

Content in Terms of Specific Body of Knowledge

1. Nutrition - Metabolic Pattern
 - a. Skin Integrity
 - b. Basic Nutrition
 - c. Basic Fluids, Electrolytes, & Acid Base
 - d. Dysfunctions in Glucose Homeostasis
2. Elimination Pattern
 - a. Basic Bowel Elimination
 - b. Basic Urinary Elimination
3. Cognitive - Perception Pattern
 - a. Basic Visual & Hearing Dysfunction
 - b. Chronic Pain
 - c. Chronic, Stable Neuromuscular Dysfunction
4. Activity - Exercise Pattern
 - a. Maintaining Optimal Wellness
 - b. Impaired Mobility R/T Musculoskeletal Dysfunction
 - c. Chronic, Stable Respiratory Dysfunction
 - d. Chronic, Stable Cardiovascular Dysfunction
5. Health Perception - Health Maintenance Pattern
 - a. Providing a Safe Effective Care Environment
 - b. Medication Competency
 - c. Teaching - Learning Process

Required Books and Pamphlets (*purchase the most recent edition*)

- Ackley, B., & Ladwig, G. B. (2017). *Nursing diagnosis handbook: An evidence-based guide to planning care*. (11th ed.). St Louis: Elsevier **This is the Care Plan Book**
- Ignatavicius, D. D., & Workman, M. L. (2018). *Patient –Centered Collaborative Care*. (9th ed.). St. Louis: Elsevier.
- Pagana, K. D., & Pagana, T. J. (2016). *Mosby's Diagnostic and Laboratory Test Reference*. (13th ed.). St. Louis: Elsevier Mosby. **This is the Lab Book**
- Potter, P., Perry, A., Stockert, P., Hall, A. (2017) *Fundamentals of Nursing*. (9th ed.) St. Louis: Elsevier.

Additional Requirements

ATI Nursing Integrated Testing + NCLEX-RN Review (This includes ATI Book bundle)

Required Nursing Education Department Publications (*in Palomar Bookstore or on Canvas*)

Nursing 117 Syllabus for current semester

Nursing 117 Clinical Syllabus for current semester

Palomar College Nursing Education Student Handbook

Suggested Nursing Education Department Publications

Patient Care Plan Packet – may purchase in bookstore or download from canvas site

Recommended / Suggested Books (*purchase the most recent edition*)

Fluids & electrolytes made incredibly easy. (2015). (6th ed.). Pennsylvania: Springhouse.

Gray Morris, D. (2014). *Calculate with Confidence.* (6th ed.). St. Louis: Mosby.

Ignatavicius, D. D., & Workman, M. L. (2018). *Patient – Centered Collaborative Care. Clinical Decision-Making Study Guide* (9th ed.). St. Louis: Elsevier Inc. **(This is the Study Guide)**

Jarvis, C. (2016). *Pocket Companion for Physical Exam and Health Assessment.* (7th ed.). Philadelphia: Saunders.

Any current edition of a Medical/Nursing Dictionary

Porth, C. (2014) *Essentials of Pathophysiology Concepts of Altered Health States.* (3rd ed.). Philadelphia: Lippincott Williams and Wilkins

Potter, P., Perry, A., Stockert, P., Hall, A. (2017) *Fundamentals of Nursing.* (9th ed.) St. Louis: Elsevier Mosby. **(This is a Study Guide)**

Required Writing

1. Weekly patient assessments and care plans documented on standard assessment form.
2. A patient care plan is required during the clinical rotation. The writing assignment is completed on designated forms. The rationale for the interventions and the problems are written in paragraph form.
3. Written reports describing community experiences.
4. Two to three page written paper on assigned research topic.
5. Weekly reflective journal.