



Nutrition

Advisory Committee Meeting Agenda

Date: March 18, 2022

Location: [Zoom](#)

Start Time: 12:00pm

End Time: 1:15pm

Associate Professor, Nutrition: Solange Bushra Wasef

Members: Orville Bigelow, Gloria Davis Browning, Halle Elbling, Ellen Gowen, Lewina Luk, Brenda O'Day, Naomi Shadwell, Yumi Petrisko

Career, Technical, and Extended Education Dean: Susan Wyche

Recorder: TBD

Agenda Items

- Introduction of Committee Members and Staff
- Statement of Purpose
- Program Updates
 - Enrollment – [Decreased trend since the pandemic](#)
 - Program Updates – [NUTR has submitted to decrosslist all courses](#)
 - Labor Market Update – [Projected job growth increasing](#)
 - Actions Taken Since Last Meeting
 - [Club reinstated](#)
- Discussion Points:
 - Previous Committee Recommendations, Purpose, and Outcomes/Projects:
 - Topics covered in NUTR 100 – [All the items below were suggested by the committee and have been incorporated.](#)
 - Practice counseling in Zoom
 - Practice presentation logistics in Zooms
 - Instruction on nonverbal communication cues and Zoom communication/rapport building
 - Student Networking
 - RD Day – [Students had a very successful event, which included obtaining contact information from internship preceptors and the CAND President. The students were invited to UCSD to learn more about the program and to discuss how to be a more competitive applicant with the program director.](#)

- SDSU – The cub was reinstated after the deadline for this opportunity, but NUTR will aim for this next year.
- Volunteer Match – Students are reviewing opportunities.
 - ENS 200 is splitting at SDSU – NUTR needs to follow up on new articulation needs.
- Complete Questionnaires
- Adjournment

Next Meeting: March/April, 2023

Thank you for your input and participation!

Nutrition

Advisory Committee Questionnaire and Discussion Points

Name: _____
Organization/Title: _____
Email: _____ **Phone Number:** _____

May we recognize your contribution as a member of our committee by listing your name, title, and organization on our website? Yes No

May we contact you to participate as a panelist for our Nutrition Info Session in future semesters? As a panelist, you will respond to student questions about your career path and experiences as a Registered Dietitian Nutritionist. Yes No

1. The introductory nutrition classes include a 3-day Diet Analysis Project. In your opinion, what are the most important learning outcomes for students to be able to analyze, produce, or create from this type of project?

Currently, students record what they consume for 3 days, and use MyDietAnalysis to identify the top foods contributing to many nutrients, compare their consumption to the AMDR, food group recs, discuss what is going well and can be improved.

Committee stated:

- The assignment is important
- The assignment is comparable in components assessed
- Consider adding a sample client or comparing recipes
- 24 hour recalls are important; SDSU transfers will have this revisited
- Unanimous – no data points need to be added
- Cholesterol – could go away, not required (according to 6 out of 9 attendees)

2. For the project mentioned in #1, is there any specific software or program used in your industry? If so, is there a reason that software is used?

- Myfoodrecord.com (Free)
- Food Processor - ESHA
- **Chronometer (SDSU)**
- Myfitnesspal – not a full micronutrient profile
- [So Long, SuperTracker | Food & Nutrition | From the Magazine \(foodandnutrition.org\)](http://www.foodandnutrition.org)
- **Student Data Protection – Review student data protection issues**

3. In the years to come, we expect to realize some of the impact of learning during the pandemic. This might include an impact on hard and soft skills. In your opinion, have you started to see any new areas of learning needs that students/new hires may need formal training on while they are still in school?

This item was tabled until next year.

4. Next year's topic will include a review of the curriculum for NUTR 120: Food and Culture and options for additional certificates at Palomar College. Are there any emerging topics that we have not discussed in the past that you believe are important to consider as we continue to update the curriculum and prepare students to be successful graduates?

This item was tabled until next year.

Additional Items for Future Meetings:

- Is it important to have a structures, guided Service Learning component offered as part of a course in addition to outside projects?
- Would students who earn Service Learning Certificates be more competitive applicants to potential employers?

All members said yes to both questions above.