

# **Mental Health Report San Marcos January 2014**

| <b><i>Date</i></b> | <b><i>Patient</i></b> | <b><i>Diagnoses</i></b> | <b><i>Treatment</i></b>                                 | <b><i>Outcome</i></b> |
|--------------------|-----------------------|-------------------------|---------------------------------------------------------|-----------------------|
| 01/24/14           | Student               | Anxiety                 | Assessment,<br>referral to<br>psychiatrist on<br>campus | HELP on<br>campus     |



# HEALTH SERVICES

## January 2014

**TO:** Adrian Gonzales, Assistant Superintendent, Vice President, Student Services

**FROM:** M. Jayne Conway, MSN, RN, Director, Health Services

**SUBJECT:** Urgent Care Summary Report January 2014

Health Services responded to the following number of urgent care responses, and basic first aid for January 2014

|                                             | San Marcos Campus |          |       |  | Escondido Center |          |       |       |
|---------------------------------------------|-------------------|----------|-------|--|------------------|----------|-------|-------|
|                                             | Student           | Employee | Other |  | Student          | Employee | Other | TOTAL |
| Emergency Response on Campus/ ER Cart by RN | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Emergency Response at Health Services by RN | 20                | 0        | 0     |  | 1                | 0        | 0     | 21    |
| Total RN Contacts                           | 20                | 0        | 0     |  | 1                | 0        | 0     | 21    |
| Basic First Aid by Medical Reception        | 183               | 0        | 0     |  | 39               | 0        | 0     | 222   |
| Psychological Health Crisis                 | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Mental Health                               | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Medical Injury Reports                      | 4                 | 0        | 0     |  | 1                | 0        | 0     | 5     |
| Urgent Care/Hospital                        | 2                 | 0        | 0     |  | 0                | 0        | 0     | 2     |
| MD Referrals                                | 7                 | 0        | 0     |  | 0                | 0        | 0     | 7     |
| 911 Calls                                   | 1                 | 0        | 0     |  | 0                | 0        | 0     | 1     |
| Workers' Comp. to HR                        | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Total Referrals                             | 10                | 0        | 0     |  | 0                | 0        | 0     | 10    |

# Urgent Care Report

## San Marcos February 2014

### Safety & Security

| <i><b>Date/<br/>Time</b></i> | <i><b>Response<br/>Time</b></i> | <i><b>Patient<br/>Staff/Student</b></i> | <i><b>Diagnoses/<br/>Medical Injury</b></i>                | <i><b>Location</b></i>          | <i><b>Outcome</b></i> |
|------------------------------|---------------------------------|-----------------------------------------|------------------------------------------------------------|---------------------------------|-----------------------|
| 02/04/14                     | Walk-in                         | Student                                 | Severe lower abdominal pain                                | Health Services                 | ER w/husband          |
| 02/04/14                     | Walk-in                         | Student                                 | Apply prosthetic eye                                       | Health Services                 | Class                 |
| 02/04/14                     | Walk-in                         | Student                                 | SOB/grief                                                  | Health Services                 | Class                 |
| 02/05/14                     | Walk-in                         | Student                                 | Fell on bicycle, L. facial laceration & multiple abrasions | Comet Circle                    | ER w/host father      |
| 02/10/14                     | Walk-in                         | Student                                 | Fall from skateboard, abrasion to lower back               | WFC                             | Class                 |
| 02/10/14                     | Walk-in                         | Student                                 | Kicked in head during dance class                          | PAC 216                         | PCP w/mom             |
| 02/10/14                     | Walk-in                         | Student                                 | Head injury, object fell on head                           | NS Bldg.                        | Left w/mom            |
| 2/12/14                      | Walk-in                         | Student                                 | Bee sting                                                  | SSC Bldg.                       | Home                  |
| 2/12/14                      | Walk-in                         | Employee                                | Dizzy, headache                                            | Health Services                 | Work                  |
| 2/13/14                      | Walk-in                         | Student                                 | Dizziness, s/p seizure                                     | Train station                   | Class                 |
| 02/18/14                     | Walk-in                         | Employee                                | Dizzy, heart racing, fluttering                            | Admissions                      | PMD                   |
| 02/19/14                     | Walk-in                         | Student                                 | Insect bite, swollen 3 <sup>rd</sup> LF                    | Arboretum                       | Class                 |
| 02/20/14                     | Walk-in                         | Student                                 | Abrasion                                                   | Off campus                      | Class                 |
| 02/21/14                     | Walk-in                         | Student                                 | Swollen hand                                               | Front of campus                 | Class                 |
| 02/27/14                     | Walk-in                         | Student                                 | Anxiety, sore throat                                       | HS                              | Community Clinic      |
| 02/27/14                     | Walk-in                         | Student                                 | Abrasion L. knee, pain R. ankle due to fall                | Comet Circle, Pkg. Lot 5        | Dr. Mast              |
| 2/28/14                      | Walk-in                         | Student                                 | Twisted R. ankle from fall                                 | On campus in front of "P" Bldg. | Left w/father         |

# Urgent Care Report San Marcos January 2014 Safety & Security

| <i><b>Date/<br/>Time</b></i> | <i><b>Response<br/>Time</b></i> | <i><b>Patient<br/>Staff/Student</b></i> | <i><b>Diagnoses/<br/>Medical Injury</b></i>          | <i><b>Location</b></i> | <i><b>Outcome</b></i> |
|------------------------------|---------------------------------|-----------------------------------------|------------------------------------------------------|------------------------|-----------------------|
| 01/13/14<br>0830             | Walk-in                         | Student                                 | Dizzy, URI<br>symptoms                               | HS                     | Home                  |
| 01/13/14<br>0830             | Walk-in                         | Student                                 | Dizzy,<br>hypotensive, pre-<br>syncope               | HS                     | UC/ER                 |
| 01/14/14<br>0931             | Walk-in                         | Student                                 | Fall,<br>abrasions/scrapes<br>knees, elbow &<br>palm | Pkg. lot 9             | Class                 |
| 01/15/14<br>0935             | Walk-in                         | Student                                 | FB R. eye                                            | Bus stop               | Home                  |
| 01/14/14<br>1545             | Walk-in                         | Student                                 | Bee sting                                            | Off<br>campus          | Appt. w/J.<br>Cotton  |
| 01/14/14<br>1100             | Walk-in                         | Student                                 | Dizziness, BP<br>elevated                            | Class                  | Class                 |
| 01/14/14<br>1430             | Walk-in                         | Student                                 | Chest pain, SOB                                      | Cafeteria              | Class                 |
| 01/17/14<br>0915             | Walk-in                         | Student                                 | Fall, faint<br>laceration,<br>forehead abrasions     | Dental<br>Assisting    | Home                  |
| 01/22/14<br>1300             | Walk-in                         | Student                                 | Epistaxis recurrent                                  | Health<br>Services     | Class                 |
| 01/22/14<br>1515             | Walk-in                         | Student                                 | Abdominal pain                                       | Class                  | Home                  |
| 01/27/14<br>1620             | Walk-in                         | Student                                 | Epistaxis recurrent                                  | Class                  | Class                 |
| 01/28/14<br>1104             | Walk-in                         | Student                                 | Dizzy                                                | Campus                 | Home                  |
| 01/28/14<br>1415             | Walk-in                         | Student                                 | Bee sting                                            | Campus                 | Class                 |
| 01/28/14<br>1529             | Walk-in                         | Student                                 | Chest pain, SOB                                      | Class                  | Palomar<br>Hospital   |
| 01/29/14<br>0815             | Walk-in                         | Student                                 | Nausea, vomiting,<br>diarrhea, shaky                 | HS                     | Home                  |
| 01/29/14<br>0840             | Walk-in                         | Student                                 | Smashed index<br>finger car door                     | Parking lot<br>9       | Class                 |
| 01/29/14<br>1415             | Walk-in                         | Student                                 | Splinter                                             | Theater                | Class                 |
| 01/29/14<br>1630             | Walk-in                         | Student                                 | Seizure                                              | HS                     | Home                  |
| 01/27/14<br>1200             | Walk-in                         | Student                                 | Dizzy, lack of food                                  | HS                     | Home                  |
| 01/14/14<br>1530             | Walk-in                         | Student                                 | Fall, abrasion                                       | Campus                 | Home                  |

# Urgent Care Report

## San Marcos February 2014

| <b>Date</b> | <b>Resp. Time</b> | <b>Patient Staff/Student</b> | <b>Diagnoses/ Medical Injury</b>                           | <b>Location</b> | <b>Treatment</b>                                                                                                   | <b>Outcome</b>   | <b>Total Time</b> |
|-------------|-------------------|------------------------------|------------------------------------------------------------|-----------------|--------------------------------------------------------------------------------------------------------------------|------------------|-------------------|
| 02/04/14    | Walk-in           | Student                      | Severe lower abdominal pain                                | Health Services | Assessment, vital signs, pt. education, MD referral                                                                | ER w/husband     | 15 min.           |
| 02/04/14    | Walk-in           | Student                      | Apply prosthetic eye                                       | Health Services | Assessment, DRC assist, pt. education, referred                                                                    | Class            | 15 min.           |
| 02/04/14    | Walk-in           | Student                      | SOB/grief                                                  | Health Services | Assessment, vital signs, pt. education, referred                                                                   | Class            | 10 min.           |
| 02/05/14    | Walk-in           | Student                      | Fell on bicycle, L. facial laceration & multiple abrasions | Comet Circle    | Assessment, vital signs, ice, wound care, telephone consult, ESL assist, referred, DRC assist, Facilities informed | ER w/host father | 35 min.           |
| 02/10/14    | Walk-in           | Student                      | Fall from skateboard, abrasion to lower back               | WFC             | Assessment, wound care, bandage, MIR, pt. education                                                                | Class            | 30 min.           |
| 02/10/14    | Walk-in           | Student                      | Kicked in head during dance class                          | PAC 216         | Assessment, vital signs, neuro check, rest, pt. education, MD referral                                             | Home w/mom       | 40 min.           |
| 02/10/14    | Walk-in           | Student                      | Head injury, object fell on head                           | NS Bldg.        | Assessment, vital signs, ice pack, dressing, MIR, SAI, UC referral                                                 | Left w/ mom      | 1.5 hours         |
| 2/12/14     | Walk-in           | Student                      | Bee sting                                                  | SSC Bldg.       | Assessment, wound care, OTC meds, ice pack, pt. education, vital signs, remove stinger, ibuprofen, MIR             | Home             | 25 min.           |
| 2/12/14     | Walk-in           | Employee                     | Dizzy, headache                                            | Health Services | Assessment, vital signs, neuro check, pt. education, rest, juice, food, MD referral                                | Work             | 35 min.           |
| 2/13/14     | Walk-in           | Student                      | Dizziness, s/p seizure                                     | Train station   | Assessment, vital signs, safety measures, neuro check, pt. education, fluids, rest                                 | Class            | 52 min.           |
| 02/18/14    | Walk-in           | Employee                     | Dizzy, heart racing, fluttering                            | Admissions      | Assessment, vital signs, rest, fluids, MD referral, pt. education                                                  | PMD              | 1 hour            |
| 02/19/14    | Walk-in           | Student                      | Insect bite, swollen 3 <sup>rd</sup> LF                    | Arboretum       | Assessment, vital signs, MIR, pt. education, seen by C. Butera, NP                                                 | Class            | 20 min.           |
| 02/20/14    | Walk-in           | Student                      | Abrasion                                                   | Off campus      | Assessment, vital signs, wound care, bandaid/dressing, pt. education, neuro check, MD referral                     | Class            | 30 min.           |
|             |                   |                              |                                                            |                 |                                                                                                                    |                  |                   |

# Urgent Care Report

## San Marcos February 2014

| <b><i>Date</i></b> | <b><i>Resp. Time</i></b> | <b><i>Patient Staff/Student</i></b> | <b><i>Diagnoses/ Medical Injury</i></b>     | <b><i>Location</i></b>          | <b><i>Treatment</i></b>                                                            | <b><i>Outcome</i></b> | <b><i>Total Time</i></b> |
|--------------------|--------------------------|-------------------------------------|---------------------------------------------|---------------------------------|------------------------------------------------------------------------------------|-----------------------|--------------------------|
| 02/21/14           | Walk-in                  | Student                             | Swollen hand                                | Front of campus                 | Assessment, vital signs, ice pack, wrap, OTC, MIR, SAI, pt. education, MD referral | Class                 | 30 min.                  |
| 02/27/14           | Walk-in                  | Student                             | Anxiety, sore throat                        | HS                              | Assessment, vital signs, fluids, pt. education, Cepacol, referred                  | Community Clinic      | 15 min.                  |
| 02/27/14           | Walk-in                  | Student                             | Abrasion L. knee, pain R. ankle due to fall | Comet Circle, Pkg. Lot 5        | Assessment, ice pack, vital signs, pt. education, wound care, MIR, MD referral     | Seen by Dr. Mast      | 20 min.                  |
| 2/28/14            | Walk-in                  | Student                             | Twisted R. ankle from fall                  | On campus in front of "P" Bldg. | Assessment, vital signs, neuro check, ice pack, pt. education, MD referral         | Left w/ father        | 50 min.                  |

# Urgent Care Report

## San Marcos January 2014

| <b>Date/<br/>Time</b> | <b>Resp.<br/>Time</b> | <b>Patient<br/>Staff/Student</b> | <b>Diagnoses/<br/>Medical Injury</b>        | <b>Location</b>  | <b>Treatment</b>                                                                            | <b>Outcome</b>                   | <b>Total<br/>Time</b> |
|-----------------------|-----------------------|----------------------------------|---------------------------------------------|------------------|---------------------------------------------------------------------------------------------|----------------------------------|-----------------------|
| 01/13/14<br>0830      | Walk-in               | Student                          | Dizzy, URI symptoms                         | HS               | Assessment, vital signs, neuro check, pt. education, rest, Maalox                           | Home                             | 30 min.               |
| 01/13/14<br>0830      | Walk-in               | Student                          | Dizzy, hypotensive, pre-syncope             | HS               | Assessment, vital signs, neuro check, pt. education, H2O, rest                              | ER/UC referral                   | 90 min.               |
| 01/14/14<br>0931      | Walk-in               | Student                          | Fall, abrasions/scrapes knees, elbow & palm | Pkg. lot 9       | Assessment, control bleeding, wound, vital signs, dressing, pt. education, MIR, MD referral | Class                            | 30 min.               |
| 01/15/14<br>0935      | Walk-in               | Student                          | FB R. eye                                   | Bus stop         | Assessment,, vital signs, irrigation R. eye, telephone consult, pt. education               | Home                             | 20 min.               |
| 01/14/14<br>1545      | Walk-in               | Student                          | Bee sting                                   | Off campus       | Assessment, vital signs, ice pack, OTC meds, pt. education, MD referral                     | Appt. w/ J. Cotton               | 15 min.               |
| 01/15/14<br>1100      | Walk-in               | Student                          | Dizziness, BP elevated                      | Class            | Assessment, vital signs, neuro check, pt. education, MD referral                            | Class                            | 15 min.               |
| 01/15/14<br>1430      | Walk-in               | Student                          | Chest pain, SOB                             | Cafeteria        | Assessment, vital signs, pt. education. MD referral                                         | Class                            | 10 min.               |
| 01/17/14<br>0915      | Walk-in               | Student                          | Fall, faint laceration, forehead abrasions  | Dental Assisting | Assessment, wound care & treatment, vital signs, neuro check pt. education, ER referral     | ER referral, left with boyfriend | 1 hour                |
| 01/22/14<br>1300      | Walk-in               | Student                          | Epistaxis recurrent                         | Health Services  | Assessment, vital signs, pressure to nose                                                   | Class                            | 30 min.               |
| 01/22/14<br>1515      | Walk-in               | Student                          | Abdominal pain                              | Class            | Assessment, vital signs, note for class                                                     | Home                             | 15 min.               |
| 01/27/14<br>1620      | Walk-in               | Student                          | Epistaxis recurrent                         | Class            | Assessment, vital signs, pressure to nose, MD referral                                      | Class                            | 45 min                |
| 01/28/14<br>1104      | Walk-in               | Student                          | Dizzy                                       | Campus           | Assessment, vital signs, neuro check, rest, pt. education                                   | Class                            | 30 min.               |
| 01/28/14<br>1415      | Walk-in               | Student                          | Bee sting                                   | Campus           | Assessment, wound care, OTC meds, ice pack, pt. education, MD referral                      | Class                            | 30 min.               |
| 01/28/14<br>1529      | Walk-in               | Student                          | Chest pain, SOB                             | Class            | Assessment, vital signs, pt. education, campus police, 911                                  | Palomar Hospital                 | 30 min.               |
| 01/14/14<br>1530      | Walk-in               | Student                          | Fall, abrasions                             | Campus           | Assessment, vital signs, wound care.                                                        | Home with Mother                 | 30 min.               |
|                       |                       |                                  |                                             |                  |                                                                                             |                                  |                       |

# Urgent Care Report

## San Marcos January 2014

| <b><i>Date/<br/>Time</i></b> | <b><i>Resp.<br/>Time</i></b> | <b><i>Patient<br/>Staff/Student</i></b> | <b><i>Diagnoses/<br/>Medical Injury</i></b> | <b><i>Location</i></b> | <b><i>Treatment</i></b>                                                                                           | <b><i>Outcome</i></b> | <b><i>Total<br/>Time</i></b> |
|------------------------------|------------------------------|-----------------------------------------|---------------------------------------------|------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------|------------------------------|
| 01/29/14<br>0815             | Walk-in                      | Student                                 | Nausea, vomiting,<br>diarrhea, shaky        | HS                     | Assessment, vital<br>signs, rest, pt.<br>education                                                                | Home                  | 15 min.                      |
| 01/29/14<br>0840             | Walk-in                      | Student                                 | Smashed index finger<br>car door            | Parking lot 9          | Assessment, control<br>bleeding, wound<br>care, vital signs,<br>dressing, pt.<br>education, finger<br>splint, MIR | Class                 | 15 min.                      |
| 01/29/14<br>1415             | Walk-in                      | Student                                 | Splinter                                    | Theater                | Assessment, vital,<br>wound care, MIR, FB<br>removal                                                              | Class                 | 15 min.                      |
| 01/29/14<br>1630             | Walk-in                      | Student                                 | Seizure                                     | HS                     | Assessment, vital<br>signs, neuro check,<br>pt. education,<br>telephone consult,<br>safety precautions            | Home                  | 45 min.                      |
| 01/27/14                     | Walk-in                      | Student                                 | Dizzy, lack of food                         | HS                     | Assessment, vital<br>signs, neuro check,<br>ice chips, fluids, food,<br>rest, MD referral                         | Home                  | 90 min.                      |



# **Mental Health Report Escondido February 2014**

| <b><i>Date</i></b> | <b><i>Patient</i></b> | <b><i>Diagnoses</i></b>             | <b><i>Treatment</i></b> | <b><i>Outcome</i></b>                     |
|--------------------|-----------------------|-------------------------------------|-------------------------|-------------------------------------------|
| 02/04/14           | Student               | Withdrawal of<br>Venlafaxine        | Health Servivces        | Class & home                              |
| 02/20/14           | Student               | Homeless,<br>depression,<br>anxiety | Health Services         | CC referral,<br>escorted to<br>counseling |

# Urgent Care Report Escondido February 2014 Safety & Security

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# Urgent Care Report Escondido January 2014

| <b><i>Date/<br/>Time</i></b> | <b><i>Resp.<br/>Time</i></b> | <b><i>Patient<br/>Staff/Student</i></b> | <b><i>Diagnoses/<br/>Medical Injury</i></b> | <b><i>Location</i></b>   | <b><i>Treatment</i></b>                                               | <b><i>Outcome</i></b> | <b><i>Total<br/>Time</i></b> |
|------------------------------|------------------------------|-----------------------------------------|---------------------------------------------|--------------------------|-----------------------------------------------------------------------|-----------------------|------------------------------|
| 01/15/14                     | Walk-in                      | Student                                 | Abrasion from bike<br>pedal                 | Parking lot on<br>campus | Assessment, vital<br>signs, wound<br>assessment and<br>treatment, MIR | Class                 | 20 min                       |

# Urgent Care Report

## Escondido February 2014

| <b><i>Date/<br/>Time</i></b> | <b><i>Resp.<br/>Time</i></b> | <b><i>Patient<br/>Staff/Student</i></b> | <b><i>Diagnoses/<br/>Medical Injury</i></b> | <b><i>Location</i></b> | <b><i>Treatment</i></b>                            | <b><i>Outcome</i></b> | <b><i>Total<br/>Time</i></b> |
|------------------------------|------------------------------|-----------------------------------------|---------------------------------------------|------------------------|----------------------------------------------------|-----------------------|------------------------------|
| 02/04/14                     | Walk-in                      | Student                                 | Medication<br>withdrawals                   | HS                     | Assessment,<br>telephone consult,<br>campus police | Class                 | 15 min.                      |
| 02/11/14                     | Walk-in                      | Student                                 | Menstrual cramps                            | HS                     | Assessment, rest,<br>MD referral                   | Home                  | 35 min.                      |



## HEALTH SERVICES February 2014

**TO:** Adrian Gonzales, Assistant Superintendent, Vice President, Student Services

**FROM:** M. Jayne Conway, MSN, RN, Director, Health Services

**SUBJECT:** Urgent Care Summary Report February 2014

Health Services responded to the following number of urgent care responses, and basic first aid for February 2014

|                                             | San Marcos Campus |          |       |  | Escondido Center |          |       |       |
|---------------------------------------------|-------------------|----------|-------|--|------------------|----------|-------|-------|
|                                             | Student           | Employee | Other |  | Student          | Employee | Other | TOTAL |
| Emergency Response on Campus/ ER Cart by RN | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Emergency Response at Health Services by RN | 15                | 2        | 0     |  | 2                | 0        | 0     | 19    |
| Total RN Contacts                           | 15                | 2        | 0     |  | 2                | 0        | 0     | 19    |
| Basic First Aid by Medical Reception        | 208               | 0        | 0     |  | 94               | 0        | 0     | 302   |
| Psychological Health Crisis                 | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Mental Health                               | 0                 | 0        | 0     |  | 2                | 0        | 0     | 2     |
| Medical Injury Reports                      | 6                 | 0        | 0     |  | 0                | 0        | 0     | 6     |
| Urgent Care/Hospital                        | 2                 | 0        | 0     |  | 1                | 0        | 0     | 3     |
| MD Referrals                                | 9                 | 2        | 0     |  | 1                | 0        | 0     | 12    |
| 911 Calls                                   | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Workers' Comp. to HR                        | 0                 | 0        | 0     |  | 0                | 0        | 0     | 0     |
| Total Referrals                             | 11                | 2        | 0     |  | 2                | 0        | 0     | 15    |