

Undecided on a Major?

Answer these questions to better understand your interests

Academic Interests

1. List which *courses* have you enjoyed the most?
2. List which *subjects* you enjoy reading about and studying?
3. List which *activities* you look forward to the most?
4. Which activities do you *perform well* that seem to be difficult for most other people?

General Strengths and Weaknesses

1. Which activities make you *feel happy* or important when you are doing them?
2. Which areas are *most difficult* for you? What do you struggle with?

Career Interests

1. What job or *career interests* you?
2. Is there a particular *job setting* that appeals to you?

Life and Work Values

1. List the three *aspects of your life most important* to you. These are things you would fight for or sacrifice something else to keep or obtain.
2. Consider these questions in relation to your *ideal job*. Do you want to (check):
 - Help others
 - Get public recognition
 - Discover something new
 - Work fewer hours so you have more leisure time
 - Travel
 - Have excitement or adventure
 - Be outdoors
 - Earn a great deal of money
 - Work alone
 - Work with people, animals or things (circle)

Need more help figuring out which major is best for you?

- Take Counseling 170 class, Major Search
- Make an appointment with a counselor
- Transfer majors go to www.ASSIST.org and click on explore majors