

# MAY NEWSLETTER

Happy May Students! There are many activities happening at Palomar College and in the United States that are impacting international students. Please read the newsletter carefully for valuable help!

Topics include:

- **Friday, May 9 Online Meeting:** What's happening with international students and F-1 visa holders in the United States?
- Changes to **tuition and fees** for 2025-26
- **Health insurance** - requirements for continuing students
- Prepare for **registration** for summer and fall 2025 classes
- Get ready to apply for **Palomar Scholarships**
- **Spring 2025 graduates** - let's celebrate and get your visa ready for the next step

**What is happening with F-1 visa international students in the United States?** You may have heard of U.S. government officials revoking student visas and terminating status. These issues have affected many students around the country. Although U.S. colleges and universities have not been informed why or when the government is taking action, we want to hear from you about your concerns and understand actions you can be taking. Join the Office of International Education in an on-line town hall meeting where we can talk and hear steps you can take to be prepared.

[Join us online on Teams, May 9 1pm-2pm](#)

## Continuing Students

**Register for summer and fall classes:** Priority Registration is May 5-May 12. Each student is assigned a registration day and time to register for summer and fall classes. You can check your assigned day on MyPalomar. Before you select classes:

- Check your Ed Plan to make sure you are taking the correct classes. *Want to update your education plan?* [Schedule an appointment with an academic counselor](#)
- Pay for health insurance (see instructions below). *You cannot register for classes without proof you have continued your health insurance* (a hold is on your registration).
- Be aware that tuition and fees will increase starting fall 2025. Review the [updated fees](#).
- Apply for [Palomar Scholarships](#) available May 5<sup>th</sup> through August 15<sup>th</sup>

**International student health insurance.** All international students enrolled at Palomar College are required to maintain accident and sickness insurance. The current health plan for 2024-2025 **expires July 21, 2025**. Here are steps to continue the mandatory accident and sickness insurance:

- **Plan to take classes in summer 2025?** Make sure you have health insurance with the current plan for June and July 2025.
- **2025-2026 Health insurance** is available for purchase beginning May 1.

**Instructions:** If you are a Continuing student at Palomar College and you already were on the International Health Insurance Plan, then you have an existing AHP account & just need to Log In with your Palomar email address and your password. Go To: [palomar.myahpcare.com](http://palomar.myahpcare.com). Click Access My Account.

- \* If the system asks for your Palomar College Registered Units, type: **12**
- \* If you forgot your password, click "Forgot password". You will receive a confirmation email to confirm your account and a link to create your new password.





## May Graduates - Congratulations!!!!

We are very proud of your hard work and success in achieving your academic goal!

- **Participate in the graduation ceremony! Commencement is on Friday, May 23!** Refer to the [Commencement](#) information through the Student Leadership website to walk with your cap and gown with fellow graduates. Students graduating in fall 2024, spring 2025, and summer 2025 may all participate in the May 23 event.
- **What happens to your SEVIS I-20 form after your last semester?** We need to tell the U.S. government your plan. Complete the [last semester questionnaire form](#) so we can explain your options after ending your studies at Palomar College .
- **Prefer to participate in work training instead of transferring to another school?** A second [Optional Practical training](#) workshop will be held by [Zoom on May 15, at 6pm.](#)
- **Planning to attend a new school in fall 2025?** Learn how to ensure you arrive at your new school with all the correct academic transfer and F-1 visa status. *Visit the International Office to get help and support.*

### **TWO STEPS TO REQUEST YOUR SEVIS I-20 RECORD TRANSFERRED TO YOUR NEW SCHOOL:**

1. Choose which school you plan to attend!
2. Complete the [SEVIS record release form](#) and send a copy of your admission approval letter/email to [internationalstudents@palomar.edu](mailto:internationalstudents@palomar.edu).

**Come to the International Education Office after May 5th to pick up a “2025” graduation tassel and sign our board!!!**

