# Palomar College Service-Learning Program Full Community Partner List Spring 2017

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Community partners noted with a \* are official Service Learning Partners of Palomar College and have an MOU (Memorandum of Understanding) on file.

Visit the Service Learning website at

http://www2.palomar.edu/pages/servicelearning/

for information and required forms.

# North County Coastal (Encinitas, Carlsbad, Oceanside)

# **Batiquitos Lagoon Foundation\***

7380 Gabbiano Lane, Carlsbad, CA 92013-0491

www.batiquitosfoundation.org

Contact: Deb Mossa at deborahmossa@gmail.com

Mission: Preserve, protect and enhance Batiquitos lagoon Ecological Reserve and adjacent habitat. Public education in history and ecological topics.

## **Options for Service**

**OPTION 1:** Trail Work: 1<sup>st</sup> and 3<sup>rd</sup> Saturdays from 9a.m. to Noon.

NOTE: You do not need to contact Deb Mossa for this experience. Simply show up, ready to work.

http://www.batiquitosfoundation.org/2011/lagoon/trail-maintenance/

Procedure:

Take your Service Learning Paperwork

At 9:00a.m. fill out waiver found on Batiquitos website

http://www.batiquitosfoundation.org/2011/lagoon/trail-maintenance/

Work until Noon

At noon, Batiquitos staff will sign your Service Learning paperwork

Jobs entail: watering, weeding, restoration projects, planting, gardening, cleaning

**OPTION 2:** Other Service Experiences

Contact Deb Mossa at <a href="mailto:deborahmossa@gmail.com">deborahmossa@gmail.com</a> to set up appointment for service

Restoration and trail maintenance

Nature center hosts, Assist with Kiosk updates

Foundation administration duties, Website maintenance, Newsletter editing and publication, grant writing

Science projects (water quality, monitoring, collecting wildlife data, GIS mapping)

Cataloguing collections

Art projects, Story hour and crafts with children

Assist with opportunities at the Lagoon: http://www.batiquitosfoundation.org/things-to-do/

Environmental Science or Biology interns are desired!

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Boys and Girls Club, Carlsbad\***

3115 Roosevelt St. Carlsbad, 92008

http://www.bgccarlsbad.org/

Contact: Brooke Price <u>bprice@bgccarlsbad.org</u>

Mission: The Boys & Girls Clubs of Carlsbad's mission is to inspire our community's young people to BE GREAT by offering educational, enriching and fun experiences in a safe environment. Our values drive everything we do.

Underlying this is the understanding that we are here to support, guide, inspire, have fun, and to make a positive impact.

At our core, we believe in: Safety, Respect, Leadership, Teamwork, Inclusion, Fun!

## **Procedure for Service:**

- 1. E-mail Brooke (place words "Palomar College Service Learning Interview Request" in subject
- 2. In e-mail, indicate service-learning goals.
- 3. After receiving directives from Brooke, fill out application and respond to Brooke's e-mail requests—including available time for commitment.
- 4. Meet with Brooke for tour and sign background check information.

**Options for Service:** 

Homework Assistance: Mondays-Thursdays from 3-4 p.m.

Assist students (one-on-one or small group) with homework

Club Hour: Mondays-Thursdays from 4-5 p.m.

Assist with music, special interests, coaching, referee, and other options.

This requires consistency in commitment.

Open Rooms: Mondays-Thursdays 5-6 p.m. and Fridays 3-6 p.m.

Assist with supervision

One-Time Events: Preparation, set up and participation on day of event (one/month—ie. Halloween,

Thanksgiving, Christmas) Timeframe determined by Brooke.

Other options: Graphic Design, Office Help, Marketing and Fund-Raising, Mentorship Program

Requirements: Background check. Volunteer orientation. Minimum age is 16 yrs. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Brother Benno's\***

3260 Production Ave. Oceanside, CA 92058 – Shelter Location 3955 Mission Ave. Oceanside CA 92058 – Thrift Shop Location

www.brotherbenno.org

Contact: Helen Parsons parsons7016@sbcglobal.net

Mission: The Brother Benno Foundation is dedicated to distributing the generous gifts entrusted to it by the community, to serve and uplift the dignity of those in the community who are in vital need in North Coastal San Diego County.

## **Procedure for Service:**

- 1. E-mail Helen Parsons with service goals
- 2. Each student is required to take a tour of our facility on the first Saturday of each month at 9AM. If that timing doesn't work for them, a different time may be arranged.
- 3. Arrange volunteer schedule

## **Options for Service:**

Sorting donations and customer service at the Brother Benno's Thrift store Monday-Saturdays 10-4. Serving, interacting with guests, reading to children at the shelter.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Coaching Corps**

Current North County Locations include Motino YMCA in Oceanside and Palomar YMCA in San Marcos/Escondido www.coachingcorps.org

Contact: Emily Barnes 661-886-0077 emilyb@coachingcorps.org

Volunteer Youth Sports Coach in a variety of sports at under-resourced sports programs in San Diego. Sports may include T-ball, soccer, flag football, basketball, and more.

Teams practice once a week with games on Saturdays.

Sign up on the website <a href="http://www.coachingcorps.org/sign-up/">http://www.coachingcorps.org/sign-up/</a> Once you go through our coach training, you will be connected with a sports program of your choice to help eradicate the disparity of access to quality sports in the region!

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Community Housing Works\***

Multiple locations throughout Carlsbad, Vista, Escondido, Fallbrook, Poway, National City, and Lakeside www.chworks.org

Contact: Jana Zawadzki jzawadzki@chworks.org (760) 755-5441

Community Housing works is a nonprofit that helps people and neighborhoods move up in the world by providing a range of housing options combined with training and support. We build and own beautiful affordable apartments and provide support and training that strengthens communities and helps kids and adults build a wealthier future.

Opportunities: programs M-Th 3-6 pm include: Running Readers Literacy program and Homework Tutoring. Volunteers must commit to 1 hour per week for the duration of one semester.

Visit <a href="http://chworks.org/about-us/get-involved/volunteer/">http://chworks.org/about-us/get-involved/volunteer/</a> for volunteer application information. Help is needed in Fallbrook, Vista, Oceanside, Carlsbad, Escondido, and Poway. Students volunteering in Fallbrook will receive higher priority.

Requirements: Background Check will be required for all positions. Students must front the cost (usually \$20-\$25) and will receive reimbursement when they follow through on their service commitment. Please do not obtain a background check until instructed to do so by the Volunteer Manager.

All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Community Resource Center**

650 Second St. Encinitas, 92024

http://www.crcncc.org/

Contact: Cathie Byrd (760) 753-1156 ext. 1321 cbyrd@crcncc.org

## Current volunteer opportunities:

FOOD DISTRIBUTION CENTER (FDC) VOLUNTEER-Participants receiving services from CRC social service department are eligible to shop in the FDC. Volunteers in the FDC sort food, stock shelves, assist the participants while they shop and clean the FDC. Typical shifts are once a week for 3-4 hours. The FDC operates Monday through Friday from 9:00-3:00 pm. Youth ages 14-18 are welcome to volunteer as long as they are accompanied by an adult.

RESALE and THRIFT STORE VOLUNTEER-Money from resale store and thrift store sales greatly support the critical programs CRC offers to individuals and families who are building paths to self-sufficiency, stability and safety. Resale and thrift store volunteer jobs include receiving donations, sorting, stocking, colorizing, cleaning and hanging clothing.

Typical shifts are once a week for 2-3 hours. There are volunteer shifts available Monday through Sunday 10am-5-pm at Encinitas, Carlsbad and San Marcos resale and thrift store locations. Youth ages 14 and over are welcome to volunteer here without parental supervision.

Complete online volunteer application at <a href="http://crcncc.org/how-you-can-help/volunteer/">http://crcncc.org/how-you-can-help/volunteer/</a>

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Fresh Start Surgical Gifts**

2011 Palomar Airport Rd Carlsbad, CA 92011

http://www.freshstart.org/

Contact: Suzy Lee, Volunteer Coordinator suzy@freshstart.org (760) 448-2021

Opportunities: Fresh Start provides free reconstructive surgery for children with birth defects. Office assistance needed and long term volunteers may be able to assist at surgery weekend events.

Requirements: Fingerprinting, TB test, background check, and driver's license. Must be 18 or over. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Generations Church (in conjunction with Cesar Chavez Middle School)\*

1106 Whaley St Oceanside, CA 92054

http://www.gotogeneration.com/

Contact: Chris Martinez (760) 685-5152 chris@gotogeneration.com

Opportunities: Cesar Chavez's after school program in both elementary and middle schools in Oceanside area. Volunteers needed for homework assistance and mentorship roles to help support academic success. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Jefferson Elementary School**

3743 Jefferson St. Carlsbad, CA.

Contact: Chad Lund (760) 331-5500

Jefferson is a Title 1, school wide program school serving at-risk students. Our mission is to provide our students with challenge and support to succeed in life.

Volunteer opportunities: Everyone a Reader (1 on 1 reading support). Playground partners (organize games at recess). Classroom support (in class 1 on 1 aide). Small group support (tutoring, enrichment). Running and writing. Times available for volunteers are all day.

Requirements: TB test. 1 hour per week. 16 yrs or older. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Junior Achievement**

4756 Mission Gorge Place San Diego 92120

http://www.jasandiego.org

Contact: Kerri de Jager (619) 906-4940 kdejager@jasandiego.org

Junior Achievement of San Diego County has provided life-changing programs to more than 730,000 youth—in the classroom and after school—to foster an understanding of how the "real world" works. To ensure youth are prepared for their future, JA teaches them how to get a job, start a business and how to manage money.

## Volunteer Opportunities:

Weekdays during school hours, typically between 8am-2pm. Volunteer in a classroom, K-12th grade, in a North County Coastal school to teach students about finding a job, starting a business and how to manage money. Volunteers are provided with a training and the curriculum kit prior to volunteering.

There are two ways to volunteer with JA:

JA Day: All sessions of the curriculum will be taught on one day. This is usually about a 4hr commitment.

JA Traditional: One session will be taught for one hour, once a week until all sessions are completed. (Ex: For Elementary Schools, there are 5 sessions, so the commitment would be one hour a week for five weeks)

See available dates and times at <a href="http://www.signupgenius.com/go/4090e48aca92ca4f58-north">http://www.signupgenius.com/go/4090e48aca92ca4f58-north</a>

## Procedure:

- 1. Contact Kerri de Jager, Education Manager for North County Coastal via phone (619-906-4940) or email (kdejager@jasandiego.org) to be paired with a classroom.
- 2. Complete a volunteer participation form
- 3. Participate in a one hour required training
- 4. A curriculum kit & details about which school you will be volunteering at and on which date will be provided to you.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **North County LGBTQ Resource Center**

3220 Mission Avenue Oceanside 92058

http://www.ncresourcecenter.org

Contact: Max Disposti (760) 994-1690 maxrome@cox.net

Provides resources and services to the LGBTQ individuals living in the North San Diego County area. The only organized LGBTQ Center in North County that also provides LGBT competency training for government institutions, schools, police stations etc.

Opportunities: Many different roles and responsibilities- Front desk reception, advocacy, support, welcoming guests etc. Open every day, noon to 8pm.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **North County Lifeline, Inc\***

200 Michigan Ave. Vista, 92084 volunteer opportunities also in Encinitas, Carlsbad, & Oceanside <a href="https://www.nclifeline.org">www.nclifeline.org</a>

Contact: Volunteer Coordinator (760) 842-6254 volunteer@nclifeline.org

Mission: North County Lifeline's mission is to build self-reliance among youth, individuals and families through problem solving, skill-building and accessible community-based services.

#### **Procedure for Service:**

- 1. E-mail application (found on the website) to volunteer coordinator
- 2. Go through interview process
- 3. If selected, must be fingerprinted through Livescan, TB and drug screen (no cost to student)

#### **Options for Service:**

- Tutors -Tutors are needed for both our elementary school kids at La Casita and for our middle school/ high school youth at our Club Crown Heights Program. Tutors needed 2-4 days a week for 1-2 hours a day
- After School Program Assistant- Supervise and facilitate indoor and outside activities and games.
- Mentors Male and Female Mentors needed to mentor youth.
- Administrative Assistance- support the various programs with day-to-day tasks and admin support.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Mariposa Clubhouse**

560 Greenbrier Drive, Ste. A - F Oceanside, CA 92054

Email: Veronica Aguilar, Program Manager vaguilar@mhsinc.org (760) 439-2785

The Mariposa Clubhouse is a bio-psychosocial rehabilitation program serving individuals 18+ living with mental health issues. Clubhouse members participate in social, educational, and vocational activities that promote self-reliance. Trained staff provide side-by-side support as clubhouse members work towards achieving their goals.

Opportunities include case management, helping meet member's needs. Volunteers are welcome 10am-4pm Monday through Friday, but help is especially needed on Wednesdays and Thursdays.

Requirements: Students who work at this agency will have a background check and must fill out a Palomar College Hold Harmless Agreement/Waiver of Liability form.

## **Oceanside Museum of Art**

704 Pier View Way Oceanside, 92054

http://www.oma-online.org

Contact: Wendi Sweeny (760) 435-3727 <u>volunteer@oma-online.org</u>

Oceanside Museum of Art (OMA) is a premier regional art museum and a leader of arts and culture in San Diego. OMA's mission is to celebrate art through engagement, education, and innovation by providing a dynamic array of rotating exhibitions, events, classes, programming, and community outreach.

Volunteer Opportunities include: Visitor Services (greeting and informing visitors at the front desk, working with Point of Sale, selling admissions, event tickets, and memberships), Museum Store (retail and membership sales, inventory and upkeep of store), Children's & Adult Education (assisting with tours, programs, camps, lectures and classes), Docent Program (act as "gallery guides" by developing knowledge of exhibitions and providing tours to students and adults), Special Events (support all aspects of events such as set-up, security, greeting & checking-in, serving refreshments, etc.), Administrative (assist with an array of projects from organizing spreadsheets, lists, and mailings, to data entry and research), Installation, Exhibitions & Facilities (help install and de-install exhibitions and assist with facility upkeep, from patching & painting walls to moving pedestals and hanging signage)

The museum is open Tuesday-Saturday from 10am-4pm, and Sundays from 1-4pm. We are closed on Mondays. We also have evening installation and special events needs on various days of the week.

## Procedure:

Submit a volunteer application for review. Interested candidates can apply online at <a href="http://oma-online.org/volunteer-application/">http://oma-online.org/volunteer-application/</a>. Applications can also be picked up and dropped off at the museum front desk. A volunteer orientation will be provided.

#### Requirements:

Students who work at this agency must be at least 18 years old and fill out Palomar's Hold Harmless Agreement/Waiver of Liability form. Required number of hours varies depending on volunteer role. OMA typically requests a commitment to a 6-month minimum volunteer term, and anywhere from 1-4 volunteer shifts per month during that term (once per week, once every other week, etc. depending on the volunteer role).

# Olivenhain Water District (Elfin Forest Recreational Reserve)

1966 Olivenhain Road Encinitas, CA 92024 8833 Harmony Grove Road Escondido, CA 92029 Contact: Jeff Anderson janderson@olivenhain.com (760) 632-4212

Apply online at <a href="http://www.olivenhain.com/elfin-forest-recreational-reserve/docent-volunteers-needed">http://www.olivenhain.com/elfin-forest-recreational-reserve/docent-volunteers-needed</a>

## Opportunities:

- Familiarize public with the Reserve so they leave the Interpretive Center feeling informed and comfortable exploring the Reserve.
- Offer general information about the Olivenhain Water District, The Escondido Creek Conservancy, the Elfin Forest Recreational Reserve and the Interpretive Center.
- Serve as an informal good will ambassador for OMWD, TECC and the EFRR.
- Stay informed about EFRR services, schedule and activities.
- Assist with special Interpretive Center projects.
- Ensure displays and artifacts within the Interpretive Center are not vandalized or stolen.
- General cleaning and housekeeping.

Requirements: After successful completion of the docent orientation, volunteer 3 hours per month for a minimum of six months. Attend Docent in-service meetings and workshops. Must be at least 18 years of age; possess a valid California

Driver's License; able to provide proof of medical insurance and proof of automobile insurance. Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Samuel and Rebecca Astor Judaica Library (JCC library), La Jolla/UTC

4126 Executive Drive, La Jolla, CA 92037

Contact: Susan Hagler, Program Associate Susanh@lficc.org (858) 362-1174

Opportunities: Assist with They are converting their entire collection conversion: relabeling and relocating call tags and other identification labels and organizing.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

\*\* Available to students in Library Science \*\*

# **Seacrest Village Retirement Communities**

211 Saxony Road Encinitas, CA 92024 (location in Rancho Bernardo as well)

Contact: Sheryl Seltser, Volunteer Liaison, 760-632-3718 <a href="mailto:sseltser@seacrestvillage.org">sseltser@seacrestvillage.org</a>

Mission: Seacrest Village Retirement Communities provides services to seniors in a Jewish environment that promotes community, independence and innovation. As an organization that believes in the vitality of Jewish tradition and culture, Seacrest Village Retirement Communities' vision is to serve as a beacon to seniors and their families for exceptional quality care in a Jewish environment.

#### **Options for Service:**

- Assist the Activity Director with games, activities, monthly calendar, scheduling entertainers, lead programs, create flyers, set up for big events, work on "dream projects"
- Assist in the Computer Lab: Teach simple computer tasks (e-mailing, surfing the internet, etc.)
- Entertainers: share your talents, such as piano playing, singing, magic, etc.
- Outings: Accompany residents on daytime outings in the community
- Religious Programs: Assist with religious services or ceremonies in Hebrew or English, lecture on Judaic subjects
- Resident Relations: Visit with residents, help with Brain Fitness computer program, read and play games (ie. scrabble)
- Social Programs: Volunteers are needed to assist culinary department with happy hours, parties, socials and special events
- Transportation: Transport residents in wheelchairs to meals, to beauty parlor and other places on Seacrest campus

  Days and times can vary depending on the chosen service.

## Basic Requirements and Information for Volunteers:

- 1) Complete an application <a href="http://www.seacrestvillage.org/volunteer">http://www.seacrestvillage.org/volunteer</a>
- 2) Have a personal interview and attend an orientation
- 3) Agree to a 20-hour minimum service in a calendar year
- 4) TB skin tests and background checks are only required if volunteering more than 16 hours per week (No costs will be incurred to the student volunteer)
- 5) Read, sign and adhere to the HIPAA Requirement

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# San Diego Humane Society

Escondido - 3450 E. Valley Parkway Escondido, CA 92027 (760) 888-2275

Oceanside – 2905 San Luis Rey Road (for dogs)

572 Airport Road (for cats, small animals) Oceanside, CA 92058 (760)757-4357

San Diego - 5500 Gaines Street San Diego, CA 92110 (619) 299-7012

Contact Cassie Hines, Volunteer Engagement Assistant at Volinfo@sdhumane.org

Volunteers are needed in the following areas:

- Adoptions and Guest Relations
- Community Outreach and Education
- Animal care and socialization for Cats, Dogs and Small Animals
- And more!

Requirements: One Year Commitment Required. Students who work at this agency must be at least 18 years old and fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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# **The Soccer Unity Project**

1737 West Vista Way, Vista, and 4850 Avenida Empresa, Oceanside, www.soccerunityproject.com

#### **Procedure for Service:**

Contact Spencer at <a href="mailto:soccerunityproject@gmail.com">soccerunityproject@gmail.com</a> with subject titled: Palomar Volunteer and include your resume and phone number. We will give you a call for a phone interview if we feel that you may be a good fit for our program

Types of service needed:

- -Soccer Coaches (Must be available a minimum of 1 day per week, Tuesday-Friday from 3-4:30, or Saturdays from 10-1)
- -Videography and Editing

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# The Legal Aid Society of San Diego – The Fair Housing Center

216 S. Tremont Street Oceanside, 92054 <a href="http://www.lassd.org/">http://www.lassd.org/</a>
Contact: Patricia Ziegler-Lopez (619) 471-2624 <a href="http://www.lassd.org/">PatriciaZL@lassd.org/</a>

Our Fair Housing Center provides fair housing services in the City and County of San Diego. We are here to stop housing discrimination and to be sure there is equal housing opportunity for all those in San Diego County. We use outreach, education, and enforcement of Federal and State Fair Housing Laws. Our Fair Housing Center is funded by the City of San Diego and the US Department of Housing and Urban Development (HUD).

We are currently seeking qualified individuals to join our fair housing testing program. Volunteers pose as home seekers and obtain rental information in a neutral and objective manner.

Requirements: At least 18 years of age, no criminal history, reliable transportation, and the ability to write a report accurately and coherently. And an absolute to desire in civil rights and to end housing discrimination. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# T.E.R.I. Inc. (Training, education, research institute)

251 Airport Road, Oceanside, CA 92058

www.teriinc.org

Contact: Greg Snaer gregs@teriinc.org (760) 721-1706

TERI is an internationally recognized center of excellence and social change for education, life planning, health and fitness, research and provision of model programs for persons with developmental disabilities.

Mission: To change the way the world views and helps children and adults touched by special needs.

## **Procedure for Service:**

1. Create and write out goals on Service Learning form.

- 2. Go to teriinc.org; drop a volunteer application under 'Careers'; submit
- 3. You will be contacted to schedule an interview and tour.

## **Options for Service:**

Assist in focus areas: crafts, woodworking, fitness and recreation, culinary, agriculture, music, storytelling, theater, and art. Opportunities for volunteering at two schools, respite care, administrative work (development office). Best hours for volunteers are Monday-Friday 9am-2:30pm and Saturdays 9:30am-4:00pm

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **YMCA Youth and Family Services**

215 Barnes St. Oceanside, CA 92054

Website: www.yfs.ymca.org

Contact: MaryAnn Graham mgraham@ymca.org 760-908-9647

Dedicated volunteers are needed to work with at-risk youth in a drop-in center setting and by distributing resources to street youth in North County. We have opportunities to work out of Escondido as well as Oceanside. Note: Ideally, volunteers make a six month commitment. This is a great opportunity for those who desire a career in social work or community service.

## To Volunteer:

- 1. Go to this website: <a href="http://www.yfs.ymca.org/get-involved/volunteer/volunteer-opportunities.html">http://www.yfs.ymca.org/get-involved/volunteer/volunteer-opportunities.html</a>
- 2. Specify Assignment Preferences as YOUTH AND FAMILY SERVICES
- 3. Apply (click on "become a volunteer")

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# North County Inland (Vista, San Marcos, Escondido)

# A Step Beyond

340 N. Escondido Blvd. Escondido, 92025

http://a-step-beyond.org/

Contact: Casey Flores (760) 705-1201 <a href="mailto:cflores@a-step-beyond.org">cflores@a-step-beyond.org</a>

A Step Beyond (ASB) serves underserved youth with opportunities that greatly expand their expectations and ambitions through dance education, academic support, and family services.

ASB is focused on how to empower our students through academics and support them in creating successful educational paths. Volunteer tutors are needed to assist students in our Drop In Tutoring Lab with their homework during our academic support classes.

We are in need of volunteer tutors during the weekdays (Mondays-Thursdays) in the afternoons/evenings (times vary between 3:45-7:30pm) to work with 4<sup>th</sup>-6<sup>th</sup> graders.

#### Procedure for Service:

Step 1: Fill out an online Volunteer Tutor application: https://goo.gl/forms/oa4it3E2yaCe3qr23

Step 2: Attend an Orientation- Receive instructions on how to complete finger prints and background check.

## Requirements:

Volunteers must have a minimum of a 2.5 GPA, agree to code of conduct, pass a background check, and complete finger print testing. Students who work at this agency will have to fill out a Hold Harmless Agreement/Waiver of Liability form.

## **Boys and Girls Club, San Marcos**

One Positive Place San Marcos, 92069 Contact: Ben Hernandez, Branch Director (760) 471-2490 x309 <u>ben@boysgirlsclubsm.org</u>

Services: After school programs for elementary students and teens. Educational, leadership, health, arts, sports programs at the club and in local K12 schools in the area.

Volunteer Positions: Tutoring/Homework Club for ages 6-10, mentoring, coaching, supervising club members. Students are needed to help with math, reading (especially having students read to them). Volunteers who might want to come in and teach photography or music or skateboarding, fashion design or desire to work on video production projects are also welcome.

<u>Additional opportunity</u>: Teen Mentor Program. There is a 1 year commitment with 1 day a week required. A background check and drug test is required and will be paid for with the 1 year commitment.

Requirements: Intake Process: \$35 fee, TB & Drug Test, Fingerprinting, Background check Process takes 1-2 weeks. Students who work at this agency will have to fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Boys and Girls Club, Vista**

410 W California Ave, Vista, 92083

<u>www.BGCvista.org</u> NOTE: there are multiple sites for service: <a href="http://www.bgcvista.org/contact-us">http://www.bgcvista.org/contact-us</a> Contact: Raul Castillo, Director of Operations/Programs (760) 724-6606 x24 <a href="mailto:raul@bgcvista.com">raul@bgcvista.com</a>

Mission: To inspire and enable all boys and girls, but especially those that need us the most to reach their full potential as a responsible, productive & caring citizens.

Volunteer http://www.bgcvista.org/get-involved

## **Procedure for Service:**

- 1. Call Raul Castillo at 760-724-6606 x24
- 2. Set up a time for an interview (take goals and service learning paperwork)
  At main campus: 410 W California Ave., Vista, CA 92083
- 3. Attend an orientation and complete background check.

#### **Service Opportunities:**

- Clerical (mainly mornings)
- Maintenance (all day)
- Computer assistance (all day)
- Working with children (afterschool until 6:30 p.m.): Tutor, Mentor, Arts and Crafts, Sports/Assistant Coaching, Music
- Collaborate and plan special events/activities: Science, Computers, Drama, Vocal, Photography, Cooking & Nutrition and more!

Volunteer requirements: Background check. Minimum age is 19 yrs old. Students who work at this agency will have to fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Butterfly Farms**

3012 Oleander Ave. Vista, 92081

http://butterflyfarms.org

Contact: Thomas Merriman (760) 613-5867 info@butterflyfarms.org

Butterfly Farms is an educational and research nonprofit that studies native pollinators and teaches conservation

Volunteers needed to help develop educational programs. Outreach to schools and organizations. Some clerical work. Help maintain insects and plants. Open daily, 10am – 4pm.

To Volunteer, fill out the online volunteer application at http://butterflyfarms.org/volunteer/

Requirements: English speaking. Presentable appearance. Ability to take direction. Self-starting. Have transportation and food if needed. Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Catholic Charities**

Shopportunity Food Distribution 917 E Vista Way, Vista, CA

http://www.ccdsd.org/

Contact: Program Coordinator, Marco Lemus MLemus@ccdsd.onmicrosoft.com

Catholic Charities, Diocese of San Diego, exists to witness actively on behalf of the scriptural values of mercy and justice.

Catholic Charities acknowledges the sacredness of the human person, made in the image of God, and is dedicated to enhance the quality of life of each individual within the Diocese. Catholic Charities is committed to advocate for a just society, to call men and women to action on behalf of the poor, and to promote self-determination for all.

#### **Procedure for Service:**

- 1. Contact Marco Lemus by e-mail
- 2. Interview (please bring your goals and service learning paperwork)

## **Service Opportunities:**

- Hours of operation: Tuesday Saturday from 9am 12pm & 1 4pm.
- Intake (working with guests/clients)
- Food distribution
- Inventory assistant

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Charity Wings Art Center\***

251 North City Drive Suite 127 San Marcos, 92708 (Locations also in Vista and Escondido) Contact: Renetta Asaro (760) 591-3010 renetta@charitywings.org

Charity Wings Art & Craft Center utilizes volunteers in every activity we sponsor, both on and off site. Volunteers are needed to plan, organize, and facilitate art and creative interactions for both children and special needs adults. Other options include graphic design, office assistance, video production and more.

Students interested in volunteering with Charity Wings can visit the center Mon through Sat between 10am and 5pm, email or call Renetta to set an interview appointment. Also, check out the website at <a href="http://www.charitywings.org/volunteer">http://www.charitywings.org/volunteer</a> for specific upcoming events.

Requirements: Volunteers must be 16 years of age; must complete a Hold Harmless Agreement/Waiver of Liability Form. Volunteers in some positions may be required to complete a background check at their expense (approximately \$20)

## **Coaching Corps**

Current North County Locations include Motino YMCA in Oceanside and Palomar YMCA in San Marcos/Escondido www.coachingcorps.org

Contact: Emily Barnes 661-886-0077 emilyb@coachingcorps.org

Volunteer Youth Sports Coach in a variety of sports at under-resourced sports programs in San Diego. Sports may include T-ball, soccer, flag football, basketball, and more.

Teams practice once a week with games on Saturdays.

Sign up on the website <a href="http://www.coachingcorps.org/sign-up/">http://www.coachingcorps.org/sign-up/</a> Once you go through our coach training, you will be connected with a sports program of your choice to help eradicate the disparity of access to quality sports in the region!

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Community Housing Works\***

Multiple locations throughout Carlsbad, Vista, Escondido, Fallbrook, Poway, National City, and Lakeside <a href="https://www.chworks.org">www.chworks.org</a>

Contact: Jana Zawadzki jzawadzki@chworks.org (760) 755-5441

Community Housing works is a nonprofit that helps people and neighborhoods move up in the world by providing a range of housing options combined with training and support. We build and own beautiful affordable apartments, provide unique first time homebuyer loans and provide support and training that strengthens communities and helps kids and adults build a wealthier future.

Opportunities: programs M-Th 3-6 pm include: Running Readers Literacy program and Homework Tutoring. Visit <a href="http://chworks.org/about-us/get-involved/volunteer/">http://chworks.org/about-us/get-involved/volunteer/</a> for volunteer application information

Requirements: Background Check may be required for certain positions. Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Community Resource Center**

650 Second St. Encinitas, 92024

http://www.crcncc.org/

Contact: Cathie Byrd (760) 753-1156 ext. 1321 cbyrd@crcncc.org

#### Current volunteer opportunities:

FOOD DISTRIBUTION CENTER (FDC) VOLUNTEER-Participants receiving services from CRC social service department are eligible to shop in the FDC. Volunteers in the FDC sort food, stock shelves, assist the participants while they shop and clean the FDC. Typical shifts are once a week for 3-4 hours. The FDC operates Monday through Friday from 9:00-3:00 pm. Youth ages 14-18 are welcome to volunteer as long as they are accompanied by an adult.

RESALE and THRIFT STORE VOLUNTEER-Money from resale store and thrift store sales greatly support the critical programs CRC offers to individuals and families who are building paths to self-sufficiency, stability and safety. Resale and thrift store volunteer jobs include receiving donations, sorting, stocking, colorizing, cleaning and hanging clothing. Typical shifts are once a week for 2-3 hours. There are volunteer shifts available Monday through Sunday 10am-5-pm at Encinitas, Carlsbad and San Marcos resale and thrift store locations. Youth ages 14 and over are welcome to volunteer here without parental supervision.

## Requirements:

Complete online volunteer application at <a href="http://crcncc.org/how-you-can-help/volunteer/">http://crcncc.org/how-you-can-help/volunteer/</a>
Students who work at this agency will also need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Elizabeth Hospice**

500 La Terraza Blvd. STE #130 Escondido, 92025 Volunteer Department (800) 797-2050 volunteer@ehospice.org

Spanish-speaking volunteers, Veterans, Office/Clerical support volunteers, and Community Outreach volunteers are especially needed. <u>Click here</u> for our flyer and view a list of all our volunteer opportunities. Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

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# **Encuentros Leadership**

P.O. Box 2529, San Marcos, 92079-2529

http://encuentrosleadership.org/

Contact: Robert Rivas (760) 703-5787 rriva49@aol.com

Their mission is to encourage and support boys of Latino descent to achieve optimal performance in education. Opportunities to work as a mentor and potential tutoring opportunities.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Escondido Community Child Development Center\***

819 W 9th Ave, Escondido, 92025

www.eccdc.com

Contact: HR Director: Nicole Marandino (760) 839-9361 x 103 nmarandino@eccdc.com

The ECCDC is a non-profit preschool for children ages 4 months to kindergarten for families working looking for work, or who are pursuing higher education that come from low-income households. Provides parental support and services and community events

Opportunities: ECCDC needs help with business aspects: media and marketing, clerical and event planning/set up, and research/data. Volunteers are also needed for playground monitors, parenting classes, special education classroom support, gardening, music teachers, Volunteer days, nights or weekends.

Requirements: Volunteers will need a TB test and proof of current immunizations against influenza, pertussis, and measles. Volunteers provided training. Fliers with information and an application can be found at <a href="http://www2.palomar.edu/pages/servicelearning/escondido-community-child-development-center-service-opportunities/">http://www2.palomar.edu/pages/servicelearning/escondido-community-child-development-center-service-opportunities/</a>

## **Escondido Public Library**

239 S. Kalmia, Escondido, 92025 Opportunities also Available in Vista and San Marcos https://library.escondido.org/

Contact: Cookie Allen 760-839-4819 callen@escondido.org

Mission: To enrich, empower and educate our community through universal access to quality resources, services and programs. Help is especially needed in the Youth Service Department of the library.

## Procedure for Service

- 1. Contact Cookie Allen, Volunteer Coordinator to review service learning goals
- 2. Interview with librarian and staff
- 3. Livescan with Escondido Police (must wait until results are received by library)
- 4. Attend orientation & obtain "Welcome Packet"
- 5. Begin Training with Assistant Librarian and Library Associate for story times

#### Options for Service

Read to a Dragon program in the Fall on 1st and 3rd Thursday of the month from 2:00-4:00 PM

Love on a Leash reading program in September on the 2nd Thursday of the month from 2:00-4:00 PM

Shelving of all library materials and shelf-reading - Times can vary during our hours of operation on Mon/Tues 10-8 pm; Wed-Fri 10-6 pm; and Saturday 10-5 pm

Special Projects; Summer Reading Events; Annual Programs like Dia de los Ninos, Holiday Tree Trimming, and others that help promote the library and a love of reading.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Hooves, Hope and Love

1049 Crest View Road Vista, 92081 http://www.hooveshopelove.org

Contact: Sunshine Hernandez (760) 473-1375 <a href="mailto:sunshinehernandez1@gmail.com">sunshinehernandez1@gmail.com</a>

We are a non-profit farm animal sanctuary. We provide a forever home for abandoned and unwanted farm animals.

Opportunities: Living the farm like - Muck Stalls, Clean chicken coops, Groom animals, Rub bellies, Install fencing, Build shelters/enclosures

We generally hold Volunteer Days once a month on Saturdays from 9 am - 12 pm. Help at additional times may also be arranged. Contact Sunshine by phone or email.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Ivey Ranch\*

110 Rancho Del Oro Drive, Oceanside, 92057

www.**iveyranch**.com

Ivey Ranch offers therapeutic riding programs as well as caring for and grooming the horses. Equestrian activities and therapies are available for children, adults, and veterans. They also offer childcare programs working with children with special needs and able bodied children. We offer preschool program, daycare, as well as before and after school care.

Opportunities: Equestrian: Tues- Sat AM and PM equestrian aide for therapeutic riding.

Care programs: Mon – Fri 2-6 PM after school teacher's aide

Requirements: Both childcare and therapeutic riding programs require filling out an application and an orientation. Check website for orientation times. TB test required for care program. Minimum age for care program is 18 yrs, Equestrian is 9 yrs.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Junior Achievement**

4756 Mission Gorge Place San Diego 92120

http://www.jasandiego.org

Contact: Kerri de Jager (619) 906-4940 kdejager@jasandiego.org

Junior Achievement of San Diego County has provided life-changing programs to more than 730,000 youth—in the classroom and after school—to foster an understanding of how the "real world" works. To ensure youth are prepared for their future, JA teaches them how to get a job, start a business and how to manage money.

#### Volunteer Opportunities:

Weekdays during school hours, typically between 8am-2pm. Volunteer in a classroom, K-12th grade, in a North County Coastal school to teach students about finding a job, starting a business and how to manage money. Volunteers are provided with a training and the curriculum kit prior to volunteering.

## There are two ways to volunteer with JA:

JA Day: All sessions of the curriculum will be taught on one day. This is usually about a 4hr commitment.

JA Traditional: One session will be taught for one hour, once a week until all sessions are completed. (Ex: For Elementary Schools, there are 5 sessions, so the commitment would be one hour a week for five weeks)

See available dates and times at http://www.signupgenius.com/go/4090e48aca92ca4f58-north

#### Procedure:

- 1. Contact Kerri de Jager, Education Manager for North County Coastal via phone (619-906-4940) or email (kdejager@jasandiego.org) to be paired with a classroom.
- 2. Complete a volunteer participation form
- 3. Participate in a one hour required training
- 4. A curriculum kit & details about which school you will be volunteering at and on which date will be provided to you.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Michaelle House/Fraternity House\*

687 Rivera Court, Vista, 92029 and 20702 Elfin Forest Rd, Escondido, CA 92084 www.fraternityhouse-inc.org

Contact: Patrick Anderson (760) 736-0292 ext. 101 <a href="mailto:patrick@fraternityhouse-inc.org">patrick@fraternityhouse-inc.org</a>

Fraternity House and Michaelle House are residential homes for individuals living with HIV/AIDS. "The mission of Fraternity House, Inc. is to provide warm and caring homes where men and women disabled by HIV/AIDS can receive comprehensive care and supportive services in order to rebuild their health and return to independent living, or where they can spend their last days in comfort and dignity."

Opportunities: Service learning opportunities include: Visiting residents/being a buddy, Assisting in resident outings, Assisting in resident activities, House and landscape maintenance, Assisting with special events/fundraisers, Help staff prepare meals

Requirements: TB test, Application forms online Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Migrant Education Program**

135 Vallecitos de Oro Suite A San Marcos,

Contact: Dolores Vales 760-510-0261 dvaldes@sdcoe.net

Opportunities: The Migrant Education Program is administered by the San Diego County Office of Education. The program serves migrant students in 43 school districts. The regional office is located in San Marcos but volunteers work in different schools. Students are needed for a variety of tasks including their literacy program with K-3rd graders (in Escondido, San Marcos, Fallbrook and Vista), STEAM (Carlsbad, Fallbrook, Escondido, San Marcos and Vista). There are many ways to volunteer: leading academic activities for students during summer or afterschool programs, providing support for special activities (e.g. soccer, robotics, etc.), support staff during home visits for Pre-K children, as well as fundraiser and donation gathering. Bilingual (Spanish/English) for ESL tutoring, workshops for teens, recording the stories of parents about their experiences with growing up, and many others.

Requirements: Students must have transportation, complete a background check and have a valid TB test. Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Mission Soccer Academy\* (in cooperation with San Marcos Boys and Girls Club)

Escondido Impact Soccer Club/Mission Soccer Academy Mission Middle School

939 E. Mission Ave. Escondido, 92025

Contact: Maria Cervantes (at Mission Middle School) (760) 670-7635 escondidoimpact@yahoo.com

Services: Soccer club for disadvantaged students in middle school and high school. Requires that they participate in tutoring and maintain a good GPA to participate.

Service Opportunities: Tutoring/Mentoring/Coaching, boys and girls teams, middle and high school level players.

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# MOPS - at Crossing Church + The Oaks

1915 N Twin Oaks Valley Rd. San Marcos, CA 92069

www.mops.org and <a href="http://www.crossingchurch.com/#/i-have-kids/mops">http://www.crossingchurch.com/#/i-have-kids/mops</a>

Rebecca Yearyean – 951 961 3888 becca3323@aol.com

Every other Thursday morning starting Sept 8. In need of programming and childcare for ages 0-5. Children will be grouped by age. We are looking for age-based curriculum and guidelines for both age groups. (Music, artwork, sensory exercises, etc.)

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

## **National Latino Research Center**

333 S. Twin Oaks Valley Rd. San Marcos, CA 92069

http://www.csusm.edu/nlrc/

Flor Alvarez (760) 750-3506 <u>falvarez@csusm.edu</u>

Mission: The National Latino Research Center (NLRC) at Cal State San Marcos promotes scientific and applied research, training, and the exchange of information that contribute to the knowledge and understanding of the rapidly growing U.S. Latino population.

The NLRC provides a vast range of services designed to address the needs of researchers, academic institutions, public agencies, private corporations and community-based organizations.

#### Procedure for Service:

Step 1: Student contacts any of the following four NLRC team members, Dr. Arcela Nunez-Alvarez at <a href="mailto:anunez@csusm.edu">anunez@csusm.edu</a>, Daisy Resendiz at <a href="mailto:dresendiz@csusm.edu">dresendiz@csusm.edu</a> or Lilian Serrano at <a href="mailto:lserrano@csusm.edu">lserrano@csusm.edu</a> to notify interest in position. Please include in your email, your name, major, reasons for interest, course information (if applicable), research background, and attach a résumé, a copy of academic transcript, and course syllabus. Send information no later than two weeks before the end of the semester or during the first two weeks of the semester in which the internship is planned to be conducted.

Step 2: If eligibility and availability have been established, NLRC will schedule an interview with student and NLRC Team to discuss placement guidelines.

Step 3: Student accepted for a service learning position are required to attend an Orientation and Training to provide an introduction to projects, complete required forms, and discuss responsibilities.

## Service Opportunities:

Volunteers are able to assist in any of the following capacities depending on comfort level:

Needs Assessment & Program Evaluation - The NLRC tailors needs assessments to the particular social and cultural make-up of the target population. The NLRC specializes in theory-driven program evaluations designed to meet the diverse needs of our clients.

Consulting and Technical Assistance - The NLRC works with clients to clarify research designs and recommend options when a new approach is warranted. Capabilities range from a simple descriptive analysis to a multivariate analysis of the client's data.

Focus Groups - Focus groups are useful to collect qualitative data to evaluate services or develop new ideas. The NLRC specializes in planning, developing questions, and facilitating focus group sessions.

Data Collection - The NLRC has bilingual and bicultural teams experienced in collecting, coding and analyzing data on diverse Latino and non-Latino populations.

Trainings - The NLRC provides training, workshops and conferences on issues that are critical for the research, academic and public sector communities involved with Latino populations.

Surveys - The NLRC is able to conduct moderate to large studies using optional sampling strategies. Our staff uses the client's data collection instruments or, if preferred, will create them for the client.

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **North County Community Services\***

1557 Grand Ave., Suite C San Marcos, 92078 <a href="http://www.sdnccs.org/">http://www.sdnccs.org/</a> (760) 761-1140

Services: For over 40 years, NCCS has been providing vitally needed services to local residents, operating seven Preschool Child Development Centers as well as North County's Food Bank which was established 1989.

Opportunities: Food Bank Volunteer, garden volunteer, preschool classroom assistant, preschool kitchen assistant, office volunteer, and special events.

Requirements: Varies based on volunteer position; may include an orientation, TB test, clear criminal background, and/or specific skills. Students must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **North County Health Services**

150 Valpreda Rd. San Marcos

Contact: Kayla Neri (760) 736-8746 <a href="mailto:kayla.neri@nchs-health.org">kayla.neri@nchs-health.org</a>

NCHS will be the premier health care provider for diverse communities in San Diego County and the Inland Empire characterized by an exceptional patient experience, comprehensive and integrated services and innovative approaches to clinical care, patient service and business operations.

Volunteers needed for:

- -Community Outreach Internship -Community Events -Community Food Distribution
- -Graphic Design Intern -Clinic Support and Customer Service

Requirements: 2-step interview, TB Test and background check. Reliable transportation needed. Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **North County Lifeline, Inc.\***

200 Michigan Ave. Vista, 92084

www.nclifeline.org

Contact: Melissa Alcazar, Volunteer Program Coordinator (760) 842-6254 malcazar@nclifeline.org

Mission: North County Lifeline's mission is to build self-reliance among youth, individuals and families through problem solving, skill-building and accessible community-based services.

**Procedure for Service:** 

- 1. E-mail Melissa with Service Goals and set up an interview
- 2. If selected, must be fingerprinted through Livescan, TB and drug screen (no cost to student)

## **Options for Service:**

Semester Long Volunteering Opportunities:

- Tutors -Tutors are needed for both our elementary school kids at La Casita and for our middle school/ high school youth at our Club Crown Heights Program. Tutors needed 2-4 days a week for 1-2 hours a day
- After School Program Assistant- Supervise and facilitate indoor and outside activities and games.
- Mentors Male and Female Mentors needed to mentor youth.
- Tax Assistance- Preparers and administrative support needed Vista Office
- Donation Pick Up: Thursday mornings 8:30AM Costco (Vista) and Wednesday 9AM Fresh & Easy (Vista)
- Administrative Assistance- support the ERMHS program with day-to-day tasks and admin support.
- Bridges to Employment Office Assistant Volunteer- assist the BTE case manager with office work.
- Bridges to Employment Case Manager Support Intern- support the BTE case manager in daily duties and tasks.
- Volunteer Department Media Specialist- provide media support to the Volunteer Department.

Short Term and One Day Volunteers are also needed for Special Events. See the Short Term Opportunities for Service Learning Page on the Service Learning Website.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **North County Serenity House**

950 Fig Street Escondido, 92026 http://ncsh.org Contacts: Suzanne Woelk, Lead AOD Counselor (760) 741-5098 suzanne.woelk@ncsh.org

(760) 746-5747 christy.Jean@ncsh.org

Christy Jean, Child Development Director

North County Serenity House serves women & women w/ children recovering from drug or alcohol dependence.

Opportunities: In the Drug and Alcohol Treatment Facility: case management, counseling, relapse prevention, secretarial services, treatment planning, screening and assessments. In Child Development: art activities, reading to children and supporting teachers.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Oak Hill Residential**

Escondido, 92027 1st bulding 612 Tranquility Glen http://www.oakhillresidential.com

Contact person: John Gamble (760) 743-8843 Fax: (760) 743-8847

Services: Oak Hill is a not-for-profit, licensed residential care facility. They are dedicated to providing long-term care for the elderly in a clean, safe, affordable, home-like environment. Volunteer Positions include opportunities to work with senior citizens, including disabled veterans and seniors. Open 7am -5pm 7 days a week.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Operation Hope Shelter in Vista**

859 East Vista Way Vista, 92084 http://operation-hope.com/index.html Contact: Rose McGreal volunteer@operationhopeshelter.org

Our non-profit organization is a substance-free homeless shelter that opens during the winter months (November – March) providing a safe environment for women and families with children. While at our shelter, we also try to mainstream our participants back into society.

Volunteers can help with homework tutoring, making meals, playground games, craft projects, office work, reception area, facility maintenance, landscaping, overnight stays, reading a story or just sitting, listening and being kind to someone. Weekday shifts are from 3:30-6 pm and 6 pm -9 pm. Weekend volunteers are needed 8am-12, 12-4 pm and 4-9 pm. We do have an overnight shift for a female volunteer. The shift is from 9 pm -8 am with security on campus at all times. The overnight volunteer can bring a screened friend with them and she does have her own room. Sleeping in a homeless shelter can be a very powerful experience.

Requirements: Students who work at this agency will have to fill out a Hold Harmless Agreement/Waiver of Liability form. A background check for anyone over 18 is required and costs \$15.

# Orange Glen Elementary School, Escondido

2861 E. Valley Pkwy. Escondido, 92027

Contact: Jennifer Opdycke 760-432-2487 x139 jopdycke@eusd.org

Opportunities: Tutors for Kindergarten through fifth grade. Assist in classrooms with reading, writing and math. Assist the PE teacher.

#### Procedure for Service:

E-mail or call Jennifer Opdycke at jopdycke@eusd.org 760-432-2487 x139

Meet with Jennifer to fill out paperwork. Bring your service learning paperwork, schedule of availability and a picture ID.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Salvation Army – Silvercrest Escondido

1303 Las Villas Way Escondido, California 92026 (and 727 E Street San Diego, CA 92101) <a href="http://www.salvationarmyusa.org/">http://www.salvationarmyusa.org/</a>

Contact: Ederlyn Gonzaga (619) 550-5990 <u>Ederlyn.Gonzaga@usw.salvationarmy.org</u>

Silvercrest is a federally funded building (Section 8 Housing) for independent seniors. The building contains 98 seniors with variety of needs. Volunteers are needed to assist the Service Coordinator in preparing, running and overseeing the programs in the building (educational presentations, art classes, chair yoga classes, English classes for those who speak Russian, blood pressure clinic, podiatry clinic, optometrist clinic, etc). Volunteers will also assist the Service Coordinator in creating newsletters for the month, calling providers, setting up individual appointments with the residents, conducting assessments of each residents and inputting data on AASC online.

Email Ederlyn Gonzaga to get an application and set up an interview.

Requirements: A background check will be performed (at no cost to the service learning student). Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# San Diego Humane Society

Escondido - 3450 E. Valley Parkway Escondido, CA 92027 (760) 888-2275

Oceanside – 2905 San Luis Rey Road (for dogs)

572 Airport Road (for cats, small animals) Oceanside, CA 92058 (760)757-4357

San Diego - 5500 Gaines Street San Diego, CA 92110 (619) 299-7012

Contact Cassie Hines, Volunteer Engagement Assistant at Volinfo@sdhumane.org

Volunteers are needed in the following areas:

- Adoptions and Guest Relations
- Community Outreach and Education
- Animal care and socialization for Cats, Dogs and Small Animals
- And more!

Requirements: One Year Commitment Required. Students who work at this agency must be at least 18 years old and fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **San Marcos Elementary School Library**

1 Tiger Way, San Marcos, 92069

Contact: Wendi Wallace, the Library Media Tech at San Marcos Elementary. Email is best - wendi.wallace@smusd.org or leave message (760) 290-2430 Ext. 3910

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

\*\* Available to students in Library Science \*\*

# **Solutions for Change**

722 W. California Ave. Vista, 92083 http://www.solutionsforchange.org

Contact: Karen Andersen (760) 941-6545 kandersen@solutionsforchange.org

Solutions for Change works to solve family homelessness; one family, one community at a time, through education, workforce development, housing and counseling.

Volunteers are needed for the following:

Childcare Helpers:

While our residents attend meetings, their children need to be kept busy and our childcare helpers do just that. On the 1st, 2nd, 3rd and 4th Thursday of each month, 6:00pm – 7:45pm.

Check it out at this link: http://www.signupgenius.com/go/10c084aafac2dabfc1-childcare

## Weekday Childcare Helpers:

Can you spend a couple of hours in our co-op childcare center watching our resident's children? We need volunteers to come during the work week (Mon-Fri) to play and have fun with our littlest residents. Two timeslots: 9:00 - 12:00 or 2:00 - 4:00.

Check out this link: http://www.signupgenius.com/go/10c084aafac2dabfc1-weekday

## Saturday Morning IAC Childcare:

Every Saturday morning, 8:45 - 12:00, while our parents are taking responsibility for deep cleaning their IAC home, we need Childcare Helpers to watch and play with the children. The children ages 0 - 12, play at our Solutions Park next to the IAC. Volunteers need to be 18 years old, however they can bring volunteers 16 years and older to help.

Check it out at this link: <a href="http://www.signupgenius.com/go/10c084aafac2dabfc1-saturday">http://www.signupgenius.com/go/10c084aafac2dabfc1-saturday</a>

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## San Marcos Senior Center

111 West Richmar Ave. San Marcos, 92069

www.san-marcos.net

Contact: Catherine Manis, Volunteer Coordinator (760) 744-5535 ext. 3606 <a href="mailto:cmanis@San-Marcos.net">cmanis@San-Marcos.net</a>

Opportunities: SM Senior Center is a place where older adults are provided with resources, programs and activities that respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in the community. Volunteers are needed to work the front counter as a greeter, help with paperwork, decorate for holidays and special events and assist with lunch service.

Requirements: Driver's license and must be 18 or over. Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability.

# The Legal Aid Society of San Diego – The Fair Housing Center

216 S. Tremont Street Oceanside, 92054 <a href="http://www.lassd.org/">http://www.lassd.org/</a>

Contact: Patricia Ziegler-Lopez (619) 471-2624 PatriciaZL@lassd.org

Our Fair Housing Center provides fair housing services in the City and County of San Diego. We are here to stop housing discrimination and to be sure there is equal housing opportunity for all those in San Diego County. We use outreach, education, and enforcement of Federal and State Fair Housing Laws. Our Fair Housing Center is funded by the City of San Diego and the US Department of Housing and Urban Development (HUD).

We are currently seeking qualified individuals to join our fair housing testing program. Volunteers pose as home seekers and obtain rental information in a neutral and objective manner.

Requirements: At least 18 years of age, no criminal history, reliable transportation, and the ability to write a report accurately and coherently. And an absolute to desire in civil rights and to end housing discrimination.

# **Vista Community Clinic Youth Development Programs**

On site and schools and community centers in North County

Contact: Angel Lucas, Case Manager. 760-631-5000 ext. 7144 or 760-473-6094. angel.lucas.esquivel@vcc.clinic

## Project R.E.A.C.H.

Project REACH (Recreation, Employee Readiness, Academic Achievement, Communication Skills, Healthy Lifestyles) is an after-school "youth development" program that focuses on academic achievement and prevention education for middle and high school students. REACH sites are located at Rancho Buena Vista High School (Vista), Libby Lake Community Center (Oceanside), and Joe Balderrama Recreation Center (Oceanside). REACH works with students who demonstrate risky behavior, including poor academic achievement, truancy, gang affiliation, or issues with discipline/substance abuse.

Internship information and commitment:

Interns/volunteers help provide academic assistance/tutoring, develop relationships of trust, and serve as role models to help students become goal-oriented, healthy young adults

Applicants must be able to commit to at least 1 semester, 2 days/week (Mon-Fri 2-6pm)

Six applicants will be selected (2 interns per REACH site)

#### STEP UP Mentoring Program

The STEP UP Mentoring Program is a 3-tier mentoring program that provides youth development programming and local gang prevention resources in order to decrease the number of local youth in- or at-risk of becoming involved with gangs and other risky behaviors. STEP UP Interns become mentors to high school students, and in return, high school students mentor students in middle and elementary school. STEP UP sites are located at Rancho Buena Vista HS, General Murray HS, Vista Innovation and Design Academy, Rancho Minerva MS, and Maryland Elementary.

Internship information and commitment:

Interns/volunteers help deliver life skills lessons, develop relationships of trust, and serve as role models to help students become goal-oriented, healthy young adults

2:1 mentor/mentee ratio

Applicants must be able to commit to at least 1 semester (schedule varies by placement site) Seven applicants will be selected (5 for high school, 1 for middle school, 1 for elementary school)

Requirements: Volunteers/interns have to be committed with our program for a semester and/or a minimum of 60 hour requirement. All interns/volunteers are subject to a TB skin test, drug test, and live scan.

Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

## Vista Gardens, LLC

1863 Devon Pl. Vista, 92084

http://www.vistagardensmemorycare.com

Contact: Evelyn Delgado (760) 295-3900 edelgado@vistagardensmc.com

Vista Gardens is a privately owned and operated Memory Care Community located in the serene country-side of Vista, California. Our mission is to provide quality service and comfort in a caring, compassionate, and innovative community for our residents and their families through excellent personalized care in an environment that enhances quality of life.

Volunteers are needed to connect with residents, help with activities like playing games; bingo, cards, word games, etc.

To volunteer, students are welcome to come to Vista Gardens and fill out all the necessary paperwork to volunteer.

Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability.

# **YMCA Youth and Family Services**

215 Barnes St. Oceanside, CA 92054 Website: www.yfs.ymca.org

Contact: MaryAnn Graham mgraham@ymca.org 760-908-9647

Dedicated volunteers are needed to work with at-risk youth in a drop-in center setting and by distributing resources to street youth in North County. We have opportunities to work out of Escondido as well as Oceanside. Note: Ideally, volunteers make a six month commitment. This is a great opportunity for those who desire a career in social work or community service.

#### To Volunteer:

- 1. Go to this website: http://www.yfs.ymca.org/get-involved/volunteer/volunteer-opportunities.html
- 2. Specify Assignment Preferences as YOUTH AND FAMILY SERVICES
- 3. Apply (click on "become a volunteer")

Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

# North County East (Ramona, Fallbrook, Valley Center)

# **Community Housing Works\***

Multiple locations throughout Carlsbad, Vista, Escondido, Fallbrook, Poway, National City, and Lakeside www.chworks.org

Contact: Jana Zawadzki jzawadzki@chworks.org (760) 755-5441

Community Housing works is a nonprofit that helps people and neighborhoods move up in the world by providing a range of housing options combined with training and support. We build and own beautiful affordable apartments and provide support and training that strengthens communities and helps kids and adults build a wealthier future.

Opportunities: programs M-Th 3-6 pm include: Running Readers Literacy program and Homework Tutoring. Volunteers must commit to 1 hour per week for the duration of one semester.

Visit <a href="http://chworks.org/about-us/get-involved/volunteer/">http://chworks.org/about-us/get-involved/volunteer/</a> for volunteer application information. Help is needed in Fallbrook, Vista, Oceanside, Carlsbad, Escondido, and Poway. Students volunteering in Fallbrook will receive higher priority.

Requirements: Background Check will be required for all positions. Students must front the cost (usually \$20-\$25) and will receive reimbursement when they follow through on their service commitment. Please do not obtain a background check until instructed to do so by the Volunteer Manager.

## **Easter Seals**

1035 E. Valley Parkway Escondido, 92025

http://www.easterseals.com/

Contact: Tobiah Brown Tobiah. Brown@essc.org (909) 247-4244

Easter Seals, an non-profit organization, serves children and adults with disabilities and their families, offering a wide range of services nationwide. These services include Accessibility Resources, Autism Services, Camping & Recreation, Day Care, Employment & Training, In-Home Care, Mental Health Services, Therapy, Veteran Reintegration, Senior Career Employment and Respite Services.

Opportunities: Weekdays 8am -5pm. Volunteers are needed in the classrooms co-interacting with children in play, eat, and comforting. Will be assisting teachers with activity prepping and set up materials to play with inside out outside.

Contact Tobiah Brown via E-Mail at <a href="mailto:tobiah.brown@essc.org">tobiah.brown@essc.org</a> Subject head "Learning Service Volunteer" Provide us basic info about yourself (name, major, year, interest) along with your availability.

Requirements: Must be 18 years old. TB Clearance, Copy of photo ID, Copy of Meagan's Website Clearance (<a href="http://familywatchdog.us">http://familywatchdog.us</a>)

Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

# **GANAS Group Mentoring Program**

Contact Pat Braendel (760) 731-9127, cell (760) 689-5461 pbraendel@att.net

Volunteer youth mentors needed, as positive role models, for the GANAS Group Mentoring Program in Fallbrook. Where trained mentors work with children, ages 9 to 14, who live in low income apartments, to develop critical thinking and leadership skills. The goal is to instill values in the children that help them succeed in their endeavors. Group sessions (4 mentors & 10 mentees) include many fun activities to build confidence, as well as healthy and balanced minds and bodies. Time commitment involves once a week, from 3:30 to 5:00 pm, and three, eleven week sessions, for the year. Palomar students must undergo a fingerprint background check, and a brief orientation to the program.

# La Paloma Elementary School

300 Heald Lane Fallbrook

Contact: Julie Schlueter (760) 731-4220 jschlueter@fuesd.org

Opportunities: Facilitating structured games/activities with small groups of students during recess and lunch (e.g. playing four square with 5-8 students, reinforcing skills social skills of taking turns, respecting the rules, and playing safely). Weekdays: 9:30-1:20

Contact Julie Schlueter (principal) by email. Please indicate that you are interested in entering in a service learning partnership with La Paloma. Please state which college you are attending, your availability, and any previous experience working with young children (desirable, but not required).

Requirements: Must be at least 18 years old. TB test clearance and fingerprinting (through the San Diego County office of Education) is necessary. Fingerprinting is \$58-\$75).

Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

## **REINS Therapeutic Riding Program**

4461 S. Mission Rd Fallbrook, 92028

http://www.reinsprogram.org

Contact: Maggie Schuur (760) 731-9168 maggie@reinsprogram.org

Opportunities: Volunteers needed for the therapeutic horseback riding program benefitting those with physical, mental, and emotional impairments and injuries. Volunteers are needed Monday through Saturday for the morning (8:30 - 12:00) or afternoon (1:00 - 5:30) shift. Download the <u>Volunteer Packet</u>. Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# William, H. Frazier Elementary

1835 Gum Tree Lane Fallbrook, California 92028

http://www.fuesd.k12.ca.us/domain/45

Contact: Arica Rainey (760) 731-4345 <a href="mailto:arainey@fuesd.org">arainey@fuesd.org</a>

Opportunities: Leading structured activities/games with small groups of students during lunch and recess (e.g. playing four square with 5-7 students, reinforcing social skills of taking turns, respecting rules, playing safely, etc.) Commit to at least one weekday, 10:20am-1:05 pm.

Contact Arica Rainey (the assistant principal) by email or phone. Mention which college you attend and that you're interested in service learning opportunities.

Requirements: Must be at least 18 years old. Minimum volunteer requirement is one day a week. Once your placement has been confirmed, a TB clearance and fingerprinting is required. Fingerprinting can be done through the San Diego County Office of Education (cost is \$58-\$75). Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Riverside County South (Temecula, Murrieta, Hemet)

# **Community Mission of Hope**

27499 Commerce Center Drive Temecula, 92590

(951) 444-1404 <u>info@cmoh.net</u> <u>http://www.communitymissionofhope.com/</u>

Community Mission of Hope exists to help individuals and families in need. CMoH has provided food boxes, bread, hygiene needs and fresh produce items to hundreds of families and individuals in our community

Volunteers work to sort and pack food donations, organize food drives, plant and harvest fresh produce, help out in our offices, lend a hand at events and much more. Volunteers are needed Tues, Wed, and Thurs. mornings-early afternoon.

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Estudillo Heritage Park Water Conservation Education Garden**

695 Ash Street, San Jacinto, 92583

http://www.ci.san-jacinto.ca.us/news/conservation-garden.html#garden/image1.jpg

(951) 654-4952

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Fingerprints Youth Museum**

123 S. Carmalita Street Hemet, 92543

http://fingerprintsmuseum.com/default.aspx

(951) 765-1223 Fingerprintsmuseum@gmail.com

Volunteer with children in a unique preschool and small children's museum environment.

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Hospice of the Valleys**

25240 Hancock Ave Suite 120 Murrieta, 92562

https://hospiceofthevalleys.org/

Contact Carolyn Kahla (951) 200-7800

Mission: Compassionate Care during Loss

Providing quality hospice & palliative care with end of life issues. A non-profit organization.

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

# **Inspire Kidz**

http://inspirekidz.org/

Contact: Fabiola Ortiz Co-Founder, Board Member (760) 212-0772 Fabiola@inspirekidz.org

Mission: Inspire Kidz is a non-profit organization that provides foster children(ages 3-11) with the opportunity to attend pre-elementary education, tutoring, after school activities and summer camps.

Interests: children, foster youth, community, recreation, education

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Pennypickle's Workshop – Temecula Children's Museum

42081 Main Street, Temecula, 92590 <a href="mailto:phineas@pennypickles.org">phineas@pennypickles.org</a> (951) 308-6376 |

Pennypickle's Workshop is a children's museum of the city of Temecula, filled with fun, silly, hands on exhibits exploring all areas of science.

Volunteers are especially needed for special events help at the museum.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Project TOUCH**

28870 Pujol Street Temecula, 92590 (951) 676-8022

Temecula's newest homeless shelter, located in a vacant church building off Rancho California Road. The volunteer group shelters homeless people from around southwest Riverside County during cold, rainy weather. Project TOUCH stands for "Together Our Unity Conquers Homelessness."

Director Margie Hammersly and her staff at the food pantry feed and clothe impoverished families. They also supply toys and gifts for children and showers for the homeless. The pantry's services increase in local demand as the recession deepens.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

Ramona Bowl

27400 Ramona Bowl Road, Hemet 92544 http://www.ramonabowl.com/volunteer.htm (951) 658-3111

The Ramona Bowl is a historical landmark, home of the longest running, and largest outdoor play in California. The Ramona Bowl houses the play Ramona in April/May of each year, as well as other plays and events throughout the year.

Interests: Construction, Landscape, Drama, Arts, History, Children, Seniors, Native American and Spanish Culture

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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# Ramona Humane Society

690 Humane Way San Jacinto, 92582

http://ramonahumanesociety.org/volunteer.html

Contact: Sherry Pastell (951) 654-8002 ex. 246 info@ramonahumanesociety.org

The Ramona Humane Society is dedicated to fostering the humane treatment of all animals. Our goal is to eliminate animal over-population by offering low-cost spay and neutering services, public outreach programs and promoting the adoption of pets to loving homes.

Volunteers are always needed to help with adoptions, foster care, exercising and socializing our shelter animals. Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Reignite Inc.

PO Box 11 Murrieta, 92564 http://reigniteyourlight.org/

Contact: Missie Van Bebber (951) 609-8673

Mission: "From unemployed to re-employed."

Reignite Inc. provides resources and training to women that need to return to the workforce after an extended absence from employment. The organizational goal is to help facilitate their transition to employment through professional development.

Professional development training includes:

Assessing areas of experience and interest

Resume building, Job search techniques, Job application completion

Networking tips, Social media presence building, Interviewing skills and practice, Business etiquette

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form..

## Safe Alternatives For Everyone (S.A.F.E.)

28910 Pujol Street, Temecula, 92590 (951) 587-3900

S.A.F.E. provides charitable services for youth and families who are around or have already been exposed to physical and emotional abuse. They host many charity-based community events.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Temecula Valley Slow Food**

27636 Ynez Road #298 Temecula 92591-5600 (951) 296-7427

Slow Food's mission is to sure Temecula of "fast food and fast life, the disappearance of local food traditions, encourage knowing where food is grown, how it tastes and how our food choices affect the rest of the world." They host many community events. They sponsored recent organic gardens in several local schools.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Temecula Valley Museum**

28314 Mercedes St. Temecula, 92590

http://www.temeculavalleymuseum.org/

Contact: Katrina Thoreson Villanueva 951-694-6453 katrina.thoreson@cityoftemecula.org

Or Tracy Fick, Museum Services Manager 951-694-6450

Mission: To be a high quality museum that thoroughly and accurately portrays the stories of the Temecula Valley's past and present through dynamic, fun, and exciting exhibits appealing to both local family audiences and tourists. To be known as a Temecula destination and a cultural/social center for Temecula Valley residents.

Interest Area: Arts & Culture, History, Community

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **United Way (Central County – Hemet and Menifee)**

418 E. Florida Avenue Hemet, 92543

http://ccuw.org/index.html (951) 929-9691

United Way continues to be the leader in assisting in local humane service needs through:

Identifying and impacting local critical needs.

Providing Volunteer Opportunities in the communities in which we serve.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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# **Veterans Supplemental Support Network (VSSN)**

41593 Winchester Rd. Temecula, 92590

Contact: Deja Friday (951) 821-8776 http://vetsupportnet.org

Mission: To end and prevent homelessness, hunger and hardship among veteran and transitioning military families. We feed and provide emergency toiletry and/or hotel vouchers to veteran and transitioning military families. We provide family support through events, support groups, direct giving at local VA Vet Center. Fill out a volunteer application at <a href="http://www.vetsupportnet.org/#!get\_involved/c8k2">http://www.vetsupportnet.org/#!get\_involved/c8k2</a>

Interest Areas: Children & Youth, Homeless & Housing, Hunger, Veterans & Military Families

Requirements: Students who work at this agency must fill out a Hold Harmless Agreement/Waiver of Liability form.

## Vlada's Seeds of Life

41725 Avenida Ortega 92592

Contact: Vlada Vladic (951) 541-6315 vladavm3@gamil.com

Vlada's Seeds of Life is rebuild American families and communities by conquering childhood obesity and related diseases, preparing children and young families to pass healthy lifestyle to our next generations by enabling them to make permanent changes in their daily diets and lives.

Volunteers are needed to develop the family educational program. We need help with filming, editing, writing, web-design (web reconstruction), program related art design, DVD cover design, phone calls, brochure designs, script writing, producing, data collecting.

Some work may be able to be done from your home, and we are willing to try and work around your schedule.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **Western Science Center**

2325 Searl Parkway, Hemet, 92543 (951) 791-0033

http://www.westerncentermuseum.org/volunteer-program/

Be available to answer visitors' questions in the exhibition galleries.

Provide tours for school field trips.

Assist in outreach programs for schools and community events.

Provide assistance in the administrative offices. Help with filing, typing, mailings, phone and e-mail correspondence

Requirements: Orientation and Training are required. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## Wildomar Senior Leisure Community and Assisted Living

32325 S Pasadena St. Wildomar, 92595

http://www.wildomarsenior.com/

Contact: Janet Hod (951) 678-1555 ext. 26

Opportunities: Senior living center. Opportunities to work with senior citizens: visiting, reading, writing letters with seniors. Also interviews and life reviews with clients.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# San Diego Metro (Mira Mesa, City of San Diego)

## American Red Cross\*

3950 Calle Fortunada San Diego, 92123 www.redcross.org/sandiego 858-309-1263

There are two programs within Red Cross that would love volunteers:

Red Cross Blood Services – Blood Donor Ambassadors Needed. Help at Blood Drive events throughout San Diego Oceanside & Temecula.

Requirements: Volunteer 6 hours a month with a 3 month commitment Contact: Jacque Dutchover 858 278-6355 jacquie.dutchover@redcross.org

Red Cross Humanitarian Services -Red Cross Club Coordinator, Youth, Disaster Response and Technology/GIS Mapping, Community Outreach, Service to the Armed Forces Call Center and Client Casework, Fundraising, Administrative Internships and more.

Contact: Curt Luthye 858-309-1263 curt.luthye@redcross.org

Requirements: <u>Create a Volunteer Connection Profile</u>. Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Big Brothers and Big Sisters of San Diego County**

4305 University Ave, Suite 300, San Diego, CA 92105

Contact: 858-536-4900 www.SDBigs.org

Volunteer to be a Big Brother or Big Sister mentor for a child in San Diego! In as little as 4 hours a month, you can make a BIG difference in the life of a child. Are you ready to start something BIG??

Please sign up and attend one of our Volunteer Info Sessions! Follow this link: <a href="http://bbbssandiego.org/volunteer/volunteer-process/">http://bbbssandiego.org/volunteer/volunteer-process/</a>

Requirements: Must be 18 years of age and commit for at least 1 year. A full interview and background check will be performed. Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **City of San Diego Parks and Recreation**

2130 Pan American Plaza San Diego, 92101

Contact: Volunteer Coordinator, Kathy Castello 619-525-8284 KCastello@sandiego.gov

Mission: A World Class City for All. For volunteer opportunities, we offer large group, small group, and individual opportunities working with environmental projects, special events, programming, sports assistance, and office assistance at any of our 56 recreation centers, regional parks, open space parks, golf courses, and shoreline areas.

Requirements: Ages 18 and up. Long term volunteers need fingerprinting. Short term volunteers welcome. Environmental opportunities require good physical condition. Please verify needs prior to accepting position. Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Coaching Corps**

Current North County Locations include Motino YMCA in Oceanside and Palomar YMCA in San Marcos/Escondido www.coachingcorps.org

Contact: Emily Barnes 661-886-0077 emilyb@coachingcorps.org

Volunteer Youth Sports Coach in a variety of sports at under-resourced sports programs in San Diego. Sports may include T-ball, soccer, flag football, basketball, and more.

Teams practice once a week with games on Saturdays.

Sign up on the website <a href="http://www.coachingcorps.org/sign-up/">http://www.coachingcorps.org/sign-up/</a> Once you go through our coach training, you will be connected with a sports program of your choice to help eradicate the disparity of access to quality sports in the region!

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Community Housing Works\***

Multiple locations throughout Carlsbad, Vista, Escondido, Fallbrook, Poway, National City, and Lakeside Contact: Jana Zawadzki <u>jzawadzki@chworks.org</u> (760) 755-5441 <u>www.chworks.org</u> www.chworks.org

Community Housing works is a nonprofit that helps people and neighborhoods move up in the world by providing a range of housing options combined with training and support. We build and own beautiful affordable apartments, provide unique first time homebuyer loans and provide support and training that strengthens communities and helps kids and adults build a wealthier future.

Opportunities: programs M-Th 3-6 pm include: Running Readers Literacy program and Homework Tutoring. Visit <a href="http://chworks.org/about-us/get-involved/volunteer/">http://chworks.org/about-us/get-involved/volunteer/</a> for volunteer application information

Requirements: Background Check may be required for certain positions. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Feeding America San Diego**

9455 Waples St #135 San Diego, 92121

Contact: Volunteer Department (858) 452-3663 x100 <u>volunteersd@feedingamericasd.org</u> or visit <u>www.feedingamericasd.org</u>

## Opportunities:

- 1. Internship opportunities- provide experience in a nonprofit environment which serves children and families facing hunger throughout San Diego County. Internship opportunities include Nutrition, CalFresh Case Manager, CalFresh Outreach, and Non-Profit Capacity Building positions. Applicable majors may include nonprofit management, social services, health & nutrition, political science, social work, urban studies, public administration, kinesiology, or comparable course of study.
- 2. Food Sorting Volunteers- Food sorting volunteer shifts take place Tuesdays-Saturdays, including evenings, and students can sign up directly on our volunteer website. No application, training, or time commitment is required. These shifts are eligible for service letters, however are not ideally suited for service learning (ie Internship credit).

Please sign up online:

- 1. Visit http://feedingamericasd.org/get-involved/volunteer/
- 2. Scroll to the bottom of the page and click the green "Register Now" button.

- 3. Click "Sign in" in the upper right hand corner to create an account and sign a waiver electronically.
- 4. Next, choose the shifts that work best for you by clicking "Sign Up" next to the shift name. Shifts that are marked "Reserved" are scheduled for larger groups in advance and are not available.

You will receive a confirmation email and reminder for each volunteer shift for which you sign up.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.\_\_\_\_\_

# **Habitat for Humanity, San Diego\***

10222 San Diego Mission Rd San Diego, 92108-2135

Contact: Rhea Stumm, Volunteer Services (619) 283-4663 ext. 140

San Diego Habitat for Humanity (SDHFH) brings people together to build homes, communities and hope. SDHFH partners with hard working homeowners to build new homes and repair and rehab existing homes. SDHFH also operates two ReStores.

Email the Service Learning Agreement form to be signed indicating intention to volunteer to <a href="mailto:rheas@sdhfh.org">rheas@sdhfh.org</a> and it will be returned to you via email. Students will need to attend an orientation before volunteering. Please register and schedule online at <a href="http://sdhfh.volunteerhub.com/">http://sdhfh.volunteerhub.com/</a>

Opportunities: Build or repair homes in San Diego County on various weekdays or Saturdays, 8:15am -3:30pm. Volunteering on the work site is a fun, hands-on opportunity for individuals and groups to build or repair homes alongside future Habitat homeowners or existing homeowners. Construction volunteers do carpentry, roofing, siding, interior trim, painting, landscaping and more. Volunteers are also needed in the Escondido and Mission Valley ReStores. The ReStores sell donated construction materials and household goods to the general public. Flexible schedule in the ReStores! No experience is required for either volunteer opportunity.

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Legal Aid Society of San Diego – The Fair Housing Center**

216 S. Tremont Street Oceanside, 92054 <a href="http://www.lassd.org/">http://www.lassd.org/</a>
Contact: Patricia Ziegler-Lopez (619) 471-2624 <a href="mailto:patriciaZL@lassd.org">PatriciaZL@lassd.org</a>

Our Fair Housing Center provides fair housing services in the City and County of San Diego. We are here to stop housing discrimination and to be sure there is equal housing opportunity for all those in San Diego County. We use outreach, education, and enforcement of Federal and State Fair Housing Laws. Our Fair Housing Center is funded by the City of San Diego and the US Department of Housing and Urban Development (HUD).

We are currently seeking qualified individuals to join our fair housing testing program. Volunteers pose as home seekers and obtain rental information in a neutral and objective manner.

Requirements: At least 18 years of age, no criminal history, reliable transportation, and the ability to write a report accurately and coherently. And an absolute to desire in civil rights and to end housing discrimination. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Monte Vista High School Library**

3230 Sweetwater Springs Blvd Spring Valley, California 91977 Contact: Laura Preble (619) 660-3061 <a href="mailto:laurapreble@guhsd.net">laurapreble@guhsd.net</a>

Volunteers needed in the library shelving, processing books (covering, stamping, stripping with magnetic strips). Volunteers are welcome any time from 9 am to 2 p.m. during the school year.

Requirements: Basic knowledge of library procedures and ability to use Dewey Decimal System. Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Penasquitos Girls Softball**

P.O. Box 721544 San Diego, 92172

www.pggsa.org

Contact: Tim Dibsie. (619) 300-5771 tdibsie@san.rr.com

Mission: Development of female athletes ages 6-14 years old Volunteer positions: assistant softball coach Background check and driver's license needed. Minimum age is 18.

Requirements: Student volunteers must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# **Rock Church Deaf Ministry**

2277 Rosecrans St. San Diego, CA 92106

<u>www.rockdeaf.org</u> and <u>www.sdrock.com</u>

Contact: Cami Miner cami <u>miner@rockdeaf.org</u>

If you are interested in interpreting observations and/or hands-up practice, email Cami for a list of current opportunities.

Interpreting Observation and Hands-Up Interpreting Opportunities

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

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# Salvation Army - Silvercrest Residence Downtown

727 E Street San Diego, CA 92101 (and 1303 Las Villas Way Escondido, California 92026) http://www.salvationarmy.org

Contact: Ederlyn Gonzaga (619) 550-5990 Ederlyn.Gonzaga@usw.salvationarmy.org

Silvercrest is a federally funded building (Section 8 Housing) for independent seniors. The building contains 98 seniors with variety of needs. Volunteers are needed to assist the Service Coordinator in preparing, running and overseeing the programs in the building (educational presentations, art classes, chair yoga classes, English classes for those who speak Russian, blood pressure clinic, podiatry clinic, optometrist clinic, etc). Volunteers will also assist the Service Coordinator in creating newsletters for the month, calling providers, setting up individual appointments with the residents, conducting assessments of each residents and inputting data on AASC online.

Some current needs include volunteers to help with the following classes: Senior Art class on Monday at 12:30PM, senior chair yoga every Wednesday at 1PM and English class for Russian residents on Fridays from 1PM-3PM.

Email Ederlyn Gonzaga to get an application and set up an interview.

Requirements: A background check will be performed (at no cost to the service learning student). Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# San Diego County Library\*

5560 Overland Ave. San Diego, 92123

www.sdcl.org

Contact: Program Services Manager Angelica Fortin Angelica. Fortin@sdcounty.ca.gov (858) 694-2370

Opportunities: The San Diego County Library, 2012 Library of the Year, seeks to develop informed, literate, and engaged communities. There are 33 branch locations and two bookmobiles that provide services seven days a week. Students should contact the Volunteer Coordinator at their local branch and indicate they are seeking a volunteer opportunity as part of the Palomar College Service Learning Program. Opportunities vary by branch and volunteers can assist with material organization and shelving, program support, the Techno Book Club for teens in Lincoln Acres (between National City and San Diego in South County). Facilitate discussion of month's book club selection with the group of boys and act as a mentor once a month for about an hour-hour and a half, in the afternoon, early evening.

Requirements: Volunteers will meet with staff to develop volunteer plan and determine training needs. All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# San Diego County Office of Education – Tutor Connection/ Foster Youth Services Program

8333 Clairemont Mesa Blvd. suite 212 San Diego, 92111

Contact: Michelle Bailow (858) 503-2629 <a href="mailow@sdcoe.net">mbailow@sdcoe.net</a>

Opportunities: Tutor Connection is a program which provides high quality, free tutoring services to students in foster care between ages 5-18. Tutors are matched with a youth placed in out of home care. It is essential that once, matched, the tutor commits their time and completes their hours

Requirements: Tutors MUST commit to a minimum of 15-20 hours. Most tutoring occurs in foster homes and group homes located in SD county. Fingerprinting is required but is arranged through the program. Contact Michelle Bailow at the beginning of the semester to allow time for fingerprinting and orientation. Students who work at this agency must fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **SeaCrest Village Retirement Communities**

211 Saxony Road Encinitas, CA 92024 (location in Rancho Bernardo also)

Contact: Sheryl Seltser, Volunteer Liaison, at 760-632-3718 or <a href="mailto:sseltser@seacrestvillage.org">sseltser@seacrestvillage.org</a> or fill out the interest form at <a href="http://www.seacrestvillage.org/volunteer">http://www.seacrestvillage.org/volunteer</a>

Mission: Seacrest Village Retirement Communities provides services to seniors in a Jewish environment that promotes community, independence and innovation. As an organization that believes in the vitality of Jewish tradition and culture,

Seacrest Village Retirement Communities' vision is to serve as a beacon to seniors and their families for exceptional quality care in a Jewish environment.

#### **Options for Service:**

- Assist the Activity Director with games, activities, monthly calendar, scheduling entertainers, lead programs, create flyers, set up for big events, work on "dream projects"
- Assist in the Computer Lab: Teach simple computer tasks (e-mailing, surfing the internet, etc.)
- Entertainers: share your talents, such as piano playing, singing, magic, etc.
- Outings: Accompany residents on daytime outings in the community
- Religious Programs: Assist with religious services or ceremonies in Hebrew or English, lecture on Judaic subjects
- Resident Relations: Visit with residents, help with Brain Fitness computer program, read and play games (ie. scrabble)
- Social Programs: Volunteers are needed to assist culinary department with happy hours, birthday party socials and special events
- Transportation: Transport residents in wheelchairs to meals, to beauty parlor and other places on Seacrest campus

Days and times can vary depending on the chosen service.

Basic Requirements and Information for Volunteers:

- 1) Complete an application
- 2) Have a personal interview and attend an orientation
- 3) Agree to a 20-hour minimum service in a calendar year
- 4) TB skin tests and background checks are only required if volunteering more than 16 hours per week (No costs will be incurred to the student volunteer)
- 5) Read, sign and adhere to the HIPAA Requirement

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

## **San Diego Humane Society**

Escondido - 3450 E. Valley Parkway Escondido, CA 92027 (760) 888-2275

Oceanside – 2905 San Luis Rey Road (for dogs)

572 Airport Road (for cats, small animals) Oceanside, CA 92058 (760)757-4357

San Diego - 5500 Gaines Street San Diego, CA 92110 (619) 299-7012

Contact Cassie Hines, Volunteer Engagement Assistant at Volinfo@sdhumane.org

Volunteers are needed in the following areas:

- Adoptions and Guest Relations
- Community Outreach and Education
- Animal care and socialization for Cats, Dogs and Small Animals
- And more!

Requirements: One Year Commitment Required. Students who work at this agency must be at least 18 years old and fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# St. Jude Children's Research Hospital

Pacific Coast Region - Fundraising, Awareness, and Special Events in San Diego County

Contact: Cameryn Kaylor <u>cameryn.kaylor@stjude.org</u>

Volunteer to assist event managers with upcoming fundraising and awareness events in San Diego County, including their San Diego St. Jude Walk/Run to end Childhood Cancer on September, 25 2016.

Opportunities in media, graphic design, GIS, marketing, advertising, research, community involvement, and more! Some volunteer work in research and marketing may be done from your home computer

Requirements: All volunteers will need to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form.

# Torrey Hills School – Everyone A Reader Program

10830 Calle Mar De Mariposa, San Diego, CA 92130 http://tinyurl.com/torreyhillsvolunteer

Terri O'Brien (858)481-4266 Ex – 3793 <u>tobrien@dmusd.org</u>

Everyone A Reader is a volunteer reading tutor program sponsored by the San Diego County Office of Education.

The program relies on Torrey Hills School parents and other community volunteers to offer special assistance helping children create extra practice and skills in reading. We are looking for volunteers to help in the new school year!

Everyone A Reader helps children in grades 1-3 during their normal school day. The children individually read for about 15 minutes with the tutor weekly, either morning or afternoon

To receive more information or volunteer to be a tutor, please contact Terri O'Brein or sign up on the website. Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

# **Traveling Stories**

1761 Hotel Circle South Suite 225 San Diego, CA 92108 – Reading locations are in El Cajon, City Heights, and North Park <a href="http://travelingstories.org">http://travelingstories.org</a>

Alyssa Humbert (619) 919-5115 alyssa@travelingstories.org

Traveling Stories, is nonprofit organization that specializes in creating experiences where families fall in love with reading! Our StoryTent programs deliver a sustainable, family-focused solution for improving literacy rates before the 4th grade.

Traveling Stories needs StoryTent Readers to read with kids at local farmers markets. Our volunteers give out Book Bucks for every book a child reads, which the child can then use to purchase prizes.

Please submit a volunteer application at

https://app.betterimpact.com/Application?OrganizationGuid=709be655-d05b-4330-8ad6-94a248372d4b&ApplicationFormNumber=1. Then you will receive an email asking you to undergo a background screening for \$17. (Submit a photo your student ID to <a href="mailto:alyssa@travelingstories.org">alyssa@travelingstories.org</a> for a discount on the screening)

Unpaid Internship (10-15 hours) per week is also available. Email Alyssa with your resume. Students who work at this agency will have to fill out Palomar's Hold Harmless Agreement/Waiver of Liability form

# **Community Partner List for Short Term Service Opportunities**

Special Events Needing Service Learning Volunteers! Scroll down or click to see <u>ongoing opportunities</u>

# January 2017

## Saturday, January 28 9:00am-12noon – Agua Hedionda Lagoon

Volunteers needed at the Discovery Center (1580 Cannon Rd, Carlsbad CA 92008) to help remove invasive plant species, repair broken erosion control structures, and prepare our native garden exhibit for future planting. Both our native garden display and trail are used to host educational fieldtrips. Email kyle2@aguahedionda.org to register.

# February 2017

## Select Saturdays 9:00am-12noon - Hooves, Hope and Love Animal Sanctuary

Hooves, Hope and Love is a family-ran small animal sanctuary in Vista. Come one! Come all to our monthly Volunteer on the Farm morning! There are chicken coops to clean, stalls to muck, critters to brush, and yes, bellies to rub! Contact Sunshine Hernandez at 760-473-1275.

# **March 2017**

## Saturday, March 11 7:00am -3:00pm- Agua Hedionda Lagoon

Volunteers NEEDED for a 5k/10K Run/Walk around the Agua Hedionda Lagoon. Various job opportunities needed including water station attendants, sign holders, registration assistants, parking attendants, crosswalk attendants, set-up and tear-down amongst others. The run supports the local Agua Hedionda Lagoon Foundation in Carlsbad. We celebrate World Water Day after with activities, booths and lunch from Tip Top Meats. Volunteers get free lunch. Contact cierra@aguahedionda.org for more information, available shifts and preferences.

## Friday March 31- Sunday April 2 - Autism Family Camp in Julian

The YMCA of San Diego County Overnight Camps and Autism Society San Diego have teamed up to provide families who are part of the autism community with a fun weekend in the mountains of Julian. See more information at <a href="http://www.ymca.org/camp/group-camping/marston-groups/autism-family-camp.html">http://www.ymca.org/camp/group-camping/marston-groups/autism-family-camp.html</a> To volunteer, contact <a href="https://www.ymca.org/camp/group-camping/marston-groups/autism-family-camp.html">kasey@autismsocietysandiego.org</a>

## **April 2017**

## Saturday, April 26 - Casa De Amparo

Volunteers needed to help run the Meet the Chefs Fundraising event in Del Mar to support Casa De Amparo. There are various shifts throughout the day. Volunteer videographers are also needed for special events. Contact Celeste Leichliter cleichliter@casadeamparo.org for more information, available shifts and preferences.

# **Ongoing Opportunities**

**Batiquitos Lagoon** - Trail Maintenance on the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of every month from 9a.m. to Noon.

You do not need to sign up in advance for this experience. Simply show up, with your Service learning paperwork and be ready to work. <a href="http://www.batiquitosfoundation.org/2011/lagoon/trail-maintenance/">http://www.batiquitosfoundation.org/2011/lagoon/trail-maintenance/</a>

**Community Housing Works -** Family Night volunteer opportunities available multiple times per month. Jana Zawadzki <u>jzawadzki@chworks.org</u> (760) 755-5441