









CIRCLE OF SUPPORT



Our circle of support is a safe and welcoming space to build community, a sense of belonging and share diverse ways to care for your wellbeing.



Bilingual sessions will be offered in English & Spanish Hyflex modality- Zoom link will be sent after registration





Dates:

Monday, September 8 Monday, September 15 Monday, October 6 Monday, October 27 **Times**

12:00 PM-1:00M PM

Register <u>here</u> to get location information

