

RS 197 Religious Studies Topics (1-3)

Units awarded in topics courses are dependent upon the number of lecture hours required of the student. Refer to Class Schedule.

Note: May be taken 4 times.

Transfer acceptability: CSU; UC - Credit determined by UC upon review of course syllabus.

Topics in Religious Studies. See Class Schedule for specific topic offered. Course title will designate subject covered.

Secretarial

See Office Information Systems

Sign Language

See American Sign Language

Sociology (SOC)

See also American Indian Studies, Africana Studies, Chicano Studies

Contact the Behavioral Sciences Department for further information.

(760) 744-1150, ext. 2329

Office: W-16

Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).

- Alcohol and Other Drug Studies
- Psychological and Social Services

Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

- Alcohol and Other Drug Studies
- Psychological and Social Services

PROGRAM OF STUDY**Alcohol and Other Drug Studies**

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

**A.A. DEGREE MAJOR OR
CERTIFICATE OF ACHIEVEMENT**

Program Requirements		Units
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 150	Introduction to Alcohol and Other Drug Studies	3
PSYC/SOC/ AODS 155	The Physiology and Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160	Prevention, Intervention, and Education	3
PSYC 225	Psychology of Abnormal Behavior	3
PSYC/SOC/ AODS 250	Group Leadership and Process	3
PSYC/SOC/ AODS 255	Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260	Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 299	Directed Field Experience II	6

Group One (Select 3 units)

SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3

Group Two (Select 4-5 units)

PSYC/SOC/ AODS 140	Introduction to Psychological and Social Services	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5

TOTAL UNITS 37 - 38

Alcohol and Other Drug Studies is also listed in Alcohol and Other Drug Studies and in Psychology.

Psychological and Social Services

Provides the student with the academic training and hands on experience for entry-level employment in human services and serves as preparation for upper division course work.

**A.A. DEGREE MAJOR OR
CERTIFICATE OF ACHIEVEMENT**

Program Requirements		Units
COUN 100	Introduction to Basic Counseling Skills	3
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 140	Intro to Psychological and Social Services	4
PSYC 225	Psychology of Abnormal Behavior	3
PSYC 235	Learning/Behavior Modification	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5
SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3

Electives (Select 3 units)

PSYC/SOC 105	Marriage, Family and Intimate Relationships	3
PSYC 110	Developmental Psychology – Child/Adult	3
PSYC 115	Psychology of Personal Growth	3
PSYC/SOC 120	Social Psychology	3
PSYC/SOC 145	Psychology and Sociology of Aging	3
PSYC/SOC/ AODS 155	Physiology/Pharmacology of Psychoactive Drugs	3

TOTAL UNITS 30

Psychological and Social Services A.A. Degree or Certificate of Achievement is also listed in Psychology.

COURSE OFFERINGS

SOC 100	Introduction to Sociology	(3)
3 hours lecture		
Transfer acceptability: CSU; UC; TCSU SOC 110		
A study of the principles and problems pertaining to group behavior, the relationships among human beings, the development and nature of institutions, and the structure of society.		
SOC 105	Marriage, Family, and Intimate Relationships	(3)
3 hours lecture		
Note: Cross listed as PSYC 105		
Transfer acceptability: CSU, UC		
A study of the psychology and sociology of the family and intimate relationships. Emphasizes factors that enhance interpersonal relationships. Topics include love, marital choice, communication, conflict, and changing models of the family. Examines cross-cultural and historical factors that impact the family as a social institution and the impact of gender, race and ethnicity, social class, age, and sexual orientation on family organization.		
SOC 110	Social Problems	(3)
3 hours lecture		
Transfer acceptability: CSU; UC; TCSU SOC 120		
Identification and analysis of contemporary social problems in the United States, with emphasis on the sociological factors involved. Topics include poverty and economic inequality; gender inequality; racial and ethnic inequality; problems in		

the family, government, education, and the economy; crime; drug use; warfare and violence, among others. A critical evaluation of the causes and solutions.

SOC 115 Introduction to Women's Studies (3)

3 hours lecture

Transfer acceptability: CSU; UC

The study of the position of women in American society from a sociological and cultural perspective. Topics to be studied include the theoretical approaches to studying gender; the impact of race and ethnicity, class, nationality, and sexual orientation on women's lives; cross-cultural variations in gender roles; the socialization of women; women's role in the major social institutions – the family, education, the political system, religion, the economy, and the mass media; violence against women; and feminism as a social movement.

SOC 120 Social Psychology (3)

3 hours lecture

Note: Cross listed as PSYC 120

Transfer acceptability: CSU; UC

Explores relationships between the behavior of individuals and the structure of society. Emphasizes the importance of language, roles, and the concept of the self in the socialization process.

SOC 125 Human Sexuality (3)

3 hours lecture

Note: Cross listed as PSYC 125

Transfer acceptability: CSU; UC

Survey of topics pertinent to an understanding of the development of human sexuality. Emphasis on biological, psychological, and cultural determinants of sexual behavior. Current sex norms and various aspects of interpersonal and individual sexual adjustment.

SOC 130 Introduction to Sociology of Health (3)

3 hours lecture

Transfer acceptability: CSU; UC

This course presents a broad introduction to sociological concepts and ideas related to the study of health and medicine in the United States. Emphasis will be on understanding the relationship between social factors and health, the cultural meanings associated with health and illness, the social behavior of health care personnel and people who utilize health care, the political controversies surrounding health care, and the structure of social institutions that form the health care industry. Throughout the course, there will be a focus on culture (African Americans, Latinos/Latinas), gender, age, socioeconomic status, sexual orientation and disabilities and how these factors influence the experience of health and illness.

SOC 140 Introduction to Psychological and Social Services (4)

3 hours lecture-3 hours laboratory

Note: Cross listed as AODS 140/PSYC 140

Transfer acceptability: CSU

An overview of the theoretical basis of counseling skills, including social work, psychodynamic, behavioral, and client-centered approaches. The roles of psychologists, sociologists, social workers, family therapists, and therapeutic support providers are compared and contrasted, and the issues they deal with are described. This course provides students with an opportunity to observe actual practices of human services providers working as interdisciplinary team members in an agency setting. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry level employment are observed, practiced, and evaluated under supervision.

SOC 145 Psychology and Sociology of Aging (3)

3 hours lecture

Note: Cross listed as PSYC 145

Transfer acceptability: CSU

A multi disciplinary approach to the field of gerontology; historical, demographic, psychological, and sociological aspects of aging.

SOC 150 Introduction to Alcohol and Other Drug Studies (3)

3 hours lecture

Note: Cross listed as AODS 150/PSYC 150

Transfer acceptability: CSU

Examines alcohol, tobacco and psychoactive drugs in society. Biological, psychological and socio-cultural factors of drug abuse and dependence will be explored. The impact of addiction on families and society; contemporary treatment techniques, and the addiction counseling profession will be covered.

SOC 155 The Physiology and Pharmacology of Psychoactive Drugs (3)

3 hours lecture

Note: Cross listed as AODS 155/PSYC 155

Transfer acceptability: CSU

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies.

SOC 160 Prevention, Intervention, and Education (3)

3 hours lecture

Note: Cross listed as AODS 160/PSYC 160

Transfer acceptability: CSU

This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.

SOC 197 Special Topics in Sociology (1,2,3)

1, 2, or 3 hours lecture

Note: May be taken 4 times

Transfer acceptability: CSU; UC – Credit determined by UC upon review of course syllabus.

Current topics in sociology will be discussed in lecture or seminar formats. Issues in such areas as deviance, stratification, demography, gender roles, death and dying, new immigrant groups, and others will be analyzed in cultural context from various theoretical perspectives. Content will vary from semester to semester.

SOC 200 Race, Class, and Ethnic Groups in America (3)

3 hours lecture

Note: Cross listed as AMS200/MCS 200

Transfer acceptability: CSU; UC

This course is designed to introduce the topics of intergroup relations in general to superordinate-subordinate relations in particular, as exemplified in various racial, ethnic, social class, and cultural groups. Emphasis is primarily on contemporary relations in the United States, although a comparative perspective is also offered.

SOC 205 Statistics for the Behavioral Sciences (3)

3 hours lecture

Prerequisite: A minimum grade of 'C' in MATH 56 or 60 or eligibility determined through the math placement process

Note: Cross listed as PSYC 205

Transfer acceptability: CSU; UC – BIOL 215, MATH 120, and PSYC/SOC 205 combined: maximum credit, one course

Quantitative methods as applied to behavioral science data. Frequency distributions, measures of central tendency, variability, theory of error, measures of significance, correlation, regression, and an introduction to analysis of variance. Also included is an introduction to the use of computers in statistics.

SOC 205L Data Analysis in Psychology and Sociology (1)

3 hours laboratory

Corequisite: PSYC/SOC 205

Note: Cross listed as PSYC 205L

Transfer acceptability: CSU; UC

Use of the computer as a tool for calculating statistics and exploring data in Psychology and Sociology.

SOC 250 Group Leadership and Process (3)

3 hours lecture

Note: Cross listed as AODS 250/PSYC 250**Transfer acceptability:** CSU

An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

SOC 255 Treatment Modalities, Law and Ethics (3)

3 hours lecture

Note: Cross listed as AODS 255/PSYC 255**Transfer acceptability:** CSU

This course reviews the principles and practices of addiction treatment including screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, education of clients and their families, referral, report and record keeping, and consultation. Legal and ethical standards of practice for addictions counselors will be reviewed and included in this body of knowledge, skills, and attitudes.

SOC 260 Chemical Dependency Family Counseling (3)

3 hours lecture

Note: Cross listed as AODS 260/PSYC 260**Transfer acceptability:** CSU

This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.

SOC 296 Special Problems in Sociology (1,2,3)

1, 2, or 3 hours lecture

Note: May be taken 4 times**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.

An individualized or group project in sociology of any nature. Extensive use of slides and other illustrative materials.

SOC 298 Directed Field Experience I (5)

3 hours lecture-6 hours laboratory

Note: Cross listed as AODS 298/PSYC 298**Transfer acceptability:** CSU

Principles of interpersonal conflict dynamics and approaches for conflict resolution are analyzed. Non-directive, directive and behavior modification skills that are used to increase motivation for positive behavioral change are compared and evaluated. Field placement provides students with an opportunity to observe human services providers dealing with conflict in agency settings using structured and informal conflict resolution approaches. Interns are also provided with opportunities to practice conflict resolution techniques and skills for increasing motivation for positive change.

SOC 299 Directed Field Experience II (6)

3 hours lecture-9 hours laboratory

Note: Cross listed as AODS 299/PSYC 299**Transfer acceptability:** CSU

This course emphasizes advanced concepts in chemical dependency. The functions and consequences of denial and ambivalence are explored in depth, and students refine their skills for the 12 core functions of effective clinical practice. They prepare for the oral California certifying examinations and for entry level positions as alcohol and drug counselors. Students practice these skills in class and under the supervision of agency personnel.

Associate in Arts Degree -

AA Degree requirements are listed in Section 6 (green pages).

• Spanish

Certificate of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

• Spanish

PROGRAM OF STUDY**Spanish**

This degree will provide the required course work for students majoring in Spanish. By completing the coursework, students will also meet the foreign language competency requirements of many colleges and universities.

A degree in Spanish prepares students to work in wide area of disciplines that are in contact with Spanish speakers. Students in this program will have sufficient background to begin upper division coursework in Spanish and will be prepared for entry-level jobs that require Spanish-language skills.

**A.A. DEGREE MAJOR OR
CERTIFICATE OF ACHIEVEMENT***

Program Requirements		Units
SPAN 102 or	Spanish II	5,6
SPAN 102A and	Spanish IIA	
SPAN 102B	Spanish IIB	
SPAN 201 or	Spanish III	5,6
SPAN 201A and	Spanish IIIA	
SPAN 201B	Spanish IIIB	
SPAN 202	Spanish IV	5
Electives (Select 1 course)		
SPAN 215	Advanced Spanish	3
SPAN 216	Advanced Spanish Conversation	3
SPAN 235	Intermediate Conversation and Writing	3
TOTAL UNITS		18 - 20

* Spanish A.A. Degree Major or Certificate of Achievement pending approval by the California Community Colleges System Office at the time of catalog publication.

COURSE OFFERINGS

For students who have completed foreign language course work at the high school level, and need clarification regarding placement in college level course work, contact the Counseling Center. Universities have varying policies regarding the granting of transfer credit when there is a combination of high school and college level course work.

An activity may be taken four times for credit. Activity is defined to include all ability levels (e.g., A student may take a total of only four Conversation courses for credit).

Courses numbered under 100 are not intended for transfer credit.

SPAN 50 Beginning Conversation (3)

3 hours lecture

Note: May be taken 2 times

This is the first course in the two-course series of Beginning Spanish conversation. Emphasis is on speaking and listening through the use of everyday vocabulary and communicative skills. Reading and writing skills will be developed from involvement with the spoken language. The course will also introduce students to the cultures of the Spanish-speaking world.

SPAN 51 Intermediate Conversation (3)

3 hours lecture

Prerequisite: A minimum grade of 'C' in SPAN 50**Note:** May be taken 2 times

This is the second course in the two-course series of Beginning Spanish conversation. Emphasis is on speaking and listening, using everyday vocabulary and com-

Spanish (SPAN)

Contact the World Languages Department for further information.

(760) 744-1150, ext. 2390

Office: F-5