

Hi Everyone!

Your PACRA Board hopes you are well and approaching the holiday season with a feeling of relief, hope, and lots of family and friend gatherings!!

This email is being sent as a Bcc to 2021-2022 PACRA members for whom we have email addresses; feel free to forward to others!

PACRA BOARD UPDATE

We are smaller in number but mighty in deed as we continue working diligently on behalf of PC retirees!! **AND**—we sure would welcome your help! Local members—we hope you will consider adding your expertise and skills to the Board on behalf of all PACRA members!

We meet in person on the fourth Thursday each month at the Train Depot in Grape Day Park, Escondido, from 1-2:30 pm; the Train Depot is located on the North Side of the park: <https://www.escondidohistory.org/>

Please see the attached Board/Committee list and contact one of us to let us know you will join forces with the best little Board in town!!

Campus Benefits Committee changes

The BC met for the first time this school year on Nov 3 with the following Agenda items:

II. Discussion Items

a. Review Benefits Committee Governance Structure Form

The Committee discussed and questioned; ultimately a consensus vote was taken that passed. Added to this Discussion was changing the meeting dates of the Committee from monthly to quarterly; your PACRA reps, Becky, Jayne, and Judy, were not in agreement as this is the Committee where we find out any benefit issues that affect retirees. Interesting to the three of us—this was not listed on the Agenda and after a short discussion, was voted on—it passed with ***the 3 of us voting no***. So much for *Robert's Rules*????!!

b. BrightPath Consulting Services Update

The District has chosen not to renew BrightPath's contract; no further information was given.

c. Workshops Update: Wendy Corbin reported

FALL 2021 PACRA PACER AND RETIREE BENEFITS GUIDE

The *PACRA Pacer* will be in your mailboxes in late November/early December; the *Retiree Benefits Guide* will also be included in the mailing—enjoy!!

HOLIDAY TURKEY AND FOOD DISTRIBUTION: SATURDAY NOV. 20 | 8 AM | LOT 12

Members of the Palomar Faculty Federation (PFF) and Council of Classified Employees (CCE), in collaboration with the Palomar College Foundation and Labor Council of San Diego & Imperial Counties, are hosting a food distribution event on the Palomar College main campus; this drive-through event will provide local residents with 50 pounds of food per car, including Thanksgiving turkeys purchased by the labor unions and Foundation, as well as perishables and canned goods provided by Feeding San Diego.

Enter the campus at the Comet Circle entrance on West Mission Road and follow the signs to Lot 12. Supplies of food and Thanksgiving turkeys will be distributed on a first-come, first-served basis.

Please see the ***attached flyer***; if you are able to volunteer, here's the link:

https://docs.google.com/forms/d/e/1FAIpQLSdKfVjgroQoQbqU9JVwOd66v9TfoSGijGI9i42ARq_y-30xfw/viewform

CaIRTA HEALTH INFO

At our monthly Brunch meeting on October 20 (*Div 63 of the California Retired Teachers Association*), Kristin Rigsby, Long-Term Care Ombudsman and Trainer for the San Diego County Health and Human Services Agency (SDC-HHSA) presented excellent information on topics extremely important for senior citizens to know. Most of us are prepared at some level; some are not.

Attached is a summary of her presentation—hope it will be of value for you, your family, your friends; Kristin's specific contact info is on the attachment. Out-of-state members should have a similar contact to find this information as well!

HR LINKS—AN ONGOING REMINDER!

Human Resource Services

Retiree Resource Page <https://www2.palomar.edu/pages/hr/retiree-information-page/>

➤ **Update your address** / email address / dependent information / and other personal information:

please return to benefits@palomar.edu or USPS mail to:

PALOMAR COLLEGE

ATTENTION: HUMAN RESOURCES BENEFITS

1140 W MISSION RD

SAN MARCOS, CA 92069

To review your benefits package at any time, go to your online PC benefits portal at

[eBenefits Portal Link](#)

INFORMATION /LINKS THAT MAY BE OF INTEREST TO YOU

➤ **PC Governing Board:** <https://www.palomar.edu/governingboard/>
NOV 2 AGENDA: <https://go.boarddocs.com/ca/pccd/Board.nsf/vpublic?open>

Retirements; on-campus Housing; \$1,000 stipend for those vaccinated; spending of the over \$37 million given to Palomar by the state, and more

GB MEETING SCHEDULE: (next meeting, Dec 7)

<https://www.palomar.edu/governingboard/wp-content/uploads/sites/64/2017/12/2021-Board-meeting-Schedule.pdf>

➤ **Palomar News—info from the Communications Department**

<https://www.palomar.edu/news/>

➤ **SD COUNTY AGING & INDEPENDENCE SERVICES**

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais.html>

➤ **UCSD SUCCESSFUL AGING**

<https://medschool.ucsd.edu/research/aging/Pages/default.aspx>

Take good care, everyone!

Judy

Judy Dolan, Secretary (on behalf of the PACRA Board)



ATTACHMENTS

- PACRA Board/Committee Contact List
- Food Distribution flyer
- Navigating the Long-Term Care System
- Address/Name Change Form