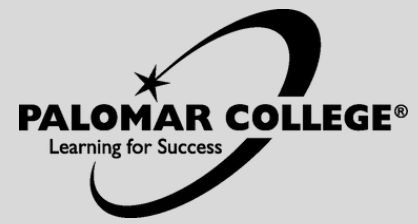


Palomar Promise, EOPS, & TRIO SSS 2023 Welcome Days



Contact Information:

• 760-744-1150 x3931

• EMAIL:

promise@palomar.edu



Welcome Days 2023 : July 25 - August 29

Welcome Days offer an array of live workshops, videos and resources to prepare you for the start of your school year and to become acquainted with the many benefits of attending Palomar College. Join us to learn about campus resources, services, programs, and much more! Connect with campus staff, administrators and your fellow peers!

All sessions listed below are offered VIRTUALLY via zoom. Separate registration for each session is required!

Palomar Promise Overview - Kick-Off Session

Tues, July 25

10-11 am

[Register Here](#)

Join us to meet the Promise team as we welcome you to Palomar College as a first year student. Our team will share our vision and the resources and support available through Palomar Promise. In this session, we will discuss what you need to do to maintain your Promise eligibility for Year 1 and Year 2, review requirements, and have a Q/A session at the end of the presentation. We will also provide helpful tips on what to expect during your first week.

Palomar Promise Overview

Tues, July 25

2-3 pm

[Register Here](#)

Join us to meet the Promise team as we welcome you to Palomar College as a first year student. Our team will share our vision and the resources and support available through Palomar Promise. In this session, we will discuss what you need to do to maintain your Promise eligibility for Year 1 and Year 2, review requirements, and have a Q/A session at the end of the presentation. We will also provide helpful tips on what to expect during your first week.

PUENTE Project Presentation

Wed, July 26

11 am-12 pm

[Register Here](#)

Attendees will learn about the Puente Project, a supportive learning community including English 100/49 & 202 requirements, Counseling 110 & 101 classes, a mentorship program, community engagement, and field trips to four-year universities in order to prepare students for transfer. Students will be in the same classes with each other and have the same instructors all year.

How to Navigate Canvas

Wed, July 26

2-3 pm

[Register Here](#)

Learn how to access your classes in your Canvas account. Within the Canvas course we will teach you how to submit assignments, participate in discussion boards, take a quiz, view grades, and contact your instructors.

Come Learn About Palomar's Umoja Community

Thur, July 27

10-11 am

[Register Here](#)

Overview of program's eligibility requirements, program services, Q&A. UMOJA (a Kiswahili word meaning unity) is a community based program dedicated to enhancing the cultural and educational experiences of African American and other students. Through a holistic approach, the Umoja program encourages, engages, nurtures, and connects with students. Umoja creates a welcoming environment that fosters self-efficacy and a strong desire to succeed. Furthermore, Umoja encourages socially responsible leadership from students, not only in their communities but in the world as a whole.

Money Matters-Navigating Financial Aid

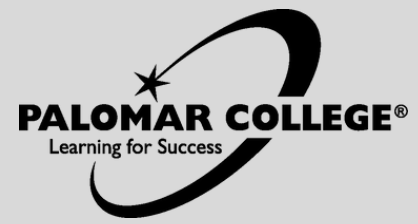
Thur, July 27

1-2 pm

[Register Here](#)

This workshop is designed to provide students with essential knowledge and skills to navigate the financial aid process successfully at Palomar College. The workshop covers topics such as understanding types of aid, viewing the "To Do List", understanding the award letter, maintaining Satisfactory Academic Progress (SAP). Participants will gain valuable insights and practical guidance to make informed decisions about their educational funding.

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Time Management and Strategies for Success

Time management is one of the pillars to academic success. Attend this session to learn simple techniques to help you set, track, and achieve your educational goals. Topics will include time management across instructional settings (virtual/in-person) and other strategies to keep you on track.

Fri, July 28
10-11 am

[Register Here](#)

TRIO SSS: Helping Students Achieve their Graduation and Transfer Goals

The TRIO SSS program is designed to increase the college retention and graduation rates of its participants, and help students make the transition from community college to the 4 year university system. The services include academic, career and transfer counseling, priority registration, textbook support, college field trips, cultural activities, financial literacy, FAFSA and Dream Act support, and so much more!

Wed, Aug 2
11 am-12 pm

[Register Here](#)

EOPS Eligibility and How Can EOPS Help Me?

Promise + EOPS = Fully Hooked Up. Stop by to learn how you can gain additional resources as an eligible EOPS student. Are you CCPG recipient? You may be eligible for additional support with EOPS.

Wed, Aug 2
2-3 pm

[Register Here](#)

Higher Education Legal Services (HELs) Overview of Services

HELs (Higher Education Legal Services) offers FREE immigration legal services to ALL students, staff, and faculty members at colleges/universities in San Diego and Imperial counties. Come join this interactive, live webinar to learn about our program and how to access our services as a Palomar College affiliate.

Thur, Aug 3
10-11 am

[Register Here](#)

Health Services and Wellness Tips for Student Success

Join us for an overview of programs offered by the Health Services department and connect with our health professionals! You will learn about the range of basic medical services provided by our medical team in the Student Health Center as well as mental health services and resources provided by our counseling team in Behavioral Health Counseling Services. We will also share information on wellness workshops and events planned for the fall and offer tips on how you can maintain a healthy lifestyle

Thur, Aug 3
1-2 pm

[Register Here](#)

Money Matters-Navigating Financial Aid

This workshop is designed to provide students with essential knowledge and skills to navigate the financial aid process successfully at Palomar College. The workshop covers topics such as understanding types of aid, viewing the "To Do List", understanding the award letter, maintaining Satisfactory Academic Progress (SAP). Participants will gain valuable insights and practical guidance to make informed decisions about their educational funding.

Fri, Aug 4
10-11 am
[Register Here](#)

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All sessions listed below are offered VIRTUALLY via zoom. Separate registration for each session is required!

STEM Programs and Services

Tues, Aug 8
10-11 am

[Register Here](#)

Overview of programs and services offered through the STEM Center and the Math & Science Learning Center.

Tutoring Services

Tues, Aug 8
2-3 pm

[Register Here](#)

Overview of FREE Tutoring Services available to all students at Palomar College.

Preparing for a Successful First Year

Thur, Aug 10
10-11 am

[Register Here](#)

This workshop will present tips, tools, and valuable information on how to navigate your courses as you begin your academic journey at Palomar College. Navigating the college system can be a challenge for any new student and with distance learning, there are additional factors to be aware of in order to be successful. Not to worry, after this workshop, you will feel prepared and ready to start your courses and have a successful fall semester.

Transfer Center: First Steps to Transfer Success

Fri, Aug 11
10-11 am

[Register Here](#)

Are you considering Transferring to earn your Bachelor's degree? Join the Transfer Center to learn about their free services, how to get connected to make the most out of your time at Palomar, book appointments, attend transfer focused events, access transfer counseling, and more! This brief presentation is your first step to your Transfer Success. Please come with questions as there will be plenty of time for Q & A following the presentation. Learn from us and learn from each other.

Student Life & Leadership: Overview of Services

Fri, Aug 11
1-2 pm

[Register Here](#)

Learn about all Student Life & Leadership has to offer: Student Clubs, Associated Student Government, Student Activity Cards, Food & Nutrition Center, Basic Needs Resources, and MORE!

Palomar Promise Year 2 - Coffee Chat

Tues, Aug 29
12-1 pm

[Register Here](#)

This session is for Year 2 Promise students. Bring your cup of coffee and connect with the Promise team as we welcome you back to Palomar College as a second year student. Our team will share our vision and the resources and support services available through Palomar Promise. In this session, we will have a Q/A to address topics related to your Promise program requirements for Year 2, benefits, and services.