



OFFICE OF THE PRESIDENT COVID-19 NEWS

CURRENT STATUS

The health and safety of our students, faculty, and staff is the top priority of College administrators and District Board of Trustees. Currently, there are NO confirmed COVID-19 cases in San Diego County and there are no identifiable risks on our campus. Despite this, our Emergency Response Team is working on a College-wide plan to act quickly should the current status of the COVID-19 virus change in our region. The College will proactively alert all students as necessary.

While the level of threat to our campus community remains extremely low, our health services team has established COVID-19 specific protocols. They are also monitoring the Patients Under Investigation (PUI) information as posted by San Diego County Health and Human Services Department. PUI information is available on the County's [website](#) and is updated each day at 4:00 p.m.

THE IMPORTANCE OF PERSONAL HYGIENE HAS NEVER BEEN MORE SIGNIFICANT!

The spread of this virus, like many others, is **best prevented** by following good personal hygiene practices. These include

- avoiding close contact with people who are sick
- covering your cough or sneeze with a tissue, then throw the tissue in the trash
- avoiding the need to touch your eyes, nose, and mouth
- cleaning and disinfecting frequently touched objects and surfaces
- staying home when you are sick, except to get medical care
- washing your hands often with soap and water for at least 20 seconds (*hint: it takes about 20 seconds to sing the "happy birthday" song*)

To avoid spreading germs or coming into contact with others suffering from a contagious illness, consider calling student health services or your health provider to discuss their symptoms instead of coming to campus, a clinic or medical office.

TRAVEL WARNINGS

If you are considering personal international travel, consult the [Centers for Disease Control Traveler's Health Site](#). It is important to understand if your desired destination is identified as: Watch Level 1, Alert Level 2, or Warning Level 3 for safety of travel. It is also important to note whether or not your travel itinerary takes you through airports in one of the countries listed, as you may be putting your health at risk. Other colleges are recommending to their students, staff and faculty, preparing to travel to any of the listed areas, to consider a 14-day self-quarantine away from campus upon their return. Taking this action provides a certainty to the individual that they have had no exposure to the virus. Students should remain in close contact with their instructors should you choose to quarantine voluntarily.

We are aware that our international students may have some questions that are specific to their travel plans. All students should review the [Centers for Disease Control Traveler's Health Site](#).

LARGE GATHERINGS/EVENTS

The College will not cancel large gatherings or events unless it is evident that there is a specific health risk due to a change in the status of the virus in San Diego County.