



PFD Management Catering Menu

PFD Management catering service is a full-service operation designed and developed to meet your catering needs while providing you and your guests an experience of California's diverse and rich tradition of the region's cuisine. Large or Small, formal or informal, what we have provided in this proposal is a framework a framework within which to build your perfect, worry-free occasion. By utilizing the most professional staff, a most creative culinary expertise, and PFD Management's traditional, fresh and bountiful ingredients, we are proud to present to you a solid foundation to meet all your "Event" needs. We look forward to serving you. For additional information to arrange a planning session, or just to meet each other.

Salads of Distinction

Asian Chicken Salad (Calories: 200kcal, Sodium: 400mg, Fat: 9g) **\$ 9.50**

Shredded Cabbage and Romaine Mix, Green Onions, Carrots, Sesame Seeds, Dried Noodle, Baby Corn, Chestnut, Grilled Chicken, Mandarin Orange with Oriental Dressing

Grilled Chicken Caesar Salad (Calories: 428kcal, Sodium: 1906mg, Fat: 25g) **\$ 9.00**

Chicken Breast, Parmesan Cheese, House Made Croutons, with Chopped Romaine Hearts Lettuce with Caesar Dressing

Sweet Strawberry, Mango, and Spring Mix Salad (Calories: 456kcal, Sodium: 455mg, Fat: 34g) **\$ 9.75**

with Mandarin Oranges, Feta Cheese, Sliced Toasted Almonds and Sweet Herb Dressing

Mediterranean Salad (Calories: 640kcal, Sodium: 1190mg, Fat: 10g) **\$ 9.50**

Spring Mix Salad with Feta Cheese, Diced Tomato, Cumin Powder, Red Onion, Cucumber, Garbanzo Beans, Black Olive with Balsamic

Southwestern Salad (Calories: 650kcal, Sodium: 700mg, Fat: 32g) **\$ 9.50**

Black Beans, Mix Cheese, Avocado, Black Olives, Tortilla Chips, Carrots, Green Onion, Tomato, Chopped Romaine Lettuce with Southwestern Dressing

Cobb Salad (Calories: 728kcal, Sodium: 1520mg, Fat: 6g) **\$ 9.75**

with Chopped Romaine Lettuce, Tomato, Bacon Bites, Boiled Egg, Avocado, and Diced Chicken with Ranch Dressing

Specialty Sandwiches

Fresh Daily Made Sandwiches

B.L.T.A. (Calories: 440kcal, Sodium: 440mg, Fat: 24g)

\$ 8.85

with Bacon, Lettuce, Tomato, and Avocado with Mayo on Flat Bread

Turkey Bacon Club (Calories: 530kcal, Sodium: 2100mg, Fat: 16g)

\$ 8.95

with Turkey, Bacon, Avocado, Tomato, Romaine Lettuce, Red Onion, Swiss Cheese and Mayo, Mustard on White Toasted Flat Bread

California Turkey Fresh (Calories: 630kcal, Sodium: 1810mg, Fat: 23g)

\$ 8.95

with Turkey Breast, Avocado, Monterey Jack Cheese, Red Onion, Romaine Lettuce, Tomato, Mayo and Dijon Mustard on Dutch Crunch Roll

Smoked Ham Sandwich (Calories: 554kcal, Sodium: 1503mg, Fat: 7g)

\$ 8.25

with Spring Mix Lettuce, Red Onion, Tomato, Provolone Cheese, Pepperchini on Dutch French Roll

Chicken Salad (Calories: 540kcal, Sodium: 1930mg, Fat: 18g)

\$ 8.50

with Celery, Red Onion, Romaine Lettuce, Black Pepper, Pepperchini and Mustard on Wheat French Roll

Egg Salad (Calories: 640kcal, Sodium: 1810mg, Fat: 28g)

\$ 8.25

with Egg Salad, Red Onion, Pickles, Romaine Lettuce with Tomato on White French Roll

Four Cheese (Calories: 720kcal, Sodium: 1450mg, Fat: 30g)

\$ 8.00

with Cheddar, Swiss, Provolone, American Cheese and Mayo, Romaine Lettuce, Tomato, Red Onion, Pickle with Black Pepper on Sourdough

Specialty Sandwiches (cont.)

Fresh Daily Made Sandwiches

Italian (Calories: 780kcal, Sodium: 2130mg, Fat: 34g)

\$ 8.50

with Romaine Lettuce, Salami, Mortadella, Pepperoni with Provolone with Black Pepper and Tomato, Red Onion on French Roll

Grilled Chicken Caesar (Calories: 1040kcal, Sodium: 2180mg, Fat: 62g)

\$ 8.50

with Grilled Chicken Breast, with Romaine Lettuce, Red Onion, Tomato, with Caesar Spread on French Roll

Tomato and Mozzarella (Calories: 1026kcal, Sodium: 1465mg, Fat: 61g)

\$ 8.00

with Fresh Basil and Sun Dried Tomato, Mayo and Mustard on White French Roll

Grilled Veggie (Calories: 589kcal, Sodium: 543mg, Fat: 12g)

\$ 8.50

with Grilled Bell Pepper, Zucchini, Red Onion, Carrots with Monterey Jack Cheese with Spring Mix, Mayo and Mustard on Flat Wheat Bread

Fresh Pizza

Supreme**\$ 26.99***Pepperoni, Italian Sausage, Salami, Mushrooms, Green Peppers, Onions, Black Olives with Tomato Sauce***Four Meat Lovers****\$ 24.99***Italian Sausage, Pepperoni, Salami, Ham on Red Sauce***Gourmet Veggie****\$ 21.99***Artichoke Hearts, Zucchini, Spinach, Mushrooms, Tomatoes, Garlic, Red and Green Onions with Creamy Garlic Sauce***Chicken and Garlic Gourmet****\$ 23.99***Chicken Meats, Garlic, Mushrooms, Tomatoes, Red and Green Onions with Italian Seasoning with Cheese.***Hawaiian****\$ 23.99***Smoked Ham with Juicy Pineapple on Red Sauce***Margherita****\$ 21.99***Made with olive oil, Italian Herbs, Roasted Garlic, Roma Tomatoes and Fresh Basil*

Hot Luncheons

Themed Receptions

CHICK, CHICK, CHICK!

\$15.25 per person

Choose your favorite preparation! Boneless chicken breast accompanied by rice pilaf and sautéed vegetables

LATIN AMERICAN FLAVORS

\$16.25 per person

Chicken, beef or roasted vegetable tacos with all the trimmings, your choice of flour or corn tortillas, grated cheddar and jack cheeses, sautéed bell peppers and onions, sour cream, guacamole, and fresh pico de gallo, sour cream

PASTA PRIMO

\$14.25 per person

So many choices, so little time... Served with a classic Caesar salad and Garlic Bread

- Creamy chicken alfredo linguini with garlic and wild mushroom sauce
- Angel hair pasta with fresh tomato and basil
- Mostaccioli with smoked gouda, eggplant and tomato
- Cheese tortellini pomodoro
- Plus many more options

TERIYAKI (Choice of Chicken, Beef or Salmon)

\$15.25-\$19.25 per person

Teriyaki with steamed rice and steamed vegetable or salad served with pot stickers

JAPANESE CURRY CHICKEN

\$14.95 per person

served with steamed rice, pickled ginger, and side of salad

Hot Luncheons

Themed Receptions

KOREAN STYLE BOXED LUNCH

\$18.95 per person

Choice of Beef Bulgogi, Spicy Pork, or Chicken served with steamed rice, salad, Korean style side dishes in bento container

Roll Platter

\$14.95 per person

Korean Style Kimbap (Roll) or California Rolls or Yubu Rolls served with side of salad

SONOMA'S BOUNTY

\$14.50 per person

California fruit and cheese platters with sliced sourdough baguette, assorted crackers, vegetable crudité with a spinach and artichoke dip, mini corn muffins with honey mustard and smoked turkey, vegetarian and country pate selections

ICE CREAM OR FROZEN YOGURT SPECIAL

\$8.50 per person

Featuring premium ice creams or frozen yogurts with an array of toppings

Breakfast

CONTINENTAL BREAKFAST**\$ 7.95 per person**

Assorted Pastries with Fresh Brewed Coffee Station

DELUXE HEALTHY BREAKFAST**\$ 9.95 per person**

Fresh carved fruit platter with yogurt, granola served with Fresh Brewed Coffee Station and pitcher of juice

HOT CONTINENTAL BREAKFAST**\$12.95 per person**

Scrambled Egg, with bacon, breakfast sausage, hash brown or tater tots, sliced toasted bread served with Fresh Brewed Coffee Station and pitcher of juice

Take a Break!

House Baked Cookies	\$ 1.75 each
Brownie	\$ 2.75 each
Cookies and Brownie Platter	\$ 3.50 each
Fruit Platter	\$ 5.75 per person
Garden Fresh Vegetables Platter with Dip	\$ 4.25 per person

Beverages

Assorted Canned Soda	\$ 1.75 each
Bottled Water	\$ 2.00 each
Bottled Ice Tea	\$ 3.75 each
House-made Lemonade	\$ 2.50 per person
Fresh Brewed Coffee	\$ 3.95 per person