



EMERGENCY PROCEDURES GUIDE

THIS GUIDE

EMERGENCY PHONE NUMBERS FOR PALOMAR COLLEGE

BEHAVIORAL CONCERNS

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THE EMPLOYEE QUICK REFERENCE GUIDE FOR EMERGENCIES

CAMPUS MAP - SAN MARCOS

MAIN CAMPUS EMERGENCY PHONE EXTENSIONS
INFORMATION SERVICES PAY TELEPHONE NUMBERS

This Guide has been prepared for you as a quick reference during emergency conditions on campus. You will be most effective in an emergency when you are prepared. Please take a few moments to review the material.

This document is not meant to cover every emergency situation that may arise. If you are unsure of what you need to do in a particular emergency, please ask your supervisor or contact Campus Police by dialing extension 2289 or 760-891-7273. Be sure to check with your supervisor for emergency guidelines and policies that are specific to your

building (example: Chemistry, DRC, etc.).

In the event of an emergency, **faculty, staff and supervisors** have the responsibility to give instructions to students and staff, close and lock doors, and provide other required safety and first aid measures unless otherwise directed by law enforcement or emergency personnel. (See 2nd to last page, for The Employee Quick Reference Guide for Emergencies.)

If calling from a campus phone:

Campus Police	2289 or 760-891-7273
Poison Control	1-800 876-4766
Environmental Health & Safety	3677
Health Services	2380
Facilities Office	2629

When calling, calmly state:

- Your full name.
- Exact address or building, floor, and area or department of emergency.
- Whether any injuries have occurred.
- Hazards present which may threaten persons on the scene or those responding (chemical storage, compressed gases, etc.).
- Telephone number and location at the scene where you can be reached.
- **Don't hang up!!** Additional information may be needed, and emergency directions may be given.

**CONTACT CAMPUS POLICE, AT EXTENSION 2289 OR
760-891-7273. IN THE EVENT OF A CRISIS SITUATION
CAMPUS POLICE WILL MAKE THE APPROPRIATE NOTIFICATIONS,
AND REQUEST ANY FURTHER ASSISTANCE THAT IS NEEDED.**

Examples of these situations would be:

- Alcohol and drug use emergencies
- Disruptive behavior
- Discipline issues
- Mental health/behavioral incidents or concerns.
- Any assault or incident involving bodily injury
- Threats to public welfare

**DURING A CIVIL DISTURBANCE EVERYONE SHOULD ATTEMPT TO
CARRY ON BUSINESS AS NORMALLY AS POSSIBLE.**

1. Avoid provoking or obstructing the demonstrators.
2. Avoid the area of the disturbance.
3. Continue with your normal routine.
4. If the disturbance is outside, stay away from doors or windows.
5. If a class or lecture is disrupted, immediately call Campus Police for assistance at 2289 or 760-891-7273.

**ANY PERSON WHO RECEIVES OR IDENTIFIES
SUSPICIOUS MAIL SHOULD LEAVE THE ITEM ALONE AND NOT MOVE IT.

IMMEDIATELY CONTACT CAMPUS POLICE AT
EXTENSION 2289 OR 760-891-7273.**

Tips for identifying suspicious packages:

- Rigid or bulky
- Lopsided or uneven envelope
- Badly written or misspelled labels
- Generic or incorrect titles
- Foreign writing, postage, or return address
- Missing or nonsensical, or unknown return address
- Unusual odor
- Excessive postage
- No postage
- Excessive securing material such as masking tape, string, etc.
- Excessive weight
- Protruding wires and/or tin foil
- Restrictive markings, such as confidential, personal, title but no name, etc.
- Stains or discoloration

Always remain aware! Look for anomalies.

IF YOU HAVE INFORMATION ABOUT THE INCIDENT WHICH MAY BE USEFUL TO INVESTIGATORS:

Contact Campus Police at extension 2289 or 760-891-7273 to give the dispatcher the details along with your location and nature of the emergency, full name and contact number.

If inside the building:

- Immediately take cover under tables, desks, or other such objects providing protection against flying glass and debris.
- Remain inside the building until safe to exit.
- Follow the directions of emergency response personnel when they arrive.
- If evacuation is in order, take personal items such as car keys, purse, medication, glasses, as you may not be able to return to the building for an extended period of time.
- Seek out and assist injured and disabled persons in evacuating the building.
- Once outside, move at least 300 feet away from the building. Keep roadways and walkways clear for emergency vehicles.
- DO NOT RE-ENTER the building until instructed to do so by emergency personnel.

If outside the building:

- Move quickly away from the building
- Follow the directions of emergency response personnel when they arrive.
- Notify emergency personnel on the scene, if you suspect someone may be trapped inside the building.
- As a precaution, make sure you are aware of the safety equipment in your building and report potential hazards to Campus Police at extension 2289 or 760-891-7273

Listen for additional instructions through the InformaCast Emergency Notification System. Follow the instructions of emergency personnel immediately to ensure your safety.

**IF AN EXPLOSION OF ANY TYPE OCCURS,
Immediately Call Campus Police at ext. 2289 or 760-891-7273.**

Give all information to the dispatcher and stay on the line for emergency directions.

EXPLOSION/AIRPLANE CRASH

**IF YOU OBSERVE A CRIME IN PROGRESS, OR SUSPICIOUS ACTIVITY,
IMMEDIATELY NOTIFY CAMPUS POLICE
AT EXTENSION 2289 OR 760-891-7273.
DO NOT APPROACH OR APPREHEND THE PERSON(S) INVOLVED.
DO NOT TAKE UNNECESSARY CHANCES
(DO NOT INTERFERE WITH THE FOLLOWING):**

- Persons committing the crime/creating the disturbance.
 - Law Enforcement Authorities and Emergency Personnel on the scene.
- If you are the victim of, are involved in, or witness any on-campus violation of the law such as assault, robbery, theft, sexual assault, etc.
IMMEDIATELY CALL the Campus Police at Extension 2289 or 760-891-7273

Supply the following information to the Dispatcher

- Nature of the incident
- Location of the incident
- Description of person(s) involved
- Location of person(s) involved
- Are there any weapons involved?
- Has anyone been injured?
- Your full name, location, department, and contact number

Obtain a good description of the criminal, if personal safety allows:

- Note height, weight, sex, race, approximate age, hair color and style, clothing description, are they carrying anything, direction of travel, on foot, in a vehicle, etc.
- This process only takes a few seconds but can be of vital assistance to investigating officers.
- Should a criminal attempt or accomplish getting away in a vehicle, on a bicycle, etc., note the make and model, license number, color, any outstanding characteristics of the vehicle, and the direction of travel.
- Remain where you are until a police officer arrives.

IMMEDIATELY CALL CAMPUS POLICE AT EXTENSION 2289 OR 760-891-7273.

Give all information to the dispatcher and stay on the line for emergency directions.

Listen for additional instructions through the InformaCast Emergency Notification System.

Follow the instructions of emergency personnel immediately to ensure your safety.

Response to an active shooter on campus requires a survival mindset. This mindset entails:

1. AWARENESS – Be aware of your surroundings; use all your senses, where are the gunshots coming from?
2. PREPARATION – Know your area, how many exits are there in your classroom or building, what rooms can you lockdown? Prepare yourself to do whatever it takes to survive.
3. REHEARSAL – Mentally and physically practice your plan to build confidence and react quickly.

Supply the following information to the Dispatcher, actions to take

- DO NOT assume someone else has called.
- Give your exact location, (e.g. room MD-153.)
- If you can see the shooter(s) relay their exact location to the dispatcher, take a picture if you can do so without endangering yourself.
- If others are with you, how many?
- Is anyone with you injured?
- Lock the door, if possible.
- Turn off the lights and close the blinds.
- Stay away from windows and doors
- Block the door with heavy objects.
- Keep quiet, put cell phones and pagers on silent/vibrate.
- Quietly plan what to do if the shooter enters the area.
- Maintain a “survival mindset” and commit to working together to survive.
- If a shooter enters your space, assume their intentions are lethal.
- Stick to your plan to take out the shooter.
- Use anything you have with you and in the room as weapons.
- When the shooter enters, yell loudly and throw things at the shooter, aim at the face.
- Act as a team to overcome shooter.
- Total commitment is critical; do not give up until you have won!

REMEMBER, those in immediate danger are the “real First Responders”

ACTIVE SHOOTER

TELEPHONE BOMB THREAT REPORT FORM

INSTRUCTIONS: Be calm. Be courteous. Listen. Do not interrupt the caller.

Notify Supervisor / Police officer of the situation by prearranged signal while caller is on the line.

Today's Date /___/___					
Information on call					
Date of call:		Time of call: <div><input type="checkbox"/> AM <input type="checkbox"/> PM</div>		Duration of call:	
Phone number called: ()					
Name of person receiving the call:			Phone number to call for follow up: ()		
Questions for caller (Try to ask these questions and document responses)					
When will the bomb explode?		What kind of bomb is it?		What will cause the bomb to explode?	
Where is the bomb located?		What does the bomb look like?		Did you place the bomb?	
Why did you place the bomb?		Where are you now?		What is your name?	
Document exact wording of threat:					
Information on caller:					
Gender of caller: <div><input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Unknown</div>		Approximate age of caller:		Does the voice sound familiar:	
If yes, who does it sound like?					
Description of caller: (Check all that apply)					
Voice		Speech		Language	
Behavior		Background Noise			
<input type="checkbox"/> Clean	<input type="checkbox"/> Accented	<input type="checkbox"/> Educated	<input type="checkbox"/> Agitated	<input type="checkbox"/> Airport	<input type="checkbox"/> Quiet
<input type="checkbox"/> Distorted	<input type="checkbox"/> Deliberate	<input type="checkbox"/> Foreign	<input type="checkbox"/> Angry	<input type="checkbox"/> Animals	<input type="checkbox"/> Restaurant
<input type="checkbox"/> Hoarse	<input type="checkbox"/> Distinct	<input type="checkbox"/> Foul	<input type="checkbox"/> Blaming	<input type="checkbox"/> Baby	<input type="checkbox"/> Static
<input type="checkbox"/> Loud	<input type="checkbox"/> Fast	<input type="checkbox"/> Intelligent	<input type="checkbox"/> Calm	<input type="checkbox"/> Birds	<input type="checkbox"/> Street Noise
<input type="checkbox"/> Muffled	<input type="checkbox"/> Hesitant	<input type="checkbox"/> Irrational	<input type="checkbox"/> Clearing Throat	<input type="checkbox"/> General Noise	<input type="checkbox"/> Talking
<input type="checkbox"/> Nasal	<input type="checkbox"/> Lisp	<input type="checkbox"/> Rational	<input type="checkbox"/> Crying	<input type="checkbox"/> Guns Firing	<input type="checkbox"/> Tavern/Bar
<input type="checkbox"/> Pitch-High	<input type="checkbox"/> Slow	<input type="checkbox"/> Slang	<input type="checkbox"/> Fearful	<input type="checkbox"/> Gymnasium	<input type="checkbox"/> Television
<input type="checkbox"/> Pitch-Med	<input type="checkbox"/> Slurred	<input type="checkbox"/> Taped/Recorded	<input type="checkbox"/> Intoxicated	<input type="checkbox"/> Machinery	<input type="checkbox"/> Traffic
<input type="checkbox"/> Pitch-Low	<input type="checkbox"/> Stuttered	<input type="checkbox"/> Uneducated	<input type="checkbox"/> Laughing	<input type="checkbox"/> Motor	<input type="checkbox"/> Train
<input type="checkbox"/> Pleasant	<input type="checkbox"/> Other:	<input type="checkbox"/> Unintelligible	<input type="checkbox"/> Nervous	<input type="checkbox"/> Music	<input type="checkbox"/> Typing
<input type="checkbox"/> Raspy	<input type="checkbox"/> If Accented,	<input type="checkbox"/> If Foreign,	<input type="checkbox"/> Self-Righteous	<input type="checkbox"/> Party	<input type="checkbox"/> Water/Wind
<input type="checkbox"/> Smooth	Describe:	Describe:	<input type="checkbox"/> Other	<input type="checkbox"/> PA System	<input type="checkbox"/> Other
<input type="checkbox"/> Soft					
<input type="checkbox"/> Squeaky					
<input type="checkbox"/> Unclear					
<input type="checkbox"/> Other					

Most bomb threats are received by phone. Bomb threats are serious until proven otherwise. Remain calm and obtain as much information as possible with the below checklist.

Do Not:

- Use two-way radios or cellular phone; radio signals have the potential to detonate a bomb.
- Evacuate the building until police arrive and evaluate the threat.
- Activate the fire alarm.
- Touch or move a suspicious package.

Signs of a suspicious package:

- No return address
- Excessive postage
- Stains
- Strange odor
- Strange sounds

- Unexpected

If a bomb threat is received by phone:

1. Remain calm. Use checklist above.
2. If the call is received on a Voice over IP phone, copy the number and/or letters on the display.
3. The most crucial information you can obtain from the caller is detonation time, location, and appearance of the bomb.
4. Don't hang up. Have someone call 2289 from another phone. Give the phone number where the bomb threat is received.

If a bomb threat is received by note:

- Call Campus Police at extension 2289, or 760-891-7273
- Do not handle the note.

Certain emergencies may require evacuation of the building. DO NOT USE ELEVATORS. Notify others in the immediate vicinity.

PREPARE: Determine in advance the nearest exit from your work location and the route you will follow to reach that exit in an emergency. Establish an alternate route to be used in the event your route is blocked or unsafe.

IN THIS EVENT:

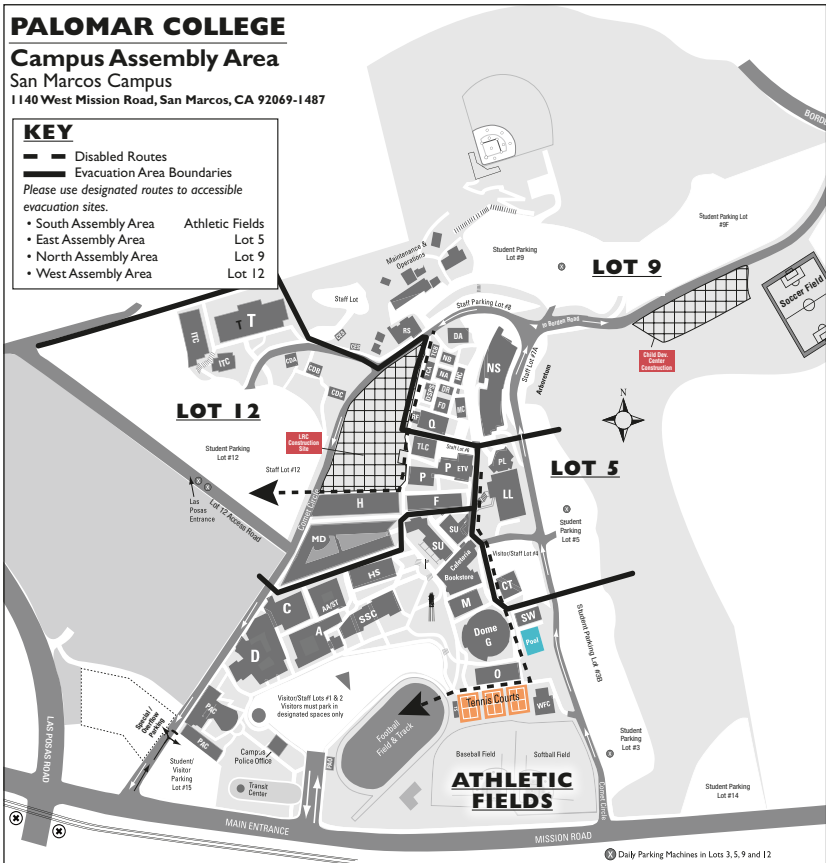
- Fire alarm or verbal notice will be used to sound the evacuation.
- Remain calm and orderly; walk quickly -- **DO NOT RUN, DO NOT PUSH OR CROWD.**
- Upon exiting the building, maintain a safe distance from the building.
- If time permits, turn off the power to electrical equipment and close doors.
- Seek out and give assistance to any persons with disabilities in the area.

PROCEED TO YOUR DESIGNATED ASSEMBLY AREA (see campus map)

- | | |
|-----------------------|-----------------|
| • South Assembly Area | Athletic Fields |
| • East Assembly Area | Lot 5 |
| • North Assembly Area | Lot 9 |
| • West Assembly Area | Lot 12 |

IF RELOCATING OUTSIDE THE BUILDING:

- Move quickly away from the building. **DO NOT RETURN** until notified by emergency personnel that it is safe to do so.
- Watch for falling glass and other debris.
- Do not attempt to go to your vehicle unless a campus evacuation has been ordered. Traffic evacuation will proceed as directed by Campus Police.



NON-AMBULATORY PERSONS

Evacuation may not be necessary or advisable. Many stairwells are designed to provide temporary protection from fire or other danger. An able-bodied volunteer should stay with a wheelchair user in the platform area of the stairwell while a second person notifies emergency personnel or paramedics of the exact location of the wheelchair user.

If immediate evacuation is necessary, be aware of the following considerations:

- Wheelchairs have many moving parts; some are not designed to withstand stress or lifting.
- You may need to remove the chair batteries. Life support equipment may be attached.
- In a life-threatening emergency it may be necessary to remove an individual from their wheelchair. Lifting a person with minimal ability to move may be dangerous.
- Wheelchairs should not be used to descend stairwells, if at all possible.
- Non-ambulatory persons may have respiratory complications. Remove them from smoke or fumes immediately and determine their needs and preferences.

Always consult with the person in the chair regarding how best to assist them.

- The number of people necessary for assistance.
- Ways of being removed from the wheelchair.
- Whether to extend or move extremities when lifting because of pain, catheter leg bags, spasticity, braces, etc.
- Whether to carry forward or backward on a flight of stairs.
- Whether a seat cushion or pad should be brought along if the wheelchair is being left behind.
- In lieu of a wheelchair, does the person prefer a stretcher, chair with cushion/pad, or car seat?
- Is paramedic assistance necessary?

VISUALLY IMPAIRED PERSONS

Most visually impaired persons will be familiar with their immediate work area. In an emergency situation:

- Describe the nature of the emergency and offer to act

as a “sighted guide” – offer your elbow and escort him/her to a safe location.

- As you walk, describe where you are and advise of any obstacles.
- When you have reached safety, orient the persons to where you are and ask if further assistance is needed.

HEARING IMPAIRED PERSONS

Because persons with impaired hearing may not perceive emergency alarms, an alternative warning technique is required.

Two methods of warning:

- Write a note describing the emergency and the nearest evacuation route: (“FIRE. Go out rear door to the right and down, now!”)
- Turn the light switch off and on to gain attention, and then indicate through gestures what is happening and what to do.

IN MOST INCIDENTS

Evacuation will not be necessary or advisable. **DO NOT** evacuate unless instructed to do so by emergency personnel, the fire alarm has been activated, or danger is imminent.

- All persons should proceed toward the nearest safe emergency exit.
- If assistance is not immediately available, individuals with impairments should stay in the exit corridor and call for assistance. If the exit corridor should become dangerous, proceed into the stairway, if possible, and stay at the stairway landing. Close the door behind you to keep smoke out of the stairway. If the stairway should become unsafe, proceed to a safe area away from smoke and fire, closing doors behind you to isolate the smoke. **CALL Campus Police at ext., 2289 or 760-891-7273 and advise the operator of your situation. DO NOT** open the window unless smoke is entering the room. If possible, place a wet cloth material around and under the door to prevent smoke from entering.
- Persons who cannot speak loudly should carry a whistle or other means of attracting assistance.

Personnel Exposures/Contamination

1. Remove exposed/contaminated individual(s) from area, unless it is unsafe to do so because of:
 - (1) Medical condition of victim(s) or
 - (2) Potential hazard to rescuer(s).
2. **Call Campus Police at extension 2289 or 760-891-7273 AT ALL TIMES, if immediate medical attention is required.**
4. Administer First Aid as appropriate.
5. Proceed to nearest emergency eyewash/shower station to flush contamination from eyes/skin.
6. Remove contaminated clothing.
7. Stand-by to provide information or assistance (including material safety data sheet) to emergency personnel (in cases where they are dispatched).

Contamination of Equipment/Facilities

- **DO NOT attempt any clean-up or decontamination procedures alone or without wearing proper protective attire**, including appropriate respiratory protection where airborne hazards may exist (personnel **MUST BE** trained and certified before using respiratory protection).
- **Avoid spreading contamination by restricting access** to the equipment/area only to individuals who are properly protected and trained to deal with the type of hazard which exists.

- **If a liquid spills, attempt to contain it** by using the appropriate absorbent material.
- **Attempt to decontaminate the equipment/area** using appropriate methods.
- Approach spills from: Uphill, Upwind, and Up Stream.

Release to the Environment (Air, Water, Soil)

- **Stop the release**, if it is safe to do so.
- **Follow the procedures described above** for contamination of equipment/facility.

PREPARE IN ADVANCE:

Know the locations of alternate exits from your area. If your work station is located within an office, know exactly how many doors you will pass along your evacuation route before you reach the nearest exit door – in heavy smoke, exit signs may not be visible, or may be obscured. Even in heavy smoke, you can count the number of doors you pass, so you will know when you reach the exit door. **ALL EMPLOYEES SHOULD LEARN TO USE FIRE EXTINGUISHERS:**

FIRE EXTINGUISHER INSTRUCTIONS: PASS

- **PULL** Safety Pin From Handle
- **AIM** (Nozzle, Cone, Horn) At Base Of Fire
- **SQUEEZE** The Trigger Handle
- **SWEEP** From Side to Side (Watch For Re-Flash)

IF YOU DISCOVER A FIRE IN YOUR AREA, DESIGNATE SOMEONE TO CALMLY AND QUICKLY:

- Alert and evacuate people in the room; move everyone away from area of fire.
- Close door after exiting.
- Activate nearest fire alarm.
- Immediately call 2289. Report your full name, department and location of fire.
- **DO NOT HANG UP UNTIL THE CALL IS COMPLETE.**
- Use fire extinguishers on small (**wastebasket-size**) fires **ONLY** if it is safe to do so.
- Be sure to use the proper extinguisher for the type of fire you are fighting.
- Know the location of the closest fire extinguisher.

IF TRAPPED IN A ROOM:

- Place cloth material around/under door to prevent smoke from entering.
- Retreat. Close as many doors as possible between you and the fire.
- Be prepared to signal from window but **DO NOT BREAK GLASS** unless absolutely necessary (outside smoke may be drawn in).

IF CAUGHT IN SMOKE:

- Drop to hands and knees and crawl or crouch low with head 30" to 36" above floor, watching the base of the wall as you go.
- Hold your breath as much as possible.
- Breathe shallowly through nose using blouse or shirt as filter.

IF FORCED TO ADVANCE THROUGH FLAMES:

- Hold your breath. Move quickly, covering head and hair.
- Keep head down and close eyes as often as possible.

**IF CLOTHING CATCHES FIRE:
STOP....DROP....ROLL**

WHEN A FIRE ALARM IS ACTIVATED:

- Follow emergency personnel’s directions.
- Walk – **DO NOT RUN**; proceed to the nearest exit (remove high heels to avoid tripping).
- Alarm may not sound continuously. If alarm stops, continue evacuating.
- Feel door, top and bottom, for heat (use back of hand). **IF HOT, DO NOT OPEN.** If door is not hot, open slowly. Stand behind door and to one side; be prepared to close it quickly if fire is present.
- Provide assistance to disabled persons (see “evacuation of disabled persons”).
- Notify emergency personnel if you suspect someone may be trapped inside the building.
- Use stairwell for exit (if applies); **DO NOT USE ELEVATOR.** Close stairwell door behind you.
- Stay low when moving through smoke; proceed to assigned evacuation area (at least 300 feet from the building).
- **DO NOT** interfere in any way with actions of emergency personnel.
- **DO NOT** return to area until instructed to do so by emergency personnel.

FOR YOUR AREA

Alarm Location: _____	Fire Extinguisher Location: _____
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NOTIFY the FACILITIES OFFICE at extension 2629 (San Marcos campus) between the hours of 7:00 a.m. – 4:30 p.m.

After hours, call Campus Police at extension 2289 or 760-891-7273.

Be prepared to provide the following information:

- Your full name
- The building and room location of the outage
- Nature of the incident
- Floor or area affected

If evacuation of the building is required, use flashlights or light sticks to evacuate to your designated assembly area (see campus map). Assist any disabled persons and exit by stairway.

DO NOT USE ELEVATORS.

UTILITY PROBLEMS GENERAL ACTION GUIDE

Gas Leaks:

CALL the Facilities Office (San Marcos campus) at ext. 2629 between the hours of 7:00 a.m. to 4:30 p.m. **After Hours,** call Campus Police at ext. 2289 or 760-891-7273). **VACATE AREA.**

Be prepared to provide the following information:

- Your full name
- The building and room location of the outage
- Nature of the incident
- Floor or area affected
- Type of incident
- Name of chemical or gas

If it is an explosive gas (i.e. natural gas), **DO NOT** use or activate items that can generate a spark in the general vicinity. Light switches, fire alarm pull stations, phones, elevator cars, etc., can all initiate a spark with resultant explosions.

Confine any fire or fumes to the extent that you can by closing any doors to the affected area if you can safely do so. This will help limit the impact of the leak or fire.

Notify others in the immediate vicinity, if you can safely do so.

Ventilation:

Call the Facilities Office (San Marcos campus) at ext. 2629. After hours, call Campus Police at ext. 2289 or 760-891-7273. If smoke or strong burning odors occur, VACATE IMMEDIATELY.

Plumbing/Flooding:

Call Facilities Office (San Marcos campus) at ext. 2629. After hours, call Campus Police at ext. 2289 or 760-891-7273. If personal safety allows, shut off electrical equipment and VACATE AREA.

In the event of water leaks, try to contain the leakage in a container to minimize damage or safety hazards. If it is a significant water leak, avoid the areas where water has accumulated, and wait for help. Water makes an excellent conductor of electricity and, therefore, electric shock is possible. ***Immediately cease use of all electrical equipment.***

Electrical failure:

Call the Facilities Office (San Marcos campus) at ext. 2629). After hours, call Campus Police at ext. 2289 or 760-891-7273. For the safety of all occupants and visitors, buildings with minimal or no natural lighting should be evacuated immediately.

Elevators will not function in a power failure. Use the stairs if you evacuate the building. If you are trapped in an elevator, use the elevator’s emergency phone to notify Campus Police at extension 2289. If there is no emergency phone in the elevator, trigger the elevator’s emergency alarm button. Tell passengers to remain calm and that you will get help. Talk with passengers until a police officer arrives.

DO NOT RE-ENTER THE BUILDING UNLESS TOLD IT IS SAFE TO DO SO.

**DURING A MAJOR EARTHQUAKE:
IF YOU ARE INSIDE A BUILDING, STAY INSIDE:
FALLING DEBRIS COULD CAUSE INJURY.**

- Take cover beneath a desk or table or shelter in a doorway. If that’s not possible, seek cover against an interior wall and protect your head and neck with your arms.
- **DUCK, COVER & HOLD** until the shaking stops!
PROTECT YOUR HEAD AND NECK.
- **DO NOT RUN OUTSIDE!**
Falling debris can cause major injuries.
- Keep away from overhead fixtures, windows, filing cabinets, bookcases and other objects that could fall on you.
- Assist any person in the area and find a safe place for them.
- **DO NOT USE THE ELEVATORS.**

WHAT IF YOU ARE IN AN ELEVATOR?

- If you are in an elevator, you are probably better protected than most people. The elevator will not fall down the shaft, and nothing heavy can fall on you.
- If the power fails, the elevators will stop and the lights will go off. **Be patient!** Upon rescue, take directions from emergency personnel.

IF YOU ARE IN CLASSROOMS AND LABS, STAY INSIDE. Do not evacuate or go outside; falling debris could cause injury.

- If you are with students, shout “Earthquake! Take cover!” Tell students to drop between the rows of classroom seats or under tables. If possible, take cover under a desk or table, and hold on.
- If you are in a hallway, drop to the floor and cover your head and neck.
- Stay covered until the shaking has clearly stopped.
- Restore calm among your students. Keep them together.
- Evacuate everyone to the appropriate assembly point.
- **DO NOT USE THE ELEVATORS.**
- Wait at your assigned assembly point for help and further instructions. Report to authorities any missing or trapped persons or hazardous conditions.

IF YOU ARE OUTSIDE, STAY OUTSIDE. Move quickly to an open area away from buildings, trees, power lines, roadways.

- Drop to your knees in a fetal position with head bending to touch the ground. Close eyes and cross arms over back of head and neck for protection.
- Stay in that position until the shaking stops.

IF YOU ARE IN A VEHICLE, PULL TO THE RIGHT SIDE OF THE ROAD AND STOP.

- If near an overpass, power lines, or structures, proceed away from these risks and then stop.
- Stay inside until the shaking stops.

AFTER THE EARTHQUAKE:

- Check for injuries, give or seek first aid. **DO NOT MOVE INJURED PERSONS UNLESS NECESSARY.**
- Alert emergency responders (police, fire, and medical) to situations requiring their attention.
- Assist any disabled persons in the area and find a safe place for them.
- Turn on a battery-powered radio, if you have one, to learn about what has happened (the three San Diego AM stations required to broadcast emergency information are KOGO/AM 600, KPOP/AM 1360, and KSDD/AM 1130).
- Replace telephone handsets that have been shaken off. **DO NOT** try to use the telephones except to report fires or medical emergencies.
- Gather home and office keys, identification and easy-to-carry critical work-in-progress.
- Check doors for heat before opening.
- Use handrails in stairwells; stay to the right.
DO NOT USE ELEVATORS.
- Walk – do not run. Do not push or crowd.
- Keep noise to a minimum so that you can hear emergency instructions.
- Move to your assembly point by safest route available unless otherwise instructed.
- Wait for and follow instructions from your building safety coordinator and/or emergency personnel. Be prepared for aftershocks and be prepared to evacuate to lower floors (if applies), when necessary.
- If away from your workplace at the time of the quake, **DO NOT** return to your workplace unless instructed by emergency personnel.

IF ON CAMPUS, BUT NOT IN A BUILDING?

- Move to your assembly point by safest route available unless otherwise instructed.
- Move quickly to an open area away from buildings, trees, power lines and roadways.
- Follow directions of emergency personnel.

WHEN TO GO HOME?

- Be prepared to stay on campus overnight and perhaps longer. You should not try to get home until campus authorities say it is safe, which will be when the worst fires are under control and streets are cleared for travel.
- This may happen quickly, or may take some time (72 hours or longer). Do not risk becoming a casualty by acting independently of emergency personnel.

CONTACT WITH LOVED ONES

- Be sure you know the number of your out-of-state family contact (or carry it at all times).
- Payphones should be operating (reference campus map).

WHAT CAN I DO TO BE BETTER PREPARED?

Keep on hand such personal items as:

- Medications (must be properly safeguarded)
- Flashlight and batteries
- Books, pack of cards, etc.
- Some food items such as nutrition bars
- Water in bottles or other containers
- Sweater, change of clothes, comfortable shoes

THE EMPLOYEE QUICK REFERENCE GUIDE FOR EMERGENCIES

As a Palomar College employee, you may find yourself in charge of a class or work group when an emergency occurs. This quick reference guide focuses on actions you should take within the first few minutes of an emergency. Tasks may vary depending upon the situation.

During the first few minutes, there will be confusion. It is important for someone to step forward and take charge. Emergency Services may be initially overwhelmed and your actions could have a significant impact on saving lives, reducing injuries and stabilizing the emergency.

Here is how you can help:

Gather Information

- Determine the impact on the people in your immediate environment. **Ask Questions.**
- What is the number and extent of injuries?
- Do people need to be rescued?
- Will immediate evacuation of the building or work area be necessary?
- Are there any fire, chemical, or electrical hazards?
- Do the telephones work?
- The responding Emergency Services (police, fire, and medical) will require this information.

Keep a Record

Establish from the onset a method to gather, record and document information concerning your activities.
ASSIGN SOMEONE TO HELP YOU.

Involves Others

Involving others helps to establish a calmer atmosphere. In a classroom setting, ask for volunteers. Others may be able to help you with:

- Keep a written record.
- Put together a plan for evacuating the building. (Is your assembly site accessible or do you need to identify another assembly point?)
- Determine the safest way out of the building.
- Assist the injured with first aid.
- Check the area for fires or other hazards.
- Check to see if the telephone works.

Take Steps to Reduce Hazards

Direct people away from hazards. Items to consider include:

- Windows and broken glass.
- Downed power lines or exposed electrical outlets.
- Fires and chemical spills.
- Damaged walls and ceilings.

Report to Authorities

In all emergencies, contact the Campus Police by dialing ext. 2289 or 760-891-7273. Seven (7) **pay telephones** are available at the San Marcos campus (refer to enclosed campus map). Ten (10) **emergency phone extensions** are available at the San Marcos campus (refer to enclosed campus map).

When Calling extension 2289:

- Give your name.
- Give your extension number.
- Give building name and room number or other specific location.
- Describe the condition clearly and accurately.
- **Don't hang up.** Other information may be needed.

The following numbers are provided for non-emergency situations. Use of these numbers will still provide a prompt response from the responsible agency.

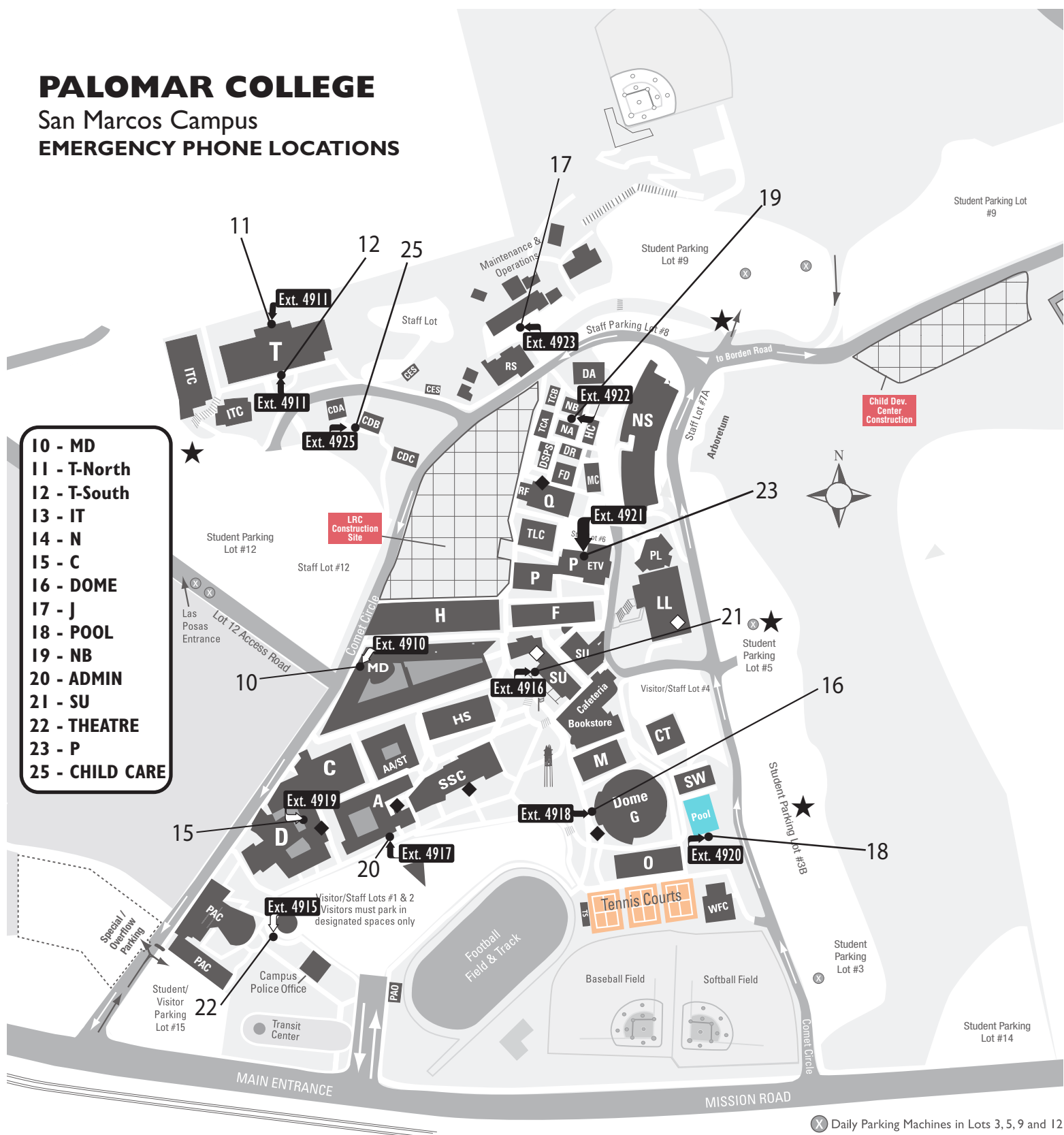
- | | |
|---------------------|------|
| • Campus Police | 2289 |
| • Health Services | 2380 |
| • Facilities Office | 2629 |

If the phones do not work:

At the San Marcos Campus, send a person to the Campus Police Building located in the Parking Lot I near the Howard Brubeck Theatre (HBT).

You should attempt to contact your superiors and apprise them of the situation.

San Marcos Campus EMERGENCY PHONE LOCATIONS



Students with Disability Resource Center permits may park in any student lot. There are a limited number of reserved spaces in lots 5, 8 and 12 on the San Marcos campus to accommodate the DRC permits, and students are encouraged to use these spaces designated for "State Handicapped Permits". Daily parking permits are available for \$5 per day from machines in lots 3, 5, 9 and 12 on the San Marcos campus. These receipts are valid in any student lot.

See back of map for information on box and ext. numbers.

KEY

- Emergency Phones
- ◆◇ Pay Phones
- ★ Talk a Phones

CAMPUS MAP - SAN MARCOS

MAIN CAMPUS EMERGENCY PHONE EXTENSIONS

These phones/extensions go directly to Campus Police - 2289

Building Location	Box #	Extension
T - SOUTH	12	4911
IT	13	4912
N	14	4914
C	15	4919
DOME	16	4918
J	17	4923
POOL	18	4920
NB	19	4922
ADMIN	20	4917
CHILD CARE	25	4925

**Palomar College Information Services
Pay Telephone Numbers**

Number	Building	Location
(760) 471-8482	SU	Student Union
(760) 471-8436	G	Dome
(760) 471-7561	SSC	Student Services Center South
(760) 471-8449	A	Administration
(760) 471-8446	D	Art/Performing Arts Offices
(760) 471-7591	DSPS	Disability Resource Center
(760) 471-8293	LL	Library

Rev. 7/15



**{ Emergency
Procedures
Guide }**