process, critical thinking, health assessment utilizing evidence based interventions, and role differentiation. Multicultural considerations including ethnicity, gender, age, and sexuality are explored. Concepts essential for registered nursing practice and functional health patterns are examined.

#### NURS 117 Nursing I

(9)

4 hours lecture-15 hours laboratory

Prerequisite: Admission to the Associate Degree Nursing Program

Corequisite: NURS 103 Note: Graded only

Transfer acceptability: CSU

This course focuses on theoretical concepts of nursing fundamentals and basic medical-surgical nursing. Concepts related to delegation, resource, and time management are introduced. Students apply therapeutic communication techniques when utilizing the nursing process, critical thinking, and evidence based interventions in the care of clients in the clinical setting. Students provide care to chronic stable medical-surgical adult clients with expected or predictable outcomes.

#### NURS 118 Nursing II

(9)

4 hours lecture-15 hours laboratory

Prerequisite: A minimum grade of 'C' in NURS 103 and 117

Corequisite: NURS 203 Note: Graded only

Transfer acceptability: CSU

This course builds on Nursing 117 with the application of the nursing process and critical thinking in the care of childbearing families, pediatric, and medical-surgical clients. Theoretical content related to growth and development, child abuse, and human sexuality is included. Concepts are expanded to include the recognition of changes in clients with predictable outcomes. Emphasis is placed on client teaching and the integration of family members in the plan of care. Managerial concepts of delegation, collaboration, time management, and appropriate utilization of resources are developed.

#### **NURS 120** Pharmacology for Nurses I

(9)

(2)

2 hours lecture Transfer acceptability: CSU

Basic concepts of pharmacology, pharmacokinetics, pharmacodynamics, drug interactions, and the nursing process related to neurologic and neuromuscular agents; analgesics and anti-inflammatory agents; eye, ear, and skin agents; respiratory agents; endocrine agents; gastrointestinal agents; and reproductive and gender-related agents.

#### **NURS 121** Pharmacology for Nurses II

NURS 295 Directed Study in Nursing (1, 2, 3)

2 hours lecture

Transfer acceptability: CSU

Basic concepts of pharmacology, pharmacokinetics, pharmacodynamics, drug interactions, and the nursing process related to anticonvulsive agents; antipsychotic agents; cardiovascular agents; renal agents; anti-infective agents; vaccinations; and antineoplastic agents.

### NURS 140 Adult Health Assessment

(1)

(2)

3 hours laboratory

Transfer acceptability: CSU

Basic concepts of health assessment to include interviewing and assessment techniques used to obtain a comprehensive health history from an adult and relating findings to the nursing process. Transcultural and adult developmental stage considerations are also included.

# **NURS 197** Nursing Topics

(1)

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture, laboratory, or lecture/laboratory may be scheduled by the department. Refer to Class Schedule

Note: May be taken 4 times

Transfer acceptability: CSU

Topics in Nursing. See Class Schedule for specific topic offered. Course title will designate subject covered.

## NURS 203 Nursing Foundation II

I hour lecture

Prerequisite: A minimum grade of 'C' in NURS 103 or 110 or a copy of a current,

active California LVN license in good standing must be on file in the Nursing Education Office prior to registration for this class.

Corequisite: NURS 217 or 118

Note: Graded only

Transfer acceptability: CSU

Builds on the foundation of Nursing 103 and 110. Critical thinking is utilized as a method to explore historical, political, educational, legal, ethical, and bioethical issues that impact nursing practice. Nursing organizations are researched via the internet with an emphasis on evaluation of nursing websites. Managerial concepts are introduced with a focus on decision making skills, managing resources, organizing time, delegating, and supervising care.

#### NURS 217 Nursing III

(9)

4 hours lecture-15 hours laboratory

Prerequisite: A minimum grade of 'C' in NURS 118 or admission to the Associate Degree Nursing Program (LVN-RN) or admission to the Non-Degree Program LVN-RN (30-unit option); and A minimum grade of 'C' in NURS 203, or concurrent enrollment in NURS 203

Note: Graded only

Transfer acceptability: CSU

This course builds on the first year of the program as a process for the development of complex thinking and decision making while caring for medical-surgical, gerontologic, and psychiatric clients. Theoretical concepts are expanded to include identification and prioritization of evidence-based interventions for clients who have unpredictable outcomes or who demonstrate changes in health status. Students collaborate with the interdisciplinary team to manage and modify care of clients.

#### NURS 218 Nursing IV

31/2 hours lecture-161/2 hours laboratory

Prerequisite: A minimum grade of 'C' in NURS 203 and 217

Note: Graded only

Transfer acceptability: CSU

This course builds on Nursing 217 expanding nursing practice and critical thinking in the promotion, maintenance, and restoration of health for a group of clients. Students use evidence-based interventions and complex decision-making when caring for acutely ill medical-surgical clients with unstable health problems. Students work collaboratively with the interdisciplinary team to manage and coordinate care for a group of clients. Emphasis is placed on student roles as coordinators, facilitators, and client advocates as they progress toward a competent entry level nursing practice.

3, 6, or 9 hours laboratory

**Prerequisite:** Approval of proposal by the department chairperson

Note: Pass/No Pass grading only; may be taken 4 times for a maximum of 6 units Transfer acceptability: CSU

Designed for the student who has demonstrated a proficiency in nursing subjects and the initiative to work independently on a particular sustained project which does not fit into the context of regularly scheduled classes. Additionally, this course can be used for students transferring into the Palomar College nursing program. Course work would fulfill needed content and/or clinical laboratory time to meet the requirements of the Associate Degree Nursing Program.

# Nutrition

See Family and Consumer Sciences, Health

# Oceanography (OCN)

Contact the Earth, Space, and Aviation Sciences Department for further information.

(760) 744-1150, ext. 2512

Office: NS-110G

#### **COURSE OFFERINGS**

#### **OCN 100 Oceanography Lecture**

(3)

3 hours lecture

Note: Not open to students with prior credit in OCN 101