

CE 110 Cooperative Work Experience-General (2,3)

2 or 3 hours lecture

Transfer acceptability: CSU

Supervised on the job training for all students.

Note: The General Cooperative Work Experience Education Program is designed to give job information and experience to those students employed in jobs not related to coursework in school. Employment may be on or off campus; the student may or may not receive pay depending on where the work is performed.

CE 150 Cooperative Education Internship (2, 3)

10 or 15 hours laboratory

Transfer acceptability: CSU

Students learn major-specific knowledge and skills at an internship site that will enhance employment. Students design and complete an internship project in consultation with their internship advisor and job site supervisor.

Counseling (COUN)**See also Disability Resource**

Contact the Counseling Department for further information.

(760) 744-1150, ext. 2179

Office: SSC-18A

COURSE OFFERINGS

Courses numbered under 50 are non-degree courses.

Courses numbered under 100 are not intended for transfer credit.

COUN 45 Basic Study Skills (1)

1 hour lecture

Note: Open entry/Open exit; Pass/No Pass grading only

Non-degree Applicable

Study improvement techniques, time management techniques, memory and note taking skills, and test taking methods.

COUN 48 Overcoming Test Anxiety (1)

1 hour lecture

Note: Open entry/Open exit; Pass/No Pass grading only

Non-degree Applicable

Provides instruction in understanding the sources of test anxiety and the techniques for overcoming it.

COUN 49 Introduction to Financial and Academic Resources (.5)

½ hour lecture

Note: Pass/No Pass grading only

Non-degree Applicable

Survey of financial and supportive resources available to students including part-time employment. The course content includes an overview of financial aid programs and eligibility requirements, campus support programs, community support services, money management, and educational planning. This course may be used to fulfill the financial aid orientation requirement.

COUN 100 Introduction to Basic Counseling Skills (3)

3 hours lecture

Transfer acceptability: CSU

An introduction to the principles and practices of counseling and interviewing. A systematic development of the basic skills essential for effective counseling. Combines informal lecture, videotapes, and role playing interactions. Practicum experience will be required.

COUN 101 Transfer Success (1)

1 hour lecture

Note: Pass/No Pass grading only**Transfer acceptability:** CSU; UC

Provides the necessary strategies for academic success and the research skills essential for developing a comprehensive transfer plan. Topics will include the transfer process, major selection, student support services, evaluating universities, and clarifying educational goals.

COUN 110 College Success (3)

3 hours lecture

Transfer acceptability: CSU; UC

Provides students with the skills and knowledge necessary to reach their educational goals. Topics include academic learning strategies, college and life skills, diversity awareness and assessment of personal characteristics related to educational success. The role of race, ethnicity, gender, class, sexual orientation and age in higher education and personal identity is a central theme of the course.

COUN 115 Career/Life Planning (3)

3 hours lecture

Note: May be offered on educational television**Transfer acceptability:** CSU

A course designed to motivate the student to take responsibility for the management of his/her life, recognizing the values of planning as a means of coping with uncertainty, and relating work effectively to one's own life.

COUN 120 Quest for Identity and Life Skills (3)

3 hours lecture

Transfer acceptability: CSU

An exploration of the dynamics involved in the development of the individual who is in search of identity and self-discovery. An examination of one's value and belief system will be studied and compared and contrasted with other American subcultures. Emphasis will also be placed on the role of cultural traditions and practices as well as a set of life skills that will serve to empower one's identity and understanding of self within a multicultural society. Examples of life skills include coping with the physiological effects of stress and anxiety, communicating effectively with multicultural groups, goal setting, emotional development, problem solving, critical thinking skills, and self-esteem.

COUN 165 Career Search (1)

1 hour lecture

Note: May be Open entry/Open exit; Pass/No Pass grading only**Transfer acceptability:** CSU

Designed to assist students in selecting a career goal. This will be accomplished by identifying the students' career interests, personality type, work values, and transferable skills as they relate to occupations.

COUN 170 Major Search (1)

1 hour lecture

Note: May be Open entry/Open exit; Pass/No Pass grading only**Transfer acceptability:** CSU

This course is designed to assist students to select a major goal and create an educational plan. This will be done by identifying academic interests and through researching career options.

COUN 197 Counseling Topics (.5 - 4)

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.

Note: Pass/No Pass grading only**Transfer acceptability:** CSU

Topics in Counseling. See Class Schedule for specific topic covered. Course title will designate subject covered.

Dance (DNCE)

Contact the Performing Arts Department for further information.

(760) 744-1150, ext. 2316

Office: PAC-112

Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).

- Dance - Emphasis in Euro-Western Dance
- Dance - Emphasis in General Dance
- Dance - Emphasis in World Dance

Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).