



Dear Palomar College Student,

We hope this information finds you safe and well. We are continuing our work to make sure you have every opportunity to be successful at attaining your goals. Supporting your physical and mental health, particularly now during this unprecedented time, is very important to us.

We understand that there has been some confusion as to whether or not the health services included in the \$18 fee you pay each semester remain available during this time. The answer is, yes! All of our medical staff and behavioral health counseling teams continue to work from their remote workspaces, from 8:00 a.m. to 4:30 p.m. Monday through Thursday and on Fridays from 8:00 a.m. to 3:30 p.m., to provide health and medical services.

Because we are all working remotely, our health services have transitioned exclusively to telehealth platforms, which includes phone and secure video appointments. While we do NOT have the capacity to treat or diagnose COVID-19, our medical team can answer your questions and provide guidance on where to access appropriate care, if needed.

To access these [medical services](#) or speak with one of our behavioral health counselors, you must call ahead to schedule an appointment. You may be asked to leave a voicemail, but I can assure you that a team member will call you back as soon as possible.

Our health promotions team continues to host virtual workshops for students, in collaboration with community partners and our health services providers. These workshops feature a variety of topics associated with the key aspects of maintaining a healthy mind and body during these challenging times. The calendar of workshops can be found on the [health services website](#).

In addition, we offer after hours care through [Resolve.org](#), which offers an exclusive deal for Palomar College students at only \$10 per visit! Access your discount code on the [Palomar Patient Portal](#)

We hope you have decided to join us for a summer class or two, if not we anticipate seeing you, online, in the fall.

Stay well,

Dr. Jack Kahn  
Acting Superintendent/President