

TEAM LIFE MEETING MINUTES

3/1/10

8:15am

SSC-35

TL committee members: Kelly Falcone (chair), Lucy Nelson, Shawna Hearn, Terri Wallace, Jayne Conway, John Emerson, Scott Cathcart, Lacey Craft, Josie Silva

Topic

Team life meeting notes 3/1/11

No new comments about newsletter, but they did go out.

Health fair: lots of positive comments. Went great. Perfect. Health dimensions sent PowerPoint pics. Make sure to save all setup info for next year. Setup was fairly difficult with facilities. Definitely want to host in AA again. Looked great. Shade great. Employees felt much more comfortable with that location.

Biggest loser:

- Next version of journal add table for all weekly weight numbers. Add explanation of numbers from scale. Journals 60 printed, color cover about \$45. Will check with all biggest loser competitors to see if they liked the journal at the end.
- Lucy request space for luncheon.
- Contact jazzercise get award for month or 2.
- Contacted Michelle at WFC to see if we can get year awards for top male and female
- Awards: top 3 teams, 12 individuals for teams. Top male, top female. Spend less than \$250. Kelly will look into awards.

Jazzercise: team life co-sponsor. 4 sessions \$45. Team life pay for room. What will she charge for 4 classes? Either we pay her to come or we pay room and she collects money from attendees.

Promote activities around community: bowling night, rock climbing, etc. Terri look into community activity night.

Circuit training going good!

St Paddys day walk: dress green

Lucy: cards, setup, lunch

Shawna: flyer, email

Costume contest!

Bring cell phone

Purchase apparel: visors, water bottles, pedometers,

Circuit training class purchase: jump ropes, flat dots, music

\$1000 total to spend on promotional items and circuit training items

Buy stuff for walk California challenge: pedometer, water bottle, visor