

**PACRA (PALOMAR COLLEGE RETIREES ASSOCIATION)
MINUTES / BOARD OF DIRECTORS MEETING
THURSDAY, FEBRUARY 16, 2017 / 1:00-2:00 PM
PALOMAR COLLEGE / ESCONDIDO CENTER / ROOM 10**

<p>A. CALL TO ORDER</p> <p>Members Present</p> <p>Members Absent</p>	<p>The meeting was called to order by President June Rady at 1 p.m.</p> <p>June Rady, President; Judy Cater, Judy Dolan, Bob Larson, Jo-Anne Lesser, and Steve Spear</p> <p>Tom Humphrey, Ted Kilman, Becky McCluskey, Sandy Nanninga, and Josie Silva</p>
<p>B. APPROVAL OF MINUTES</p>	<p>The Minutes of the November 17, 2016, meeting were approved as amended (rewording of F. NEW BUSINESS / 1. Discussion of PACRA Dues Structure).</p>
<p>C. ANNOUNCEMENTS</p>	<p>President June Rady summarized the meeting with President Joi Lin Blake and PACRA Board members on January 19, 2017, in the President's Conference Room on the San Marcos Campus of Palomar College:</p> <p>Dr. Blake discussed her vision for Palomar College:</p> <ul style="list-style-type: none"> ➤ Provide new students free first-year tuition; work with cities within the Palomar district to help fund the project ➤ Support of new and ongoing construction projects including the South and North campuses ➤ Community outreach <p>A meeting with the press, community members, and other interested parties is scheduled for Wednesday, February 22 in the Palomar College Theater on the San Marcos campus at 10:30 a.m. to unveil Dr. Blake's <i>Palomar Promise</i> project. Judy Cater will be attending and will report back to the PACRA Board at its March 16 meeting.</p>
<p>D. REPORTS/UPDATES</p> <p>E. OLD BUSINESS</p>	<p>1. Benefits Committee</p> <p>Steve reported that there was no February meeting of the Benefits Committee which delays the benefits survey to employees and retirees another month.</p> <p>On February 7, Wendy Corbin emailed a notice received from SISC announcing that they have partnered with Carrum Health to provide PPO members with access to an enhanced benefit with selected physicians at Scripps Health in San Diego for hip and knee replacements as well as many inpatient spine surgeries (a copy of the notice is attached to these Minutes).</p> <p>The next meeting of the Benefits Committee is March 1 from 3-4 p.m.</p> <p>1. PACRA 26th Annual Meeting, Thursday, May 18, 2017</p> <p>An agenda was discussed:</p> <ul style="list-style-type: none"> ➤ Keynote speaker Dr. Joi Lin Blake, Superintendent/President of Palomar College

	<ul style="list-style-type: none"> ➤ Discussion of PACRA dues structure* ➤ Nominate Slate of Officers <ul style="list-style-type: none"> ✓ President 2017-2019 ✓ Vice-President 2017-2019 ✓ Member-at-Large 2017-2019 <p>*The Board discussed an alternative dues structure. Josie will report back at the March 16 Board meeting as to the number of members who are <i>Regular</i> dues-paying members and who are <i>Contributing</i> dues-paying members.</p> <p>2. PACRA Board Resignation The PACRA Board members accept—with regret—the resignation of JaDene Dugas from the Board effective December 31, 2016.</p>
F. NEW BUSINESS	<p>1. Discussion of PACRA Scholarship Jo-Anne discussed a change to the Criteria section of the Palomar College Retirees Association blurb listed on the Scholarship link of the Palomar College website. The change is to add sixth bullet stating: <i>For additional information, please go to the PACRA website https://www2.palomar.edu/pages/pacra/</i> The Board agreed with Jo-Anne’s recommendation.</p> <p>A question was brought before the Board relating to a deceased member and his grandchildren applying for the scholarship. The Board determined that if the deceased member was a member in good standing then the grandchildren qualified for the scholarship application process for that specific year.</p>
G. OTHER	There were no items for discussion
H. ADJOURNMENT	The meeting was adjourned at 2:06 p.m.

Respectfully Submitted:

Judy Dolan

Judy Dolan, Recording Secretary

Future PACRA Board Meetings

- 2017:** March 16
- April 20
- May 18 Annual Meeting



February 7, 2017

PACRA Board
Meeting of
Feb 16, 2017
D. Reports
1. Benefits Comm

TO: Superintendent and Key Contacts of Selected SISC III Member Districts
FROM: John Stenerson, Deputy Executive Officer
SUBJECT: Scripps Hospital – Enhanced Benefit for Hip, Knee and Spine Surgeries for PPO members

We are pleased to announce that effective immediately SISC has partnered with Carrum Health to provide PPO members with access to an enhanced benefit with selected physicians at Scripps Health in San Diego for Hip Replacements, Knee Replacements and many Inpatient Spine Surgeries.

Use of this benefit is optional. This benefit is separate from and in addition to the benefits already provided under Anthem Blue Cross and Blue Shield PPO plans. This benefit is not administered by Anthem Blue Cross or Blue Shield. This benefit must be accessed through Carrum.

Under the Carrum benefit with Scripps:

- There are no medical bills! Co-insurance and deductibles will be waived*
*Due to IRS regulations, on HSA plans the deductible applies but the co-insurance is waived.
- Travel expenses will be covered for the patient and an adult companion
- A personal Carrum Care Concierge will:
 - help complete forms;
 - gather and transfer medical records;
 - assist in the selection of a surgeon;
 - schedule the surgery;
 - make travel arrangements and
 - coordinate post-discharge recovery care.

Carrum provides access to “Centers of Excellence”. Carrum has vetted hospitals and surgeons who provide top-quality care and achieve better outcomes.

Getting started is as easy as calling Carrum toll free at 1-888-855-7806.

Please see the attachments for more details.

Please share this with your employees and retirees as you deem appropriate.



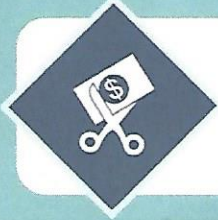
Need surgery? Get the care you deserve with your new Carrum Health benefit!



Personalized “Concierge” support for PPO Plan members



Access to top-quality surgeons at Scripps



No medical bills! Co-insurance and deductibles are waived



Travel expenses are covered

Eligible procedures include:

- ✓ Knee Replacement
- ✓ Hip Replacement
- ✓ Spinal Fusion

**Contact us at:
1-888-855-7806**

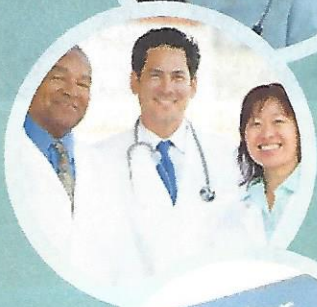
How your Carrum Health surgery benefit works:



1. Call Carrum Health



**2. Meet your personally assigned
Care Concierge**



**3. Review and select your
top-quality surgeon**

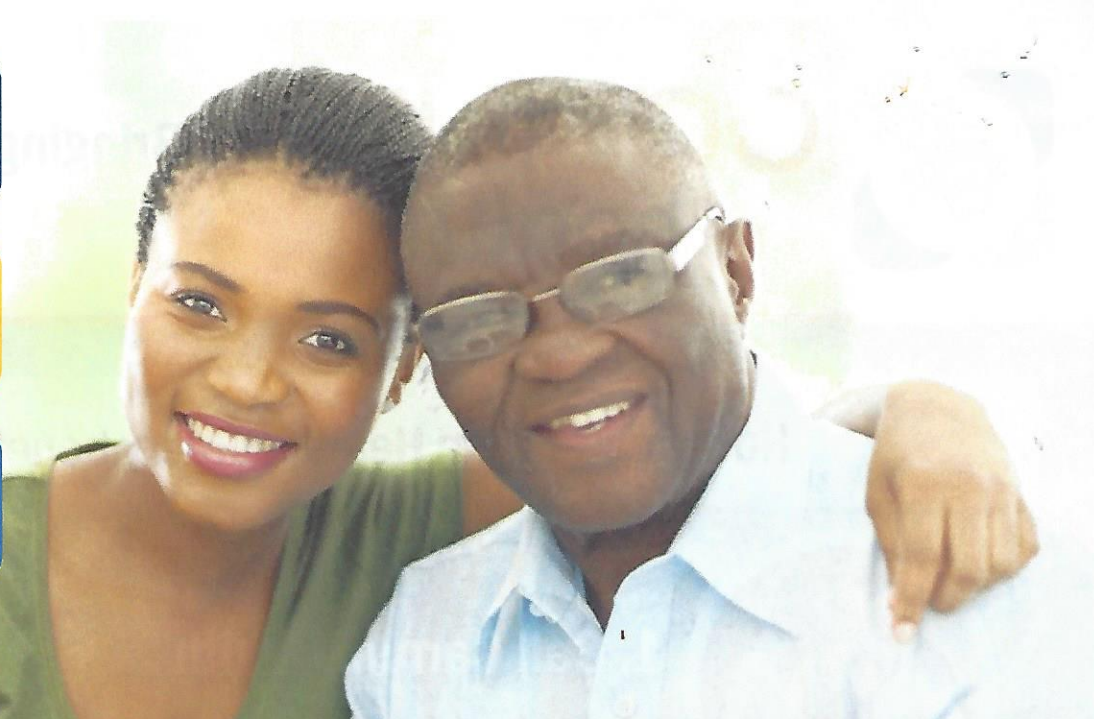


**4. Receive full support preparing for
your surgery**



**5. Recover smoothly with total care
coordination**

**Contact us at:
1-888-855-7806**



Introducing a new surgery benefit for PPO members that covers:
hip/knee replacements and many inpatient spine surgeries!

- ✓ Personalized “Concierge” support
- ✓ Access to top-quality surgeons at Scripps
- ✓ No medical bills! Co-insurance and deductibles are waived*
- ✓ Travel expenses are covered

**Due to IRS regulations, on HSA plans the deductible applies but coinsurance is waived*

What is Carrum Health and how does it benefit me?

Carrum Health is a special surgery benefit that provides exclusive access to **“Centers of Excellence”**. These hospitals and doctors provide for an improved patient experience and top-quality, more affordable care.

Who is eligible for the program?

SISC members on PPO plans with either Anthem Blue Cross or Blue Shield. Members must satisfy clinical guidelines for specific covered procedures.

This benefit is exclusive to Scripps Hospital and must be accessed through Carrum Health.

Which procedures are covered?

- Eligible procedures include:
- a. Hip Replacement
 - b. Knee Replacement
 - c. Cervical Spinal Fusion
 - d. Lumbar Spinal Fusion

How do I qualify for these services?

The following criteria must be met to qualify for the Carrum Health program:

- a. You have primary medical coverage through a SISC PPO plan.
- b. You meet requirements of the hospital physician(s) considering your case. Additional diagnostic or medical services may be required.
- c. Your local physician agrees to assume care for you upon return home.
- d. You have an adult caregiver physically able to assist you during your care and travel, if travel is needed.

Please contact Carrum Health to determine if your procedure is eligible.

Which services and expenses are covered?

Coverage includes the following:

- a. All eligible medical expenses associated with your evaluation or procedure at the hospital.
- b. Travel expenses for you and one adult companion including transportation, lodging, and a daily allowance.
- c. Medically necessary services or equipment related to this program provided after discharge from the hospital before returning home (excluding outpatient medication).

Which travel expenses are covered?

The following expenses are covered for you and one companion:

- a. Transportation – air, train, bus, rental car or mileage allowance (if driving your own car).
- b. Lodging – one hotel room to be shared by you and one adult companion.
- c. Meals – a daily allowance
- d. Parking and baggage fees – as appropriate.

Who manages my travel?

Your personal Care Concierge will make all travel arrangements for you and one adult companion.

What forms do I need to complete? Do I need to provide medical records?

Upon verification of eligibility, your Care Concierge will help you complete the acknowledgement, authorization and medical records release forms. After that, your Care Concierge takes care of gathering and transferring all your medical records to your chosen hospital.

What about recovery care post-discharge?

Your Care Concierge will coordinate all follow-up care on your behalf, including development of your personalized post-discharge care plan, scheduling of all related services and smoothly transitioning you back into your SISC PPO plan for continuing coverage. Your Care Concierge will confirm the availability of follow-up care before you visit the hospital for the procedure.

Do I need to have a relationship with a local physician for recovery care?

Yes. In order to be eligible for the program, you must have an established relationship with a local physician. Your physician must be willing to assume ongoing care once you return home. Your Care Concierge will gather your home physician's contact information and facilitate arrangements for all necessary follow-up care on your behalf.

How do I participate in the program?

If your doctor has recommended surgery, you can contact Carrum Health by calling **1-888-855-7806**. A Care Concierge will be assigned to you and he/she will help verify your eligibility, assist you in selecting a hospital and doctor and begin coordinating the clinical visits and travel logistics, if necessary. Your Care Concierge will continue supporting you throughout the entire episode of care.

To learn more about Carrum Health:



Call toll-free 1-888-855-7806

