SISC http://sischealth.com

SISC
Self-Insured Schools of California
Schools Helping Schools

HEALTH SMARTS
Learn Understand Take action

Exit

Welcome Back!
Log in to your account

Email Address   New Email Address?
Enter Email Address Here

Password   ☐ Show Characters
Forgot Password?

Note: Password is case sensitive

Log in

Hint

First Time on Health Smarts?

Create an Account Now.

Create

Online Support Request
Need assistance?

Note: if you registered in prior program years please use the login boxes above.

See the 2019 SISC Raffle Winners

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HEALTH SMARTS

Welcome: Santa Clara

SISC Member Status: **Non-Member** ●

District: Santa Clara Co Office of Education

Home | Screening Results | Visible to Members only **Award Status** | **Need assistance?** My Profile | MDLIVE Telehealth | Exit Site Help

Welcome to SISC Health Smarts

You can take control of your health. It takes knowledge. It takes commitment. It takes action. Plus, you'll live longer and enjoy a much better quality of life.

Your health is in your hands and Health Smarts can help!

Learn
Understand
Take action

Check out these links before and/or after participating in the health screening to better understand the meaning of your tests and their results.

Cholesterol...................... VIEW

Blood Pressure................ VIEW

Glucose (blood sugar)...... VIEW

Weight.............................. VIEW

Health Screening

Know Your Numbers!
In just 15 minutes, learn if you have any health risks...and how you can minimize them.

To participate you must be:
- A district employee, or
- An eligible dependent (at least 18 years of age), enrolled in SISC medical benefits, or
- A district retiree enrolled in SISC medical benefits.

Please note: Although non-members may receive the benefit of the health screening, monetary participation awards are only available to enrolled SISC Members.

Make an Appointment (also change or cancel an appointment)
The appointment system is available 24/7. Specific time selections are available until 6 PM the evening before the screening event.