HEALTH SERVICES
NEWSLETTER
NOVEMBER 2024

What's Happening

November Blood Drive

Palomar College Health Services, Palomar Black Faculty & Staff Association and SNAP are hosting an American Red Cross Blood Drive at the San Marcos campus November 19th & 20th from 9am to 3pm.

Give for two pairs of custom **FRIENDS & Red Cross socks**! Keep one, gift one!

Schedule your appointment at: RedCrossBlood.org (enter sponsor code: PalomarSM).

Vaccination Events

Champions for Health is offering Palomar College students, employees and family members free flu and COVID-19 vaccines at the following location:

- *Fallbrook Center*: November 13

CHAMPIONS for HEALTH | PHYSICIANS IMPROVING HEALTH CHANGING LIVES

Important Dates

- Daylight Saving Time Ends: Nov. 3
- Veterans Day: Nov. 11
- Thanksgiving Holidays: Nov. 28–29

American Red Cross

American Red Cross Blood Drive

Palomar College

LRC-116
1140 West Mission Road
San Marcos, CA 92069

Tues. November 19th | Wed. November 20th
9:00 a.m. to 3:00 p.m.

DONATING BLOOD IS AS EASY AS PIE

FREE Vaccine Clinic

Palomar College Education Center

Event Information

Champions For Health is providing **FREE** flu vaccines to Palomar College Education Center students, employees, and family members!
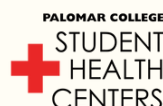
WEDNESDAY - 11/13/24 | 9am-1pm

Address	Location
35090 Horse Ranch Creek Road, Fallbrook, CA 92028	Inside Student Services Center Conference Room

For more information on vaccines, visit sdiz.org.

Supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (CDC/HHS) as part of a financial assistance award totaling $24,258,805 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government. This work supports Live Well San Diego, the County's vision for a region that is Building Better Health, Living Safely, and Thriving.

PALOMAR COLLEGE STUDENT HEALTH CENTERS

BEHAVIORAL HEALTH COUNSELING SERVICES PALOMAR COLLEGE

HEALTH PROMOTION PALOMAR COLLEGE