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# **COURSE OFFERINGS**

To remain in the program, students must maintain a minimum grade of 'C' in each of the nursing courses and in all required support courses. Grades in the clinical nursing laboratories are based on satisfactory/unsatisfactory practice. A student might fail a nursing course on the basis of clinical practice even though theory grades may be passing.

# NURS 103 Nursing Foundation I

2 hours lecture

Prerequisite: Admission to the Associate Degree Nursing Program Corequisite: NURS 117 Note: Graded only

# Transfer acceptability: CSU

An introduction to concepts essential to nursing practice. Topics include, but are not limited to, nursing process, critical thinking, therapeutic communication, and health assessment using a functional health patterns framework. Multicultural considerations including gender, ethnicity, sexuality, and age are explored.

# NURS 110 LVN-RN Transition

I hour lecture - 3 hours laboratory

**Prerequisite:** A copy of a current, active California LVN license in good standing must be on file in the Nursing Education Office prior to registering in this class. **Recommended preparation:** MATH 56 or 60

### Note: Graded only

#### Transfer acceptability: CSU

This course facilitates the transition of the Licensed Vocational Nurse into the Associate Degree Nursing Program. Topics include, but are not limited to, nursing process, critical thinking, health assessment utilizing evidence based interventions, and role differentiation. Multicultural considerations including ethnicity, gender, age, and sexuality are explored. Concepts essential for registered nursing practice and functional health patterns are examined.

# NURS 117 Nursing I

4 hours lecture - 15 hours laboratory

Prerequisite: Admission to the Associate Degree Nursing Program Corequisite: NURS 103

### Note: Graded only

Transfer acceptability: CSU

Theoretical concepts of nursing fundamentals and basic medical-surgical nursing. Concepts related to delegation, resource, and time management are introduced. Students apply therapeutic communication techniques when utilizing the nursing process, critical thinking, and evidence based interventions in the care of clients in the clinical setting. Students provide care to chronic stable medical-surgical adult clients with expected or predictable outcomes.

### NURS 118 Nursing II

4 hours lecture - 15 hours laboratory **Prerequisite:** A minimum grade of 'C' in NURS 103 and 117 **Corequisite:** NURS 203 **Note:** Graded only

### Transfer acceptability: CSU

Builds on Nursing 117 with the application of the nursing process and critical thinking in the care of childbearing families, pediatric, and medical-surgical clients. Theoretical content related to growth and development, child abuse, and human sexuality is included. Concepts are expanded to include the recognition of changes in clients with predictable outcomes. Emphasis is placed on client teaching and the integration of family members in the plan of care. Managerial concepts of delegation, collaboration, time management, and appropriate utilization of resources are developed.

## NURS 197 Nursing Topics

(.5 - 4)

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.

# Transfer acceptability: CSU

Topics in Nursing. See Class Schedule for specific topic offered. Course title will designate subject covered.

# NURS 203 Nursing Foundation II

I hour lecture

# **Prerequisite:** A minimum grade of 'C' in NURS 103 or 110 or A copy of a current, active California LVN license in good standing must be on file in the Nursing Education Office prior to registering in this class.

Corequisite: NURS 118 or 217

### Note: Graded only

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### Transfer acceptability: CSU

Builds on the foundation of Nursing 103 and 110. Critical thinking is utilized as a method to explore historical, political, educational, legal, ethical, and bioethical issues that impact nursing practice. Nursing organizations are researched via the internet with an emphasis on evaluation of nursing websites. Managerial concepts are introduced with a focus on decision making skills, managing resources, organizing time, delegating, and supervising care.

## NURS 217 Nursing III

4 hours lecture-15 hours laboratory

**Prerequisite:** A minimum grade of 'C' in NURS 118 or Admission to the Associate Degree Nursing Program (LVN-RN) or Admission to the non-degree program LVN-RN (30-unit option) and a minimum grade of 'C' in NURS 203, or concurrent enrollment in NURS 203.

### Note: Graded only

# Transfer acceptability: CSU

Builds on the first year of the program as a process for the development of complex thinking and decision making while caring for medical-surgical, gerontologic, and psychiatric clients. Theoretical concepts are expanded to include identification and prioritization of evidence based interventions for clients who have unpredictable outcomes or who demonstrate changes in health status. Students collaborate with the interdisciplinary team to manage and modify care of clients.

## NURS 218 Nursing IV

3½ hours lecture-16½ hours laboratory Prerequisite: A minimum grade of 'C' in NURS 203 and 217

# Note: Graded only

Transfer acceptability: CSU

Builds on Nursing 217 expanding nursing practice and critical thinking in the promotion, maintenance, and restoration of health for a group of clients. Students use evidence-based interventions and complex decision-making when caring for acutely ill medical-surgical clients with unstable health problems. Students work collaboratively with the interdisciplinary team to manage and coordinate care for a group of clients. Emphasis is placed on student roles as coordinators, facilitators, and client advocates as they progress toward a competent entry level nursing practice.

## NURS 295 Directed Study in Nursing (1, 2, 3)

3, 6, or 9 hours laboratory

**Prerequisite:** Approval of proposal by the department chairperson **Note:** Pass/No Pass grading only

Transfer acceptability: CSU

Designed for the student who has demonstrated a proficiency in nursing subjects and the initiative to work independently on a particular sustained project which does not fit into the context of regularly scheduled classes. Additionally, this course can be used for students transferring into the Palomar College nursing program. Course work would fulfill needed content and/or clinical laboratory time to meet the requirements of the Associate Degree Nursing Program.

# Nutrition

See Family and Consumer Sciences, Health

# **Oceanography (OCN)**

Contact the Earth, Space, and Aviation Sciences Department for further information. (760) 744-1150, ext. 2512 Office: NS-110G