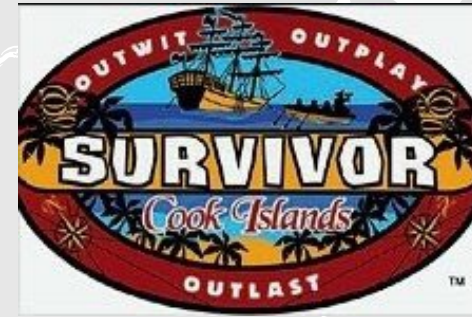




LIVING IN THE U.S.A. – PRACTICAL/SURVIVAL INFORMATION



Information to help you stay in the U.S. comfortably



Spring 2024

DRIVING IN THE U.S.A.



Requirements:

[California Driver's License](#)

[Automobile Insurance](#)

[Vehicle Registration](#)

DMV in San Marcos
1706 Descanso Ave
San Marcos, CA 92078
(800) 777-0133

Road Rules

1. **Seatbelt:** Required for **DRIVERS and ALL PASSENGERS**
2. **Right Turn on Red:** Not with exception signs
3. **School Buses:** Stop when the bus's red lights flashing
4. **Bicycle Lanes:** Bicyclist must follow the same rule as automobile
(**Ride on the right side of the road**)
5. **Pedestrians:** Must stop when pedestrians enter crosswalks

Accidents

\$750

Call the police when: injury/death is involved; damages exceeding (traffic accident report)

DUI: Driving under influence (alcohol and/or drugs)

** **Designated Driver**

PUBLIC TRANSPORTATION

North County Transit District

Breeze

Commute to School



Sprinter

Commute to School, Going Out



Coaster

Traveling down to San Diego



Amtrak

Traveling toward Los Angeles

Disneyland: Anaheim station

Train goes beyond the state of California



HOUSING

Homestay: [Homestay Services International](#)

\$1,500

- * Private Room
- * Breakfast, dinner everyday
- * Lunchtime snack when at home

Rental:

[Apartment Guide Online](#)

[Student Affairs Office Housing Board](#)



MEDICAL INSURANCE

How to Buy: Go to [Palomar College | Home \(mycare26.com\)](https://www.palomarcollege.edu/home)

Select 2023-2024 Palomar College – International. Choose coverage. You need to open an account and get the App on your phone. Your insurance card is in the App.

Emergency Room

For common colds and sickness, make an appointment to see a doctor.

Go to Emergency Room Only with the following condition

- * chest pain
- * difficulty breathing
- * Severe bleeding or head trauma
- * Loss of consciousness
- * Sudden loss of vision or blurred vision



PALOMAR COLLEGE HEALTH SERVICES

Health Center building across from the Natural Science building



First Aid

- Immunizations (MMR, Tetanus, Hepatitis B, Flu Shots)
- Health Screening (blood pressure, hearing and vision, TB Cholesterol screening, HIV testing)
- Physical Exam
- Non-prescription medications

Appointments for:

- Nurse visit
- Nurse practitioner visit
- Physician visit





MENTAL SURVIVAL

You need to seek help for:

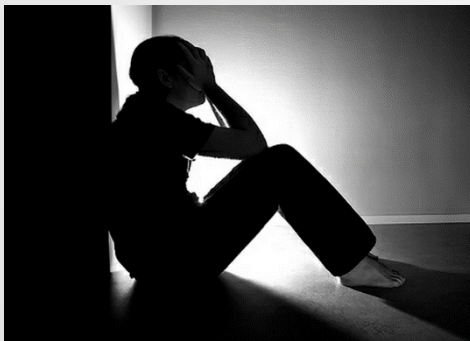
Depression

Eating Disorders

Alcohol and/or drugs dependency

Domestic Violence

Rape



We can refer you to the specialist

ON CAMPUS EMPLOYMENT

Eligibility: In legal F-1 status; enrolled full-time up to 20 hours per week

How to find it: [HR Student Employment board](#)
Cafeteria
Bookstore
Custodial Services (Facilities Office, RS-1)

After being hired

You will need to apply for a social security number

1. Letter from your supervisor
2. Letter from the Office of International Education
3. Take both letters with your passport, I-94 information and I-20 form to SSA

office

SSA Office: 367 Via Vera Cruz, San Marcos, CA 92078
M-F, 9am to 4pm except federal holidays

