

2. Complete no less than seven units (summer session, one course) including cooperative work experience education.  
AND
3. Have approval of the Cooperative Work Experience Education Coordinator.
4. Have occupational or education goals to which, in the opinion of the Coordinator, the cooperative work experience education will contribute.
5. Pursue a planned program of cooperative work experience education which, in the opinion of the Coordinator, includes new or expanded responsibilities or learning opportunities beyond those experienced during the previous employment.

The number of units received each semester for on the job experience will be based on the total number of hours worked each semester or summer session as follows:

1 unit	75 paid hours per semester or session; 60 volunteer hours
2 units	150 paid hours per semester or session; 120 volunteer hours
3 units	225 paid hours per semester or session; 180 volunteer hours
4 units	300 paid hours per semester or session; 240 volunteer hours

A maximum of sixteen units may be earned in occupational cooperative work experience, not to exceed four units each semester.

### COURSE OFFERINGS

#### CE 100 Cooperative Education (1, 2, 3, 4)

1, 2, 3, or 4 hours lecture

**Note:** May be taken 4 times

**Transfer acceptability:** CSU

Supervised on the job training for all occupational students.

#### CE 110 Cooperative Education – General (2, 3)

2 or 3 hours lecture

**Transfer acceptability:** CSU

Supervised on the job training for all students.

#### CE 150 Cooperative Education Internship (2, 3)

10 or 15 hours laboratory

**Note:** May be taken 4 times

**Transfer acceptability:** CSU

Students learn major-specific knowledge and skills at an internship site that will enhance employment. Students design and complete an internship project in consultation with their internship advisor and job site supervisor.

#### CE 197 Cooperative Education Topics (.5 - 4)

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.

**Note:** May be taken 4 times

**Transfer acceptability:** CSU

Topics in Cooperative Education. See Class Schedule for specific topic offered. Course title will designate subject covered.

## Counseling (COUN)

See also Disability Resource

Contact the Counseling Department for further information.  
(760) 744-1150, ext. 2179  
Office: SSC-18A

### COURSE OFFERINGS

Courses numbered under 50 are non-degree courses.

Courses numbered under 100 are not intended for transfer credit.

#### COUN 45 Basic Study Skills (1)

1 hour lecture

**Note:** Open entry/Open exit; Pass/No Pass grading only

Non-degree Applicable

Study improvement techniques, time management techniques, memory and note taking skills, and test taking methods.

#### COUN 48 Overcoming Test Anxiety (1)

1 hour lecture

**Note:** Open entry/Open exit; Pass/No Pass grading only

Non-degree Applicable

Provides instruction in understanding the sources of test anxiety and the techniques for overcoming it.

#### COUN 49 Introduction to Financial and Academic Resources (.5)

½ hour lecture

**Note:** Pass/No Pass grading only

Non-degree Applicable

Survey of financial and supportive resources available to students including part-time employment. The course content includes an overview of financial aid programs and eligibility requirements, campus support programs, community support services, money management, and educational planning. This course may be used to fulfill the financial aid orientation requirement.

#### COUN 100 Introduction to Basic Counseling Skills (3)

3 hours lecture

**Transfer acceptability:** CSU

An introduction to the principles and practices of counseling and interviewing. A systematic development of the basic skills essential for effective counseling. Combines informal lecture, videotapes, and role playing interactions. Practicum experience will be required.

#### COUN 101 Transfer Success (1)

1 hour lecture

**Note:** Pass/No Pass grading only

**Transfer acceptability:** CSU

Provides the necessary strategies for academic success and the research skills essential for developing a comprehensive transfer plan. Topics will include the transfer process, major selection, student support services, evaluating universities, and clarifying educational goals.

#### COUN 110 College Success (3)

3 hours lecture

**Transfer acceptability:** CSU; UC

Provides students with the skills and knowledge necessary to reach their educational goals. Topics include academic learning strategies, college and life skills, diversity awareness and assessment of personal characteristics related to educational success. The role of race, ethnicity, gender, class, sexual orientation and age in higher education and personal identity is a central theme of the course.

#### COUN 115 Career/Life Planning (3)

3 hours lecture

**Note:** May be offered on educational television

**Transfer acceptability:** CSU

A course designed to motivate the student to take responsibility for the management of his/her life, recognizing the values of planning as a means of coping with uncertainty, and relating work effectively to one's own life.

#### COUN 120 Quest for Identity and Life Skills (3)

3 hours lecture

**Transfer acceptability:** CSU

An exploration of the dynamics involved in the development of the individual who is in search of identity and self-discovery. An examination of one's value and belief system will be studied and compared and contrasted with other American subcultures. Emphasis will also be placed on the role of cultural traditions and practices as well as a set of life skills that will serve to empower one's identity and understanding of self within a multicultural society. Examples of life skills include coping with the physiological effects of stress and anxiety, communicating effectively with multicultural groups, goal setting, emotional development, problem solving, critical thinking skills, and self-esteem.

**COUN 165 Career Search** (1)  
*1 hour lecture*  
**Note:** May be Open entry/Open exit; Pass/No Pass grading only  
**Transfer acceptability:** CSU  
 Designed to assist students in selecting a career goal. This will be accomplished by identifying the students' career interests, personality type, work values, and transferable skills as they relate to occupations.

**COUN 170 Major Search** (1)  
*1 hour lecture*  
**Note:** May be Open entry/Open exit; Pass/No Pass grading only  
**Transfer acceptability:** CSU  
 This course is designed to assist students to select a major goal and create an educational plan. This will be done by identifying academic interests and through researching career options.

**COUN 180 Orientation for International Students** (1)  
*1 hour lecture*  
**Note:** Pass/No Pass grading only  
**Transfer acceptability:** CSU  
 Orientation for International Students will explore college life and concerns related to cultural and adjustment issues while living in the United States.

**COUN 185 Peer Advising** (1)  
*1 hour lecture*  
**Note:** Pass/No Pass grading only  
**Transfer acceptability:** CSU  
 This class will teach students how to utilize and provide information from the Palomar College catalog, class schedule, student services, and community resources. Topics covered will be: academic policies, interpersonal communication skills, and peer counseling techniques. This course is required for participation in the Palomar Peer Counselor Program.

**COUN 197 Counseling Topics** (.5 - 4)  
*Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.*  
**Note:** Pass/No Pass grading only; may be taken 4 times  
**Transfer acceptability:** CSU  
 Topics in Counseling. See Class Schedule for specific topic covered. Course title will designate subject covered.

## Dance (DNCE)

Contact the Performing Arts Department for further information.  
 (760) 744-1150, ext. 2316  
 Office: D-16

At the time of publication of this catalog, Palomar College was awaiting approval by the California Community Colleges Chancellor's Office for proposed Certificates of Achievement and Associate in Arts Degrees in the areas of:  
 Dance – Emphasis in Euro-Western Dance  
 Dance – Emphasis in General Dance  
 Dance – Emphasis in World Dance  
 Should approvals be granted, updated information will be announced on the Palomar College catalog addendum at <http://www.palomar.edu/catalog/2011/>

**Note:** Students are screened for level placement in all technique classes the previous semester or the first day of class.

### COURSE OFFERINGS

Each activity may be taken four times for credit. Activity is defined to include all ability levels (e.g., A student may take a total of only four Modern Dance courses for credit). Modern Dance, Ballet, Jazz Technique, Tap Dance, Spanish Flamenco Dance, Hip Hop, Ballroom Dance, Latin Social Dance, Dance Improvisation, Choreography, Pointe, Near and Middle Eastern, Hawaiian and Tahitian, Afro-Cuban/Brazilian Dance, Capoeira and Theatre Dance classes are defined as activity courses.

**DNCE 100 Survey of Dance** (3)  
*3 hours lecture*  
**Transfer acceptability:** CSU; UC  
 Survey of present day dance forms experienced through lecture, film, demonstration, and movement. This course covers dance as an art form, the creative process, ways to view and analyze movement, body mechanics/anatomy, prevention of injuries, education and career opportunities, and a study of various dance genres.

**DNCE 101 Survey of World Dance** (3)  
*3 hours lecture*  
**Transfer acceptability:** CSU; UC  
 An analysis of the dances, dance styles, costumes, and musical accompaniment of dances from around the world as experienced through films, lecture, demonstration, and movement.

**DNCE 102 Dance on Film** (3)  
*3 hours lecture*  
**Transfer acceptability:** CSU; UC  
 This course will explore the phenomenon of dance on film from cultural, historical, social, economic, and gender viewpoints.

**DNCE 105 Introduction to Dance History** (3)  
*3 hours lecture*  
**Transfer acceptability:** CSU; UC  
 A survey of the development of dance from earliest civilizations to the present including Egyptian, Ancient Greek and Roman, and with emphasis on the American Indian and African American influences on the social and performance aspects of dance in the world today.

**DNCE 110 Modern Dance I** (.5, 1, 1.5, 2, 2.5, 3, 3.5, 4)  
*½, 1, 1½, 2, 2½, 3, 3½, or 4 hours lecture*  
**Note:** May be taken 4 times; maximum of 4 completions in any combination of DNCE 110, 111, 205, 206  
**Transfer acceptability:** CSU; UC  
 Beginning modern dance techniques with emphasis on movement exploration, alignment, and creativity.

**DNCE 111 Modern Dance II** (.5, 1, 1.5, 2, 2.5, 3, 3.5, 4)  
*½, 1, 1½, 2, 2½, 3, 3½, or 4 hours lecture*  
**Prerequisite:** A minimum grade of 'C' in DNCE 110  
**Limitation on enrollment:** Enrollment subject to audition  
**Note:** May be taken 4 times; maximum of 4 completions in any combination of DNCE 110, 111, 205, 206  
**Transfer acceptability:** CSU; UC  
 Intermediate dance techniques with emphasis on increasing movement skills and creative range.

**DNCE 115 Ballet I** (.5, 1, 1.5, 2, 2.5, 3, 3.5, 4)  
*½, 1, 1½, 2, 2½, 3, 3½, or 4 hours lecture*  
**Recommended preparation:** DNCE 100  
**Note:** May be taken 4 times; maximum of 4 completions in any combination of DNCE 115, 116, 210, 211  
**Transfer acceptability:** CSU; UC  
 Introduction to ballet's traditions, principles, techniques, and terminology. Includes fundamental ballet exercises at barre and center with emphasis on technique and alignment.

**DNCE 116 Ballet II** (.5, 1, 1.5, 2, 2.5, 3, 3.5, 4)  
*½, 1, 1½, 2, 2½, 3, 3½, or 4 hours lecture*  
**Limitation on enrollment:** Enrollment subject to audition  
**Note:** May be taken 4 times; maximum of 4 completions in any combination of DNCE 115, 116, 210, 211  
**Transfer acceptability:** CSU; UC  
 Continued study of ballet techniques, principles, and terminology. Intermediate level with emphasis on combinations and an enlarged vocabulary of steps and terms.