Contact Name /Office: Bets Sprengel

Location of Job Site: South Oceanside, CA (specific location will be disclosed for interviews)

Phone # 760-685-0054

Contact Email: betssprengel@gmail.com

Job Description:

Shift: evening care giving 5pm-8pm \$20/hr. Tuesday, Thursday, Saturday, & Sunday for a sweet, playful 99 year old lady with mild dementia.

Tasks: evening wake up, dinner preparation (heating up leftovers we have already made), companionship while she eats, bathroom assistance (typically, minimal toileting assistance needed), and assisting with putting her to bed. No lifting required, just hands on assistance with rolling her in a wheelchair from the bedroom to the living room and bathroom. She weighs 90 lbs. and is less than 5 ft. She lives in a 1 bedroom attached granny flat unit from my home.

Contact: If interested, please email me at <u>betssprengel@gmail.com</u> with your phone number to schedule a follow up call. Thank you!