

**IT'S HERE!**

# **OUR Health & Lifestyle EXPO**

**Palomar College**  
**Thursday, February 9, 2012**  
**11:00 AM to 1:00 PM**  
**Location: AAST Courtyard**

**JOIN US FOR FUN, MUSIC & PRIZES!!!**  
**Informational Exhibits, Screenings & Services:**

Complimentary Glucose Testing, Diabetes Information	Nutrition Products
Credit Union Services	Parenting Coach, Author, Speaker
Crunch Health Club	Physical Therapy
Dental Consultation	San Diego Zoo and Wild Animal Park
Energy Efficiency	Scripps Healthcare
Heart and Body Scan	Skincare and Prevention
Laser Vision Correction	Spinal & Posture Screenings
Money Management	Urgent Care

***Blood Pressure Screenings! Mini Massages!***  
***Body Fat Testing!***

**\*\*\*Screenings & Exhibits Subject to Change\*\*\***

***PRIZES!***  
**Take your raffle card around**  
**the expo for a chance to win!**



**Health  
Dimensions®**

