

Private family in Vista seeks part-time **Home Health Aide** to support a 56 year old male family member recovering from a critical health event.

Ideal candidate is available to assist 6-10 hours a week with independent morning routine including:

- Blood pressure reading/record vitals. Administer medication.
- Verbal cues as needed to assist with dressing and grooming.
- Assist in preparing simple meals .
- Assist with home exercise programs.
- Other cognitive activities such as: memory games, crossword puzzles, simple reading and writing exercises, gardening, etc..
- Assist with basic household chores

Possibly occasional evenings or other times to support family caregivers' schedules and relief needs.

Great opportunity for students with interest in physical, occupational, or speech/language therapy or medical assistant career paths!

Pay DOE.

Please reach out if you or someone you know is interested.

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