



HEALTH SERVICES

March 2012

TO: Mark Vernoy, Assistant Superintendent, Vice President, Student Services

FROM: M. Jayne Conway, MSN, RN, Director, Health Services

SUBJECT: Emergency Response Summary Report March 2012

Health Services responded to the following number of emergencies, and basic first aid for March 2012

	San Marcos Campus				Escondido Center			
	Student	Employee	Other		Student	Employee	Other	TOTAL
Emergency Response on Campus/ ER Cart by RN	10	2	0		0	0	0	12
Emergency Response at Health Services by RN	10	4	0		0	0	0	14
Total RN Contacts	20	6	0		0	0	0	26
Basic First Aid by Medical Reception	67	0	0		0	0	0	67
Psychological Health Crisis/Mental Health	0	0	0		0	0	0	0
Medical Injury Reports	6	0	0		0	0	0	6
Urgent Care/Hospital	4	2	0		0	0	0	6
MD Referrals	7	2	0		0	0	0	9
911 Calls	2	2	0		0	0	0	4
Workers' Comp. to HR	0	1	0		0	0	0	1
Total Referrals	13	7	0		0	0	0	20

Emergency Response Report

San Marcos March 2012

Date/ Time	Resp. Time	Patient Staff/Student	Diagnoses/ Medical Injury	Location	Treatment	Outcome	Total Time
03/01/12 1115	Walk-in	Employee	Chest pain, difficulty breathing, stressed	Health Services	Assessment, vital signs, pt. education, listened to concern, deep breathing, relaxation, MD referral	PMD	20 min.
03/01/12 1210	8 min.	Employee	Slipped in puddle of water. Injured R. leg-knee, trauma R. knee	Dome, men's restroom	Paramedics on site	911, Palomar Hosp.	30 min.
03/01/12 1500	Walk-in	Student	Fell off bike, possible fractured R. wrist	Off campus	Assessment, vital signs, ice pack, Campus police, pt. education, splint, telephone consult, MD referral	ER w/ mom	15 min.
03/02/12 1045	4 min.	Student	Fell backward while sitting in Art class, lump to back of head, head injury w/ laceration	C-7	Assessment, vital signs, neuro check, rest, pt. education, control bleeding, wound care, dressing, ice, MIR, 911	911, Scripps	30 min.
03/02/12 1455	5 min.	Student	Avulsion skin flap & abrasion w/puncture wound L. hand w/ecchymosis & edema	T-16	Assessment, control bleeding, wound care, dressing, vital signs, Campus police, pt. education, pt. stabilized, ice, elevated, MIR, referral	Kaiser Urgent Care	45 min.
03/05/12 1004	15 min	Student	Fainted/passed out, severe abdominal pain	F Bldg., MD bldg., cafeteria	Medics on scene	911-Palomar hosp.	15-20 min
03/05/12 1050	Walk-in	Student	Nose bleed in restroom came to HS w/ TA epistaxis	Reading lab	Assessment, vital signs, control bleeding, ice pack, nasal packing, pt. education, rest, pressure point, calming breath	Class	30 min.
03/05/12 1230	Walk-in	Student	Spider bite R. hand, hives, cellulitis	Health services	Assessment, wound care, OTC meds, ice pack, pt. education, calagel applied, skin inspection made	Class	20 min.
03/05/12 1254	6 min.	Student	Acute anxiety, heart racing w/tachycardia	MD Bldg.	Assessment, vital signs, telephone consult, counseling services DRC, pt. education, campus police	DRC	40 min.
03/05/12 1440	Walk-in	Employee	Difficulty breathing, SOB, acute anxiety	NS chem. Lab	Assessment, vital signs, pt. education, guided imagery	Work	20 min.
03/05/12 1810	Walk-in	Employee	L. eye irritation	Cart	Assessment, eye rinse, vital signs, pt. education, rest in dark room, eye drop samples, referred to Concentra, workers' comp.	Work	35 min.
03/07/12 0853	Walk-in	Student	L. eye corneal abrasion	Near Sprinter	Assessment, eye irrigation, MD referral, eye patch, procanimide, fluorescein strips, wood lamp, vital signs	Class	1 hour 8 min.
03/07/12 1100	Walk-in	Student	Cut L. index finger	Art class	Assessment, control bleeding, wound care, vital signs, dressing, pt. ed. MIR	Class	15 min.

Emergency Response Report

San Marcos March 2012

Date/ Time	Resp. Time	Patient Staff/Student	Diagnoses/ Medical Injury	Location	Treatment	Outcome	Total Time
03/07/12 1208	Walk-in	Student	Splinters, both hands	Wood shop	Assessment, wound care, FB removal, bandaid/dressing, pt. education, vital signs, MIR, polysporin	Class	20 min.
03/08/12 1026	6 min.	Employee	Light headed, heart racing, overwhelmed, flushed, anxious	Student Services	Assessment, vital signs, Campus Police, pt. education, return to clinic, 911	Palomar Hosp.	49 min.
03/08/12 1115	Walk-in	Student	SOB, chest pain, anxiety	NS Bldg.	Assessment, vital signs, Dr. Mast referral, pt. education	Class	30 min.
03/08/12 1430	1 min.	Student	Nausea, shaky, vomiting, anxiety	Health Services	Assessment, vital signs, neuro check, Campus Police, pt. education, MD referral	Meet w/ friend	30 min.
03/09/12 1450	Walk-in	Student	Burn L. hand multiple fingers	Pkg. lot 1	Assessment, wound care, burn cream, dressing, pt. education, vital signs, ice pack, MIR	Class	30 min.
03/12/12 0850	3 min.	Student	Nausea, headache, lightheaded, elevated BP	T Bldg.	Assessment, vital signs, Campus Police, pt. education, rest	Class	40 min.
03/14/12 0858	4 min.	Student	Faint, Hx of hypoglycemia	Behind SU	Assessment, vital signs, neuro check, Campus Police, pt. education, Gatorade	Cafeteria	30 min.
03/14/12 1150	6 min.	Student	Lost consciousness, possible seizure	HS 110	Assessment, vital signs, neuro check, Campus Police, pt. education, evaluation by NP, Gatorade	Seen by NP @ HS	30 min.
03/15/12 0900	Walk-in	Employee	FB L. eye, corneal abrasion, something flew into eye on Metrolink	Metrolink	Assessment, wound care, pt. education, Snellens test, eye irrigation, eye patch, Ophthalmologist referral	Class	25 min.
03/26/12 0937	3 min.	Student	Faint, mild dehydration	Old HS Bldg.	Assessment, vital signs, neuro check, campus police, pt. education, fluids, food, MD referral	Cafeteria	50 min.
03/26/12 1145	5 min.	Student	SOB, chest tightness, coughing, anxiety attack	E-11	Assessment, vital signs, pulse oximeter, campus police, pt. education, 911	Palomar Hosp.	25 min.
03/27/12 1415	Walk-in	Student	Injured L. 5 th finger	Football field	Assessment, vital signs, ice pack, pt. education, Dr. Mast, MD referral, MIR, SAI, ibuprofen	Football field then MD	30 min.
03/30/12 0905	Walk-in	Student	Dizzy, headache, 6 mos. Pregnant	Health Center	Assessment, vital signs, neuro check, pt. education, H2O, MD referral	Class then OB	15 min.



Palomar College Health Center

HEALTH **+** for Success

Covered by Student Health Fee*

- FREE Nurse visits
- FREE Nurse Practitioner visits
- FREE Physician visits

APPOINTMENTS ARE RECOMMENDED

SERVICES AVAILABLE

- **Dermatology:** acne, wart removal and skin cancer screening
- **Respiratory:** infections, cold, flu
- **First Aid Treatment and Minor Emergencies**
- **Medications:** prescription and non-prescription
- **Immunizations:** including annual flu shots
- **Health Screenings:** TB testing, blood pressure, hearing & vision
- **Laboratory Services:** blood, urine & cholesterol testing
- **FREE:** HIV Testing and substance abuse counseling
- **Academic Physical Exams:** timely appointments & minimal fees
- **Women's Health:** pap smears, pregnancy testing, birth control pills & referrals
- **Men's Health:** testicular cancer screening, STI testing & referrals
- **Health Education and Health Counseling**
- **Tobacco Cessation Program**
- **Community Health Referrals**

PALOMAR COLLEGE Health Center

San Marcos Campus • (760) 744-1150, ext 2380 • M - F

Escondido Center • (760) 432-0624, ext 8105 • M - Th

Free Health Services:

- | | |
|-----------------|---------------------|
| ✓ Aspirin | ✓ Band-Aids |
| ✓ Ibuprofen | ✓ Feminine Products |
| ✓ Acetaminophen | |

WATCH FOR FLYERS

About current "wellness" programs including:
Blood Drives, The Great American Smoke-Out,
Healthy Heart, Cancer Screenings, and more.

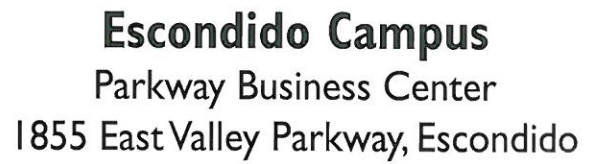
VISIT US AT <http://www.palomar.edu/healthservices>
for a more complete listing of our services



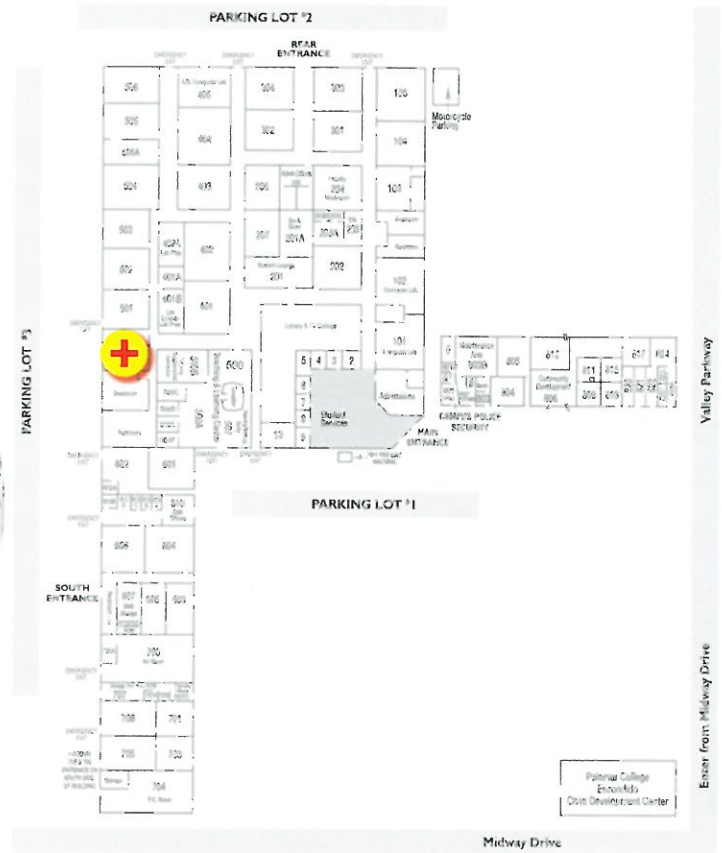
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***Health Fee** is mandated upon registration
(see semester schedule for exceptions)

Medical Emergency Response, dial ext 2289



1140 West Mission Road - HC building
San Marcos



- San Marcos Health Services
- Escondido Health Services
- San Marcos Admissions
- Student Activity Center

CAMPUS MAP - San Marcos and Escondido

PALOMAR COLLEGE **No Smoking**

Student smoking on campus is a violation of the Palomar College **Student Code of Conduct**.

Disciplinary actions may include:

- Warning
- Reprimand
- Short - Term Suspension
- Long - Term Suspension

For information regarding the **Student Code of Conduct** and potential disciplinary action, please contact the Student Affairs Office at 760.744.1150 ext. 2594 or www.palomar.edu/studentactivities

For information on smoking cessation programs, please contact Health Services at 760.744.1150 ext. 2380 or www.palomar.edu/healthservices



**No Smoking in accordance with
Governing Board policy BP 3570**