Modals and Modal-like Expressions

Modals are helper verbs. Most modals have multiple meanings.

Function	Modal or Modal-like Expression	Time	Example
Advice less strong	could might (not)	present, future	He could do some puzzles to improve his memory. You might try some tips on improving your memory.
stronger	ought to should (not)	present, future	We ought to take a memory class next month. Greg should improve his memory.
	had better (not)	present, future	You'd better pay attention now.
Past Advice, Regret, or Criticism	ought to have should (not) have	past	She ought to have tried harder to improve her memory. You should have made an effort to improve your memory. He shouldn't have taken that difficult class.
Permission	can (not) may (not)	present, future	You can register for the class next week. You may not register after the first class.
	could (not)	past	You could ask questions during the lecture yesterday, but you could not leave the room.
formal →	be (not) allowed to be (not) permitted to	past, present, future	He was not allowed to talk during the test, but he was allowed to use his books. Students will not be permitted to refer to notes during examinations.
Necessity / Obligation	have to need to be required to be supposed to	past, present, future	I have to study tonight. She needs to quit her stressful job. You won't be required to take a test. He is supposed to tell you his decision tomorrow.
	must (not)	present, future	You must have experience for this job.
Obligation not to / Prohibition	must not be not supposed to	present, future	You must not talk during the exam. Students are not supposed to take their books into the exam room.