Minutes for Thursday August 10, 2023 Rising Scholars Team Meeting

Present: Bree; Camilo; Christie; Cynthia; Jesse; Joseph; Vanessa

- 1. Fall Approach, Schedules, and Opportunities
 - a. Academic and peer support (individual and group study)
 - b. Building Hours and Reception
 - i. Fall 9-6 M-Thursday and 9-2 Fridays
 - 1. Week of Aug. 14: M, T, W, Th 10-5; Friday 10-2
 - ii. Peer mentors will cover reception until Student Support Spec starts
 - c. Weekly team meeting schedule:
 - i. Thursdays 4-5:00
 - ii. Same Zoom link each week: https://palomar-edu.zoom.us/j/81029906846
 - d. Friday check-ins: Hybrid (in-person in the Rise center and on Zoom), 10-noon
 - i. Recurring Zoom link: https://palomar-edu.zoom.us/j/93351057338
 - ii. Friday Aug. 3 Check-in
 - 1. Jesse: Zoom facilitator for August
 - a. 7 people checked-in
 - b. Lots of event ideas and energy
 - c. People were freely expressing themselves and felt like family
 - 2. Cynthia: In-person facilitator for August
 - a. The person who facilitates the meeting picks the food, unless there's a birthday (the birthday person picks)
 - b. About 25 people attended
 - c. New fall students came
 - d. Cake and party for birthdays

iii. Content:

- 1. Ground rules:
 - a. No cross talking; please mute yourself; be considerate of time and the number of people in the room; we can come back to issues after everyone's checked in; make sure to ask if there's anyone who needs to leave early
 - i. This version is a draft; Cynthia and Jesse will lead discussions on 8/11 to get community feedback on the rules; specifically, they'll get feedback on taking time so that each person can share highs and lows
 - ii. Encourage the whole group to do highs and lows, and then once highs and lows are done, it become an open forum
 - iii. Highs and lows are one sentence? Other suggestions?
- 2. Program/event announcements
- 3. Facilitator goes around the room and asks each person to introduce themselves and ask for each person's highs and lows
- iv. Audience: Invite/include Palomar; MiraCosta; and CSUSM
- e. Palomar email: Please use!

- 2. Events committee:
 - a. Will meet next week
- 3. Group Fieldtrips (open to all students)
 - a. USD: Friday Oct. 20
 - b. UCI: Needs peer mentor to organize and to determine date
 - i. Vanessa and Cynthia will coordinate with Hector and USI
 - c. UCSD ropes challenge course? (\$80 per person) NO TO THIS
- 4. Workshop ideas
 - a. Sue and John Walsh retired social worker and psychology who want to do a couples/relationships workshop Cynthia likes this idea
 - b. Cynthia and Kellie Dee: Parenting workshops for the system-affected; involve Barbara Hammons?
 - c. Will Rivera Cal Coast financial literacy
- 5. Events (Peer mentors and application-based selections)
 - a. April Second Chance month
 - i. Gunner and friend in Brubeck
 - ii. Prom
 - iii. Conference
 - b. DA+PD Almost Home screening
 - c. Las Colinas Aug. 31
 - d. Pleasant Valley Prison: Sept. 13
 - e. RP Group Conference
 - i. San Francisco, Oct
 - ii. Vanessa; Leo; Cynthia; Darrell co-presenters with Nora and Martin
- 6. Next Steps:
 - a. Event committee meeting
 - b. Orientation for computer/technology
 - c. Nora to cancel with UCSD ropes course