

Palomar College Basic Needs Donation List

Your generous donations help ensure our students have access to essential items that support their health, comfort, and success. We appreciate your continued support of our Basic Needs programs.

Donation Drop-Off Hours and Location Donations are accepted Monday through Thursday between 9:00 a.m. and 3:00 p.m. Items may be dropped off at SU-40, the Palomar College Food and Nutrition Center.

1. Hygiene Products

We assemble hygiene kits for students and need the following items:

- Shampoo and conditioner
 - Body wash
 - Toothpaste and toothbrushes
 - Shaving cream and razors
 - Lotion
 - Deodorant
 - Loofahs
 - Baby wipes
 - Sunscreen
 - New towels (must be unused) — especially needed as we prepare to open student-accessible showers in the Fall
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2. Food and Snacks

We strive to keep our campus food pantry stocked with ready-to-eat and easy-to-prepare options.

Most needed items:

- Canned proteins: tuna, chicken, salmon, chili, beans, lentils
- Nut butters: peanut butter, almond butter
- Whole grains: brown rice, quinoa, pasta, oatmeal, cereal
- Shelf-stable milk or milk alternatives

- Instant noodles, mac & cheese, or other easy-prep meals
 - Snack items: granola bars, trail mix, fruit cups, crackers
 - Cooking basics: olive or vegetable oil, spices, and condiments
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3. Other Helpful Donations

These items help students who are housing insecure or facing financial hardship:

- New undergarments and socks (in original packaging)
- Camping bags
- Blankets
- Cookware