

**JOUR 140 Photojournalism** (3)  
 1½ hours lecture - 4½ hours laboratory  
**Note:** Cross listed as PHOT 140  
**Transfer acceptability:** CSU  
 A study of the history and practice of photojournalism, providing specific application through photographing for The Telescope, Palomar College's newspaper. Student must provide own camera.

**JOUR 205 Advanced Newspaper Production** (3)  
 3 hours lecture  
**Prerequisite:** A minimum grade of 'C' in JOUR 105  
**Corequisite:** JOUR 110L  
**Transfer acceptability:** CSU  
 Advanced work in the production of The Telescope. Emphasis is on writing, photography, page layout and graphic design.

**JOUR 210 Advanced Newswriting and Reporting** (3)  
 3 hours lecture  
**Prerequisite:** A minimum grade of 'C' in JOUR 205  
**Corequisite:** JOUR 110L  
**Transfer acceptability:** CSU  
 Practical newswriting experience through work on The Telescope staff. All journalistic skills are refined and augmented in this course. Accurate reporting and development of compelling, clear, and concise writing technique are stressed.

**JOUR 215 Newspaper Editing** (3)  
 3 hours lecture  
**Prerequisite:** A minimum grade of 'C' in JOUR 210  
**Corequisite:** JOUR 110L  
**Transfer acceptability:** CSU  
 Basic skills involved in editing a newspaper, including news judgment, directing reporting staff, copy editing, headline writing, page layout, selection and placement of photos, and computerized page design. All skills are practiced in actual editorial situations for the Palomar College newspaper, The Telescope.

**JOUR 295 Directed Study in Journalism** (1, 2, 3)  
 3, 6, or 9 hours laboratory  
**Prerequisite:** Approval of project or research by department chairperson/ director  
**Note:** May be taken 4 times  
**Transfer acceptability:** CSU  
 Independent study for students who have demonstrated skills and/or proficiencies in Journalism subjects and have the initiative to work independently on projects or research outside the context of regularly scheduled classes. Students will work under the personal supervision of an instructor.

## Judaic Studies (JS)

See Multicultural Studies for additional courses

Contact the Multicultural Studies Department for further information.  
 (760) 744-1150, ext. 2206  
 Office: MD-354

### COURSE OFFERINGS

**JS 106 Introduction to Judaism I** (3)  
 3 hours lecture  
**Note:** Cross listed as RS 106  
**Transfer acceptability:** CSU; UC  
 The philosophy, religion and ethnic culture of the Jewish people from the Patriarchs and Prophets through the modern branches of Judaism. Topics covered include Torah, Talmud, various commentaries and movements affecting Judaism; ceremonies, artifacts, and language.

**JS 107 Introduction to Judaism II – Culture** (3)  
 3 hours lecture  
**Note:** Cross listed as RS 107  
**Transfer acceptability:** CSU; UC  
 A survey of the cultural and historical roots of the Jewish people from 2000 B.C. to the present; their role in the ancient Near East; relationships in the Western

World from the Greco Roman period to the post World War II era; creation and development of the state of Israel; cultural, religious, and political impact on America and the world community.

## Kinesiology

Formerly Physical Education

See also Athletics and Competitive Sports

Contact the Department of Health, Kinesiology and Recreation Management for further information.  
 (760) 744-1150, ext. 2459  
 Office: O-10

### Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).  
 • Kinesiology

### Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).  
 • Adult Fitness/Health Management

## PROGRAMS OF STUDY

### Adult Fitness/Health Management

Training for fitness instructors and lifestyle educators in designing, implementing and managing a variety of health/fitness programs.

### CERTIFICATE OF ACHIEVEMENT

Program Requirements	Units
BBMGT 105 Small Business Management	3
CSIT 105 Computer Concepts and Applications	3
EME 100/HE 104 First Responder	3
FCS 165/HE 165 Fundamentals of Nutrition	3
HE 100 Health Education and Fitness Dynamics	3
KINE 100 Introduction to Physical Education and Kinesiology	3
PSYC 100 Introduction to Psychology	3
ZOO 203 Physiology	4

#### Group I (Select a minimum of 3 units)

CE 100 Cooperative Education	1 - 4
ENG 100 English Composition	4
MATH 120 Elementary Statistics	3
SPCH 100 Oral Communication	3

#### Group II (Select a minimum of 3 units)

FCS 170 Nutrition: Eating Disorders and Obesity	3
PSYC 115 The Psychology of Personal Growth and Development	3
PSYC 210 Physiological Psychology	4
SOC 125/ PSYC 125 Human Sexuality	3
ZOO 200 Anatomy	4

#### Group III (Select a minimum of 1 unit)

KINE 103 Evaluative Fitness	2.5
KINE 125 Physical Fitness - Training Modes	1 - 2
KINE 130 Individualized Fitness Exercise	1 - 2
KINE 165 Coed Softball	1 - 2
KINE 168 Soccer - Techniques and Analysis	1 - 2
KINE 170 Team Sports - Biomechanics of Sports Techniques	1 - 2
KINE 231 Water Safety Instruction	3
KINE 232 Teaching Swimming	1 - 1.5

#### Group IV - Health/Fitness Courses (Select 1 course)

HE 100L Health Performance Lab	1 - 2
KINE 128 Wellness Activities - Health and Fitness Modalities	1 - 2
KINE 135 Beginning Swimming - Techniques and Analysis	1 - 2
KINE 136 Intermediate Swimming - Techniques and Analysis	1 - 2