

**Group I (Select 1 of the following courses)**

KINE 206	Coaching of Women's Team Sports	1 - 2
KINE 229	Lifeguarding	1.5
KINE 230	Lifeguarding and Emergency Response	3
MUS 197	Topics in Music	0.5 - 3

**Group II (Select 1 of the following courses)**

HE 100L	Health Performance Lab	1 - 2
KINE 130	Individualized Fitness Exercise	1 - 2

**Group III (Select 1 of the following courses)**

KINE 170A	Team Sports - Baseball Strategies	1 - 2
KINE 170C	Team Sports- Basketball Strategies	1 - 2
KINE 170E	Team Sports- Football Strategies	1 - 2
KINE 170G	Team Sports- Soccer Strategies	1 - 2
KINE 170K	Team Sports-Volleyball Strategies	1 - 2
KINE 175A	Psychology of Specific Athletic Competition - Contact	2
KINE 175B	Psychology of Specific Athletic Competition - Minimal Contact	2
KINE 175C	Psychology of Specific Athletic Competition - Non-Contact	2
KINE 175D	Psychology of Specific Athletic Competition - Skilled	2

**Group IV (Select 1 of the following courses)**

KINE 210	Professional Prep for Football - Theory and Mental Preparation	3
KINE 210L	Professional Prep for Football Lab- Biomechanic Application	1 - 1.5
KINE 211	Professional Prep. for Basketball - Theory and Mental Preparation	3
KINE 211L	Professional Preparation for Basketball Lab	1 - 1.5
KINE 212	Professional Prep for Baseball- Theory and Mental Preparation	3
KINE 212L	Professional Prep for Baseball Lab - Biomechanic Application	1 - 1.5
KINE 215	Professional Prep for Wrestling - Theory and Mental Preparation	3
KINE 215L	Professional Prep Wrestling Lab - Biomechanic Application	1 - 1.5
KINE 216	Professional Prep for Golf- Theory and Mental Preparation	3
KINE 216L	Professional Prep for Golf Lab - Biomechanic Application	1 - 1.5
KINE 217	Professional Prep Tennis - Theory and Mental Preparation	3
KINE 217L	Professional Prep Tennis Lab - Biomechanic Application	1 - 1.5

**TOTAL UNITS** 24 - 27

**COURSE OFFERINGS****REC 110 Community Recreation (3)**

3 hours lecture

**Transfer acceptability:** CSU

Scope of community recreation; basic philosophy of leisure time agencies and organizations for youth; program planning; playground practices; basic systems of organization; and policy formation.

**REC 115 Recreational Leadership (3)**

3 hours lecture

**Transfer acceptability:** CSU

Program planning and principles of group leadership; organized games and special events, playground management.

**REC 120 Recreational Team Sports (2)**

2 hours lecture

**Transfer acceptability:** CSU

The planning, organizing, of team sports designed to serve the interest of all people in a recreational setting. The course is designed to provide the methods and organization for group instruction in team sports including softball, soccer, touch football, volleyball, and basketball.

**Registered Dental Assisting**

See Dental Assisting

**Religious Studies (RS)**

See also American Indian Studies, Anthropology, History, Judaic Studies, Philosophy

Contact the Behavioral Sciences Department for further information.

(760) 744-1150, ext. 2330

Office: MD-261

**COURSE OFFERINGS****RS 101 World Religions (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

A comparative study of the practices, beliefs, institutions, and core characteristics of the major religions of the world: Western, Asian, and indigenous.

**RS 102 Religion in American History (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

Examines the role of religion and religious groups in key events, time periods, regions, and institutions of the United States. The course concentrates on the interaction of religious groups with each other and with the larger society, particularly in relation to political, economic, geographical, and cultural life of the nation. Topics include colonialism, the Revolution, anti-slavery, the expansion west, the Civil War, immigration, the World Wars, the Great Depression, the Civil Rights Movement, and the 1960s.

**RS 105 Ritual/Symbol/Myth: Ways of Understanding Religion (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

The course introduces students to the religious dimensions of ritual, symbol, and myth in order to explore the nature of religion in traditional settings and in the popular cultures of the present.

**RS 106 Introduction to Judaism I (3)**

3 hours lecture

**Note:** Cross listed as JS 106

**Transfer acceptability:** CSU; UC

The philosophy, religion and ethnic culture of the Jewish people from the Patriarchs and Prophets through the modern branches of Judaism. Topics covered include Torah, Talmud, various commentaries and movements affecting Judaism; ceremonies, artifacts, and language.

**RS 107 Introduction to Judaism II – Culture (3)**

3 hours lecture

**Note:** Cross listed as JS 107

**Transfer acceptability:** CSU; UC

A survey of the cultural and historical roots of the Jewish people from 2000 B.C. to the present; their role in the ancient Near East; relationships in the Western World from the Greco Roman period to the post World War II era; creation and development of the state of Israel; cultural, religious, and political impact on America and the world community.

**RS 108 History of Christianity (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

A survey of movements, institutions, and communities in the history of Christianity from the first century to the twentieth century. Concentrates on socio-political influences, contexts, and consequences related to Christian history.

**RS 110 Religion in America (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 An introduction to the rich diversity of religious experience in the United States exploring the impact religion has had on our nation's history and culture. Native American, Asian, African-American, Jewish, Roman Catholic, Protestant, and sectarian movements will be discussed.

**RS 124 Islamic Cultures and Traditions (3)**  
 3 hours lecture  
**Note:** Cross listed as MCS 124  
**Transfer acceptability:** CSU; UC  
 An introductory course designed for students with a general interest in the Islamic world, including its history and cultural traditions. Examines the main social, traditional and legal institutions of Islam.

**RS 197 Religious Studies Topics (1-3)**  
 Units awarded in topics courses are dependent upon the number of lecture hours required of the student. Refer to Class Schedule.  
**Transfer acceptability:** CSU; UC - Credit determined by UC upon review of course syllabus.  
 Topics in Religious Studies. See Class Schedule for specific topic offered. Course title will designate subject covered.

## Secretarial

See Office Information Systems

## Sign Language

See American Sign Language

## Sociology (SOC)

See also American Indian Studies, Africana Studies, Chicano Studies

Contact the Behavioral Sciences Department for further information.  
 (760) 744-1150, ext. 2329  
 Office: MD-241  
 For transfer information, consult a Palomar College Counselor.

### Associate in Arts for Transfer -

AA-T, IGETC, and CSUGE requirements are listed in Section 6 (green pages).  
 • Sociology

## Sociology

Sociology is the study of social behavior and human groups and focuses on social relationships, how those relationships influence people's behavior and beliefs, and how societies develop and change. Students will learn the main theoretical approaches in sociology that explain society on both a micro level through the study of social interaction, and on a macro scale through the study of large social institutions. The curriculum for the Associate in Arts in Sociology for Transfer is intended to develop critical thinking skills, to explore the diversity of our social world, and to adequately prepare students for transfer to an upper division program in Sociology. This degree allows students the opportunity to meet the lower division transfer requirements for a major in Sociology.

### ASSOCIATE IN ARTS FOR TRANSFER MAJOR

#### Program Requirements

Courses may be double-counted between the GE course work and the major.

California State University General Education (CSUGE) pattern	39
OR	
Intersegmental General Education Transfer Curriculum (IGETC-CSU)	37
Major Requirements	18-19
Transferable Electives (dependent upon GE pattern and double-counting)	11-20
<b>TOTAL PROGRAM UNITS</b>	<b>60</b>

<b>Required</b>		
SOC 100	Introduction to Sociology	3

#### List A (Select 2 courses)

SOC 110	Social Problems	3
SOC/		
PSYC 205	Statistics for the Behavioral Sciences	3
PSYC 230	Research Methods in Psychology	4

#### List B (Select 2 courses)

SOC/		
PSYC 105	Marriage, Family and Intimate Relationships	3
SOC/		
PSYC 120	Social Psychology	3
SOC 135	Gender and Society	3
SOC/AMS/		
MCS 200	Race, Class, and Ethnic Groups in America	3

#### List C (Select 1 course)

SOC 115	Introduction to Women's Studies	3
SOC/		
PSYC 125	Human Sexuality	3
SOC 130	Introduction to Sociology of Health	3

**TOTAL UNITS** 18 - 19

### COURSE OFFERINGS

#### SOC 100 Introduction to Sociology (3)

3 hours lecture

**Transfer acceptability:** CSU; UC

C-ID SOCI 110

A study of the principles and problems pertaining to group behavior; the relationships among human beings, the development and nature of institutions, and the structure of society.

#### SOC 105 Marriage, Family, and Intimate Relationships (3)

3 hours lecture

**Note:** Cross listed as PSYC 105

**Transfer acceptability:** CSU, UC

C-ID SOCI 130

A study of the psychology and sociology of the family and intimate relationships. Emphasizes factors that enhance interpersonal relationships. Topics include love, marital choice, communication, conflict, and changing models of the family. Examines cross-cultural and historical factors that impact the family as a social institution and the impact of gender, race and ethnicity, social class, age, and sexual orientation on family organization.

#### SOC 110 Social Problems (3)

3 hours lecture

**Transfer acceptability:** CSU; UC

C-ID SOCI 115

Identification and analysis of contemporary social problems in the United States, with emphasis on the sociological factors involved. Topics include poverty and economic inequality; gender inequality; racial and ethnic inequality; problems in the family, government, education, and the economy; crime; drug use; warfare and violence, among others. A critical evaluation of the causes and solutions.

#### SOC 115 Introduction to Women's Studies (3)

3 hours lecture

**Transfer acceptability:** CSU; UC

The study of the position of women in American society from a sociological and cultural perspective. Topics to be studied include the theoretical approaches to