### **Disclosure Form Part One**

SISC-SELF INSURED SCHOOLS OF CALIFORNIA Home Region: California 10/1/22 through 9/30/23

# Principal benefits for Kaiser Permanente Traditional HMO Plan

#### Accumulation Period

The Accumulation Period for this plan is January 1 through December 31.

### Out-of-Pocket Maximums and Deductibles

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

Amounts Per Accumulation Period	Self-Only Coverage (a Family of one Member)	Family Coverage Each Member in a Family of two or more Members	Family Coverage Entire Family of two or more Members	
Plan Out-of-Pocket Maximum	\$1,500	\$1,500	\$3,000	
Plan Deductible	None	None	None	
Drug Deductible	None	None	None	
Professional Services (Plan Provider of		You Pay		
Most Primary Care Visits and most Non-Pr				
Most Physician Specialist Visits				
Routine physical maintenance exams, including well-woman exams				
Well-child preventive exams (through age 2				
amily planning counseling and consultatio				
Scheduled prenatal care exams				
Routine eye exams with a Plan Optometris				
Urgent care consultations, evaluations, and treatment				
Most physical, occupational, and speech therapy		No charge		
Outpatient Services	You Pay			
Outpatient surgery and certain other outpa				
Allergy antigens (including administration)				
Most immunizations (including the vaccine)				
Most X-rays and laboratory tests		Ū		
Hospitalization Services	You Pay			
Room and board, surgery, anesthesia, X-ra				
Emergency Health Coverage				
Emergency Department visits Note: If you are admitted directly to the hospital as an inpatient for covered Services				
			tient Cost Share Instead of	
the Emergency Department Cost Share (see "Hospitalization Services" for inpatient Ambulance Services		You Pay		
Ambulance Services				
Prescription Drug Coverage	You Pay			
Covered outpatient items in accord with ou	r drug formulary guidelines:			
Most generic items (Tier 1) at a Plan Pha	er service \$5 for up to a 100-da	v supply		
Most brand-name items (Tier 2) at a Plar	-order			
service		y supply		
Most specialty items (Tier 4) at a Plan Ph	\$5 for up to a 30-day	supply		
Durable Medical Equipment (DME)	You Pay			
Durable Medical Equipment (DME)   DME items as described in the EOC		No charge		
Mental Health Services		You Pay		
Inpatient psychiatric hospitalization		No charge		
Individual outpatient mental health evaluation and treatment				
Group outpatient mental health treatment		No charge		
Substance Use Disorder Treatment		You Pay		
Inpatient detoxification				
Individual outpatient substance use disorder evaluation and treatment				
Group outpatient substance use disorder treatment		No charge		
Home Health Services		You Pay		
		· · · · · <b>·</b>		

#### **Disclosure Form Part One**

Other	You Pay
Hearing aids every 36 months	Amount in excess of \$500 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period)	No charge
Prosthetic and orthotic devices as described in the EOC	No charge
Services to diagnose or treat infertility and artificial insemination (such as	the Cost Share you would pay if the Services were
outpatient procedures or laboratory tests) as described in the EOC	
Assisted reproductive technology ("ART") Services	
Hospice care	No charge
Chiropractic and Acupuncture Coverage (through ASH Plans)	You Pay

## Chiropractic and Acupuncture Coverage (through ASH Plans)

Up to a combined total of 30 Chiropractic and Acupuncture visits per year ...... \$10 copay per visit Kaiser Permanente contracts with American Specialty Health Plans (ASH) to provide chiropractic and acupuncture care. Members must receive all their benefits from ASH Plans participating providers. ASH Plans contracts with Participating Providers and other licensed providers to provide covered Chiropractic Services (including laboratory tests, X-rays, and chiropractic appliances). ASH Plans contracts with Participating Providers to provide acupuncture care (including adjunctive therapies, such as acupressure, moxibustion, or breathing techniques, when provided during the same course of treatment and in conjunction with acupuncture). You must receive covered Services from a Participating Provider or another licensed provider with which ASH contracts, except for Emergency Chiropractic Services, Emergency Acupuncture Services, Urgent Chiropractic Services, and Urgent Acupuncture Services, and Services that are not available from Participating Providers or other licensed providers with which ASH contracts to provide covered Services that are authorized in advance by ASH Plans.

The list of Participating Providers is available on the ASH Plans website at www.ashlink.com/ash/kp or from the ASH Plans Customer Service Department at 1-800-678-9133. The list of Participating Providers is subject to change at any time without notice.

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the EOC. Please note that we provide all benefits required by law (for example, diabetes testing supplies).