



THE NEWS LETTER

MAKING AN IMPACT THROUGH EDUCATION



GEAR UP is a Department of Education grant-funded student program offered through Palomar College and partnering at 4 local high schools within the Fallbrook High, Vista Unified, and Valley Center-Pauma Unified school districts. GEAR UP offers college readiness and outreach services to the graduating classes of 2022 and 2023 at no cost to students.

OUR GOAL

- Increase academic performance and preparation for post-secondary education.
- Increase high school graduation and participation in post-secondary education.
- Increase GEAR UP students' and their families' knowledge of post-secondary education options, preparation, and financing.

PROGRAM SERVICES

Postsecondary Education Resources
Student and Parent Workshops
College and Career Planning
Academic Support

College Field Trips
Tutoring
Mentoring

SERVING 2,326
STUDENTS IN 2018-2019

SCHOOLS BEING SERVED

Fallbrook High School
Valley Center High School
Vista High School
Rancho Buena Vista High School



PARENTING SEMINARS

Valley Center GEAR UP collaborated with Positive Parenting Program funded by the San Diego County Health and Human Services Agency to provide parents three free sessions on finding positive solutions to common teenage behavior issues. Parents that completed the program learned about communication tools that were making a positive impact in the way they interacted with their teens. Parents also felt a sense of community because of the interaction with other parents going through similar barriers.



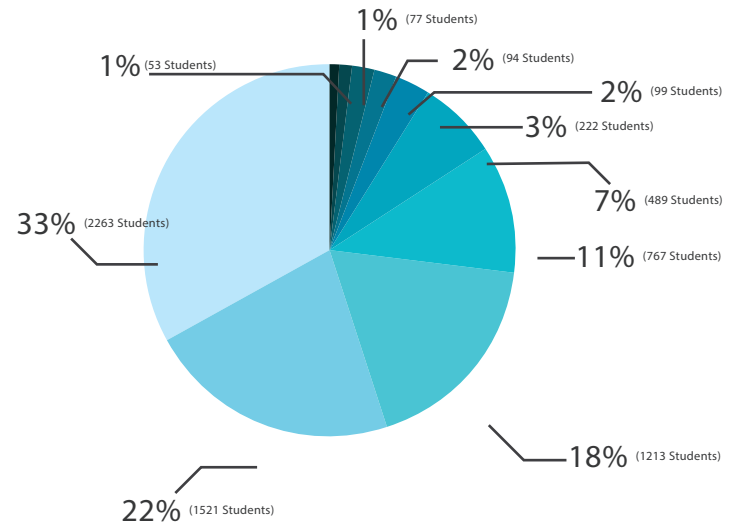
COLLEGE TRIP

Valley Center and Fallbrook GEAR UP held a spring college trip at the University of California, Los Angeles on April 16, 2019 where close to 75 students, parents, and staff attended. The visit included a tour of the campus along with informational sessions on admissions, resources and student activities. GEAR UP partnered with student organization Hermanos Unidos to lead a panel where students asked questions and gained key insights on campus life, financial resources, majors/minors offered, careers, and overcoming hurdles.

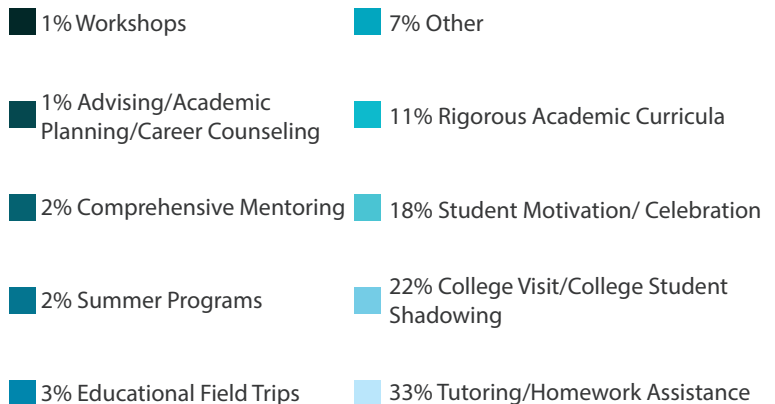
SUPER STEM SATURDAY

Valley Center 8th grade GEAR UP students participated in the Super Science Technology Engineering Mathematics (STEM) Saturday on March 9th, 2019 at Cal State University, San Marcos. Students received exposure to careers in the STEM fields through hands-on activities and demonstrations.

GEAR UP STUDENT PARTICIPATION



Number of GEAR UP students who participated in activity



CAREER AND TECHNICAL EDUCATION (CTE)

GEAR UP Vista Innovation and Design Academy and Rancho Minerva Middle School eighth grade students visited Palomar College to learn about college and career opportunities. Students heard career presentations by the Palomar College Career and Technical Education (CTE) programs, which include Nursing, Dental, Welding, Auto Mechanic, Graphic Design, Fashion, Architecture, and Cabinet and Furniture making. Students also visited the Planetarium where they experienced a narrative journey through the stars by Palomar's own Astronomy professors.

2018-2019 SURVEY RESULTS

Objective 3.1. Increase educational expectations for participating students.

C. GEAR UP students' expectations of earning a college degree will be maintained at 60% in the middle school years and 70% in the high school years.

For both cohorts, 66% of students reported expectations of earning a college degree (defined as earning a post-secondary certificate, two-year, four-year, or graduate degree) in middle school, exceeding the targeted 60%.

Has anyone from school or GEAR UP helped you plan how to graduate from high school?

687 Students answered YES

Has anyone from school or GEAR UP helped you learn about the benefits of going to college/university?

877 Students answered YES

Has anyone from school or GEAR UP helped you plan to go to college/university?

664 Students answered YES

Has anyone from school or GEAR UP helped you learn about career/job choices for your future?

778 Students answered YES

Do you have enough information to help you stay on track to graduate from high school when the time comes?

1107 Students answered YES

Do you have enough information to help you stay on track to go to college/university when the time comes?

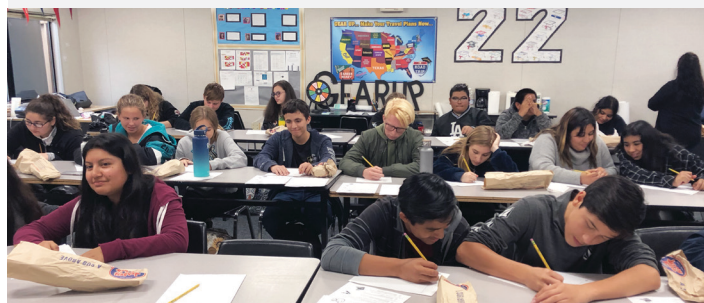
793 Students answered YES

SUMMER ENRICHMENT AND DUAL ENROLLMENT

GEAR UP students received a head start on earning college credit this summer through the Palomar College Summer Enrichment and Dual Enrollment Programs. The six-week Summer Enrichment program challenged 23 GEAR UP Vista students to take courses that empowered students interested in the Nursing and Gaming career fields. Additionally, 11 GEAR UP Fallbrook High School students completed a Palomar college Dual Enrollment course on Oral Communications.

SUPPORTING THE TRANSITION FROM HIGH SCHOOL TO COLLEGE

The GEAR UP Classic grant 2011-2019 was approved for a No-Cost extension to continue supporting the Escondido and San Marcos high school graduates of 2017 and 2018 during their first year of college. GEAR UP offered textbook assistance to 275 graduates that attend Palomar College and 209 graduates that attend Cal State University of San Marcos. Purchasing textbooks is often a financial burden for many students. The initiative was provided to increase college retention rates and ensure students had access to their required course material from day one, giving them more opportunities to thrive.



ADULTING 101

Valley Center GEAR UP hosted a variety of after-school workshops throughout the year intended to support the student's personal, academic and career development. The workshop series titled Adulting 101 covered topics like Effective Study Habits, Career Awareness with Professional career speakers, College and Career Pathways, Advanced Placement/Honors Information, and Resume Building.





VISTA HIGH SCHOOL GEAR UP CONTACT INFORMATION

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Yesenia Roblero, M.S. Ed. | VHS Site Coordinator



FALLBROOK HIGH SCHOOL GEAR UP CONTACT INFORMATION

GEAR UP Room 31
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760-723-6300 Ext. 2031

2400 S Stage Coach Ln, Fallbrook, CA 92028

Elizabeth Alvarado | FHS Site Coordinator



RANCHO BUENA VISTA HIGH SCHOOL GEAR UP CONTACT INFORMATION

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760.727.7284 Ext. 72718

1601 Longhorn Dr, Vista, CA 92081

Wendy Fraga | RBVHS Site Coordinator



VALLEY CENTER HIGH SCHOOL GEAR UP CONTACT INFORMATION

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Riham Mathieu | VCHS Site Coordinator



The GEAR UP team is dedicated to the success of our students by providing an array of academic support services at each of our school sites. Our collaborative efforts with our internal and external partners ensure student success. My sincere gratitude to the GEAR UP team and all our partners in helping us achieve our goals.

Joe LeDesma | GEAR UP Program Director

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Monday-Friday 8:00am-4:30pm

Dear GEAR UP Partners,

Thank you for your support. Your partnership creates new opportunities for students in our community to succeed. If you have an educational component that would benefit our high school students, please contact the Marketing/Business Advisor Therese Cisneros-Remington. Your business has the opportunity to collaborate by speaking at our college and career workshops, mentoring through job shadowing and participating in career expo sessions. Please welcome our newest partners - San Diego North Economic Development Council and Santa Fe Dental Group.

Thank you to these local businesses for their generous donations:



To review partnership opportunities with The Palomar College GEAR UP Program, please contact Therese Cisneros-Remington, 760-744-1150 Ext. 3680 or email her at tremington@palomar.edu