

COURSE OFFERINGS**REC 110 Community Recreation (3)**
3 hours lecture**Transfer acceptability:** CSU

Scope of community recreation; basic philosophy of leisure time agencies and organizations for youth; program planning; playground practices; basic systems of organization; and policy formation.

REC 115 Recreational Leadership (3)
3 hours lecture**Transfer acceptability:** CSU

Program planning and principles of group leadership; organized games and special events, playground management.

REC 120 Recreational Team Sports (2)
2 hours lecture**Transfer acceptability:** CSU

The planning, organizing, of team sports designed to serve the interest of all people in a recreational setting. The course is designed to provide the methods and organization for group instruction in team sports including softball, soccer, touch football, volleyball, and basketball.

Religious Studies (RS)

See also American Indian Studies, Anthropology, History, Judaic Studies, Philosophy

Contact the Behavioral Sciences Department for further information.
(760) 744-1150, ext. 2330
Office:W-1

COURSE OFFERINGS**RS 101 World Religions (3)**
3 hours lecture**Transfer acceptability:** CSU; UC

A comparative study of the practices, beliefs, institutions, and core characteristics of the major religions of the world: Western, Asian, and indigenous.

RS 102 Religion in American History (3)
3 hours lecture**Transfer acceptability:** CSU; UC

Examines the role of religion and religious groups in key events, time periods, regions, and institutions of the United States. The course concentrates on the interaction of religious groups with each other and with the larger society, particularly in relation to political, economic, geographical, and cultural life of the nation. Topics include colonialism, the Revolution, anti-slavery, the expansion west, the Civil War, immigration, the World Wars, the Great Depression, the Civil Rights Movement, and the 1960s.

RS 105 Ritual/Symbol/Myth: Ways of Understanding Religion (3)
3 hours lecture**Transfer acceptability:** CSU; UC

The course introduces students to the religious dimensions of ritual, symbol, and myth in order to explore the nature of religion in traditional settings and in the popular cultures of the present.

RS 106 Introduction to Judaism I (3)
3 hours lecture**Note:** Cross listed as JS 106**Transfer acceptability:** CSU; UC

The philosophy, religion and ethnic culture of the Jewish people from the Patriarchs and Prophets through the modern branches of Judaism. Topics covered include Torah, Talmud, various commentaries and movements affecting Judaism; ceremonies, artifacts, and language.

RS 107 Introduction to Judaism II – Culture (3)

3 hours lecture

Note: Cross listed as JS 107**Transfer acceptability:** CSU; UC

A survey of the cultural and historical roots of the Jewish people from 2000 B.C. to the present; their role in the ancient Near East; relationships in the Western World from the Greco Roman period to the post World War II era; creation and development of the state of Israel; cultural, religious, and political impact on America and the world community.

RS 108 History of Christianity (3)

3 hours lecture

Transfer acceptability: CSU; UC

A survey of movements, institutions, and communities in the history of Christianity from the first century to the twentieth century. Concentrates on socio-political influences, contexts, and consequences related to Christian history.

RS 110 Religion in America (3)

3 hours lecture

Transfer acceptability: CSU; UC

An introduction to the rich diversity of religious experience in the United States exploring the impact religion has had on our nation's history and culture. Native American, Asian, African-American, Jewish, Roman Catholic, Protestant, and sectarian movements will be discussed.

RS 120 Religion and Moral Issues (3)

3 hours lecture

Transfer acceptability: CSU; UC

Introduction to the role of religion in moral decision-making, focusing on major religions of the world and on current issues of ethical concern.

RS 124 Islamic Cultures and Traditions (3)

3 hours lecture

Note: Cross listed as MCS 124**Transfer acceptability:** CSU; UC

An introductory course designed for students with a general interest in the Islamic world, including its history and cultural traditions. Examines the main social, traditional and legal institutions of Islam.

RS 197 Religious Studies Topics (1-3)

Units awarded in topics courses are dependent upon the number of lecture hours required of the student. Refer to Class Schedule.

Note: May be taken 4 times.**Transfer acceptability:** CSU; UC - Credit determined by UC upon review of course syllabus.

Topics in Religious Studies. See Class Schedule for specific topic offered. Course title will designate subject covered.

Secretarial

See Office Information Systems

Sign Language

See American Sign Language

Sociology (SOC)

See also American Indian Studies, Africana Studies, Chicano Studies

Contact the Behavioral Sciences Department for further information.
(760) 744-1150, ext. 2329
Office:W-16

Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).

- Alcohol and Other Drug Studies
- Psychological and Social Services

Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

- Alcohol and Other Drug Studies
- Psychological and Social Services

PROGRAM OF STUDY**Alcohol and Other Drug Studies**

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

**A.A. DEGREE MAJOR OR
CERTIFICATE OF ACHIEVEMENT**

Program Requirements		Units
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 150	Introduction to Alcohol and Other Drug Studies	3
PSYC/SOC/ AODS 155	The Physiology and Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160	Prevention, Intervention, and Education	3
PSYC 225	Psychology of Abnormal Behavior	3
PSYC/SOC/ AODS 250	Group Leadership and Process	3
PSYC/SOC/ AODS 255	Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260	Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 299	Directed Field Experience II	6
Group One (Select 3 units)		
SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3
Group Two (Select 4-5 units)		
PSYC/SOC/ AODS 140	Introduction to Psychological and Social Services	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5
TOTAL UNITS		37 - 38

Alcohol and Other Drug Studies is also listed in Alcohol and Other Drug Studies and in Psychology.

Psychological and Social Services

Provides the student with the academic training and hands on experience for entry-level employment in human services and serves as preparation for upper division course work.

**A.A. DEGREE MAJOR OR
CERTIFICATE OF ACHIEVEMENT**

Program Requirements		Units
COUN 100	Introduction to Basic Counseling Skills	3
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 140	Intro to Psychological and Social Services	4
PSYC 225	Psychology of Abnormal Behavior	3
PSYC 235	Learning/Behavior Modification	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5
SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3

Electives (Select 3 units)

PSYC/SOC 105	Marriage, Family and Intimate Relationships	3
PSYC 110	Developmental Psychology – Child/Adult	3
PSYC 115	Psychology of Personal Growth	3
PSYC/SOC 120	Social Psychology	3
PSYC/SOC 145	Psychology and Sociology of Aging	3
PSYC/SOC/ AODS 155	Physiology/Pharmacology of Psychoactive Drugs	3

TOTAL UNITS **30**

Psychological and Social Services A.A. Degree or Certificate of Achievement is also listed in Psychology.

COURSE OFFERINGS**SOC 100 Introduction to Sociology (3)**
3 hours lecture

Transfer acceptability: CSU; UC

A study of the principles and problems pertaining to group behavior, the relationships among human beings, the development and nature of institutions, and the structure of society.

SOC 105 Marriage, Family, and Intimate Relationships (3)
3 hours lecture

Note: Cross listed as PSYC 105

Transfer acceptability: CSU, UC

A study of the psychology and sociology of the family and intimate relationships. Emphasizes factors that enhance interpersonal relationships. Topics include love, marital choice, communication, conflict, and changing models of the family. Examines cross-cultural and historical factors that impact the family as a social institution and the impact of gender, race and ethnicity, social class, age, and sexual orientation on family organization.

SOC 110 Social Problems (3)
3 hours lecture

Transfer acceptability: CSU; UC

Identification and analysis of contemporary social problems in the United States, with emphasis on the sociological factors involved. Topics include poverty and economic inequality; gender inequality; racial and ethnic inequality; problems in the family, government, education, and the economy; crime; drug use; warfare and violence, among others. A critical evaluation of the causes and solutions.

SOC 115 Introduction to Women's Studies (3)
3 hours lecture

Transfer acceptability: CSU; UC

The study of the position of women in American society from a sociological and cultural perspective. Topics to be studied include the theoretical approaches to studying gender; the impact of race and ethnicity, class, nationality, and sexual orientation on women's lives; cross-cultural variations in gender roles; the socialization of women; women's role in the major social institutions – the family, education, the political system, religion, the economy, and the mass media; violence against women; and feminism as a social movement.

SOC 120 Social Psychology (3)
3 hours lecture

Note: Cross listed as PSYC 120

Transfer acceptability: CSU; UC

Explores relationships between the behavior of individuals and the structure of society. Emphasizes the importance of language, roles, and the concept of the self in the socialization process.

SOC 125 Human Sexuality (3)
3 hours lecture

Note: Cross listed as PSYC 125

Transfer acceptability: CSU; UC

Survey of topics pertinent to an understanding of the development of human sexuality. Emphasis on biological, psychological, and cultural determinants of sexual behavior. Current sex norms and various aspects of interpersonal and individual sexual adjustment.

SOC 130 Introduction to Sociology of Health (3)

3 hours lecture

Transfer acceptability: CSU; UC

This course presents a broad introduction to sociological concepts and ideas related to the study of health and medicine in the United States. Emphasis will be on understanding the relationship between social factors and health, the cultural meanings associated with health and illness, the social behavior of health care personnel and people who utilize health care, the political controversies surrounding health care, and the structure of social institutions that form the health care industry. Throughout the course, there will be a focus on culture (African Americans, Latinos/Latinas), gender, age, socioeconomic status, sexual orientation and disabilities and how these factors influence the experience of health and illness.

SOC 140 Introduction to Psychological and Social Services (4)

3 hours lecture - 3 hours laboratory

Note: Cross listed as AODS 140/PSYC 140**Transfer acceptability:** CSU

Supervised internship in a human service agency or an alcohol and other drug treatment facility. An overview of the field of human services, including alcohol and other drug treatment. The roles of psychologists, sociologists, social workers, family therapists, social service assistants and addiction counselors are compared and contrasted, and the issues they deal with are described. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry-level employment are observed, practiced, and evaluated under supervision.

SOC 145 Psychology and Sociology of Aging (3)

3 hours lecture

Note: Cross listed as PSYC 145**Transfer acceptability:** CSU

A multi disciplinary approach to the field of gerontology; historical, demographic, psychological, and sociological aspects of aging.

SOC 150 Introduction to Alcohol and Other Drug Studies (3)

3 hours lecture

Note: Cross listed as AODS 150/PSYC 150**Transfer acceptability:** CSU

Examines alcohol, tobacco and psychoactive drugs in society. Biological, psychological and socio-cultural factors of drug abuse and dependence will be explored. The impact of addiction on families and society; contemporary treatment techniques, and the addiction counseling profession will be covered.

SOC 155 The Physiology and Pharmacology of Psychoactive Drugs (3)

3 hours lecture

Note: Cross listed as AODS 155/PSYC 155**Transfer acceptability:** CSU

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies.

SOC 160 Prevention, Intervention, and Education (3)

3 hours lecture

Note: Cross listed as AODS 160/PSYC 160**Transfer acceptability:** CSU

This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.

SOC 197 Special Topics in Sociology (1, 2, 3)

1, 2, or 3 hours lecture

Note: May be taken 4 times**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.

Current topics in sociology will be discussed in lecture or seminar formats. Issues in such areas as deviance, stratification, demography, gender roles, death and dying, new immigrant groups, and others will be analyzed in cultural context from various theoretical perspectives. Content will vary from semester to semester.

SOC 200 Race, Class, and Ethnic Groups in America (3)

3 hours lecture

Note: Cross listed as AMS200/MCS 200**Transfer acceptability:** CSU; UC

This course is designed to introduce the topics of intergroup relations in general to superordinate-subordinate relations in particular, as exemplified in various racial, ethnic, social class, and cultural groups. Emphasis is primarily on contemporary relations in the United States, although a comparative perspective is also offered.

SOC 205 Statistics for the Behavioral Sciences (3)

3 hours lecture

Prerequisite: A minimum grade of 'C' in MATH 56 or 60 or eligibility determined through the math placement process**Note:** Cross listed as PSYC 205**Transfer acceptability:** CSU; UC – BIOL 215, MATH 120, and PSYC/SOC 205 combined: maximum credit, one course

Quantitative methods as applied to behavioral science data. Frequency distributions, measures of central tendency, variability, theory of error; measures of significance, correlation, regression, and an introduction to analysis of variance. Also included is an introduction to the use of computers in statistics.

SOC 205L Data Analysis in Psychology and Sociology (1)

3 hours laboratory

Corequisite: PSYC/SOC 205**Note:** Cross listed as PSYC 205L**Transfer acceptability:** CSU; UC

Use of the computer as a tool for calculating statistics and exploring data in Psychology and Sociology.

SOC 250 Group Leadership and Process (3)

3 hours lecture

Note: Cross listed as AODS 250/PSYC 250**Transfer acceptability:** CSU

An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

SOC 255 Treatment Modalities, Law and Ethics (3)

3 hours lecture

Note: Cross listed as AODS 255/PSYC 255**Transfer acceptability:** CSU

This course reviews the principles and practices of addiction treatment including screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, education of clients and their families, referral, report and record keeping, and consultation. Legal and ethical standards of practice for addictions counselors will be reviewed and included in this body of knowledge, skills, and attitudes.

SOC 260 Chemical Dependency Family Counseling (3)

3 hours lecture

Note: Cross listed as AODS 260/PSYC 260**Transfer acceptability:** CSU

This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.

SOC 296 Special Problems in Sociology (1, 2, 3)

1, 2, or 3 hours lecture

Note: May be taken 4 times**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.

An individualized or group project in sociology of any nature. Extensive use of slides and other illustrative materials.

SOC 298 Directed Field Experience I (5)

3 hours lecture-6 hours laboratory

Note: Cross listed as AODS 298/PSYC 298**Transfer acceptability:** CSU

Supervised internship in a human service agency or an alcohol and other drug treatment facility. The student intern will have an opportunity to observe human service providers working with clients in agency settings. Ethical guidelines for helping professions, developing cultural competence, stages of change and motivational interviewing as a helping style are discussed. Interns practice interviewing skills for increasing motivation for positive change.

SOC 299 Directed Field Experience II (6)

3 hours lecture-9 hours laboratory

Prerequisite: A minimum grade of 'C' in AODS 140/SOC 140/PSYC 140 or AODS 298/SOC 298/PSYC 298**Note:** Cross listed as AODS 299/PSYC 299**Transfer acceptability:** CSU

Supervised internship in an alcohol and other drug treatment facility. This course emphasizes advanced concepts in chemical dependency. Students refine their skills for the 12 core functions of effective clinical practice and compile a professional portfolio in preparation for the state certifying written exam. This course meets the 45-hour supervised practicum requirement for the California Certification Board of Alcohol and Drug Counselors.

Spanish (SPAN)

Contact the World Languages Department for further information.
(760) 744-1150, ext. 2390
Office: F-5

COURSE OFFERINGS

For students who have completed foreign language course work at the high school level, and need clarification regarding placement in college level course work, contact the Counseling Center. Universities have varying policies regarding the granting of transfer credit when there is a combination of high school and college level course work.

An activity may be taken four times for credit. Activity is defined to include all ability levels (e.g., A student may take a total of only four Conversation courses for credit).

Courses numbered under 100 are not intended for transfer credit.

SPAN 50 Beginning Conversation (3)

3 hours lecture

Note: May be taken 2 times

This is the first course in the two-course series of Beginning Spanish conversation. Emphasis is on speaking and listening through the use of everyday vocabulary and communicative skills. Reading and writing skills will be developed from involvement with the spoken language. The course will also introduce students to the cultures of the Spanish-speaking world.

SPAN 51 Intermediate Conversation (3)

3 hours lecture

Prerequisite: A minimum grade of 'C' in SPAN 50**Note:** May be taken 2 times

This is the second course in the two-course series of Beginning Spanish conversation. Emphasis is on speaking and listening, using everyday vocabulary and communicative skills. Reading and writing skills will be developed from involvement with the spoken language. This course will also introduce students to the cultures of the Spanish-speaking world.

SPAN 80 Spanish Through Song (1)

1 hour lecture

A highly participatory course in which students of all levels develop and improve pronunciation skills, listening comprehension skills, vocabulary and certain basic grammar concepts by means of pedagogically chosen and enjoyable Spanish songs representing a variety of forms such as Salsa, Romantica, Cumbia, Mariachi, Popular Music and Latin Rock. Students become dynamically aware that songs are an essential expression of Hispanic culture.

SPAN 101 Spanish I (5)

5 hours lecture-1 hour laboratory

Transfer acceptability: CSU; UC

This course is the first semester of Spanish. This elementary level course is a study of the Spanish language and Spanish-speaking cultures, with emphasis on the development of communicative skills and basic structures. Course combines in-class instruction and practice with self-paced study in the Foreign Language Laboratory. This beginning-level course is for students with no previous coursework in Spanish.

SPAN 101A Spanish IA (3)

3 hours lecture

Note: Covers the first half of SPAN 101; not open to students with credit for SPAN 101**Transfer acceptability:** CSU; UC

Spanish 101A is equivalent to the first half of Spanish 101. This elementary level course is a study of the Spanish language and Spanish-speaking cultures, with emphasis on the development of communicative skills and basic structures. This beginning-level course is for students with no previous coursework in Spanish

SPAN 101B Spanish IB (3)

3 hours lecture

Prerequisite: A minimum grade of 'C' in SPAN 101A or one year of high school Spanish**Note:** Covers the second half of SPAN 101; not open to students with credit for SPAN 101**Transfer acceptability:** CSU; UC

Spanish 101B is equivalent to the second half of Spanish 101, and is a continuation of Spanish 101A. This elementary level course is a study of the Spanish language and Spanish-speaking cultures, with emphasis on the development of communicative skills and basic structures.

SPAN 102 Spanish II (5)

5 hours lecture-1 hour laboratory

Prerequisite: A minimum grade of 'C' in SPAN 101 or 101B or two years of high school Spanish**Transfer acceptability:** CSU; UC

This course is the second semester of Spanish. This elementary level course is a study of the Spanish language and Spanish-speaking cultures, with continued emphasis on the development of communicative skills and basic structures. Course combines in-class instruction with self-paced study in the Foreign Language Laboratory.

SPAN 102A Spanish IIA (3)

3 hours lecture

Prerequisite: A minimum grade of 'C' in SPAN 101 or 101B or two years of high school Spanish**Note:** Covers the first half of SPAN 102; not open to students with credit for SPAN 102**Transfer acceptability:** CSU; UC

Spanish 102A is equivalent to the first half of Spanish 102. This elementary level course is a study of the Spanish language and Spanish-speaking cultures, with continued emphasis on the development of communicative skills and basic structures.

SPAN 102B Spanish IIB (3)

3 hours lecture

Prerequisite: A minimum grade of 'C' in SPAN 102A or two years of high school Spanish**Note:** Covers the second half of SPAN 102; not open to students with credit for SPAN 102**Transfer acceptability:** CSU; UC

102B is equivalent to the second half of Spanish 102, and is a continuation of Spanish 102A. This elementary level course is a study of the Spanish language and Spanish-speaking cultures, with continued emphasis on the development of communicative skills and basic structures.

SPAN 201 Spanish III (5)

5 hours lecture-1 hour laboratory

Prerequisite: A minimum grade of 'C' in SPAN 102 or 102B or three years of high school Spanish