

Career Counseling Makes A Difference For Students

I still remember Mr. Porter, my Geometry teacher in high school. He made the class fun and interesting and rewarding. I came away from such teachers inspired by new found interests.... but without a career plan, I now realize, but off to college I went....

As many as 60% of students enter college “undecided” They need help making a career decision, wouldn’t you agree? The process of career development helps young people make informed career decisions. This is why career counseling is vital, today, more than ever before due to the Student Success Task Force goals. A Career Counselor can help students map out where their strengths and interests are, so that they can begin seeing a possible pathway. By taking career assessments students can begin to consider the possibilities and make choices that make sense for them. The benefit of this process: students feel motivated to stay in school and get better grades because they can see at least one realistic possibility of where they can go.

By working with a counselor to create a career development plan, they know the minimum requirements needed for what they want to do. If they become excited about the possibilities all the skills and certificates they earn have a purpose. As the career development journey unfolds before them, it gives relevance to what they are learning in classes, both, academic and career technical education and it motivates them to persevere. Therefore, this becomes a win-win situation for everyone involved in student success.

How Does It Make A Difference?

- ⇒ **Students who enter college on a clear subject pathway in the first year are twice as likely to complete their degree than those who didn't** (Sense of Direction, CSU Sacramento, 2011)
- ⇒ **Students who understand the connection between school and their career goals are more motivated, get better grades, and are more likely to go to college. Career interventions lead to increased academic efficacy and motivation, two variables that are known to be related to improved academic achievement** (Career Development Interventions, 2003)
- ⇒ **The combination of participation in a career planning process and receiving supportive guidance as well as receiving information about postsecondary institutions (majors, financial aid, the application process, and support services) increases the likelihood of postsecondary participation and success** (Value of Informed Career Decisions, 2003)
- ⇒ **Having a career plan is associated with better grades, participation in more academically rigorous curricula, and a greater likelihood of expecting to complete four or more years postsecondary education** (Value of Informed Career Decisions, 2003)
- ⇒ **Students who take a college career course execute fewer course withdrawals and take fewer courses in order to graduate** (Impact of Career Course, 2002)
- ⇒ **Students in schools with fully implemented career guidance programs have higher grades and find that they feel the school has a more positive climate** (Statewide Evaluation Study, 1997 and Helping 7th Graders Feel Safe, 2001)
- ⇒ **And students who have been set on a pathway to a career and higher education are less likely to drop out. Consistently, schools are finding that when curriculum is based on career education and linked to core subjects, their drop out rate declines.** (EDITS)

What is your career goal for today?

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We Are Here To Serve You!

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