.

This is a free workshop, open to all currently enrolled Palomar College students. The workshop is particularly helpful for those already taking a math course.

WORKSHOPS

Facilitator: **Alex Cuatok, M.A./M.S.**

Date / Time

SEPTEMBER 24, 2024

10:00 a.m. - 11:00 p.m.

Location

LRC-208

Date / Time

OCTOBER 10, 2024

10:00 a.m. - 11:00 p.m.

Location

LRC-308

(room change)

Hosted by: STAR Tutoring
LRC Second Floor

www.palomar.edu/tutoring
760-744-1150 x2448

