

Classification Title: Athletic Trainer - Certified

Department:	partment: Athletics		EEO6 Code:	5
Employee Group:	Classified		Salary Grade:	30
Supervision Received From: Director, Athletics		Date of Origin:	9/2016	
Supervision Given:		Direction and Guidance	Last Revision:	9/2016
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Class specifications are intended to present a descriptive list of the range of duties performed by employees in the class. Specifications are not intended to reflect all duties performed by individual positions.

### JOB SUMMARY.

Develops, coordinates and administers a comprehensive sports medical program focused on prevention and care of athletic injuries related to intercollegiate sports and physical education; educates student athletes on injury prevention; administers treatment and rehabilitation to injured athletes.

# **DISTINGUISHING CHARACTERISTICS.**

Athletic Trainer – Certified is a professional, specialty classification focused on the day-to-day activities of intercollegiate student athletics from the perspective of injury prevention and the recognition/evaluation/treatment and disposition of injuries, illnesses and infections.

### **ESSENTIAL AND MARGINAL FUNCTION STATEMENTS.**

Essential Functions: Essential responsibilities and duties may include, but are not limited to, the following:

- Serves as the athletic trainer for a competitive 22-sport intercollegiate community college athletics program; provides athletic training services to the District's Athletics Department, including attendance at scheduled team practices and home and away competitions.
- 2. Participates in athletic injury prevention, including assisting team physicians to coordinate and conduct physical examinations and medical referrals for athletes to determine their ability to compete; develops and implements preseason/in-season/post-season conditioning programs with each sport and coaching staff; designs, fabricates, fits and applies appropriate taping, wrapping and protective devices; fits and issues protective athletic equipment and checks equipment to ensure student athletes are correctly maintaining.
- 3. Recognizes and evaluates athletes' injuries and illnesses; identifies causes of injury and extent of pain; inspects injured areas and performs proper/accepted techniques and tests; recognizes the severity of the trauma and athletes' functional status; makes injury referrals to appropriate medical personnel; when necessary, administers appropriate first aid using emergency care equipment.
- 4. Oversees and administers rehabilitation programs for injured athletes; works to restore athletes to normal function through therapeutic modalities and exercise; evaluates the use of rehabilitation equipment and techniques to determine their appropriate use; informs coaches regularly of the status of injured athletes.

Athletic Trainer - Certified Page 1

- Documents and maintains records of all athletic training treatments and services provided by all healthcare professionals; inspects regularly all athletic training physical agents and therapeutic devices and ensures compliance with mandated safety and sanitation standards.
- Oversees, directs and provides guidance to multiple athletic trainer students; oversees the effective operations of the District's Athletic Training Room; contributes to the development of the sports medical program budget and controls supplies for 22 sanctioned sports within the allocated budget.

## **Marginal Functions:**

- 1. Performs weight management data collection and assessment for student athletes participating in wrestling.
- 2. Performs related duties and responsibilities as required.

# **QUALIFICATIONS.**

**Experience and Education/Training Guidelines:** Any combination of experience and training that would likely provide the required knowledge and abilities is qualifying. A typical way to obtain the knowledge and abilities would be:

**Experience:** Three years of increasingly responsible professional experience performing preventative and rehabilitative athletic modalities.

**Education/Training:** Equivalent to a bachelor's degree from an accredited college or university with a degree in kinesiology or a related field.

#### Licenses/Certificates:

- 1. Possession of, or ability to obtain, an appropriate, valid California driver's license by time of appointment.
- 2. Athletic Trainer Certified certification by the National Athletic Trainers' Association Board of Certification by time of appointment.
- Certification in first aid and cardiopulmonary resuscitation (CPR)/ automated external defibrillator (AED) for Professional Rescuers by time of appointment.

### Knowledge of:

- Principles, modern practices and techniques of athletic injury prevention, recognition, treatment and rehabilitation, including necessary knowledge of anatomy, physiology, biomechanics, kinematics, biology, nutrition, health and exercise physiology.
- Mechanics and techniques involved in multiple team and individual sports and inherent dangers and potential injuries.
- 3. The human body's response to injuries.
- 4. Principles and methods of training and advising coaches, student athletes and athletic trainer students.
- 5. Federal and state regulations, rules and laws governing intercollegiate sports and athletic injuries.
- 6. Principles and practices of public administration for budgeting, purchasing and recordkeeping.
- 7. Research methods and data analysis techniques.

#### Skill in:

- Organizing and overseeing the day-to-day operations, activities and services of a sports medical program and its athletic training room.
- Preventing, identifying, locating and rehabilitating athletic injuries across multiple sports.

Athletic Trainer - Certified Page 2

- Operating and utilizing preventative diagnostic and therapeutic equipment and devices, including tape, wraps, bandages, braces, support orthotics, protective gear, casting/splinting materials, goniometer, electrical stimulation machine, ultrasound, and more.
- 4. Immobilizing injuries; administering first aid and CPR; utilizing AED machines.
- 5. Advising student athletes regarding injury prevention, treatment and rehabilitation.
- 6. Preparing and maintaining accurate and confidential files, records and reports.
- 7. Maintaining sensitivity to and understanding of the diverse academic, socioeconomic, cultural, disability, gender identity, sexual orientation, and ethnic backgrounds of community college students, faculty, and staff.
- 8. Establishing and maintaining effective working relationships with staff, coaches, student athletes, parents, team physicians and others encountered in the course of work.

### **WORKING CONDITIONS.**

**Environmental Conditions**: The incumbent works in an athletic training room where the noise level is usually moderate; and at indoor and outdoor sporting events, exposed to wet and/or humid conditions, slippery surfaces, sweat and blood; and where the noise level may be loud due to crowds.

**Physical Conditions:** Essential and marginal functions may require physical fitness requirements necessary to perform the job functions with or without accommodation, such as the ability to use hands to finger, handle, feel or operate medical devices, tools, braces and other therapeutic objects; climb or balance, stoop, kneel or crouch; lift and/or move up to 50 pounds and occasionally up to 100 pounds. Requires travel to perform essential and marginal functions.

# **TERMS OF EMPLOYMENT.**

The duration of any fully restricted funded position in this classification is dependent upon the continuation of funding.

Athletic Trainer - Certified Page 3