

**T**

**Together**

**E**

**evaluating**

**A**

**assessing**

**M**

**managing**

**L**

**life**

**I**

**improvements**

**F**

**for**

**E**

**employees**

## TEAM LIFE PRESENTS: "The Biggest Loser"

Faculty and Staff Palomar College Edition

Competitors can enter as a group  
or as an individual

Scored based on a percentage of your weight that you lose

Example:

1st weigh in= 200 lbs.

Final weigh in= 176 lbs.

Lost a total of 24 pounds for a  
weight loss percentage of 12%  
Group scores will be averaged

Weigh in every Thursday  
in O-19

(Patti Watterman's office)  
between 11:30am-12:30 pm.

Starting February 28th and ending May 8th  
(10 weigh in's, excluding Spring Break)

Individuals \$20

Groups (4) \$60

What department has the determination to win?

**For more information or to sign up contact:**

Terri Wallace x2250 or

[twallace@palomar.edu](mailto:twallace@palomar.edu)

Checks payable to  
"Palomar College Foundation"

**The Biggest Loser Competition!**