

Want help setting up an Exercise Program?

**Spring 2009
WFC Orientations**

Start off the New Year right with an
Exercise program in the WFC!

On **Thursday January 15th and
Friday January 16th from
10am-12pm** Patti Waterman and
Kelly Falcone, both Professors in the
Department of Physical Education
and Health, will help you get started
on a personalized Exercise
Program.

If you are interested in joining us please send an e-mail to
Kelly Falcone at kfalcone@palomar.edu with the date and
time you will be coming!

Visit the TEAM LIFE Website for further information

www.palomar.edu/teamlife/

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