

# Palomar College Service-Learning Program Community Partner List Especially in Need of Bilingual Student Volunteers Fall 2017

Service Learning Opportunities by location:

[p. 2-3 North County Coastal \(Encinitas, Carlsbad, Oceanside\)](#)

[p. 4-8 North County Inland \(Vista, San Marcos, Escondido\)](#)

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*Community partners noted with a \* are official Service Learning Partners of Palomar College and have an MOU (Memorandum of Understanding) on file.*

Visit the Service Learning website at  
<http://www2.palomar.edu/pages/servicelearning/>  
for information and required forms.

## **North County Coastal (Encinitas, Carlsbad, Oceanside)**

### **Community Resource Center**

650 Second St. Encinitas, 92024

<http://www.crcncc.org/>

Contact: Cathie Byrd (760) 753-1156 ext. 1321 [cbyrd@crcncc.org](mailto:cbyrd@crcncc.org)

Current volunteer opportunities:

FOOD DISTRIBUTION CENTER (FDC) VOLUNTEER-Participants receiving services from CRC social service department are eligible to shop in the FDC. Volunteers in the FDC sort food, stock shelves, assist the participants while they shop and clean the FDC. Typical shifts are once a week for 3-4 hours. The FDC operates Monday through Friday from 9:00-3:00 pm. Youth ages 14-18 are welcome to volunteer as long as they are accompanied by an adult.

RESALE and THRIFT STORE VOLUNTEER-Money from resale store and thrift store sales greatly support the critical programs CRC offers to individuals and families who are building paths to self-sufficiency, stability and safety. Resale and thrift store volunteer jobs include receiving donations, sorting, stocking, colorizing, cleaning and hanging clothing. Typical shifts are once a week for 2-3 hours. There are volunteer shifts available Monday through Sunday 10am-5pm at Encinitas, Carlsbad and San Marcos resale and thrift store locations. Youth ages 14 and over are welcome to volunteer here without parental supervision.

HOLIDAY GIFT BASKETS- Register families to the Holiday Gift Basket program requires. 10 hours of service a week September-December, plus volunteer on December 15<sup>th</sup>, 16<sup>th</sup>, and/or 17<sup>th</sup> Bilingual volunteers are especially needed.

Complete online volunteer application at <http://crcncc.org/how-you-can-help/volunteer/>

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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### **MAAC Head Start**

800 W. Los Vallecitos Blvd., suite San Marcos, CA 92069 (with sites all over North County)

[www.maacproject.org](http://www.maacproject.org)

Contact: Laura Aguilar (760) 471-4210 [laguilar@maacproject.org](mailto:laguilar@maacproject.org)

MAAC Head Start, Early Head Start and State Preschool programs deliver the national school readiness program to economically disadvantaged children and their families.

Volunteer Roles:

Support classroom teachers with: setting routines for children (i.e. following hand washing procedures, following the daily schedule), individualizing for children, small group activities, circle time, scaffolding children's learning by engaging with children during choice time, assistance in family style eating, lesson plans, observing children's development and documenting progress. Monday - Friday 7:00-5:00pm.

Procedure for Service (include the steps for service—who to contact, how to contact)

1. Contact Laura Aguilar - 760-471-4210 x 2240 or [laguilar@maacproject.org](mailto:laguilar@maacproject.org).
2. Share desired location (city)

3. Age - group of children you wish to work with
4. Provide school experience required or experience you wish to gain

Requirements: All volunteers must have a TB test, records of MMR & Pertusis (CCL requirements).  
All volunteers must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

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## Seacrest Village Retirement Communities

211 Saxony Road Encinitas, CA 92024 (location in Rancho Bernardo as well)

Contact: Sheryl Seltser, Volunteer Liaison, 760-632-3718 [sseltser@seacrestvillage.org](mailto:sseltser@seacrestvillage.org)

Mission: Seacrest Village Retirement Communities provides services to seniors in a Jewish environment that promotes community, independence and innovation. As an organization that believes in the vitality of Jewish tradition and culture, Seacrest Village Retirement Communities' vision is to serve as a beacon to seniors and their families for exceptional quality care in a Jewish environment.

### Options for Service:

- Assist the Activity Director with games, activities, monthly calendar, scheduling entertainers, lead programs, create flyers, set up for big events, work on "dream projects"
- Assist in the Computer Lab: Teach simple computer tasks (e-mailing, surfing the internet, etc.)
- Entertainers: share your talents, such as piano playing, singing, magic, etc.
- Outings: Accompany residents on daytime outings in the community
- Religious Programs: Assist with religious services or ceremonies in Hebrew or English, lecture on Judaic subjects
- Resident Relations: Visit with residents, help with Brain Fitness computer program, read and play games (ie. scrabble)
- Social Programs: assist culinary department with happy hours, parties, socials & special events
- Transportation: Transport residents in wheelchairs to meals, to beauty parlor and other places on Seacrest campus

*Days and times can vary depending on the chosen service.*

### Basic Requirements and Information for Volunteers:

- 1) Complete an application <http://www.seacrestvillage.org/volunteer>
- 2) Have a personal interview and attend an orientation
- 3) Agree to a 20-hour minimum service in a calendar year
- 4) TB skin tests and background checks are only required if volunteering more than 16 hours per week (*No costs will be incurred to the student volunteer*)
- 5) Read, sign and adhere to the HIPAA Requirement

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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## Community Resource Center

650 Second St. Encinitas, 92024

<http://www.crcncc.org/>

Contact: Cathie Byrd (760) 753-1156 ext. 1321 [cbyrd@crcncc.org](mailto:cbyrd@crcncc.org)

Current volunteer opportunities:

FOOD DISTRIBUTION CENTER (FDC) VOLUNTEER-Participants receiving services from CRC social service department are eligible to shop in the FDC. Volunteers in the FDC sort food, stock shelves, assist the participants while they shop and clean the FDC. Typical shifts are once a week for 3-4 hours. The FDC operates Monday through Friday from 9:00-3:00 pm. Youth ages 14-18 are welcome to volunteer as long as they are accompanied by an adult.

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Requirements: Complete online volunteer application at <http://crcncc.org/how-you-can-help/volunteer/>

Students who work at this agency will also need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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## Elizabeth Hospice

500 La Terraza Blvd. STE #130 Escondido, 92025

Volunteer Department (800) 797-2050 [volunteer@ehospice.org](mailto:volunteer@ehospice.org)

Spanish-speaking volunteers, Veterans, Office/Clerical support volunteers, and Community Outreach volunteers are especially needed. [Click here](#) for our flyer and view a list of all our volunteer opportunities.

Requirements: Some positions require a two-day training and background check. Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

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## Escondido Community Child Development Center\*

819 W 9th Ave, Escondido, 92025

[www.eccdc.com](http://www.eccdc.com)

Contact: HR Director: Nicole Marandino (760) 839-9361 x 103 [nmarandino@eccdc.com](mailto:nmarandino@eccdc.com)

The ECCDC is a non-profit preschool for children ages 4 months to kindergarten for families working looking for work, or who are pursuing higher education that come from low-income households. Provides parental support and services and community events

Opportunities: ECCDC needs help with business aspects: media and marketing, clerical and event planning/set up, and research/data. Volunteers are also needed for playground monitors, parenting classes, special education classroom

support, gardening, music teachers, Volunteer days, nights or weekends.

Requirements: Volunteers will need a TB test and proof of current immunizations against influenza, pertussis, and measles. Volunteers provided training. Fliers with information and an application can be found at

<http://www2.palomar.edu/pages/servicelearning/escondido-community-child-development-center-service-opportunities/>

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MAAC Head Start, Early Head Start and State Preschool programs deliver the national school readiness program to economically disadvantaged children and their families.

Volunteer Roles:

Support classroom teachers with: setting routines for children (i.e. following hand washing procedures, following the daily schedule), individualizing for children, small group activities, circle time, scaffolding children's learning by engaging with children during choice time, assistance in family style eating, lesson plans, observing children's development and documenting progress. Monday - Friday 7:00-5:00pm.

Procedure for Service (include the steps for service—who to contact, how to contact)

1. Contact Laura Aguilar - 760-471-4210 x 2240 or [laguilar@maacproject.org](mailto:laguilar@maacproject.org).
2. Share desired location (city)
3. Age - group of children you wish to work with
4. Provide school experience required or experience you wish to gain

Requirements: All volunteers must have a TB test, records of MMR & Pertusis (CCL requirements).

All volunteers must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

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## Make-A-Wish Foundation

2440 Hotel Circle N200 San Diego, 92108

[www.sandiego.wish.org](http://www.sandiego.wish.org)

Contact: Jacquelyn Schneider [jschneider@wishesandiego.org](mailto:jschneider@wishesandiego.org) (619) 757-7567

The Make-a-Wish Foundation grants wishes to children with life-threatening medical conditions to enrich the human spirit with hope, strength and joy. The power of the wish empowers them to fight, makes them feel normal, and gives them and their family a special experience to enjoy after all they go through with medical treatments.

Volunteers are needed to help with granting wishes: help plan and/or build backyard makeovers, bedroom makeovers; provide specialized services likes translating and artistry. Wishes can be anywhere within San Diego and Imperial Counties. \* Bilingual Volunteers are especially needed!

Contact Jacquelyn Schneider, Volunteer & Wish Manager via email [jschneider@wishesandiego.org](mailto:jschneider@wishesandiego.org) to be included in email notifications requesting volunteers, and/or to identify special services the student is able to offer.

Requirements: Volunteers must be 18, have their own transportation. For single-day volunteer opportunities, no paperwork is required. For longer-term volunteerism, there is an application process and background check (with a fee of \$27). All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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## **Migrant Education Program**

135 Vallecitos de Oro Suite A San Marcos,

Contact: Dolores Vales 760-510-0261 [dvaldes@sdcoe.net](mailto:dvaldes@sdcoe.net)

Opportunities: The Migrant Education Program is administered by the San Diego County Office of Education. The program serves migrant students in 43 school districts. The regional office is located in San Marcos but volunteers work in different schools. Students are needed for a variety of tasks including their literacy program with K-3rd graders (in Escondido, San Marcos, Fallbrook and Vista), STEAM (Carlsbad, Fallbrook, Escondido, San Marcos and Vista). There are many ways to volunteer: leading academic activities for students during summer or afterschool programs, providing support for special activities (e.g. soccer, robotics, etc), support staff during home visits for Pre-K children, as well as fundraiser and donation gathering. Bilingual (Spanish/English) for ESL tutoring, workshops for teens, recording the stories of parents about their experiences with growing up, and many others.

Requirements: Students must have transportation, complete a background check and have a valid TB test. Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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## **North County Community Services\***

1557 Grand Ave., Suite C San Marcos, 92078

<http://www.sdnccs.org/> (760) 761-1140

Services: For over 40 years, NCCS has been providing vitally needed services to local residents, operating seven Preschool Child Development Centers as well as North County's Food Bank which was established 1989.

Opportunities: Food Bank Volunteer, garden volunteer, preschool classroom assistant, preschool kitchen assistant, office volunteer, and special events.

Requirements: Varies based on volunteer position; may include an orientation, TB test, clear criminal background, and/or specific skills. Students must fill out a Hold Harmless Agreement/Waiver of Liability form.

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## **North County Health Services**

150 Valpreda Rd. San Marcos

Contact: Kayla Neri (760) 736-8746 [kayla.neri@nchs-health.org](mailto:kayla.neri@nchs-health.org)

NCHS will be the premier health care provider for diverse communities in San Diego County and the Inland Empire characterized by an exceptional patient experience, comprehensive and integrated services and innovative approaches to clinical care, patient service and business operations.

Volunteers needed for:

-Community Outreach Internship -Community Events -Community Food Distribution

-Graphic Design Intern -Clinic Support and Customer Service

Requirements: 2-step interview, TB Test and background check. Reliable transportation needed. Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

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### **North County Lifeline, Inc.\***

200 Michigan Ave. Vista, 92084

[www.nclifeline.org](http://www.nclifeline.org)

Contact: Melissa Alcazar, Volunteer Program Coordinator (760) 842-6254 [malcazar@nclifeline.org](mailto:malcazar@nclifeline.org)

Mission: North County Lifeline's mission is to build self-reliance among youth, individuals and families through problem solving, skill-building and accessible community-based services.

#### Procedure for Service:

1. E-mail Melissa with Service Goals and set up an interview
2. If selected, must be fingerprinted through Livescan, TB and drug screen (no cost to student)

#### Options for Service:

Semester Long Volunteering Opportunities:

- Tutors -Tutors are needed for both our elementary school kids at La Casita and for our middle school/ high school youth at our Club Crown Heights Program. Tutors needed 2-4 days a week for 1-2 hours a day
- After School Program Assistant- Supervise and facilitate indoor and outside activities and games.
- Mentors –Male and Female Mentors needed to mentor youth.
- Tax Assistance- Preparers and administrative support needed – Vista Office
- Donation Pick Up:– Thursday mornings 8:30AM Costco (Vista) and Wednesday 9AM Fresh & Easy (Vista)
- Administrative Assistance- support the ERMHS program with day-to-day tasks and admin support.
- Bridges to Employment Office Assistant Volunteer- assist the BTE case manager with office work.
- Bridges to Employment Case Manager Support Intern- support the BTE case manager in daily duties and tasks.
- Volunteer Department Media Specialist- provide media support to the Volunteer Department.

Short Term and One Day Volunteers are also needed for Special Events. *See the Short Term Opportunities for Service Learning Page on the Service Learning Website.*

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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### **North County Serenity House**

950 Fig Street Escondido, 92026 <http://ncsh.org>

Contacts: Suzanne Woelk, Lead AOD Counselor (760) 741-5098 [suzanne.woelk@ncsh.org](mailto:suzanne.woelk@ncsh.org)

Christy Jean, Child Development Director (760) 746-5747 [christy.Jean@ncsh.org](mailto:christy.Jean@ncsh.org)

North County Serenity House serves women & women w/ children recovering from drug or alcohol dependence.

Opportunities: In the Drug and Alcohol Treatment Facility: case management, counseling, relapse prevention, secretarial

services, treatment planning, screening and assessments. In Child Development: art activities, reading to children and supporting teachers.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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### **Salvation Army – Silvercrest Escondido**

1303 Las Villas Way Escondido, California 92026 (and 727 E Street San Diego, CA 92101)

<http://www.salvationarmyusa.org/>

Contact: Ederlyn Gonzaga (619) 550-5990 [Ederlyn.Gonzaga@usw.salvationarmy.org](mailto:Ederlyn.Gonzaga@usw.salvationarmy.org)

Silvercrest is a federally funded building (Section 8 Housing) for independent seniors. The building contains 98 seniors with variety of needs. Volunteers are needed to assist the Service Coordinator in preparing, running and overseeing the programs in the building (educational presentations, art classes, chair yoga classes, English classes for those who speak Russian, blood pressure clinic, podiatry clinic, optometrist clinic, etc). Volunteers will also assist the Service Coordinator in creating newsletters for the month, calling providers, setting up individual appointments with the residents, conducting assessments of each residents and inputting data on AASC online.

Email Ederlyn Gonzaga to get an application and set up an interview.

Requirements: A background check will be performed (at no cost to the service learning student). Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

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### **Solutions for Change**

722 W. California Ave. Vista, 92083

<http://www.solutionsforchange.org>

Contact: Kimberly Scates 760-941-6545 x319 [kscates@solutionsforchange.org](mailto:kscates@solutionsforchange.org)

Solutions for Change works to solve family homelessness; one family, one community at a time, through education, workforce development, housing and counseling. While our residents attend meetings or activities, their children need to be kept busy and our childcare helpers do just that.

Procedure: To volunteer, Click on the Sign Up links to sign up for select dates that work in your schedule. Then, download and fill out the [volunteer application](#) and email it back to [Kimberly Scates](#)

Mondays 6:30-8:30 pm: <http://www.signupgenius.com/go/10c084aafac2dabfc1-monday>

Wednesdays 12:45-4:15pm: <http://www.signupgenius.com/go/10c084aafac2dabfc1-weekday1>

Thursdays 6:00pm – 7:45pm: <http://www.signupgenius.com/go/10c084aafac2dabfc1-childcare2>

Saturdays 8:45am-12:00pm: <http://www.signupgenius.com/go/10c084aafac2dabfc1-saturday2>

Requirements: Volunteers need to be 18 years old, or 16 years old and accompanied by an adult 18 or older.  
All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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### **The Legal Aid Society of San Diego – The Fair Housing Center**

216 S. Tremont Street Oceanside, 92054 <http://www.lassd.org/>

Contact: Patricia Ziegler-Lopez (619) 471-2624 [PatriciaZL@lassd.org](mailto:PatriciaZL@lassd.org)

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Our Fair Housing Center provides fair housing services in the City and County of San Diego. We are here to stop housing discrimination and to be sure there is equal housing opportunity for all those in San Diego County. We use outreach, education, and enforcement of Federal and State Fair Housing Laws. Our Fair Housing Center is funded by the City of San Diego and the US Department of Housing and Urban Development (HUD).

We are currently seeking qualified individuals to join our fair housing testing program. Volunteers pose as home seekers and obtain rental information in a neutral and objective manner.

Requirements: At least 18 years of age, no criminal history, reliable transportation, and the ability to write a report accurately and coherently. And an absolute to desire in civil rights and to end housing discrimination.

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## North County East (Ramona, Fallbrook, Valley Center)

### MAAC Head Start

800 W. Los Vallecitos Blvd., suite San Marcos, CA 92069 (with sites all over North County)

[www.maacproject.org](http://www.maacproject.org)

Contact: Laura Aguilar (760) 471-4210 [laguilar@maacproject.org](mailto:laguilar@maacproject.org)

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#### Volunteer Roles:

Support classroom teachers with: setting routines for children (i.e. following hand washing procedures, following the daily schedule), individualizing for children, small group activities, circle time, scaffolding children's learning by engaging with children during choice time, assistance in family style eating, lesson plans, observing children's development and documenting progress. Monday - Friday 7:00-5:00pm.

Procedure for Service (include the steps for service—who to contact, how to contact)

1. Contact Laura Aguilar - 760-471-4210 x 2240 or [laguilar@maacproject.org](mailto:laguilar@maacproject.org).
2. Share desired location (city)
3. Age - group of children you wish to work with
4. Provide school experience required or experience you wish to gain

Requirements: All volunteers must have a TB test, records of MMR & Pertusis (CCL requirements).

All volunteers must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

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## Riverside County South (Temecula, Murrieta, Hemet)

### San Diego Metro (Mira Mesa, City of San Diego)

#### **Big Brothers and Big Sisters of San Diego County**

4305 University Ave, Suite 300, San Diego, CA 92105

Contact: 858-536-4900 [www.SDBigs.org](http://www.SDBigs.org)

Volunteer to be a Big Brother or Big Sister mentor for a child in San Diego! In as little as 4 hours a month, you can make a BIG difference in the life of a child. Are you ready to start something BIG??

Please sign up and attend one of our Volunteer Info Sessions! Follow this link:

<http://bbbssandiego.org/volunteer/volunteer-process/>

Requirements: Must be 18 years of age and commit for at least 1 year. A full interview and background check will be performed. Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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#### **Make-A-Wish Foundation**

2440 Hotel Circle N200 San Diego, 92108

[www.sandiego.wish.org](http://www.sandiego.wish.org)

Contact: Jacquelyn Schneider [jschneider@wishesandiego.org](mailto:jschneider@wishesandiego.org) (619) 757-7567

The Make-a-Wish Foundation grants wishes to children with life-threatening medical conditions to enrich the human spirit with hope, strength and joy. The power of the wish empowers them to fight, makes them feel normal, and gives them and their family a special experience to enjoy after all they go through with medical treatments.

Volunteers are needed to help with granting wishes: help plan and/or build backyard makeovers, bedroom makeovers; provide specialized services likes translating and artistry. Wishes can be anywhere within San Diego and Imperial Counties. \* Bilingual Volunteers are especially needed!

Contact Jacquelyn Schneider, Volunteer & Wish Manager via email [jschneider@wishesandiego.org](mailto:jschneider@wishesandiego.org) to be included in email notifications requesting volunteers, and/or to identify special services the student is able to offer.

Requirements: Volunteers must be 18, have their own transportation. For single-day volunteer opportunities, no paperwork is required. For longer-term volunteerism, there is an application process and background check (with a fee of \$27). All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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#### **Promises 2 Kids**

9400 Ruffin Court Suite A SAN DIEGO, CA 92123

Contact: Lenny Leszczynski [lenny@Promises2Kids.org](mailto:lenny@Promises2Kids.org) (858) 751-6616

Volunteers needed for:|

1. Fundraising Events – help Promises2Kids by being part of implementation, organization, and planning for our foundation events (*e.g., Golf Tournaments and our annual Dream On Gala*)

2. Projects Serving Youth – assembling care packages, comfort kits, other projects that directly serve a foster youth.
3. Youth Activities – work directly with youth on fun activities (e.g. during Camp Connect or GS events)

Procedure:

Go to [www.Promises2Kids.org](http://www.Promises2Kids.org) Go to Support toward the top/right of the page. A drop down menu will appear. Choose and click on Volunteer. This will bring you to our Volunteer page where you can read a little more about volunteering with Promises2Kids.

On the Volunteer page, scroll down almost toward the center of the page and you will see Click here to attend our volunteer orientation.

You are now in the form to fill-out/answer questions and check the orientation date you wish to attend .

\*Volunteer Orientation for Palomar Students is on campus on Thursday 2/16 from 11am-1:30pm in MD 301!  
To volunteer, just show up at this orientation!

Requirements: Must be 21 to work with youth and complete a background check. Students who work at this agency must fill out Palomar’s Hold Harmless Agreement/Waiver of Liability form.

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### **Rock Church Deaf Ministry**

2277 Rosecrans St. San Diego, CA 92106

[www.rockdeaf.org](http://www.rockdeaf.org) and [www.sdrock.com](http://www.sdrock.com)

Contact: Cami Miner [cami\\_miner@rockdeaf.org](mailto:cami_miner@rockdeaf.org)

If you are interested in interpreting observations and/or hands-up practice, email Cami for a list of current opportunities.

Interpreting Observation and Hands-Up Interpreting Opportunities

Requirements: All volunteers will need to fill out Palomar’s Hold Harmless Agreement/Waiver of Liability form.

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### **Salvation Army – Silvercrest Residence Downtown**

727 E Street San Diego, CA 92101 (and 1303 Las Villas Way Escondido, California 92026)

<http://www.salvationarmy.org>

Contact: Ederlyn Gonzaga (619) 550-5990 [Ederlyn.Gonzaga@usw.salvationarmy.org](mailto:Ederlyn.Gonzaga@usw.salvationarmy.org)

Silvercrest is a federally funded building (Section 8 Housing) for independent seniors. The building contains 98 seniors with variety of needs. Volunteers are needed to assist the Service Coordinator in preparing, running and overseeing the programs in the building (educational presentations, art classes, chair yoga classes, English classes for those who speak Russian, blood pressure clinic, podiatry clinic, optometrist clinic, etc). Volunteers will also assist the Service Coordinator in creating newsletters for the month, calling providers, setting up individual appointments with the residents, conducting assessments of each residents and inputting data on AASC online.

Some current needs include volunteers to help with the following classes:

Senior Art class on Monday at 12:30PM, senior chair yoga every Wednesday at 1PM and

English class for Russian residents on Fridays from 1PM-3PM.

Email Ederlyn Gonzaga to get an application and set up an interview.

Requirements: A background check will be performed (at no cost to the service learning student). Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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### SeaCrest Village Retirement Communities

211 Saxony Road Encinitas, CA 92024 (location in Rancho Bernardo also)

Contact: Sheryl Seltser, Volunteer Liaison, at 760-632-3718 or [sseltser@seacrestvillage.org](mailto:sseltser@seacrestvillage.org) or fill out the interest form at <http://www.seacrestvillage.org/volunteer>

Mission: Seacrest Village Retirement Communities provides services to seniors in a Jewish environment that promotes community, independence and innovation. As an organization that believes in the vitality of Jewish tradition and culture, Seacrest Village Retirement Communities' vision is to serve as a beacon to seniors and their families for exceptional quality care in a Jewish environment.

#### Options for Service:

- Assist the Activity Director with games, activities, monthly calendar, scheduling entertainers, lead programs, create flyers, set up for big events, work on "dream projects"
- Assist in the Computer Lab: Teach simple computer tasks (e-mailing, surfing the internet, etc.)
- Entertainers: share your talents, such as piano playing, singing, magic, etc.
- Outings: Accompany residents on daytime outings in the community
- Religious Programs: Assist with religious services or ceremonies in Hebrew or English, lecture on Judaic subjects
- Resident Relations: Visit with residents, help with Brain Fitness computer program, read and play games (ie. scrabble)
- Social Programs: Volunteers are needed to assist culinary department with happy hours, birthday party socials and special events
- Transportation: Transport residents in wheelchairs to meals, to beauty parlor and other places on Seacrest campus

*Days and times can vary depending on the chosen service.*

#### Basic Requirements and Information for Volunteers:

- 1) Complete an application
- 2) Have a personal interview and attend an orientation
- 3) Agree to a 20-hour minimum service in a calendar year
- 4) TB skin tests and background checks are only required if volunteering more than 16 hours per week (*No costs will be incurred to the student volunteer*)
- 5) Read, sign and adhere to the HIPAA Requirement

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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### United Way of San Diego County

4699 Murphy Canyon Road San Diego, CA 92123

[www.uwsd.org](http://www.uwsd.org)

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United Way of San Diego County envisions a vibrant community built on opportunity for everyone and is committed to sparking breakthrough community action that elevates every child and family to a brighter future.

**Opportunities:** Volunteers are placed at school sites in San Diego County to support students who are chronically absent. Interns work with students and families, providing targeted support to boost student attendance and family stability. Interns also work on school-wide efforts to positively impact the climate and culture around attendance. They receive regular, ongoing one-on-one supervision. The internship commitment is for the whole school year, at a minimum of 12 hrs per week. Interns must be currently enrolled in school to participate.

**Requirements:** A 12 hour per week schedule is made to accommodate both the student's availability and the school site's preferences. Prospective interns will interview at United Way. If accepted, interns will complete 4 days of training at United Way at the beginning of the school year. Interns begin at their assigned school sites in mid-September. Required screenings depend on the school site, but is typically a TB test and signing a volunteer agreement before beginning at the school site.

All volunteers must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form