

## Noncount Nouns and Measurement Words to Make Noncount Nouns Countable

Category of noncount noun	Noun Examples	Measurement Words and Expressions
Abstract concepts	courage, luck, space, time	a bit of, a kind of <i>You had <b>a bit of</b> luck, didn't you?</i>
Activities and sports	dancing, exercise, swimming, tennis, yoga	a game of, a session of <i>They played <b>two games of</b> tennis.</i>
Diseases and health conditions	arthritis, cancer, depression, diabetes, obesity	a kind of, a type of <i>She has <b>a type of</b> diabetes called Type 2.</i>
Elements and gases	gold, hydrogen, oxygen, silver	a bar of, a container of, a piece of, a tank of <i>We have <b>tanks of</b> oxygen in the storage room.</i>
Foods	beef, broccoli, cheese, rice	a bottle of, a box of, a bunch of, a can of, a grain of, a head of, a loaf of, a package of, a piece of, a pinch of, a serving of, a slice of, a wedge of <i>I'll take <b>a serving of</b> rice and beef.</i>
Liquids	coffee, gasoline, oil, tea	a bottle of, a cup of, a gallon of, a glass of, a quart of <i>I would like <b>a cup of</b> tea.</i>
Natural phenomena	electricity, rain, sun, thunder	a bolt of, a drop of, a ray of <i>There hasn't been <b>a drop of</b> rain for three months.</i>
Particles	pepper, salt, sand, sugar	a grain of, a pinch of <i>My food needs <b>a pinch of</b> salt.</i>
Subjects and areas of work	construction, economics, genetics, geology, medicine, nursing	an area of, a branch of, a field of, a type of <i>There are a lot of specialty areas in <b>the field of</b> medicine.</i>
Miscellaneous	clothing, equipment, furniture, news	an article of, a piece of <i>I need <b>a piece of</b> furniture to go in that empty corner.</i>