

CI 125 Plan Reading Technologies (3)
3 hours lecture**Transfer acceptability:** CSU

A survey of technologies in the construction inspection industry relating to plan reading. Content includes an introduction to construction plan reading; a review of the standard details and specifications used in the San Diego region; discussions on the various roles of the construction and building inspectors; employment opportunities and certifications; an overview of special inspection requirements; construction scheduling; and when and how often inspections should be performed. Content also includes an introduction to California Title 24 including the building, plumbing, electrical, mechanical, California Green Codes, and an introduction to the Americans with Disabilities Act (ADA).

CI 130 CalGreen Codes (3)
3 hours lecture

Note: May be taken 2 times

Transfer acceptability: CSU

Emphasizes the proper interpretation of the California Green Building Code and green building technologies. The scope of the course will provide inspectors, designers and contractors with the latest code requirements and national standards to promote sustainable communities. Topics include site planning and development, energy conservation, storm water pollution prevention and basic sustainability concepts.

CI 197 Construction Inspection Topics (.5-3)

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.

Note: May be taken 4 times

Transfer acceptability: CSU

Topics in Construction Inspection. May be repeated with new subject matter. See Class Schedule for specific topic offered. Course title will designate subject covered.

Cooperative Education (CE)

Contact the Cooperation Education Department for further information.
(760) 744-1150, ext. 2354
Office: ST-54

General Cooperative Work Experience

In accordance with Board Policy 4103, the General Cooperative Work Experience Education Program is designed to give job information and experience to those students employed in jobs not related to coursework in school. Employment may be on or off campus; the student may or may not receive pay depending on where the work is performed. The Cooperative Education Coordinator will assist students in obtaining jobs.

STUDENT QUALIFICATIONS: In order to participate in cooperative work experience education students shall meet the following requirements:

1. Complete no less than seven units (summer session, one course) including cooperative work experience education.
2. Have approval of the Cooperative Work Experience Education Coordinator.
3. Have occupational or education goals to which, in the opinion of the Coordinator, the cooperative work experience education will contribute.
4. Pursue a planned program of cooperative work experience education which, in the opinion of the Coordinator, includes new or expanded responsibilities or learning opportunities beyond those experienced during the previous employment.

The number of units received each semester for on the job experience will be based on the total number of hours worked each semester or summer session as follows:

- 1 unit - 75 paid hours per semester or session; 60 volunteer hours
- 2 units - 150 paid hours per semester or session; 120 volunteer hours

A maximum of six units may be earned in general cooperative work experience, not to exceed three units each semester. In addition to the hours worked, a student must attend a coordinating class. Topics of discussion in the class include choice of occupation, employee information, job application, human relations, and appearance and personality development as related to employment in the vocational field.

Occupational Cooperative Work Experience

The Occupational Cooperative Work Experience Program is designed to coordinate on the job training and classroom instruction. Supervised employment is related to the occupational goal of the individual student. Employment may be on or off campus; the student may or may not receive pay, depending on where the work is performed. The Cooperative Education Coordinator will assist students in obtaining jobs.

STUDENT QUALIFICATIONS: In order to participate in cooperative work experience education students shall meet the following requirements:

1. Be a legally indentured or certified apprentice.
OR
2. Complete no less than seven units (summer session, one course) including cooperative work experience education.
AND
3. Have approval of the Cooperative Work Experience Education Coordinator.
4. Have occupational or education goals to which, in the opinion of the Coordinator, the cooperative work experience education will contribute.
5. Pursue a planned program of cooperative work experience education which, in the opinion of the Coordinator, includes new or expanded responsibilities or learning opportunities beyond those experienced during the previous employment.

The number of units received each semester for on the job experience will be based on the total number of hours worked each semester or summer session as follows:

- 1 unit - 75 paid hours per semester or session; 60 volunteer hours
- 2 units - 150 paid hours per semester or session; 120 volunteer hours
- 3 units - 225 paid hours per semester or session; 180 volunteer hours
- 4 units - 300 paid hours per semester or session; 240 volunteer hours

A maximum of sixteen units may be earned in occupational cooperative work experience, not to exceed four units each semester.

COURSE OFFERINGS

CE 100 Cooperative Education (1, 2, 3, 4)

1, 2, 3, or 4 hours lecture

Note: May be taken 4 times

Transfer acceptability: CSU

Supervised on the job training for all occupational students.

CE 110 Cooperative Education – General (2, 3)

2 or 3 hours lecture

Transfer acceptability: CSU

Supervised on the job training for all students.

CE 150 Cooperative Education Internship (2, 3)

10 or 15 hours laboratory

Note: May be taken 4 times

Transfer acceptability: CSU

Students learn major-specific knowledge and skills at an internship site that will enhance employment. Students design and complete an internship project in consultation with their internship advisor and job site supervisor.

CE 197 Cooperative Education Topics (.5 - 4)
Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.
Note: May be taken 4 times
Transfer acceptability: CSU
 Topics in Cooperative Education. See Class Schedule for specific topic offered. Course title will designate subject covered.

Counseling (COUN)

See also Disability Resource

Contact the Counseling Department for further information.
 (760) 744-1150, ext. 2179
 Office: SSC-18A

COURSE OFFERINGS

Courses numbered under 50 are non-degree courses.
 Courses numbered under 100 are not intended for transfer credit.

COUN 45 Basic Study Skills (1)
1 hour lecture
Note: Open entry/Open exit; Pass/No Pass grading only
Non-degree Applicable
 Study improvement techniques, time management techniques, memory and note taking skills, and test taking methods.

COUN 48 Overcoming Test Anxiety (1)
1 hour lecture
Note: Open entry/Open exit; Pass/No Pass grading only
Non-degree Applicable
 Provides instruction in understanding the sources of test anxiety and the techniques for overcoming it.

COUN 49 Introduction to Financial and Academic Resources (.5)
½ hour lecture
Note: Pass/No Pass grading only
Non-degree Applicable
 Survey of financial and supportive resources available to students including part-time employment. The course content includes an overview of financial aid programs and eligibility requirements, campus support programs, community support services, money management, and educational planning. This course may be used to fulfill the financial aid orientation requirement.

COUN 100 Introduction to Basic Counseling Skills (3)
3 hours lecture
Transfer acceptability: CSU
 An introduction to the principles and practices of counseling and interviewing. A systematic development of the basic skills essential for effective counseling. Combines informal lecture, videotapes, and role playing interactions. Practicum experience will be required.

COUN 101 Transfer Success (1)
1 hour lecture
Note: Pass/No Pass grading only
Transfer acceptability: CSU; UC
 Provides the necessary strategies for academic success and the research skills essential for developing a comprehensive transfer plan. Topics will include the transfer process, major selection, student support services, evaluating universities, and clarifying educational goals.

COUN 110 College Success (3)
3 hours lecture
Transfer acceptability: CSU; UC
 Provides students with the skills and knowledge necessary to reach their educational goals. Topics include academic learning strategies, college and life skills, diversity awareness and assessment of personal characteristics related to educational success. The role of race, ethnicity, gender, class, sexual orientation and age in higher education and personal identity is a central theme of the course.

COUN 115 Career/Life Planning (3)
3 hours lecture
Note: May be offered on educational television
Transfer acceptability: CSU
 A course designed to motivate the student to take responsibility for the management of his/her life, recognizing the values of planning as a means of coping with uncertainty, and relating work effectively to one's own life.

COUN 120 Quest for Identity and Life Skills (3)
3 hours lecture
Transfer acceptability: CSU
 An exploration of the dynamics involved in the development of the individual who is in search of identity and self-discovery. An examination of one's value and belief system will be studied and compared and contrasted with other American subcultures. Emphasis will also be placed on the role of cultural traditions and practices as well as a set of life skills that will serve to empower one's identity and understanding of self within a multicultural society. Examples of life skills include coping with the physiological effects of stress and anxiety, communicating effectively with multicultural groups, goal setting, emotional development, problem solving, critical thinking skills, and self-esteem.

COUN 165 Career Search (1)
1 hour lecture
Note: May be Open entry/Open exit; Pass/No Pass grading only
Transfer acceptability: CSU
 Designed to assist students in selecting a career goal. This will be accomplished by identifying the students' career interests, personality type, work values, and transferable skills as they relate to occupations.

COUN 170 Major Search (1)
1 hour lecture
Note: May be Open entry/Open exit; Pass/No Pass grading only
Transfer acceptability: CSU
 This course is designed to assist students to select a major goal and create an educational plan. This will be done by identifying academic interests and through researching career options.

COUN 197 Counseling Topics (.5 - 4)
Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.
Note: Pass/No Pass grading only; may be taken 4 times
Transfer acceptability: CSU
 Topics in Counseling. See Class Schedule for specific topic covered. Course title will designate subject covered.

Dance (DNCE)

Contact the Performing Arts Department for further information.
 (760) 744-1150, ext. 2316
 Office: D-16

Note: Students are screened for level placement in all technique classes the previous semester or the first day of class.

COURSE OFFERINGS

Each activity may be taken four times for credit. Activity is defined to include all ability levels (e.g., A student may take a total of only four Modern Dance courses for credit). Modern Dance, Ballet, Jazz Technique, Tap Dance, Spanish Flamenco Dance, Hip Hop, Ballroom Dance, Latin Social Dance, Dance Improvisation, Choreography, Pointe, Near and Middle Eastern, Hawaiian and Tahitian, Afro-Cuban/Brazilian Dance, Capoeira and Theatre Dance classes are defined as activity courses.