

PALOMAR WORKERS COMPENSATION INJURIES

5/1/2019

DATE OF INJURY	LOCATION	DEPARTMENT	INJURY TYPE	LOST TIME
3/4/2019	San Marcos	Stud Services	Respiratory	No
3/12/2019	San Marcos	Student	Puncture/Exposure	No
4/10/19	San Marcos	Faculty	Injured by object that broke apart	No
4/12/19	San Marcos	Stud Services	Stress	No
4/17/2019	San Marcos	Student	Puncture/Exposure	No
4/24/2019	San Marcos	Faculty	Trip/Fall	Yes

PALOMAR RISK MANAGEMENT REPORTS

For April, 2019

1	Pulled Muscle
1	Student Passed Out
1	Rolled Ankle
2	Collapse
1	Cut
6	TOTAL INJURIES



STUDENT HEALTH CENTERS April 2019

TO: Star Rivera-Lacey, Assistant Superintendent, Vice President, Student Services

FROM: Judy Harris RN, MSN, FNP-BC, Director, Student Health Centers

SUBJECT: Urgent Care Summary Report April 2019

Student Health Centers responded to the following number of urgent care visits, and basic first aid for April 2019

San Marcos				Escondido				Rancho Bernardo				
	Student	Employee	Other		Student	Employee	Other		Student	Employee	Other	TOTAL
Response via Cart	0	0	0		0	0	0		0	0	0	0
Walk-ins to Clinic	6	0	1		1	0	0		0	0	0	8
Total RN contacts	6	0	1		1	0	0		0	0	0	8
1 st Aid by Reception	154	0	0		25	0	0		0	0	0	179
Psychological Health Crisis	0	0	0		0	0	0		0	0	0	0
Mental Health	0	0	0		0	0	0		0	0	0	0
Medical Injury Reports	4	0	1		0	0	0		0	0	0	5
Urgent Care/Hospital	0	0	0		0	0	0		0	0	0	0
MD referrals	5	0	1		0	0	0		0	0	0	6
911 Calls	1	0	0		1	0	0		0	0	0	2
Workers Comp.	0	0	0		0	0	0		0	0	0	0
Total Referrals	6	0	1		1	0	0		0	0	0	8

Student Health Centers Urgent Care Report San Marcos/Escondido April 2019

Date	Resp. Time	Patient Staff/Student	Diagnoses/ Medical Injury	Location	Treatment	Outcome	Total Time
04/02/19	Walk-in	Student	Flu like symptoms; L Elbow Contusion	700 Wing of Escondido	Evaluation, vital signs, Ice, Observation, Patient education Contact husband	911 called transported @ 8:40pm	45 min.
04/08/19	Walk-in	Student	Hit head last night with china statue, Confused, emotional lability	Home	Evaluation, ice, Tylenol (refused), patient education sent to ER for CT scan	Drove with boyfriend to ER	30 min.
04/08/19	Walk-in	Student	Wound on head, injury? History of seizure and Autism	Home	Evaluation, wound care, bacitracin, health education, ER precautions	Home	30 min.
04/11/19	Walk-in	Student	Shortness of Breath	SHC	Evaluation, vital signs, rest, referral, phone call, patient education, ER precautions	Pick up by mom	1 hr.
04/11/19	Walk-in	Student	Syncopal episode (Fainting)	TLC building SM campus	Paramedics called, evaluation, Vital signs stable, water/food, home with mother	Home with mother	1 hr.
04/16/19	Walk-in	Student	Laceration Left thumb	IT Building SM campus	Evaluation, wound cleansed w/soap, bleeding stopped, pressure applied and wrapped, patient education	Home/ Appt. tomorrow	30 min.
04/24/19	Walk-in	Student	Faint/Dizziness	Trio	Evaluation, vital signs, cracker and H2O, rest, health education, ER precautions, referred for further eval. with NP	Trio/Class	30 min.
04/30/19	Walk-in	Visitor	Tired, Dizzy, Requested BP check	Subway Café	Evaluation, consult NP, referred to urgent care, husband to pick up	Husband to pick up and go to urgent care	30 min.

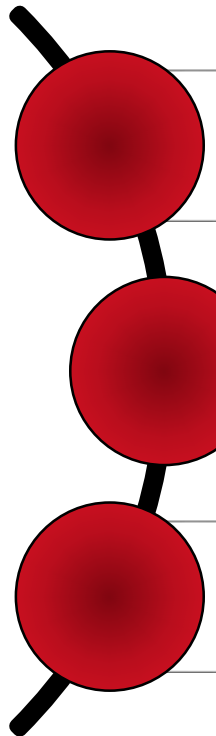
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SUMMER 2019 EVACUATION SEMINAR

A Palomar College Community
Emergency Preparedness Safety Presentation

PALOMARPOWERED

Palomar College Emergency Priorities

- 
- Life Safety for All**
 - Incident Stability**
 - Property Conservation**



Quick Safety Briefing

Safety Briefing, in less than 2 minutes...

- Emergency Exit Locations?
- Who has a Cell Phone?
- Are there AEDs Nearby?
- Who knows First Aid/CPR?
- Fire Extinguishers & Alarms?
- Exterior Evacuation Assembly Point?



How Quick & Easy Is That?

Goals

Evacuation Capabilities:

- Coordination
- Communication
- Communication, Information & Warning
- On-Scene Security, Protection & Team Based Behaviors

When to Evacuate?



When it Becomes
Safer Outside Than
Inside



Evacuate

Evacuations

Before an Incident

- Know Your Building & Floor
- Look for Safety Briefing Resources

PRE-EVENT

During an Event:

- Keep Yourself Safe
- Speak Calmly & Firmly
- Convey Succinct Emergency Guidance
- Follow Radio Etiquette & Protocols



Evacuation Goal 1

**B
E
F
O
R
E**

Become familiar w/evacuation routes & reunification points

Evacuation Objective 1.1

Be prepared to communicate locations of assembly/reunification points

Evacuation Objective 1.2

Be prepared to communicate multiple routes to assembly/reunification points



Goal 2

Evacuation Goal 2

**D
U
R
I
N
G**

Accomplish the safe & expeditious evacuation—away from the hazard(s)

Evacuation Objective 2.1

Firmly & calmly announce designated evacuation route(s) & assembly/reunification points

Evacuation Objective 2.2

Evacuate using assigned routes

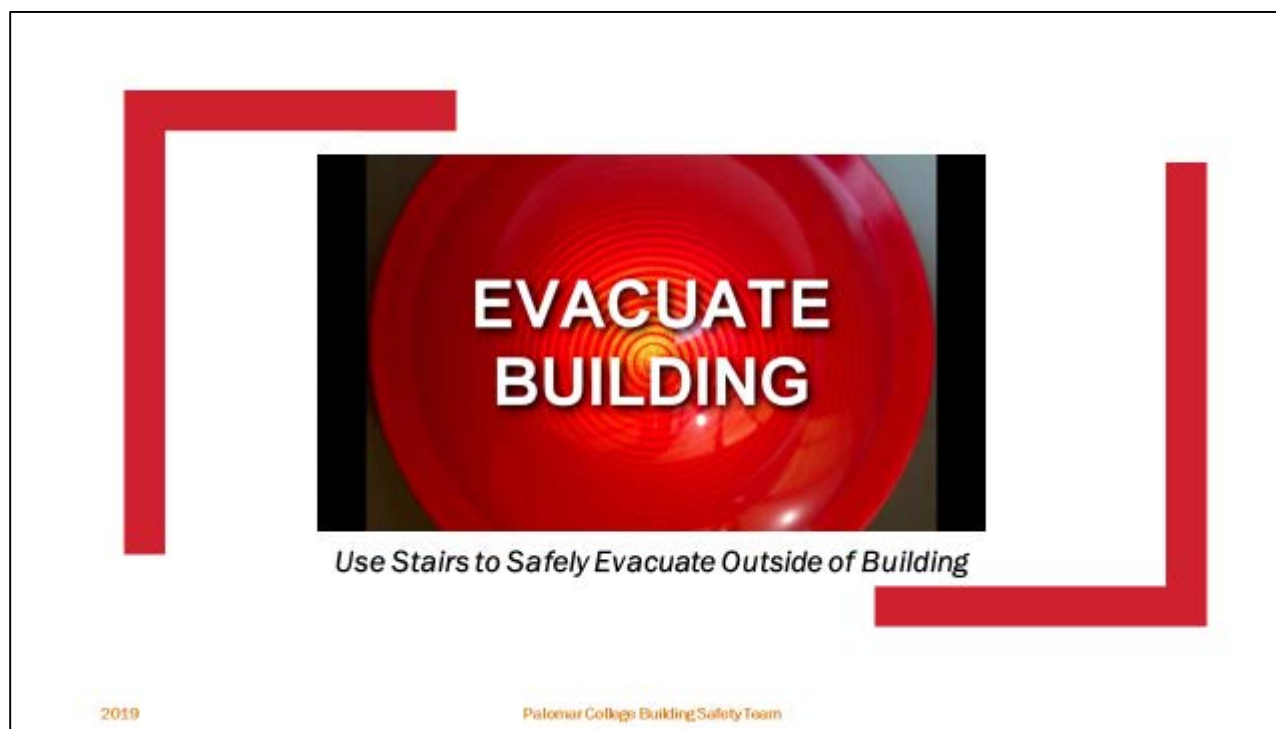
More on Evacuations

In Your Building

- *Sweep* every room to make sure that everyone has been evacuated
- Direct faculty, staff & students to evacuation routes
- Direct occupants to the appropriate Emergency Assembly Point(s) (EAPs)
- Notify Campus Police of any personnel trapped or whose location is unknown
- Be prepared to shut off valves for piped gases & compressed gas cylinders



Affix 3" X 5" Card on Doors When Clearing a Floor or Room

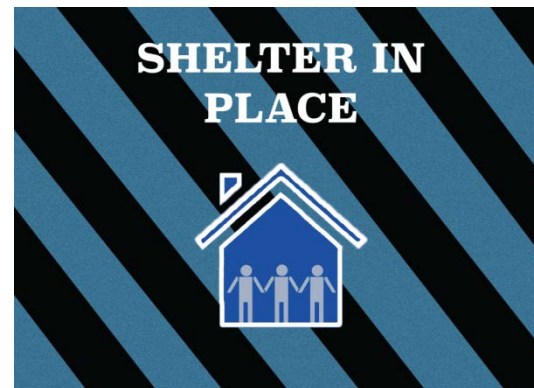


Seminar Take-Aways

How Did We Do on Our Seminar Objectives?

- Identify expectations for evacuations
- Identify what to know beforehand
- Share crisis-based goals & expected capabilities
- Ensure a safe and secure environment through team based protection operations

Remember the Big Five



SUMMER 2019 EVACUATION SEMINAR

PALOMARPOWERED Community

District Emergency Preparedness 2018-2019 Training Timeline				
Date	Time	Target Audience	Description of Event	Notes
PLANNED				
05/09/2019	• 11:30 AM-12:30 PM	• San Marcos	LRC Building Evacuation	• Campus Police, EH&S, Facilities and LRC Response team will meet 15 minutes prior to drill to check-in and discuss responsibilities.
05/16/2019	• 2:45 PM-3:45 PM	• North Education Center (NEC) - Fallbrook	NEC Building Evacuations Whole site building evacuation	• Campus Police, EH&S, Facilities and NEC Response team will meet on 05/08/19 to discuss responsibilities and handout emergency PPE.
05/30/2019	• TBD	• South Education Center (SEC) - Rancho Bernardo	SEC Building Evacuations Whole site building evacuation	• Campus Police, EH&S, Facilities and SEC Response team will meet prior to drill to discuss responsibilities and handout emergency PPE.
06/2019	• All Day (8:00 AM-5:00 PM)	• South Education Center- Rancho Bernardo • North Education Center- Fallbrook	CPR/First Aid/AED Training	• Pending Exact Date/Response from agency
06/2019	• TBD	• San Marcos	HS Building Evacuation	• Pending Exact Date
08/2019	• TBD	• EOC Section Chiefs • Superintendent/President, Dr. Blake • Executive Cabinet • Emergency Response Consultant	EOC Section Training More in depth training for each section of the EOC, so members know what is expected of them	• Pending Exact Date, Participants, & Location

COMPLETED

Date	Time	Target Audience	Description of Event	Notes
07/25/2018	10:00-11:00 AM 11:00 AM-12:00 PM 1:30-2:30 PM	- Superintendent/President, Dr. Blake - Executive Cabinet - Campus Police - Administrators Association (AA) - Confidential and Supervisory Team (CAST) - Emergency Response Consultant	Seminar to help prepare those who will be involved in the tabletop exercise (TTX) to be comfortable with being involved. This is a course on the Big Five Actions for Emergencies (Secure Campus- Lockdown/Barricade; Shelter in Place; Earthquake-Drop, Cover & Hold On; and evacuate).	Completed
07/27/2018	9:00 AM-12:00 PM	- Superintendent/President, Dr. Blake - Executive Cabinet - Campus Police - Administrators Association (AA) - Confidential and Supervisory Team (CAST) - Emergency Response Consultant	TTX to be held in a room that would simulate our EOC	Completed
08/2018		- Faculty - Staff - Students	Develop master PowerPoint training for entire campus organization that can be delivered quickly. Training to be based off of TTX information.	Completed
9/24/2018	9:30 AM 6:30 PM	District-wide – San Marcos, Escondido, Rancho Bernardo and Fallbrook Campuses	Lockdown Drills The InformaCast testing date for September will be the Lockdown Drill announcement. Lockdown Drill information to be sent out by EH&S to all staff & faculty leading up to the drill. An EH&S survey will follow the drill to account for notification systems that need to be fixed or added.	- Lockdown Information from EH&S will be sent to Campus Police to be distributed before the event. Completed

COMPLETED CONTINUED

Date	Time	Target Audience	Description of Event	Notes
10/18/2018	10:18 AM 6:18 PM	District-wide	Great ShakeOut Earthquake Drills Earthquake Drill information to be sent out by EH&S to all campus community members leading up to the drill.	- There will be a daytime and evening drill in order to get both day and night class participation Completed
10/2018	All Day (8:00 AM-5:00 PM)	- Campus Police - Emergency Response Teams	CPR/First Aid/AED Training from San Diego Project Heartbeat	Completed
11/16/2018	9:00 AM-12:00 PM	San Marcos	MD Building Evacuations	Completed
03/08/2019	9:00 AM-12:00 PM	San Marcos	Safety Training for MD-BLDG. Emergency Response Team - San Marcos Fire Department provided hands-on fire extinguisher training and evacuation chair training.	Completed
04/03/2019	10:30 AM-11:30 PM	San Marcos	MD Building Evacuation	Completed

Proposed Barrier Swing Gate Locations



PAC-Bldg. Lot #15



Walkway between PAC/D-Bldg.



MD-Bldg. facing Comet Circle



Walkway between H/MD- Bldg. facing Comet Circle



Walkway between Lot #12 and MD-Bldg.



Walkway North side of Parking Garage & Comet Circle



ITC-Bldg. Walkway



Walkway adjacent to RS-Bldg.



Walkway adjacent to RS-Bldg.



Access Road by Old Library



Walkway by F-Bldg.



PAO-Bldg./Track



Exhibit B5