



# THE PACRA PACER

San Marcos, CA

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## SERVICE AFTER RETIREMENT

Byron Gibbs, PACRA

At Palomar, retirement may become a window of opportunity for continued active service for the organization instead of "a retreat to the pastures." Of course, no one really believes that retirees, at least most of them, are not very busy. However, in an action by the College's Faculty Senate in May, 1993, a new and provocative dialogue was launched about the utilization of retirees when the Senate accepted the Service After Retirement Committee's Report. Following the Senate's action, PACRA's Board of Directors endorsed the proposal in June 1993.

The idea is to utilize in some capacity the skills, talents, and interests of all retiring employees. Retirees do return to perform both paid work and to serve voluntarily. However, service after retirement embraces a wide range of options and opportunities to promote and provide for individuals to experience renewal, growth and generativity. This is a time when new challenges are freely pursued in ways that bring personal satisfaction and realization.

This all but untapped reservoir of human resources constitutes a fertile pool of experienced personnel to infuse vitality and contribute to the continuing organizational health and welfare of the College.

Further, service after retirement emphatically states that retirement itself is worthy of on-going, institutional level planning. Consequently, in the future, Palomar retirees, instead of heading for the rocking chair, may be directly involved in such activities as academic tutoring, television program production, and perform consulting work in their areas of expertise and talent.

There will be other roles such as classroom/laboratory aides, supporting and sponsoring activities for the physically challenged, and completing reconstruction and building repairs. All in all, the freshness of the notion of service after retirement implies renewal and continuity, a seasonal transformation of what was once a concept that pretty much denoted that one's active, professional life was over after retirement.

Now perhaps, it will become just the beginning . . .

## ANNUAL MEETING OF PACRA

The third annual general meeting of PACRA will be held at the Sizzler Restaurant on Escondido Boulevard in Escondido on May 21, 11:00 to 2:30. Lunches will be available as in the past with choices at \$7.00. We shall elect a Secretary, a Treasurer and one Member-at-Large. Ballots will be sent to you later, but plan now for this date. We would like to have a large attendance, because this is one of the few times we can all get together and renew acquaintances.

## SEISMO AT PALOMAR

Gordon E. Stubblefield

In 1971 Dean Charles A. Coutts arranged for matching funds from the Federal Government for the installation of a Teledyne Geotech Seismograph at Palomar College. This instrument, the first production model of its type, was installed in 1972. This new design, weighing pounds instead of hundreds of pounds, is actually a tilt meter system. Using two of them at right angles to each other, and in exact cardinal directions, we can find a line of direction. A third seismometer tells which way to go on a line from the college's location.

Testing the unpacked equipment provided proof of its sensitivity. The floor in ES-16, the location of the seismogram recorders, is separated from the floor of ES-18. The seismometers (motion detectors) were set up on the floor in ES-18, with the sensitivity set to eliminate most of the background noise. Stepping from the floor in the adjacent room resulted in a two-inch deflection of the needle on the seismogram.

Before a permanent location was found, the seismometers were located in the rear of ES-19. Analysis of the seismograms proved interesting. The exact time students arrived for classes and the exact time the classes were dismissed were easily determined by spikes on the seismograms. Boring lectures showed lots of student activity, swarms of small peaks. But easy listening classes were mostly flat, showing deep student interest, or deep sleep. It was necessary to keep the location of the instruments a secret because students and instructors engaged in contests to see who could cause the biggest "earthquake" by jumping up and down.

Some months after installation a genuine earthquake of respectable size happened. Until that time we thought that the machines were not working. After seeing what a real quake looked like we went back and found many other records. Some regular waves registered, but we could find nothing that correlated to them. We checked surf, local traffic, and freeway traffic, but there were no matches. One of the students mentioned this to a friend who was attending Cal Tech. He replied, "About twenty second intervals, right?" And that is what they were. "Transoceanic storm waves from Antarctica hitting Alaska!" After installing special filters these signals disappeared. The instruments are mounted on large concrete columns which go down to bedrock.

Now the regular wave patterns we get are local surf. In earlier years when we were a real community college and had a surfing class, the surfers calibrated the seismograph. All the inland surfers stopped by to check surfing conditions before driving to the ocean. They could learn size, direction, and time between surfable sets.

Another little squiggle is easily identifiable, but it was years

## MEDICAL INSURANCE FOR SURVIVING SPOUSES

On December 14, 1993 Dr. Fred Huber, President Emeritus of Palomar and Vice-President of PACRA appeared before the Governing Board in behalf of those who retired between July 1, 1974 and June 30, 1986. The question presented was whether the surviving spouse of a deceased retiree continues to receive health/medical/dental benefits for life. This policy was changed in April 1987 to the use of the words "life time of the retiree."

At the present time there are 97 living retirees of this 1974-1986 group, 36 are single, leaving 61 who may in the future have surviving spouses. For most of these retirees, MEDICARE coverage is effective before College insurance benefits come into action.

Dr. Huber pointed out that no precedent was being set, for all retirement plans after 1986 excluded coverage for surviving spouses. PACRA strongly recommended that the Governing Board and Administration adhere to the policy that was in effect for these retirees of 1974-1986, asserting that there is a commitment on the part of the District which should be met. For several years there were no cases of surviving spouses, but now there are three, possibly five, surviving spouses for whom immediate action is important.

The governing Board received for consideration the proposed Resolution 93-16183 on January 25, 1994. The matter was tabled for further study by PACRA and the Administration. The following resolution was then passed by unanimous vote on February 22, 1994:

"Be it resolved that the Governing Board of Palomar Community College District approve health benefits for surviving spouses of deceased retirees, providing retiree retired between July 1, 1974 and July 1, 1986, and was eligible for medical benefits and the spouse was the legal spouse of the retiree at the time of retirement from the Palomar Community College District."

Your PACRA Board has been working on this project for over two years. We feel that it is a vital step in providing health benefits for retirees between 1974 and 1986. Keenan and Associates, the College insurance advisors, will interview the spouse of each deceased retiree to determine which is the best program for each individual.

The Board of Directors of PACRA felt that the following points reflected the Board's considerations on medical insurance for spouses of retirees (1974-1986):

1. Coverage should be equal or greater than the present medical coverage for retirees.
2. Senior Plus benefits should include eye care and dental insurance.
3. There should be no expenses to the surviving spouses.
4. Any existing health conditions are acceptable.
5. Applicability should extend to spouses who live outside the State of California.
6. The coverage should be effective immediately.

Further details and developments regarding insurance for retirees will be announced at the annual meeting in May.

Mr. Tony Walker is the newly appointed Manager of the College Human Resources Office, and will be working closely with retirees and spouses.

## WHAT'S NEWS

Donna Casey wrote in December that "it has been a moderate winter in Iowa." We haven't heard from her since, but there is a chance that she had different ideas about January and February. Last year she took a trip to the classical isles of Greece with her two sisters, traveling by bus and ship, enjoying it greatly.

Bob Smith and Liz have been spending the winter months in Uruguay again, enjoying the wonderful foods of that country. They receive and read many books from the states, with Liz working on her novel. Her big problem is trying to make her laptop word processor print through her word processing typewriter! They will be back at their Washington state address soon.

Congratulations to David Chase, Music Department. He has been Choral Director for a production by the La Jolla Symphony and Chorus of Berlioz's monumental Requiem, the Grande messe de morts, Opus 5. The orchestra and chorus included the Palomar Brass Ensemble, the Mira Costa Orchestra, the San Diego Men's Chorus, and the Palomar Chorale. This seldom heard work was under the direction of Music Director Thomas Nee.

Two of our members, Kitty and Cap Grage, passed through their 50th wedding anniversary on September 25, 1993, with a dinner hosted by their children, who then sent them on a vacation to Disney World in Florida.

Mrs. Esther (John) Barlow recently became Mrs. Robert W. Blunt, residing at 2686 Canyon Crest Drive, Escondido, telephone 745-6387.

### RECENT RETIREMENTS AND RESIGNATIONS

Larry L. Bertram, Trade and Industry, May 27, 1994.  
 Vernon L. Ashbrook, Speech and Performing Arts, May 28, 1993  
 Raymond E. Jessop, Physics, Engineering and Chemistry, May 28, 1993.  
 Mack C. Wiebe, Cooperative Education, May 28, 1993  
 Dr. Richard F. Norlin, English, May 28, 1993.  
 Dr. Theodore Kilman, Art, May 28, 1993.  
 John M. Kratt, Public Safety Programs, May 28, 1993.  
 S. Terry Block, Trade and Industry, May 28, 1993

### PACRA'S

Dr. Rita White, Secretary of PACRA, has been nominated by the Palomar College Governing Board for a seat on the California Community College Board of Directors. Best of luck, Rita.

### DISTINGUISHED ADMINISTRATOR AWARD

Dr. George Boggs is one of two administrators selected by their peers to receive the Harry Buttmer Distinguished Administrators Award from the Association of California Community Colleges. The award is given to nominees who distinguish themselves through integrity, adherence to principles, ability to show compassion, and act as a humanitarian.

### FIVE-YEAR CAPITAL OUTLAY PLAN

The current master plan for capital outlay covers eleven projects. Last year's plan called for remodeling four buildings, but only three are included in the latest 1994-95 State Budget. Funding for the approved projects awaits passage of a State bond issue.

### NOTCH GENERATION

The Notch generation, those Social Security recipients who have been receiving far less than those born earlier or later, suffer from the result of 1977 legislation enacted to correct a flaw in the Social Security benefit formula. Instead of a gradual transition to a new method, retirees born between 1917 and 1926 receive benefits much smaller than those born before or after them.

The latest news from Washington is not good. After years of opposition from Representative Dan Rostenkowski, who has his own problems with a probe of the Post Office scandal, we now find that a usual pattern has been adopted. A 12-member bipartisan Notch commission was authorized and was to have met in early February, but membership on the commission, has not been completed. Four commission members have been appointed by the House and four by the Senate. But President Clinton's office has failed to appoint the remaining four members. So the commission cannot operate, and Congress cannot be expected to take action until the commission has made its report.

### UNITED STATES CONSTITUTION

Pat Archer gives us the latest news from the First Congress of the United States in 1788. At that time several proposed amendments to the Constitution were before Congress, but there was no time limit set for ratification by the States.

One such proposal, that Congress cannot vote itself a raise in salary that takes effect before the next election, took 203 years for three fourths of the state legislatures to ratify it. Since 1991 it has been the law of the land, the 27th Amendment. However, since 1919 Congress has put a 7 year time limit upon proposed amendments, although this has been extended in at least one case.

### PALOMAR'S 50th ANNIVERSARY

The 50th year of Palomar College will start in 1996, and plans are already underway to assemble a history of the college. We hope that each of you will search your memory and scrap books to find bits of the past which can be assembled into a full history. Dr. Pat Archer has been chosen as the general chairman for the preparation of the history, with Dr. John D. Schettler and Ann Steffens acting for PACRA.

### EARLY PALOMAR

One of Palomar's earliest buildings has been replaced with a modern structure. The wooden maintenance building, dating from the late 1940's, served as the center for buildings and grounds services for many years, but was converted to a service building for the Art Department after the permanent maintenance building was erected in the late 1950's. Charlie Crafts, Dick Crafts, John Rice, Mike Cuccia, Ted Jennings, Scotty McTernan, and others of those years would remember the older center.

### PALOMAR'S FIRST TEACHER

Adolph Heyne, Palomar College's first teacher, died at his home in Oceanside December 23, 1993 at the age of 89. He taught French, Spanish, and German in Mira Costa College from 1939 to 1946, when he joined the newly created Palomar College. Adolph taught all these languages at Palomar until his retirement in 1969.

He was the founder and long time faculty sponsor of Alpha Nu Chapter of Alpha Gamma Sigma, the state junior college honor society. Among organizations which he supported with his

membership and activity were the Patrons of Palomar College, PACRA, the California Retired Teachers Association, and the Friends of the Oceanside Library.

His service at Palomar was under five of its presidents. He was a native of Davos, Switzerland, coming to San Francisco in 1928. His bachelor's degree with high honors was from the University of California (1936), with his master's degree from the same university in 1939.

His wife, Bessie, son, James, daughter, Helen, and a sister in Zurich are his closest relatives, with grandchildren, nieces, and nephews in the United States, Canada, and Switzerland.

For many years he was the campus symbol of the best of Palomar, a scholarly pioneer who dared to attach himself to the very birth of the college.

### FOUNDATION ENDOWMENT

In late 1993 the Palomar College Foundation received a \$200,000 endowment, interest from which will provide scholarships for persons who want to attend college for a career in nursing. Sam S. and Rose Stein are residents of Poway. He is the retired president and chairman of the board of Chef's Pantry. Until he sold the business to Oscar Mayer in 1980, his company was one of the largest independent food processors and purveyors of institutional food in the nation. In 1940 Stein originated the idea of a preformed ground beef patty, used today in many restaurants. They have established their trusts "to help other people's dreams come true -- people who need courage just to make it through the day."

### CAN YOU REMEMBER?

Can you remember when San Marcos had two airstrips across the railroad from Palomar College?

### BOARD RESOLUTIONS

Fred Huber, Omar Scheidt, and Howard Brubeck, over a number of months, researched all available sources to find all Governing Board Resolutions related to insurance for retirees and conditions of retirement. This makes a hefty document of about ten pages, but the conditions of your own retirement are among them. If you would like a copy of this document, please send \$1.00 to Carl Iserman, Treasurer, PACRA, 985 N. Mills St., Escondido CA 92027-1655. This covers postage, envelope, and copying costs.

In short, the world is filled with people trying to achieve success,  
And half of them think they'll get it by saying No  
and half of them by saying Yes,  
And if the ones who say No say Yes, and vice versa,  
such is the fate of humanity that ninety-nine  
percent of them still wouldn't be any better off  
than they were before -- Ogden Nash.

(SEISMO continued)

before we discovered the cause. One day we observed it coming in and ran outside to see if we could see anything unusual that might cause needle movement. The only thing around was the local train stopping at the feed elevator. That was it!

Another not-so-small trace with a definite fingerprint is an atomic blast. Even when the Government did not announce a blast, at two minutes after eight the fingerprint showed another "secret" atomic test.

The construction of a housing tract near campus caused lots of grief. Every time their engineers blasted the rocks, the drums went crazy, frequently damaging the pens.

This seismograph center is but one of several projects of the Earth Sciences Department which connects Palomar College with the physical world

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### SPORTS

You won't find much sports news in our newsletter, but we must let everyone know about the 1993 Football season.

The Palomar College football team rose to the title of best in the nation December 4 when top-ranked Comets defeated No. 2 ranked city college of San Francisco with a last field goal in the San Francisco Bowl, winning the game 27-25.

Head football coach Tom Craft can be very proud of the accomplishments of the Comets. Unfortunately for Palomar, Tom has agreed to join the coaching staff of San Diego State University. Good luck on your new job, Tom!

By Dr. George Bogg's analysis, "It was absolutely great. It was the best game you could possible experience. (Courtesy of The Telescope)

### QUIPS

One of the great virtues of our democratic system is that only one of the candidates gets elected. -- Bernard Meltzer

Never tell a woman you are unworthy of her love -- she knows it already. --Anonymous

## THE BEST ENTERTAINMENT IN NORTH COUNTY

April through May  
Howard Brubeck Theatre, Palomar College  
Call 744-0136 or 744-1150 x2453

### DRAMA -

The Heidi Chronicles - director, David Boyd

April 22, 23, 28, 29, 30 at 8 PM

April 24 and May 1, 2 PM

### DANCE -

Something to Dance About - Faculty and students

May 13, 14, 15, at 8 PM; May 15 at 2 PM

### MUSIC -

Music of the Stage: Opera and Musical Theatre -

The Palomar Community Orchestra,  
conductor, Robert Gilson

April 9, 8 PM; April 10, 2 PM

The Palomar College Youth Chorale -  
director, Martha Rosacker

May 7, 7:30 PM

The Falcone Series - Dr. Peter Gach, piano  
May 8, 2 PM

In Praise of Music - The President's Concert  
May 21, 8 PM; May 22, 2 PM

### COMING EVENTS

We have watched the construction of the California Center for the Arts, Escondido, from our annual meeting place for the past two years. But this fall we'll have opportunities for seeing and hearing programs inside.

The San Diego Symphony will present four Sunday afternoon concerts, the first on October 16 at 2 PM, with music by Haydn, Zwilich and Dvorak. Other concerts follow on November 27, January 8, and February 26. Call (619) 699-4205 for the season preview brochure.

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## Palomar College Retirees' Association - PACRA

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San Marcos, CA 92069-1487