

Palomar College

Student Resource Guide & FAQs

Use this guide to answer questions regarding enrollment, counseling, and other campus resources. Whenever possible, we ask you to be intrusive and refer students to individuals who can follow up with them. This is a great opportunity for our campus community to communicate care to our students by asking them how we can assist them. Please take your time when speaking with each student. Your work can help address barriers and ease some of the pressures students may be facing during these challenging times.

Thank you for supporting student success!

Enrollment Help

What are the steps to enroll in classes?

Visit www.palomar.edu/stepstoenroll to review our steps to enroll. This website includes how-to videos showing students how to complete each step as well as the contact information for departments that can assist students in the enrollment process.

For Dual Enrollment:

Mass enrolls - documents submitted on Google docs by high school counselors.

Dual Enrollment: Students must complete the K12 Special Admission Approval Form and the attached Health Consent with all signatures and submit via dualenrollment@palomar.edu prior to enrollment.

Concurrent Enrollment: Students must also submit the K12 Special Admissions Approval Form - but they submit it to Admissions at admissions@palomar.edu.

Who can assist with questions regarding enrollment and financial aid?

Students can speak to someone in Admissions/Financial Aid via Zoom using the Enrollment Services [Virtual Help Desk](#), as well as by calling (760) 744-1150, ext. 2164 or emailing admissions@palomar.edu for questions about admissions, financial aid and/or enrollment issues. .

For **Dual Enrollment** students, they may contact Dual Enrollment at dualenrollment@palomar.edu

Financial Aid isn't available to students in high school. High school seniors will file the FAFSA or the Dream Act during their senior year to prepare for college after high school graduation.

Dual Enrollment: All college expenses are covered for the student, including textbooks.

Concurrent Enrollment: All tuition is covered; however, students are charged a mandatory Health Fee and Student Center fee in addition to any materials and book fees required for the course.

K-12 students are limited to 7 units in Fall or Spring terms and 5 units in the summer session.

How to search for open classes using My Class Finder:

Students can use [My Class Finder](#) online to find open classes. After selecting a "Term" and "Subject," click on "Choose a Session," and the drop-down will show all available sessions (Full session, Fast Track 1, Fast Track 2, 4-Week) and their corresponding dates. After selecting a class, if the class is synchronous, the class times will be

marked under the day of the week when the live class will take place. Asynchronous classes do not meet for live classes during specific dates/times.

Students can use the Find Open Classes on Palomar's front webpage. It's very easy to see the class formats upfront. Very easy to use.

Financial Aid Help Videos

English: <https://palomar.financialaidtv.com/play/1766-applying-financial-aid/52121-minute-learn-it-applying-financial-aid>

Spanish: <https://palomar.financialaidtv.com/browse/audience/spanish-speakers?query=spanish&display=videos>

Counseling Help

What counseling appointment options are available for students looking for counseling help?

<p><u>Live Webinars</u></p>	<p>These informational webinars are open to all students and consist of a live Q&A with a counselor. Live webinars are conducted via Zoom.</p> <p>Students can sign up for a live webinar using this link.</p>
<p><u>Academic Group Sessions with Education Planning</u></p>	<p>Group sessions are open to students with less than 15 units and no transcripts from other colleges. Group sessions include assistance with education planning and are conducted via a live Zoom session.</p> <p>Students must call (760) 891-7511 to sign up for a group session.</p>
<p><u>One-on-One Counseling Appointments</u></p>	<p>One-on-one counseling is available by phone or online via Zoom for assistance with the following:</p> <ul style="list-style-type: none"> • Education Planning • Transcript Review • Financial Aid Appeals • Academic Probation/Dismissal • Personal Counseling • Career Development and Exploration <p>Students must call (760) 891-7511 to sign up for a one-on-one counseling appointment.</p>
<p><u>Quick Questions</u></p>	<p>For quick questions that can be answered in <u>15 MINUTES OR LESS</u>. Quick questions are conducted by phone.</p> <p>Students can sign up for quick questions using this link.</p>

For more information about each type of counseling appointment, students can visit the [Counseling Department website](#). One-on-one appointments are limited. Please encourage students to take advantage of quick questions, group sessions and online tools such as [My Class Finder](#) and the [Palomar Pathways Mapper](#).

Online Class Offerings

How to know what classes to take for a degree and/or certificate program?

Students may use the [Palomar Pathways Mapper](#) to select their learning and career pathway. It is an interactive tool guide with a semester-by-semester map of courses for each degree/certificate. This is a good tool if students are looking to add an extra class if they don't have an education plan in place or have an education plan but are looking for alternative courses. They will want to [see a counselor](#) to create a personalized education plan that meets their needs.

What is a synchronous class?

"Synchronous" refers to scheduled days and times when faculty will "meet" with students by Zoom, e.g., much like a scheduled face-to-face class but now done remotely.

What is an asynchronous class?

"Asynchronous" refers to online courses where there is no set schedule for meeting but rather deadlines for work to be completed.

Student Needs & Campus Resources

What are some of the pressures that students are currently facing?

- Inadequate access to technology resources (computer, wifi)
- Difficulties navigating the virtual learning space
- Lack of access to campus resources, staff and information: knowing who to reach out to for help & how to
- Domestic violence
- Basic needs insecurity
- Loss of income
- Depression
- Lack of motivation
- Discouraged by the pandemic
- Issues related to the political landscape
- Conflicting demands of home and school
- Loss of community
- Struggle with help-seeking

What services and programs are available for students?

Resource	Department	Contact Information
CANVAS and Zoom Support	ATRC / Tutoring Services	Website: https://www2.palomar.edu/pages/atrc/canvas/canvas-information-students/ ; https://www2.palomar.edu/pages/atrc/canvas/canvas-information-students/interactive-student-tutorials/ Search for CANVAS and Zoom Skillshops: https://www2.palomar.edu/pages/atrc/student-resources/ Email: See website for staff contact information Ext: See website for staff contact information
Tutoring Support: One-on-One Support	Tutoring Services	Website: https://www2.palomar.edu/pages/tutoringservices/ Email: star@palomar.edu Ext: 2448

Library Resources: Chat with a Librarian		Website: https://www2.palomar.edu/pages/library/ Email: library@palomar.edu Ext: 2612
Palomar Promise	Palomar Promise	Website: https://www2.palomar.edu/pages/palomarpromise/ Email: promise@palomar.edu Ext: 3931
Food Insecurities: Food and Housing Resources	Student Life and Leadership	Website: https://www2.palomar.edu/pages/studentlifeandleadership/ Email: studentlifeandleadership@palomar.edu Ext: 2594
Computers, Emergency Grants	Palomar College Foundation	Website: https://docs.google.com/forms/d/e/1FAIpQLSf8_VUzglvRf5f6EOq-Ans1WO7hkFXMPn8ovvqFDM2vfiTq0w/viewform Email: pcFoundation@palomar.edu Ext: 3103
Textbook Assistance Program	Palomar College Foundation / Financial Aid *Textbook assistance application opens two weeks before semesters starts	Website: https://www2.palomar.edu/pages/fa/foundation-textbook-assistance-program/ Email: finaid@palomar.edu Ext: 2366
Financial Hardship/Aid: Scholarships, CCPG, FAFSA/CA DREAM Act	Financial Aid *Cal Grant deadline is March 2 nd *Check the Financial Aid website for upcoming workshops <i>*Scholarship season typically opens January 3rd and ends March 3rd. Check the Financial Aid website for exact dates.</i> *CARES Act HEERF Grant application opens January for spring *Contact the financial aid office if you were previously ineligible for aid and your circumstances have changed (loss of job, etc.)	Website: https://www2.palomar.edu/pages/fa/ Email: finaid@palomar.edu Ext: 2366 External Scholarships: https://www.sdfoundation.org/students/local-scholarships/

Career Exploration	Career Center	Website: https://www2.palomar.edu/pages/careercenter/ Email: See website for staff contact information Ext: 2194
ESL Support	ESL Department	Website: https://www2.palomar.edu/pages/esl/ Email: See website for staff contact information Ext: See website for staff contact information
Veteran Resources	Veterans Services	Website: https://www2.palomar.edu/pages/veterans/ Email: veterans@palomar.edu Ext: 2173/2174
Disability/Accommodation Resources	Disability Resources Center (DRC)	Website: https://www2.palomar.edu/pages/drc/ Email: drc@palomar.edu Ext: 2375
Student Health and Wellness	Behavioral Health Counseling Services (BHCS) and Student Health Centers	<p>BHCS Website: https://www2.palomar.edu/pages/bhcs/ Email: bhcs@palomar.edu Phone #: (760) 891-7531</p> <p>Student Health Centers Website: https://www2.palomar.edu/pages/healthservices/ Email: studenthealthcenters@palomar.edu Phone #: (760) 891-7530</p> <p>Sign up for Stress Management Skillshop: https://cccconfer.zoom.us/meeting/register/tJMqcO6tri8sHNEmiBKBu59vpbLM976WkoCg</p> <p>Campus Well Magazine: https://palomar.campuswell.com</p> <p>Wellness Central: https://cvc.edu/wellness/</p> <p>Community Resources:</p> <p>https://www.optumsandiego.com/content/sandiego/en.html</p> <p>https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/covid19_resources.html</p> <p>https://www.ncresourcecenter.org/</p> <p>https://www.nhcare.org/health-services/behavioral/</p> <p>http://www.vistacommunityclinic.org/health-services/behavioral-health/</p> <p>https://truecare.org/wellness-services/behavioral-health/</p> <p>CDC Resources: https://howrightnow.org/</p>

		https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html https://suicidepreventionlifeline.org/chat/
International Student Support	International Student Program	Website: https://www2.palomar.edu/pages/internationalstudents/ Email: intladm@palomar.edu Ext: 2167
North County Educational Opportunity Center (NCEOC)	For prospective, new, continuing students who need support with Financial Aid, Admission and Enrollment	Website: www.palomar.edu/nceoc Email: glopez2@palomar.edu Ext: 2434
General Questions	Student Success and Engagement / Peer Mentors	Website: www.palomar.edu/studentsuccess Email: studenthelp@palomar.edu Ext: 3783

From the Palomar Homepage, click on *Current Students* and then on *Student Support Programs* for a comprehensive list of programs and services.

COVID-19 Updates

Where can students find COVID-19 updates?

From the Palomar Homepage, click on *Find the latest Coronavirus (COVID-19) information*. On the left-hand side menu, click on the *For Students* tab, then the *Student FAQ* for department specific updates.

[Coronavirus \(COVID-19\) Updates \(palomar.edu\)](https://www.palomar.edu/coronavirus)

References: <https://www.youtube.com/watch?v=gGoldJP4XI8&t=986s>