



*Hi Everyone—your PACRA Board hopes your New 2023 Year is off to a great start for each of you!*

*This email is being sent as a Bcc to active 2022-23 PACRA members for whom we have email addresses; feel free to forward to others!*

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## **SAVE THE DATE: PACRA ANNUAL MEETING THURSDAY APRIL 20, 2023**

*Your Board is working on the details now; registration information will be mailed in March and will also include the Spring PACRA Pacer!*

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## **GOVERNING BOARD PRESIDENT RESIGNS**

**From:** Rivera-Lacey, Star <[sriveralacey@palomar.edu](mailto:sriveralacey@palomar.edu)> (Star Rivera Lacey, Ph.D. Superintendent/President)

**Sent:** Wednesday, February 1, 2023 9:06:38 PM

**Subject:** Governing Board President, Christian Garcia: New Appointment/Resignation

*Congratulations are in order for Governing Board President, Christian Garcia, who was officially appointed to the Escondido City Council District 3 seat. We are excited about this opportunity for him, yet his departure will be a tremendous loss for our Palomar College community. During his tenure he was a champion for student success, generous with his ideas to expand enrollment, and committed to responsible fiscal stewardship.*

**From:** Rivera-Lacey, Star <[sriveralacey@palomar.edu](mailto:sriveralacey@palomar.edu)>

**Sent:** Sunday, February 5, 2023 10:22:52 PM

**Subject:** Superintendent/President's Weekly Update 2.5.23

### Campus Engagement

Congratulations to our Governing Board President, **Christian Garcia** (Area 2) who was appointed to the Escondido City Council this past week. ***This means we will have to seat a new board member within the next 60 days. Plans on how we will move forward will be discussed at the February 14 Regular Governing Board meeting.***

### ***A note from Barbara Baer, Co-President of PFF:***

PFF is looking for people who might want to put their name in for a possible appointment to fill the open seat of Christian Garcia, District 2, which is mainly Escondido. Here's the Palomar District map:

<https://ndcresearch.maps.arcgis.com/apps/View/index.html?appid=b8fe3179284347f29b487a3d3f5e78e>

[2](#)

Because Garcia was elected under the 2019 map, we believe the new appointee would have to reside there as well. Appointees whose address also falls under the purple map would be eligible to run when the seat is up in 2024 (map layers are available after closing the main text box- they should appear in a new box in the upper right).

Please let us know the names of anyone who you can think of who might be an excellent trustee for Palomar, or pass the information on yourself.

**Thanks so much! Barbara**

**Co-President (PT) / Palomar Faculty Federation / AFT 6161 / [63demeter@gmail.com](mailto:63demeter@gmail.com)**

Agendas, Minutes, and supporting materials for Governing Board meetings are posted in Board Docs  
<https://go.boarddocs.com/ca/pccd/Board.nsf/vpublic?open>

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## **CALIFORNIA RETIRED TEACHERS' ASSOCIATION (CaIRTA)**

**State:** <https://calrta.org/> **Local:** <https://div63.calrta.org/>

Tom Humphrey, Cynthia Poole, and I are on the Div 63 Board and would like to invite you to our March 8 luncheon featuring *Dr. Star Rivera-Lacey, Superintendent/President Palomar College*:

### **MARCH 8, 2023 LUNCHEON**

Cocina del Charro | 890 W. Valley Pkwy | Escondido 92025

**\$20 per person Tostada Bar**

**10:45 AM:** Registration/Social

**11:00:** Welcome / Flag Salute / *America* / Inspiration

**11:15:** Program

**11:45:** Announcements / Lunch

### **PROGRAM**

***Star Rivera-Lacey, Ph.D. Superintendent/President Palomar College***



*My passion for this work comes from having started my own higher education journey at the steps of a community college. I am clear that if not for my positive community college experience, I would have never obtained my Ph.D. I serve as proof of the transformative power a community college education can have on a life.*

Throughout her career, Dr. Rivera-Lacey has completed extensive work to promote equity, access, and success within the community college setting; she enjoys photography, running, and is a first-degree black belt in Shorin Ryu karate!

***Your*** passion for education will be restored with the clear enthusiasm of Dr. Rivera-Lacey's presentation!

***If you would like to attend, please email Judy Dolan by March 3 and I will make sure you have a confirmed reservation: [judyldolan@gmail.com](mailto:judyldolan@gmail.com)***

*Your PACRA Board has met once with Dr. Star and will meet again in the Spring semester; wouldn't it be GREAT if local retirees attended this luncheon to show support for her efforts on behalf of student success and the health of Palomar College!*

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## **YOUR PACRA BOARD AT WORK**

*From Your PACRA representatives to the Benefits Committee, Becky, Jayne, JudyD, JudyC, Cynthia (alternate):*

We are working on dates to meet with Christine and Wendy as well as President Star Rivera-Lacey for the month of February.

The Feb 1 BC meeting Agenda was very light:

*Agenda Item 3. Information/Discussion*

A. Part-Time Faculty Benefits

*Agenda Item 4. Other:*

A. N/A

*Agenda Item 6:*

A. Adjournment: Next meeting—May 3, 2023

Becky once again reminded HR of the following past requests from PACRA and asked that the Sept 7, 2022, BC Minutes reflect these requests and also be included in the Feb 1, 2023 Minutes:

- Update the GB webpage with the newest versions of BP and AP 7380 relating to Retiree Benefits passed at the April 2022 GB meeting;
  - The number of retirees in each Group for 2022-2023
  - How does the change in the cost of hearing aids affect retirees?
- 



*WE REMEMBER*



### ***JOHN DIAZ 2022***

Colleagues,

It is with heartfelt sympathy that I inform you of the passing of John Diaz. Mr. Diaz retired in 2015, after serving Palomar College as an Instructional Computer Lab Technician for 16 years. His colleagues really enjoyed working with him and those that knew him well, really loved him and held him in high regard. He is described as passionate and kind-hearted. One colleague stated that he was “the hardest working member of the team...”. It is important to note, Mr. Diaz was also a highly decorated veteran of the Vietnam War and was awarded bronze and silver stars.

*Kind Regards, Star Rivera-Lacey, Ph.D. | Superintendent/President | Palomar Community College District*

### ***JANE MURRAY 2022***

*From Judy Cater:* Jane Murray's daughter Laura notified us that Jane passed away peacefully on August 4. Jane was a long time PACRA member and many of us have wonderful memories of her during her 26-year career at the Palomar College Library. Laura was with her and plans to celebrate Jane's 90<sup>th</sup> birthday in September.

Jane is survived by Michael, her husband of 67 years and children David, Keith and Laura as well her grandchildren. At Jane's request there will be no service and messages of condolence may be sent to Laura Murphy, 6161 El Cajon Blvd., Box 123, San Diego, CA 92115. Laura will share these with the family. Donations in her memory may be made to California State University Chico at the following link. Laura sends her thanks to Alexis Ciurczak for this wonderful suggestion. These may be designated to the Merriam Library: <https://tinyurl.com/y6ecxpes>

Jane is fondly remembered by colleagues: *such a beautiful lady inside and out; she was a beautiful lady and I enjoyed working with her all those years at Palomar; a truly beautiful soul—I so enjoyed working with her at Palomar; just a wonderful lady with such a wonderful sense of humor and grace; Jane was always gracious with a wonderful sense of humor and a smile and laugh that made any day better.*

**FRANK MENDEZ 2023**

We just heard of Frank's passing and have not received any details as of this email.

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***REMINDER: any concerns you have relating to your benefits***

### **CONTACT INFORMATION**

***For information about benefits, please contact the Benefits Office at 760-744-1150  
ext. 2889 Wendy Corbin  
ext. 3053 Veronica Sadowski  
Email: [benefits@palomar.edu](mailto:benefits@palomar.edu)***

***HR Webpage: RETIREMENT INFORMATION / RETIREE RESOURCE PAGE:  
Error message appeared—HR is working on it—try again later!***

### **PALOMAR RETIREMENT BENEFITS**

**<https://www.palomar.edu/hr/employees/retirement/>**

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## **NATIONAL INSTITUTE ON AGING**

*Contributed by PACRA Board member Jayne Conway*

Everyone needs social connections to survive and thrive. But as people age, they often find themselves spending more time alone. Being alone may leave older adults more vulnerable to loneliness and social isolation, which can affect their health and well-being. Studies show that loneliness and social isolation are associated with higher risks for health problems such as heart disease, depression, and cognitive decline.

***Loneliness and Social Isolation—Tips for Staying Connected:***

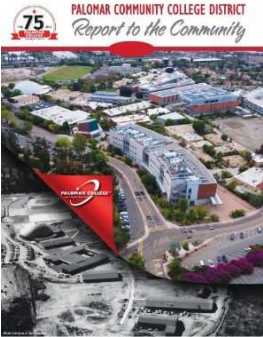
**<https://www.nia.nih.gov/health/loneliness-and-social-isolation-tips-staying-connected>**

*Find additional information and resources:*

- **[Centers for Disease Control and Prevention](#)**: Read about loneliness and social isolation as a public health issue.
- **[Commit to Connect Campaign](#)**: Learn more about the national effort to combat social isolation led by the Administration for Community Living (ACL).
- **[Commit to Connect Activities and Resources](#)**: View and share these ACL resources to help older adults stay connected.

- [Eldercare Locator](#): Use this free national service to find local resources for older adults.
  - [Engaged: National Resource Center for Engaging Older Adults](#): Find information, resources, and strategies to promote social engagement in your community.
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**FYI:** [www.palomar.edu/news/publications/](http://www.palomar.edu/news/publications/)



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Judy Dolan, Secretary to the PACRA Board  
<https://www.palomar.edu/pacra/>